

New Process 'Meat-Like' But Meatless

"Fillet mignon" made out of soy beans? Well, not quite.

But meat-like dishes without meat are now possible because of a new process that produces "spun protein fibers." This is one of the most exciting advances in the food industry in many years, according to a Michigan State University foods authority.

Some companies are already distributing chicken-like and ham-like products, reports Dr. Theodore F. Immler, associate professor of foods and nutrition at MSU, in a recent issue of "Nutrition Reviews."

This new development means that some 50 million Americans who abstain from meat all or part of the time because of religious or other reasons will have a ready source of good-quality protein that will be quite tasty, he says.

HE FEELS THAT the new product may also help ease the protein food shortages that exist in many parts of the world. While Americans may never give up their preference for real meat, the meat-like products do have advantages. They are free from the gelatin, bones, skin and shrinkage usually associated with meat. They are also free from animal fat—a point of considerable importance to persons on certain types of restricted diets, Immler says. Spun protein fibers are made from edible proteins isolated from different types of raw materials, such as soy beans, peanuts or casein.

Colors and flavor can be added to make the fiber product resemble pork chops, ham, chicken or even fillet mignon! Such foods can be made to suit almost any purpose.

Canned Corn Relish Has Mustardy Tang

If you are looking for something hot, hearty and spiced with sharp flavor to lend zest to your quick meals, mix up a batch of this canned corn relish twist and between television shows over the week end.

Because it is made with canned corn, chopping the vegetables is the only part that takes time. You'll find its mustardy tang will make your meals sing with all the vim of spring—a worthy reward for a few minutes of advance meal preparation.

CANNED CORN RELISH

- 6 cups canned whole kernel yellow corn
- 1 cup chopped mild white onion
- 1 cup chopped celery
- 1 large green pepper, chopped
- 3 tablespoons chopped pimiento
- ¾ cup sugar
- ½ teaspoon salt
- 1 teaspoon crushed red pepper
- 1 large clove garlic minced (may be optional)

- 1 teaspoon celery seed
- ¾ teaspoon ginger
- ¾ cups white vinegar
- 1½ tablespoons dry mustard
- 1 teaspoon tumeric
- 3 tablespoons flour
- ¼ cup water

Thoroughly drain canned corn before measuring. Coarsely chop, measure (shake down vegetables) and combine onion, celery, green pepper, pimiento, sugar, salt, red pepper, garlic, celery seed, ginger and ¼ cups of the vinegar. Boil 5 minutes.

Blend mustard, tumeric and flour with water until smooth. Thin with ½ cup vinegar. Add to hot mixture and cook 5 or 6 minutes or until liquid thickens (about as thick as cream).

Add corn. Boil 5 minutes. Pour boiling hot relish into within ¼ inch of top of pint or half-pint fruit jar.

Put dome lid on jar; screw band tight. Should fill 4 to 5 pints.



MOST OF THE WORK IS IN THE CHOPPING

DOWN TO EARTH Your Garden's a Beauty and All's Right with the World

At this date you feel like master garden designers as the birds tweet and you hope that they discover all of your inch worms, the Eumyrmex Vespa has bright shiny new leaves, the grass length is hard to keep up with due to the generous dose of fertilizer you gave it this spring.

You know that all is right with the world because you are in cahoots with nature to produce a picture of beauty on your property.

You would be wise to have a small basket you can pick up readily as you retreat to a few minutes of gardening. In this basket have your favorite clippers, a broom, a tool to remove that large obnoxious weed, a claw tool with maybe a 12-inch handle, and garden gloves if you have to keep your hands looking half respectable.

With this simple kit ready for action you can often pick up 10 minutes of gardening when you have that tense feeling of frustration due to sundry routine factors in daily living.

I would be quick to add that I feel that a bench someplace in your garden is essential so that you can escape from the "local population" and sort out your thoughts.

SOME OF YOU have probably discovered that anapragras are true perennials. In the fall if you munch them they will survive the winter and in the spring give an early crop of flowers. You will find that these sturdy survivors of the winter will give you larger and more brilliant flowers than new transplants.

Newly planted trees should have adequate water but not in small doses. The soil should be wet six inches deep and this practice should be checked at least once a week.

New shapes and textures, plus a wide range of color selection, have up-dated ceramic tile, one of the oldest and most versatile building materials.

Daily sprinkling drives oxygen from the soil and makes it more difficult to get established.

