

HOMEMAKING

A 'Pick-up Picnic' Makes Traveling Fun

Late summer offers the weekend travelers on Michigan highways a chance for a "pick-up picnic."

Basic ingredients are a roll of foil, a bag of charcoal and some starter fluid, a ready-prepared main dish such as chicken, ready for the grill and the desire to do a little exploring.

Harvest time in Michigan finds roadside stands bulging with the rest of the "pick-up picnic" fixings, according to the Michigan Tourist Council.

FRESH CORN is one thing which the pick-up picniker should consider.

The corn can be Indian roasted by removing the outer husk, turning back the inner husk and removing the silk. The inner husk can then be replaced and the corn placed over the hot coals for 40 to 15 minutes. The husks will turn dark brown but the corn is ready to butter and eat.

APPLES, FRESH CIDER, fresh cherries or peaches or other specialties of the area offer tempting desert.

At the stands colorful pumpkins, squash, Indian corn or bitterroot offer the makings for fall decorations.

A sliced loaf of French bread should go in the hamper. Fresh spread the slices with butter or margarine mixed with parmesan cheese or garlic powder and wrap the loaf in foil. The slices, toasted over the hot coals give a gourmet touch to the meal.

In many parts of Michigan locally-made cheese is available at the roadside.

HICKORY NUTS, walnuts or butternuts are sometimes available at the stands and a nut cracker or small hammer in the picnic hamper may prove valuable. Fresh nuts picked up by the traveler may be roasted but will be difficult to open if still uncracked.

Michigan potatoes, of course, are available in many areas and may be roasted, wrapped in foil and roasted.

A container which can be used for heating fresh water provides a flexible answer to the question of drinks. Instant coffee, tea or any of the numerous powdered drinks give the picniker a wide choice of hot or cold beverages.

FOR AN EXTRA tangy touch, brush the chicken with a dressing made of a mixture of four parts salad oil and one part of lime or lemon juice just before grilling then, with barbecue sauce a few minutes before taking off the fire.

Your imagination can be your guide when you go pick-up picniking in Michigan at harvest time.



Parfait—Perfect

The French have a perfect word for "perfect." It's "parfait," of course—a cool dessert that is indeed perfect.

The original parfait was Cafe Parfait and here is a variation of that theme—Coffee Tapioca Parfait.

Layers of sweet tapioca mixture alternate with whipped cream and chocolate syrup in slim glasses. Of course, you'll want to complement its mellow flavor with the hot, freshly-brewed coffee to serve with it.

Just be sure the coffee is "perfect," too!

Coffee Tapioca Parfait

1 egg, separated
5 tablespoons sugar, divided
2 cups coffee beverage
3 tablespoons quick-cooking tapioca
Beat egg white until foamy. Add two tablespoons sugar, singly, beating until mixture forms soft peaks. Set aside.

Combine egg yolk with one-quarter cup coffee in saucepan. Add tapioca, salt, remaining coffee and sugar. Stir over medium heat until mixture comes to full boil (five to eight minutes).

Remove from heat, pour small amount on egg white mixture and blend well. Quickly stir in remaining tapioca mixture. Add vanilla.

Cool; stir once after 15 minutes.

Chill.

Spoon alternate layers of tapioca mixture, whipped cream and chocolate syrup into parfait glasses. Top with whipped cream and chopped walnuts.

Makes six to eight servings.

Needs for Water Have Increased Greatly Lately

If you're moving beyond the city water mains, you'd better be sure that you have a quality water system installed capable of delivering an adequate supply of pure water. Fifty gallons per person per day used to be recommended, but with increasing number of water-using appliances, and two or more bathrooms in quality homes, 100 gallons per day is now the suggested minimum.

Demands of the modern appliances are in addition to the 30 gallons required for each bath and the four to six gallons that flow each minute from a shower head or faucet.

Water the Tomatoes

Watering tomatoes in the family garden may help tomatoes turn red as well as grow. Vegetable crop specialists say tomatoes ripen best at temperatures from 55 to 65 degrees, which may explain why that red color takes so long coming after the green fruit is full grown on hot summer days.

