

# Young Cooks Find It's The Berries!

With the strawberry and summer seasons both nearly here, it's a good time to pick up several tasty-but-easy dessert recipes.

Quick but tempting, they can be prepared by youngsters eager to try their hand at cooking. For Mom, it's a double treat as she can keep her girls (or boys) busy with delicious results.

For those who would like to sample the recipes, these strawberry delights, along with many more fruit-filled goodies, will be a feature at Bloomfield Country Day's Strawberry Festival, slated for May 16 at the school.

**STRAWBERRY-FLAVORED CAKE**

1 Cup chopped pecans  
Sift: 3 cups cake flour  
2 teasp. baking powder  
1/2 teasp. salt  
Cream: 3/4 cup shortening  
2 cups sugar  
Add: 1 cup less 2 tablespoons strawberry beverage  
Add dry ingredients  
Sift in pecans.  
Fold in 5 egg whites  
Pour into two 9-inch greased pans.  
Bake 350° for 35 minutes.

**PARFAIT PIE**

1 package lemon gelatin  
Heat 1 1/2 cups strawberry juice from frozen berries (add water if necessary)  
Dissolve gelatin  
Add 1 pint vanilla ice cream—melt it  
Fold in drained fruit.  
Let it set in pie shell or Graham cracker crust.  
Top with whipped cream.

**STRAWBERRY FLUFF**

1 package strawberry instant pudding  
1 package frozen strawberries  
3 egg whites  
Sprinkle dry mix over strawberries; mix until combined and let stand for 5 minutes.  
Beat whites until stiff. Fold in strawberries. Serve with cream.

**Ammonia Can Help Clean Your Books**

To remove mold from book bindings, rub with a cloth that has been slightly moistened with ammonia. If the books are mildewed, wash the covers with alcohol and leave in the sunlight for several hours.

Books on shelves or in cases can also be kept in good condition by sprinkling them occasionally with powdered camphor.

Mass production of ceramic tile in the United States dates back to 1878 when a plant was opened in Pittsburgh by an English immigrant.

6-D THE BIRMINGHAM (MICH.) ECCENTRIC May 7, 1964

## HOMEMAKING



(FROM LEFT) JUDITH CARPENTER, BONNIE MARTIN, MARY MONAGHAN  
B'field Country Day girls try Strawberry Festival recipes.

## Brookside Parents Publish Cookbook to Raise Funds

"Favorite Recipes from Brookside School Cranbrook" has been published by the Parents' Council, headed by Marian S. Mitchell, as the first fund-raising project for the Bloomfield Hills school.

Dietitian Mrs. Flora Leslie included recipes that have been favorites with the Brookside children for many of the 30 years she has been preparing meals at the school.

Other recipes are party delicacies Mrs. Leslie has found most popular in the Birmingham-Bloomfield community. In addition, parents and teachers have provided recipes.

The cookbook's cover drawing and the dividers for each category of recipes have been done by the children of Brookside, as an art project directed by Harold D. Smart, Jr.

The 83-page book is bound with a green spiral. It was printed by the Cranbrook Press, Bloomfield Hills.

The Parents' Council was organized less than two years ago. Co-chairmen of the council are Mrs. David G. Booth and Mrs. G. Bretnell Williams.

Proceeds of the cookbook will support the activities of the council "in its increasingly important and active role in the life of our school," according to John P. Denio, headmaster.

IN PREPARING the recipes, Dietitian Mrs. Leslie was faced with the task of reducing a recipe for 200 people to a family-casserole for eight.

Each of the recipes contributed by parents and teachers has been tested by the donor and checked by the cookbook committee for ingredients, measurements and cooking time.

Here are a couple recipes from the cookbook that provide interesting ways to prepare vegetables:

**SPANISH BEANS**

1 pound green beans (French)  
2 tablespoons butter  
2 tablespoons flour  
1/2 teaspoon salt  
1/2 teaspoon grated onion  
1/2 pound Swiss cheese, grated  
Make a white sauce of butter, flour and all ingredients. Add pre-cooked green beans. Toss. Place in casserole. Top with grated cheese and paprika if desired. Bake at 375 degrees for 20 minutes or until cheese is melted and casserole is bubbling.

**Heathers Grow Easily in U.S.**

Heathers are native to Scotland, England and Ireland, but are widely grown here.

These beautiful and easily adjustable plants are not well-known to the average home owner, says the American Association of Nurserymen, and it's about time we get better acquainted with them.

They make good ground covers for sunny slopes, edging for beds and paths, while the smaller plants are excellent for rock gardens.

Heathers range from four inches in height to the tree types up to eight feet tall.

**SOME ARE** compact, some low-growing and spreading, others are taller almost like miniature conifers.

These plants do not require much attention. They'll survive all but the severest winters along the top tier of states where they should be well protected in winter.

They grow best where there is high humidity such as the west and east coasts and parts of the mid-south.

In flower, they are rich pink usually, though they range from white to orange, according to species.

Plant heathers in groups of three or more, about 18 inches apart. The lowest part of the foliage should just touch the top of the soil.

**IT IS BETTER** to plant too deep than too shallow — bare stems should never show above the soil.

Spring and fall are the best times to plant.

Heathers grow in any good garden soil, slightly acid, even poor soils, with peat moss added. Too rich soil is not good.

Annual clipping is desirable to maintain the shape you wish.

The roots should never be allowed to dry out. No other care is needed and they'll give much pleasure to those who grow them.

