

# Recapture Your Youth Via the Italian Way

By RUTH VOGT  
Special Writer

If Ponce de Leon failed, centuries ago, to dig up the Fountain of Youth, it was my ghostly luck to find it through the efforts of a Roman photographer in 1964.

Because a London reporter didn't seem too enthused over my passport snapshot for his use, I was quickly decided that it would be no bother at all to get my photograph taken in back of St. Peter's Square.

After comprehending my elaborate sign language that the photographer's services were needed, he placed his client on a revolving stool behind a black curtain.

PERHAPS daVINCI labored harder when he created his Madam Tenebrosa. I moved four flood lights one inch here and one inch there he caught my eyes to cross and bulge as he whirled the stool to just the correct height.

Each time he disappeared behind his little black curtain and grabbed the hulk each time I thought, "This is it. Hell snap and I won't miss supper after all."

"You pick up tomorrow," he said almost in exhaustion. "I picked up the next day."

"Oh no!" I grasped as the two photographs, five by eight, were studied.

"You no like?" he asked in anxiety.

IGNORING WHAT my reactions might do to our international climate of goodwill, I explained that these aren't me. This was how I looked a quarter of a century ago!

This modern day Michelangelo, by employing certain mechanical means, had deftly erased twenty-five years of living. Not a wrinkle, sag, or line around the eyes, showed. It was beautiful what he had done with the lights etc. However, who ever wants to turn back the clock on every one year of life? I have beauty. No matter how it's made.

Wives are wild about husbands who use The Birmingham Eccentric (Classified Ads to Get Extra Cash) Dial Midwest 4-1100 today for cash results.

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## OFFICIAL NOTICE OF SALE

VILLAGE OF BEVERLY HILLS  
COUNTY OF OAKLAND, MICHIGAN

\$56,000.00—SPECIAL ASSESSMENT WATER MAIN BONDS  
(District No. 64-1)

Sealed bids for the purchase of the above bonds will be received by the undersigned at her office in the Village Hall, 1850 West Thirteen Mile Road, Birmingham, Michigan, post office address, in the Village of Beverly Hills on Wednesday, the 18th day of November, 1964, until 8:00 o'clock p.m., Eastern Standard Time, at which time and place said bids will be publicly opened and read.

Said bonds will be dated October 1, 1964, shall consist of 50 bonds of the denomination of \$1,000.00 each, numbered consecutively in direct order of maturity from 1 to 50, both inclusive, and will mature serially as follows:

- \$1,000.00 June 1, 1965;
- \$5,000.00 June 1, 1966;
- \$4,000.00 June 1st of each year from 1967 to 1970, inclusive;
- \$5,000.00 June 1, 1971;
- \$4,000.00 June 1st of each year from 1972 to 1978, inclusive;
- \$1,000.00 June 1, 1979.

Bonds maturing in the years 1974 to 1979, both inclusive, may be redeemed at the option of the Village in inverse numerical order, on any interest payment date on or after June 1, 1968, at par and accrued interest to the date fixed for redemption.

Notice of redemption shall be given to holders of bonds to be redeemed by publication of such notice not less than thirty days prior to the date fixed for redemption, at least once, in a newspaper or publication circulated in the State of Michigan which carries as part of its regular service notices of sale of municipal bonds. No further interest payable on bonds so called for redemption shall accrue after the date fixed for redemption provided the Village has money available for such redemption with the paying agent.

Said bonds shall be coupon bonds and shall bear interest from their date at a rate or rates not exceeding five per cent (5%) per annum, expressed in multiples of 1/8 of 1%. Said interest shall be payable on June 1, 1965, and semi-annually thereafter on December 1st and June 1st of each year. The interest rate on any one bond shall be at one rate only and represented by one interest coupon for each coupon period, and all bonds maturing in the same year must carry the same interest rate. Both principal and interest shall be payable at a bank or trust company to be designated by the original purchaser of the bonds, said paying agent to be qualified as such under Michigan or Federal statutes. Accrued interest to the date of delivery of such bonds shall be paid by the purchaser at the time of delivery.

Said Special Assessment Water Main Bonds are issued in anticipation of the Collection of an equal amount of the unpaid and future due installments of special assessments on Special Assessment Roll No. 64-1. In addition to the special assessments, said bonds pledge the full faith, credit and resources of the Village of Beverly Hills for their payment.

For the purpose of awarding the bonds, the interest cost of each bid will be computed by determining at the rate or rates specified therein the total dollar value of all interest on the bonds from December 1, 1964, to their maturity and deducting therefrom any premium. The bonds will be awarded to the bidder whose bid on the above computation produces the lowest interest cost to the Village. No proposal for the purchase of less than all of the bonds herein offered, or at a price less than their par value, will be considered.

A certified or cashier's check in the sum of \$1,200.00, drawn upon an incorporated bank or trust company and payable to the order of the Treasurer of the Village of Beverly Hills, must accompany each bid as a guaranty of good faith on the part of the bidder; to be forfeited as liquidated damages if such bid is accepted and the bidder fails to take up and pay for the bonds. No interest will be allowed on the good faith checks and checks of unsuccessful bidders will be returned to each bidder's representative present or by registered mail.