'Stretch' Clothes Made of Spandex

Sportswear, dresses, coats, and surgical hosiery are now being made from the new elastic fiber, spandex.

Spandex is the generic or family name of the manmade fiber and it comes under several trade names. It has excellent stretch recovery, is strong, yet lightweight and dyes easily. First popular use of spandex was in foundation garments.

Wire Your Rugs

You can make a curled corner on a fiber rug lie flat by inserting two straight lengths of coathanger wire all the way into the rug hems.

Blue Skies Bring Along Blueberries

The blue skies of August bring one of Michigan's specialty crops—the blueberry.

Michigan ranks second in the nation in production of this favorite crop reports the consumer marketing information agent Mrs. Josephine Lawyer. Last year 12.5 million pounds of blueberries were grown on about 6,000 acres of Western Michigan's sandy lake shore soil, from Michigan City to Traverse City.

About half of this crop is sold fresh and the rest is processed. You see Michigan blueberries all the year in cans, frozen in boxes or as frozen blueberry pie.

MICHIGAN'S BLUEBERRY industry can be accredited to research conducted at the Michigan State University Agricultural Experiment Station at South Haven. Over 35 years ago, scientists at the experiment station began developing varieties for commercial production.

The names "blueberry" and "huckleberry" are often used interchangeably. However, the huckleberry has 10 rather large, long seeds, while the blueberry has a large number of very small seeds... so tiny they are hardly noticeable when the fruit is eaten.

FRESH BLUEBERRIES can be stored longer than other fresh berries. In the boxes in which they come, they will keep at room temperature for two or three days, or for 10 to 12 days in the refrigerator.

Combining Woods Has Rich Effect

Decorators recognizing the infinite variety of design to be had in fine hardwoods of furniture grade, long ago discovered the rich effect of combining various species in a single room.

The basic range of brown shades, from palest gold to the black-brown of ebony and the vibrant red-brown of rosewood, have a natural affinity for each other. In well chosen combination they form exciting variations to either a cool or warm color scheme of fabric and carpets.

IN ADDITION to the dark and light feathery forms of the figures in walnut and cherry, many other American trees, such as pecan, butternut, myrtle, elm, birch and maple have long been favored for the finest furniture.

FINE CABINET woods from Africa, Central America and East India also arrive in our ports in sufficient abundance to make them rivals in popularity. Mahogany, teak, and rosewood are among the best known.

There is fascination in the exotic sounding names of some other highly sought-for hardwoods.

FOR EXAMPLE, in market showings of designs for 1963, furniture was shown made of Limba, from West Africa. It is a cream colored wood with fine irregular rays and interesting grain pattern.

Fale gold satinwood with ribbon figure was used to top small tables with deep brown walnut bases.

IREME AND BOKO, both come from Africa and look so very much like East Indian teak, they are frequently mistaken for it. They were shown in both modern and classic styles.

READING BEGETS READING

Child's Interests Expanded by Books

By MARIAN TRAINOR
Reading is not only taught; it is cultivated.

The child who has grown up in an atmosphere of books will like to read and his enjoyment will make the learning of reading skills much easier for him.

The modern child is surrounded by word symbols. He learns at the very early age to pick out the channel letters of his favorite television program and the name on his favorite box of cereal.

A brightly colored picture book will stimulate his interest, too, and it won't be long before he will pick out the word that matches the picture.

OF COURSE, one of the best ways to interest a child in reading is to read to him.

He will learn the rhythm and flow of sentences which will help him from becoming a word-by-word reader when he begins to learn to read.

It will reveal to him too, the magic that stories can wield and it is a delightful, relaxing way of getting close to your child and finding out what interests him.

A YOUNG CHILD interested in the past would love "The Sky Was Blue" by Charlotte Zolotow (Harper & Row).

The little girl in the story asks "What was it like long ago? How did they feel?" and discovers that important things never change: "The sky was blue, grass was green, snow was white."

There are appropriate soft and gentle illustrations to accompany the narrative.