WE HAVE lawyers who follow our column, and they might like to follow up this case, J. A. Appleman, an attorney in Urbana, Ill., lost 100 elms by phloem necrosis, and this casualty loss was decided in his favor by a federal court in Danville, a major tax saving for Appleman.

The federal government has appealed the case because it completely upsets the accepted casualty loss concept. The Internal Revenue Department may insist on a Supreme Court ruling. Many of us with rural property where we have had a major loss with our elms will eagerly follow this ruling.

and don't overlook the treat of visiting the Longwood Gardens near Wilmington, Del., three miles northeast of Kennett Square, Pa., on U.S. Highway 1, near the intersection of Pennsylvania 82 north.

You will never visit a garden any place in the world more beautiful than this gift to Americana by Pierre S. du Pont. You will want to wear comfortable shoes, and there are wheel chairs provided for those unable to walk.

At Longwood you will see gardening at its best. During the summer months there are cultural presentations for the public. Trained guides are available for guests.

You could visit this beauty spot every month of the year and see new accents planned to come into focus at various cycles of the year. No passport, folks, and the best garden is awaiting the discerning traveler.

Mr. Burlingame

Color and Fabric Allies For Budget Decorating

You can be chic without being costly! Smart decors quite often from little budgets grow.

The secret? Imagination, every time. If imagination can make gourmet fare out of hamburger, just think what it can do with an ordinary room.

It's only smart to take full advantage of those things on your side in the battle of the budget. Color and fabric are two of your allies. Neither have to be expensive, and both can work instant decorating miracles. You can afford to experiment—even be daring—with color and fabric, for they can be replaced with a few dollars.

MANY OF you will be motoring to the world's Fair in New York, and this casual survey may not be for you.

YOU MAY not wish to be so bold with basic furniture purchases. But even on a very limited budget, that doesn't mean you must settle for uninteresting designs.

Throughout the industry, furniture in every price line has been "style-up." That simply indicates upgraded styling and workmanship.

THE HOME Furnishings Industry Committee does caution you not to be misled by so-called bargains. It is far more economical to buy furniture that will give years, not just months, of service.

When your attention turns to accessories, don't forget that the little things always count in home decorating. Select each one with care. One good item, be it a lamp, ashtray, or painting, is worth a dozen poor ones.

The popular shelter magazines will give you marvelous ideas on the use of your accessories, as indeed they will on all facets of your decorating. Take advantage of their help—perhaps clip and file interesting ideas.

MANY OTHER decorating aids are available for the asking. Several manufacturers have decorating guides in the form of charts, wheels, etc. that coordinate fabrics, wall colors, carpet, even accent colors.

Many retail stores offer similar guides that will stimulate your own ideas.

HOMEMAKING

Roses Are Ready For Your Viewing

Roses in bloom are well-known for their power to attract attention. Their colors and sweet fragrances lure many a traveler through a garden gate to a pleasant and relaxing tour of a public rose display. The sights almost always prove to be that unexpected highlight of a trip.

When you take to the road this summer, the wonderful way to enjoy roses along the route is to plan a tour of some of the magnificent professional displays that await you at hundreds of public parks and gardens across the country. No matter where your travels lead you, there will be a few gardens along the itinerary that are worth a visit.

50 million backyard rosarians in the country, seeing the gardens is a "must." It's sheer delight to a rose grower with a liberal education mixed in.

Rose festivals at the public gardens often are accompanied by interesting special events for the amateur gardener. They center about care and culture practices, pruning and cutting hints, demonstrations on home floral arranging, and landscaping ideas. There are often professional floriculturists on hand to tackle your most perplexing problems.

THIRTY-TWO states, stretching across the length and breadth of the land, have public gardens that feature rose displays. The larger of the gardens display thousands of roses in spectacular array and shouldn't be missed.

Many are spotted in the major cities that tourists will want to sightsee and a planned visit to the gardens will be a rewarding extra. Still other gardens, some of them equally large and spectacular, are located in smaller cities where the scenery and the rose gardens make a side trip well worth the time.

The grandeur of rose displays starts in June and runs continuously through the summer travel months.

Before the roses burst into bloom, the staffs at these gardens spend months in preparation to bring them to their finest form.

Should a rose lover find himself in the environs of Columbus, Ohio, a visit to the Park of Roses mustn't be bypassed. Here at the home base of the American Rose Society, the club that caters to the serious rose lover, some 35,000 roses put on a show that is a treat for the eyes and the nose.