Bids shall be conditioned upon the unqualified opinion of Miller, Canfield, Padlock and Stone, Attorneys at Law, Michigan, approving the legality of the bonds, which opinion will be furnished without expense to the purchaser of the bonds prior to the delivery thereof. The Village shall pay the cost of printing the bonds. The Bonds will be delivered at Detroit, Michigan.

The right is reserved to reject any or all bids.

Envelopes containing the bids should be plainly marked "Proposal for Bonds."

CHARLES E. FERGUSON  
Clerk, Village of Beverly Hills

APPROVED: October 27, 1964

STATE OF MICHIGAN  
MUNICIPAL FINANCE COMMISSION



## Campaigning-Elementary Style

The pupils in grades 3 through 6 at Birmingham's Walden Lake School have been involved in politics for the past few weeks just like their parents. Last week the sixth grade classes campaigned to capture votes for Tuesday's "straw election." A registration drive was conducted and 188 out of 195 youngsters eligible were put on the voting rolls.

## Busy Executive Needs Exercise, Study Says

The typical executive is overweight and underexercised, according to John A. Faulkner, assistant professor in the University of Michigan School of Education.

He goes on to say, "Executives have low physical energy reserves, as evidenced by high heart rates and high systolic blood pressures after exercise, says Faulkner."

Executives are fatter and, after age 40, have greater body weight than age-matched general population averages.

Executives are physically inactive during their working hours, and very few compensate with regular physical activity during leisure hours.

Executives become progressively less active with increasing age; and

Executives can profit from knowledge of the relation of food intake and energy output, of body weight and energy cost, of appetite and work output, and of physical activity and energy reserve.

FOR THE PAST three years, men in the School of Business Administration summer executive development program have been tested in the U.M. Physical Performance Laboratory. The Executive Fitness Testing Program was developed through the cooperation of the School of Education, the School of Business Administration, the Medical School and the School of Public Health.

The program is directed and administered by the Department of Physical Education. The testing is offered as a service to the men, and 40 per cent of them voluntarily take advantage of the program.

The effect of sedentary living

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## Echo Park School Returns Directors

The fourth annual Echo Park stockholder's meeting was held Sunday, in the school building at Echo Park. An unanimous decision to return the present board of nine directors was passed by the stockholders.

Dr. Edwin Westfall, the corporation president, outlined plans for future school and camp development and Dr. James Neubaucher and Gale Hixon gave reports on school and camp activities.

Work has been completed on the park toboggan run and plans for a program of winter activities including skating, tobogganing and elementary skiing for smaller children is under preparation.

Area residents interested in finding out more about the winter program may contact the secretary at Echo Park.

Dr. Westfall is the president. Dr. Robert Vedder, treasurer and Francis Kotzian, secretary. Other directors are Walter McPhail, Jack Douke, David Lawrence, David Andrew, Arnold Braun and Tom Kosmeyer.

## County Accountants Visit Assembly Line

The Oakland County chapter of the National Association of Accountants will hold two meetings during November.

On Thursday, Nov. 12, a plant visitation will be conducted of the Ford Dearborn assembly plant, where the group will watch final assembly operations of the Mustang line.

Immediately thereafter, the group will visit the steel division to view the open hearth operations. Following dinner at 7:30 p.m., W. E. Axelson, manager, manufacturing and plant engineering, steel division, will address the group. Reservations may be made by calling R. E. Ross.

The chapter also will meet at 7:30 p.m. on Nov. 19 at Devon Club for its regular monthly meeting. Speaker for the evening will be George R. Morris, Jr., of the Labor Relations Staff of General Motors Corp., who will discuss "Labor Relations and the Accountant."

All area accountants are invited to attend. Reservations may be made by calling J. E. Mead.

Famous old Morrison Hotel in Chicago is to be closed.

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THE NURSERY school and kindergarten are now operating at near capacity and a waiting list has been established for children wishing to attend on a five day basis.

Although one must play handball for six hours to lose the caloric equivalent to one pound of fat, an hour of handball twice a week will result in the loss of approximately a pound a month or 12 pounds of fat a year."

Faulkner says extensive experimental data on man and on animals strongly suggest a relationship between physical activity and control of body weight and the incidence of coronary artery disease.

"MEN IN PHYSICALLY inactive occupations have approximately twice the number of fatal heart attacks as men in physically active occupations," says Faulkner.

"Human resources are still our most important national asset," he adds. "Unfortunately, those most susceptible to the hazards of sedentary living are the engineers, executives, lawyers, scientists, teachers, and physicians—the very men who

**LAST CALL!**

REGISTER NOW for Michigan's FIRST INDOOR-OUTDOOR SKI SCHOOL

Starts November 16th! Six school lessons. All included at the one price! Instruction at Pine Knob resort! World Famous Hugo Bohm (two-time Olympian for alpine) will conduct our ski school.

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- DUO-FOLD New weave, thermal underwear
- HAND WARNERS and socks by Joni
- SOCKS by Wigwam, heavy and light weight
- BOOTS Thermal, for snow and cold weather
- BOOTS Famous Red Wing boots
- COMPASS Fine selections for wrist or pocket compass
- FLASHLIGHTS You need two, with batteries
- HEATERS Radiators for deer blinds and thermos, X
- GLOVES & MITTENS to keep those hands warm
- SHIRTS Pendleton, always made of virgin wool
- SLACKS Pendleton for camp use, of virgin wool
- LICENSE A must and don't forget the tab!

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CHARLES D. PLANK, President

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