CURIOS GEORGE is always fun, and when the man in the yellow hat teaches George his letters in "Curious George Learns The Alphabet" (Houghton Mifflin) the young reader will have a wonderful time and pick up a lot of learning, too, as he frolics with George from A to Z.

"A Capital Ship" by Charles Edward Caryl (Whittlesey) will delight the young reader with its colorful pictures of pirates and their ship, as well as make him laugh at the tongue-teasing old English nonsense verses that tell the story.

MONSTERS and dinosaurs hold a special fascination for boys from nine to 16. For them, Putnam offers Gardner Soule's "The Maybe Monsters," which contains delightful accounts of the discovery of real monsters (the gorillas of the Congo, the giant lizards of Komodo Island in the East Indies).

The book closes with a chapter which tells "How To Catch a Monster" with anecdotes illustrating each of the methods recommended.

FEW NINE TO 12's can resist a mystery and "Ten Cousins" by Wanda Campbell (Dutton) is one that will win the most discerning. Stolen savings, the disappearance of a horse and gamecock and the arrival of a new cousin in a household of nine combine to make an exciting story.

Boys of this age will like "Look At Guns" by Benam Lord (Watki) a capsule history of firearms and shooting contests.

FOR PRE-TEENAGE girls "Honestly, Katie John" by Mary Calhoun (Harper & Row) provides delightful reading as it recounts the experiences of young, confused tomboy Katie John who finds that growing up can be perplexing.

This same publishing company

offers "A Summer's Duckling" by Daniel Lang, the story of Maggie who learned the responsibilities of caring for a pet when she adopted a wild duckling on a New England island.

HAPPILY THERE is no necessity for a teen-ager reader to feel as the student did who wrote at the end of his book report: "I think the author was a pretty good writer not to make the book no duller than it was," for the wealth of information, entertaining reading that publishers offer for the modern teen writer is tremendous.

FOR GIRLS who like a blend of reality and romance, the historical novel fills the bill.

Such books as "The Ordeal of Ann Devlin" by Robin McKown

(Messner) which relates the story of Ann Devlin, a maid-servant in the household of Robert Emmet in the Irish uprising of 1798, and "Castor Away" by Hester Burton (World), a splendidly paced novel centering on a family in England during the great Battle of Trafalgar are fine examples of this type.

TEENAGERS INTERESTED in other lands will enjoy Robert Westbrook's "Journey Behind The Iron Curtain" (Putnam). The author is a teen-ager who tells the story of his own trip to Poland, Russia and Czechoslovakia and his encounters with teen-agers behind the Iron Curtain.

Those interested in science will find "The Automation Age" by Pauline Arnold and Percival White (Holiday) an intelligent and coherent

discussion of automation, technology productivity and sociology, subjects which are usually obscured in technical language.

"THE CONGRESS" by Gerald Johnson (Morrow) completes a trilogy on the federal government—the earlier books on "The Presidency" and "The Supreme Court" having been published last autumn. On the subject of the Congress his emphasis is on the earlier history of the country.

"Lives of great men remind us not only in single volumes, but in excellent series of books, that challenges met making interesting reading.

A fine new series in this category are the "Breakthrough Books" (Harper, Row). "Breakthrough Books" are devoted to great events

Fashion v. Style

There is a difference in fashion and style, according to a cloth specialist from Pennsylvania State University. A style is any particular and individual article of apparel that is different from another. Fashion is a process change in the development styles and is popular at the moment, she explains.

or great ideas that changed the world.

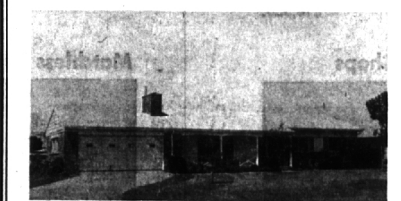
TWO IN THE SERIES "Prary to the Pole," an account of Prary's determination to be the first man to reach the North Pole and his spectacular success during the spring of 1900 and "Triumph of the Seeing Eye," a story of the founding of the organization and the men and women who have given independence thousands of blind persons.

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