

The Property of the Parks

Local Doctor To Illustrate Film On S. S. Hope

County College Topic of B'ham Junior Women

Dr. Robert K. Nixon, Jr. will be he speaker at the regular monthly unchoon meeting of the Epizcopal hardwood as St. James Churchivomen at St. Hope to Peru and Egiador, from which he recently a Green at St. James Churchivomen at James Churchiv

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Junior Women

A community college has been an important attraction to business and industrial development in other areas of Michigan, Mrs. J. and the state of the Beaste of Michigan, Mrs. J. and the state of the Beaste of Michigan, Mrs. J. and the state of the Beaste of Michigan, Mrs. J. and the state of the Beaste of Michigan, Mrs. J. and the state of the Beaste of Michigan, Mrs. J. and the state of the Beaste of Michigan, Mrs. J. and J. 1844.

Meeting at The Community College proposal which will be a major from on the June S annual Court in the State of The State of the State of the State of Michigan and State of Michigan and State of the State of Michigan and State of Michigan and State of the State of Michigan and Michigan Serving in Alaska

William A. Schaefer, seaman apprentice, USCG, son of Dr. William A. Schaefer of 3021 Chickering Lane, Bloomfeld Hills, is aboard the Coast Guard cutter Bittersweet, operating out of Kodiak, Aleaka

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ESTIMONY WHEREOF, I have o set my hand and affixed the the Probate Court at Pontiac, at day of March A.D. 1864. OPAL ROBERTSON, Deputy Register of Probate Court.



NO ARTHRITIS-FREE CLIMATE Q-Should an arthritis patient move to a warm cli-

mate?

A—People in all parts of the world suffer from arthritis. The disease was known among the ancient people of sunny Italy and Egypt. Some patients suffer more on cold, damp days than on warm, dry days; some feel better.

better.

Other factors should be considered before making a move, however. One is the possible emotional problems of the arthritic who has been separated from old and

close friends and relatives.

SPECIAL DIST FOR ARTHRITIS?

Q—Are special diets recommended for arthritis patients?

A—THERE IS nothing you can eat or not eat that will cause or cure arthritis.

Extensive research has been conducted in the area of food and arthritis and the only conclusion reached is that the arthritis patient should have well-rounded, nourishing meals—the same as normal persons.

If overweight, the patient should shed the excess pounds simply to reduce the load on the inflamed joints. The majority of women with osteourishiritis are overweight, according to the Arthritis and Rheumatism Foundation.

GOUT CALLED FORM OF ARTHRITIS

Q—Is gout the same as arthritis?

Q-Is gout the same as arthritis?

Q—Is gout the same as arthritis?

A—PERHAPS MORE for convenience in classification than for any other reason, gout usually is considered a form of arthritis. There is at least anatomic justification for this since the most disturbing symptom in gout involves various joints.

Uric acid deposits in and about these joints produce pain, swelling and restriction of movement. Such deposits will often be found in other areas, perhaps the most common being the upper edge of the external ear. Gout is different from ordinary arthritis in that its exact cause is known to be an accumulation of uric acid in the body.

Also, unlike other forms of arthritis, gout is now not difficult to control. Most gout patients do not require extensive dietary restrictions. The exact cause of other types of arthritis has not been identified and there is no specific curative remedy.

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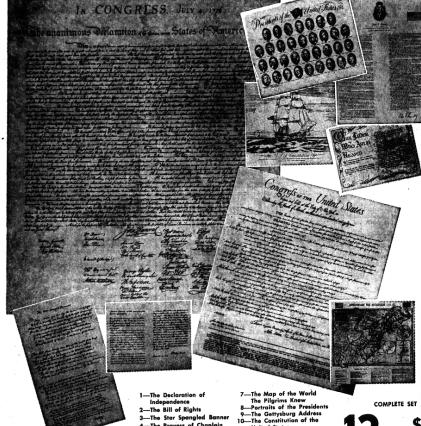
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