## DOWN TO EARTH

# Grow Climbing Roses on Your Fence

By ALICE WESSELS BURLINGAME  
Special Writer

This is the time to execute the garden plans you have been developing in your mind the last six months. If you have a fence designating the boundary of your property with a sunny location, you might like to dramatize the location with climbing roses.

When the days of maximum flowering come in June and you ride past other people's fences you will think, "why didn't I think of planting climbing roses on my fence before?"

After a couple years of growing in a specific location, you will want to prune them after the flowering in June. These climbing roses will want to be fertilized in April as well as the last of June when they will be getting their second breath for future flowers during the season.



Mrs. Burlingame

is all ages. Do you own a flag? Decoration Day is coming along and it surely would be appropriate to fly the flag to add to the festivities for the 100th anniversary of Birmingham.

**SOME OF YOU** are planting fruit trees, and sometimes in your soil where there is a dip in the land, and you will welcome the soil that will bring the roses to pollination and fruit.

To answer this question, may I say that the following trees need more than one planted in a colony:

**Lasting Comfort**

Mineral wool insulation is one home building product that requires no maintenance. Since it is made from rock, glass or slag, it is permanently fire- and vermin-proof. It can be installed by a home owner or by a contractor.

**Easy on the Eggs**

To make shell removal easier from hard-cooked eggs, home economists suggest pouring off the hot water and immediately immersing the hard-cooked eggs in cold water. Shells then will slip off easily.

**Shellac Needlepoint**

After you have finished a needlepoint or woven top for a chair, shellac it on the back before putting it on the chair. This will increase its durability.

New materials for setting and filling the joints of ceramic tile have been developed for kitchen countertops, bathrooms and other areas where chemicals and stains could be troublesome for the joints. Ceramic tile itself is stain-proof.

Now, you can encourage your neighbor down the street to plant the second relative. Here is your list: bittersweet, white fringe tree, holly, spicebush, osage orange, mulberry, cork tree, poplar, sumac, willow (hope you don't have one on a city lot), grape, gingko, yew, etc.

Others of you are battling moist soil where there is a dip in the land, and you will welcome the soil that will bring the roses to pollination and fruit.

Others of you are battling moist soil where there is a dip in the land, and you will welcome the soil that will bring the roses to pollination and fruit.

**THE OLDER I GROW** as a gardener, the more I am apt to buy two of any kind of shrub or tree, then I don't have to worry about its fruiting habits and need for a second tree in the area.

As this column seems often to cover horticulture and travel in one week, I feel as though I should repeat the 10 practical tips for European travel after listening to many travel plans: Buy a small conversational dictionary for each country you will travel in which can fit in a woman's purse; at least an average of two wet re-fresher papers which you buy with a foil covering; a traveling clothesline (what memories of that ever-present 'nightly wash'); two washcloths (select a bright color so you won't forget them); French chalk for removing soiled spots on your dresses and suits.

**WHEN SHOPPING** pick up a large wedge or even a wheel of American blue cheese at your grocery store. There's no need to worry about spoilage if the blue cheese is stored properly.

When wrapped correctly, American blue cheese will keep up to three months in the refrigerator. Between uses, overwrap the wedges in saran, aluminum foil

separate the inevitable collection of "stuff" (keep your purchase receipts in one for your statement to customs); 25 fresh \$1 bills sometimes this is just the right amount to get you out of a country when the bills have gobbled up the traveler's checks—everybody knows the American dollar; either address stickers or cards with your name and address on them (for new friends and tradesmen who will be sending you packages).

Small notebook in purse to be used for pertinent facts; and here comes one of the most important tidbits—have a small coin purse for the only purpose of holding the odds and ends of money you are in (this tree grows slow but has beautiful fall coloring with a multitude of color shades); sour gum tree which will grow tall and have a vertical profile and brilliant red leaves in the fall, and the winterberry, small shrub-like tree which has grey twigs and orange fruit in the fall.

Have fun, lucky people.

## American Blue Is Versatile

American blue cheese is a specialty cheese that is made from cow's milk and therefore very high in calcium. It is a blue-marbled cheese with semi-soft texture and a mellow salt and pepper flavor.

American blue cheese is so versatile it can be used to enhance dips, appetizers, salads, vegetables, main dishes and even desserts.

## MSU Offers 2 Bulletins On Guidance

Do you expect your child to be quiet and not disturb the family with noise? Do you expect him to understand everything you say to him? Do you expect him to meet strangers easily?

Perhaps you expect too much. Two new bulletins released by the Michigan State University Cooperative Extension Service offer parents guidance on dealing with their young children.

**ONE DISCUSSES** HOW much you can expect of a small child. The second helps parents to see the difference between a "naughty" child and a child that sometimes acts "naughty."

Both bulletins may be obtained free of charge from your county extension office. Or write to the Bulletin Office, 10 Agricultural Hall, Michigan State University, East Lansing.

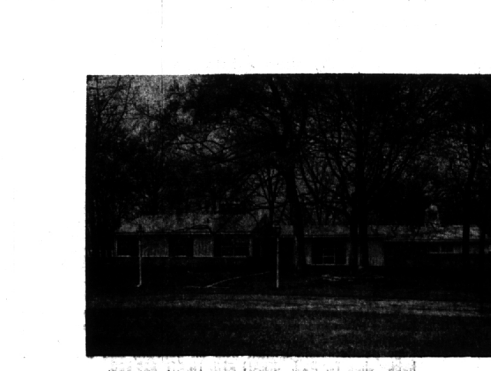
Ask for parents' newsletters, "Do You Expect Too Much?" E423-A, or "Naughty or Learning?" E423-B.



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