

Ask the Doctor



This column is presented as a public service by the Oakland County Medical Society and The Birmingham Eccentric. It is written by "465 physicians in Oakland County" who are members of the society. Questions should be addressed to the Oakland County Medical Society, 346 Park, Birmingham. Questions must be of a general nature, as no effort will be made toward diagnosis or treatment in specific cases.

Q—WOULD YOU EXPLAIN ABOUT FEVER THERMOMETERS; WHICH STYLE IS BEST AND WHAT IS THE BEST WAY TO USE ONE?

A—One of the most valuable aids to medicine, in the doctor's office, the home, or the hospital, is the modern clinical thermometer. The little glass tube with its mercury column is also simple to use. With temperatures properly read and recorded, it may add to your peace of mind and your doctor's ease of practice.

A stem-tipped thermometer is used for taking temperatures by mouth. A sturdy, bulb-tipped thermometer is recommended for taking temperatures by rectum, the more accurate procedure. The "security"-type thermometer with short, stubby tip, can be used either orally or rectally. It is stronger, therefore better for use with infants or children.

Everyone—mothers especially—should keep a thermometer handy. It's easy to learn how to use.

First, read the manufacturer's directions, and identify the type of thermometer. Before using, flick the mercury down below 96 degrees—don't tap it on anything. Then dip in alcohol or antiseptic solution and rinse in cool, never hot, water. Tip it with petroleum jelly before taking rectal temperatures.

AN ORAL TEMPERATURE with the slim-tip thermometer held under the tongue, lips closed, takes three minutes. Using the bulb-tipped thermometer, rectal temperatures take four minutes. With the "security"-type, both oral and rectal temperatures require four minutes.

To read the thermometer, hold it in the light and rotate until mercury column and numbered scale are clearly visible. Follow the column along the scale to the registered temperature. If in doubt, repeat entire procedure. When finished, cleanse the thermometer and return it to its case.

TEMPERATURES tend to be higher in children than adults, and higher in the evening than the morning. Rectal readings are also about one degree higher than oral ones. Eating, drinking, smoking and exercise may also raise temperatures—wait 30 minutes before taking temperatures. A woman's monthly cycle may also influence her temperature.

A fevered patient may be cool to the touch; only an accurate thermometer can truly detect fever. Any temperature considerably or continually above or below normal should be reported.

Your accurate temperature records will help him to help you.



All-Aboard for the Jamboree!

All set to give the go-ahead sign to the 480 Scouts and leaders from the Detroit-area Boy Scout Council who will be traveling to the 6th National Scout Jamboree at Valley Forge, Pa. this summer are (left to right), Conductor William J. Bird, 1120 Lyonnhurst Road, Birmingham, chairman of the Detroit Council Jamboree Committee; Signalman Donald C. Graves, 1280 Redding Road, Bir-

mingham, and Engineer Glenn M. Bell, 30018 Orchard Lake Road, Farmington, Jamboree vice-chairman. 50,000 Scouts and leaders from every state in the nation, and from dozens of foreign countries, will join together in the encampment on the site where General George Washington's troops camped during the bitter cold winter months of 1777 defending their country's freedom.

Optimist's Speech Contest Deadline Today

Today is the final day for entry to the Optimist International Boys Oratorical Contest, open to any boy who is still 15 years of age throughout 1964 who will prepare and give a four-minute talk on this year's subject, "Optimism—Formula for Freedom" at the Optimist Club Breakfast, April 9 at 7:30 a.m.

Winner judged at this appearance will progress to the regional contest at the Elko Temple in Pontiac on April 22. From there the winning boy speaker will present the same speech in Lansing on May 15. Winners from all over the United States and Canada will compete in the final contest at the Optimist International Convention in Denver, June 15-16, all expenses paid.

FIRST PLACE winner will receive \$1,000 scholarship to the college of his choice. The runner-up will receive a \$500 scholarship.

This year's winner will be judged by Ken Weaver, Managing Editor of The Birmingham Eccentric along with other prominent citizens, according to Tom Ward, Optimist Club Boys Oratorical Contest Chairman, who adds, "There is still time to enter. You may become the National winner."

Remember, dial MI 4-1100 to reach Eccentric readers through efficient and economical classified.