THESE DISPLAYS present living catalogs of all the prize-roses that can be planted in any home garden.

Here are some of the more prominent rose gardens in various parts of the country that should be seen if your travels take you nearby.

The Midwest has at least a few gardens in every state stretching from Kansas to Ohio. Some of the larger and more lavish are the Kansas City (Mo.) Municipal Rose Garden; the Reineck Rose Garden in Topeka; Chicago's Marquette Park Rose Garden and the Robert R. McCormick Memorial Gardens in nearby Wheaton; and the Lakeside Rose Garden in Fort Wayne.

GARDENS from Texas to Virginia offer the tourist typical southern hospitality and some of the best rose shows in the country. These gardens are more modest in size than some of their northern cousins, but the quality of the displays is equally dazzling.

Don't Put All Blame on the Moth

The moth always seems to get the blame for chewed-up holes in a favorite sweater, suit or dress. Of course, he is not innocent, but the moth has many companions in crime. Beetles, carpet beetles, silver fish, chickens and roaches also enjoy a good fabric meal.

Cleaning care experts cite five major hazards to avoid in properly storing garments: insects, soil, heat, humidity and light.

Those who plan to store their winter garments at home must first take precautions against insect damage. All garments must be clean and stain free.

Insects will not munch on any clean fabric except wool—and dry-cleaners protect wools by moth-proofing them during drycleaning.

CLEANING WILL also destroy insect larvae that may already be hiding in the fabric, and will eliminate sharp soil particles, that cut a garment's tiny fibers.

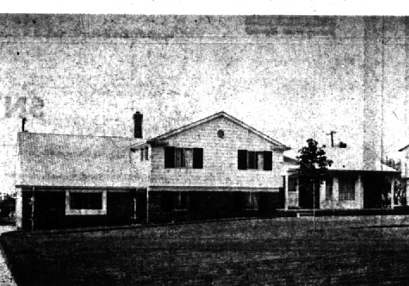
Next step is to rid your storage space of insect larvae. They can hide in corners or cracks of floors, so dust closets or storage chests thoroughly. Insect larvae are especially likely to hide in dust, where particles of wool can accumulate.

Once the storage space is clean it should be sprayed with a commercial moth repellent.



BIG FAMILY? GRANDPARENTS HERE? LIVE-IN HELP? This lovely home is the answer to many needs. Privacy for you (1st. floor master bedroom, bath and AIR-CONDITIONED DEN). Bedroom with private bath on second floor (perfect for grandparent or live-in help), plus two more upstairs bedrooms with bath. Dining room and 25 foot screened porch. Overlooks beautiful gardens. In BLOOMFIELD VILLAGE—a tremendous value for \$43,500.

Decorators' Dream—Exquisite taste and hi-level livability. Beautiful landscaping by Harry Klein and fine lawn pridefully welcome you. Magnificent paneled family room with beamed ceiling and corner fireplace. Double door between family room and living room. 4 bedrooms and 3 bathrooms. Wonderful kitchen and screened porch. In Bloomfield Hills near CRANBROOK.



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LOW PRICED! LOW TAXES! LOW HEAT COST! Older home in town in excellent condition. New kitchen and new roof. 3 bedrooms, large dining room and screened porch. Walk to Barnum school.



OH MOTHER! Near Adams and Derby schools. Near Kroger store and shops. Three bedrooms. Dining room. Porch and paneled recreation room. Built-in refrigerator and disposal. Carpeting and draperies included at \$22,500.



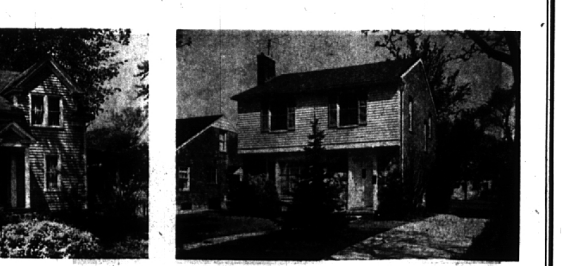
HERE IS A RARE FIND—Living room with fireplace, dining room, three bedrooms and 1½ bathrooms. PLUS recreation room with fireplace. Screened porch. Fenced yard. Cement driveway. In excellent condition. On Bates Street IN TOWN.



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