Airman Promoted

Henry R. Baltzersen, son of Mr. and Mrs. Henry R. Baltzersen of 2230 W. Lincoln, Birmingham, has been promoted to staff sergeant in the United States Air Force. Sergeant Baltzersen is a missile guidance mechanic in the 88th Missile Maintenance Squadron here.

The Birmingham Optimist Club Broom Sale

LAST 5 DAYS!

Help us make this our most successful Broom Sale! We have only until Tuesday, March 24, to make our slogan "Friend Of The Boy" a meaningful one. We will be knocking on your door Tuesday evening from 7 to 9 p.m. . . . we need your help!

Saturday Downtown

You'll find us in front of Lakes Jewelers, Demery's, Wrigley's and Stone's Standard Service from 10 until 2 p.m. . . . Buy a broom . . . help a boy!

OUR SLOGAN
"FRIEND OF THE BOY"

TIME: 8:59 p.m. DATE: This Friday

PLACE: Osmun's REACTION: WOW!

Yes, even as late as 1 minute to closing time on Friday, March 27th, you can buy your Easter suit . . . and be sure you'll have it in time for Easter Sunday, March 29th! That's a promise we don't think anyone else in the entire area can make, except Osmun's. Early or last-minute . . . there's a great selection to choose from, too. Shown are just two examples from famous PHOENIX CLOTHES.

BACKGROUND: Classic BLACK MOHAIR in 2- and 3-button models. Perfect year-round weight in the price of luxury suits. Plain-front trousers, superb fit, \$75.

FOREGROUND: SILVER GREY SHARKSKIN to lead the Easter (or any) Parade. High 2-button or traditional 2- and 3-button models. Choose either center or dashing side vents. Plain-front trousers, \$75.



Note: The Osmun's gift certificate makes it easy to give as well as wear one of these fine suits . . . or any gift.



Legal Notices

CITY OF BIRMINGHAM, MICHIGAN
Sealed Proposals Requested
Sealed proposals endorsed "Trucks" will be received at the office of the Superintendent of the Department of Public Works, 851 S. Eton Road, Birmingham, Michigan, until 2:00 P.M. Tuesday, April 7, 1964, after which time no further bids will be accepted, and at which time bids received will be publicly opened and read.
Bidders may submit proposals for any of the vehicles, which will consist of:
Three 1/2 ton pickups.
The following will be offered in trade: Two 1959 Chevrolet 1/2 ton pickups. One 1959 Chevrolet 3/4 ton pickup.
Specifications and bid forms for the above may be obtained at the Department of Public Works, 851 S. Eton Road, Birmingham, Michigan.
The units offered for trade may be seen at the DPW Yard, 851 S. Eton Road, between 1:00 P.M. and 4:30 P.M. on Wednesday, April 1, 1964.
All proposals shall specify terms and show delivery date. The City Commission reserves the right to reject any or all proposals, to waive any informality in the proposals received; and to accept any proposal which it shall deem to be most favorable to the interests of the City.
T. C. BRIEN, Superintendent.
Dept. of Public Works
Advertised: March 26, 1964 "Birmingham Eccentric".

GOP Schedules Open Hearing

C. Ray Ballard, chairman of the GOP resolutions committee, announced that an open hearing will be scheduled on March 28, at 10 a.m. in the Birmingham Community House.
At this hearing, the proposed resolutions as developed by the 14 resolutions sub-committees, composed of the elected Republican precinct delegates, will be discussed.
The hearing is open to all residents of Oakland County.

CITY OF BIRMINGHAM, MICHIGAN
Sealed Proposals Requested
Sealed proposals endorsed "Police Cars" will be received at the office of the Superintendent of the Department of Public Works, 851 S. Eton Road, Birmingham, Michigan, until 2:00 P.M. Tuesday, April 7, 1964, after which time no further bids will be accepted, and at which time bids received will be publicly opened and read.
The proposals will be for:
Four 1964 standard model four door sedans to be used for police cars.
The following will be offered in trade: Four 1963 Ford four door sedans.
Specifications and bid forms for the above may be obtained at the Depart-

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Open every night 'til 9

TECH PLAZA CENTER in WARREN
12 MILE ROAD corner VAN DYKE
Open every night 'til 9