

HOMEMAKING

State Fair Offers New Competition Divisions

New competition in the home arts department of the 1963 Michigan State Fair includes the teenage division of the cotton bag sewing contest.

For the first time the state fair will participate in the national wool needlework contest. Contestants may submit entries that are either knitted or crocheted.

Changes in the baking and cooking classifications include a new division for decorated candies such as marzipan decorated mints and popcorn balls.

judged on the basis of workmanship, originality and appearance.

The top winner in both adult and teen-age divisions will receive a sewing machine and be eligible to enter national competition.

The state fair premium book—the handbook of information for all exhibitors—has been split into two sections this year; the first covering livestock and agricultural products and the second for home arts.

ANYONE WHO has been on the premium book mailing list will receive the livestock and agricultural section. The home arts book will be mailed only to previous exhibitors in that department.

New entrants may request a home arts premium book from Polly Loers, director of the home arts department.

The 1963 state fair dates are August 23 through Sept. 2, and the deadline for entries is July 31.

Cottage Cheese Is Versatile

Busy homemakers seeking time saving and economical additions to menus should add nutritious cottage cheese to their grocery list, suggest dietitians at the University of Michigan Medical Center.

This versatile cheese can be prepared in many quick, taste tempting ways. A slice of toast spread with cottage cheese, topped with melon flavored American cheese and popped under the broiler for five minutes is a gourmet's delight—and within the budget of every homemaker.

The addition of hot, zesty vegetable soup or a crisp, green salad makes a perfect meal for those interested in saving time and money.

U-M DIETITIANS also suggest a refreshing combination salad of cottage cheese mixed with sour cream and added to a variety of vegetables, such as sliced cucumber and radishes or fresh fruits.

Mixing one quarter cup of cottage cheese with each egg before scrambling is another suggestion.

Such cottage cheese menus will save time in the kitchen, pennies in the pocketbook and provide extra nutrition for your family at the same time, said U-M dietitians:

The base of all things is to be afraid.

—William Faulkner

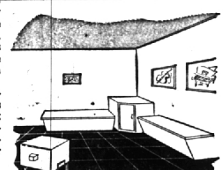


Wish your TV room, play room or den were twice the size? Most of us do, particularly if the TV is located in the room the kids use as a play room as well.

Much of the space problem in a small room is created by the fact that furniture, which is a requirement for TV watching, takes up so much floor space.

What can you do about it? One homeowner solved the problem as shown in the enclosed illustration. Built-in floor cabinets, secured to floor and to walls, serves as a storage place for toys and miscellaneous items, and offer as well sitting accommodations for TV viewers. This permits use of only a minimum of furniture—or no furniture at all—in the room.

If the room is as much a play room as a TV room, you might wish to leave the center of the room clear—easier this way to "pick up" after kiddies and keep the floor neat and clean.



Depriving a child of dessert until he eats the rest of his meal isn't good psychology.

Roberta Hershey, Michigan State University nutritionist, said that researchers—including those at Merrill-Palmer School in Detroit—have proved that young children treat dessert exactly as they do meat, vegetables and other nutritious foods if the dessert is placed on the table with the rest of the meal.

Screening Method

Varnish on screening makes a good substitute for paint and lasts in many cases just as long. To prepare the varnish for this purpose, mix equal parts of varnish and turpentine. Apply with a clean blackboard eraser, if you have one, or with a fine-grained synthetic sponge. Wipe the varnish over both sides of the screen.

Stocking Stuffers

Bobby socks can be dried in quicker time if a paper towel is jammed into the cuff of each sock. The air will circulate and hasten the drying.

Women Should Develop Unexplored Abilities

By RUTH VOGT
Special Writer

Unforgettable experiences of pure joy can come to a woman in such odd ways.

All The Eccentric stated (on two different occasions in the early part of May) was that there would be a conference given by the division of continuing education at Oakland University, under the heading "Woman's Place in This Perplexing Century."

Innocently, in the early morning hours of May 22, I traveled the few miles with the idea that "just something of value might be learned."

"RETURNING at 4 p.m. via the same route, all that kept hammering about was the disappointment that if, instead of a mere 350 women who had come from many miles away (Jackson, Gaylord and points west), every woman in this state could only have heard the wonderful program offered for such a tiny fee!

Dr. Elizabeth Drews—the first speaker addressing the packed auditorium—dropped such wisdom that my pencil flew over pages so that my fingers got cramped.

INSTEAD OF lamenting "what a poor fate women have in life," she kept us on the edges of our chairs with the wonderful philosophy of how unlimited our opportunities are—no matter if one is 30, 40, 50 or 80.

"Don't just develop one half of yourself," she flung out with a gorgeous smile which would make Elizabeth Taylor's seem pale in comparison.

Children Treat Dessert Like Rest of Meal

"I DON'T need to be less concerned about life; we need to be more concerned," she said.

"She added that mankind has always benefited when "hope in Man" flourished keenly.

"She insisted that women all through the ages have always possessed an unerring ability to adjust, grow and improve their personalities to meet current challenges.

"And these problems today are not women's problems, rather they are people's problems which males face right along with us," she said to an audience which didn't want her to stop talking. She was full of the glorious news that being a woman today need not be a frightening phenomenon at all.

MANY OTHER speakers presented stimulating thoughts throughout the day. Each one, in his own way, gave enough to fill many notebooks.

That evening, after the young population had been tucked away for the night, my notebook was casually perused. I asked my companion if he'd be interested in hearing what I had absorbed in a few hours spent on a university campus clear by. At the conclusion of the note reading, the deduction came from him:

comparison. "You must become all that you care and even if you possess abilities which have never been explored."

SHE WENT ON to say that a woman's life has many different periods, all equally significant and meaningful.

Instead of advising her listeners to "take things easy" and not get too involved with life and its many problems, her contention was that it's only through commitments, plus honest dedications, that individuals are able to realize happiness.

Developing this theme, she went on to declare that even, as humans, didn't need rest and relaxation nearly as much as we need stimulation, challenges and problems.

"Flexibility and restfulness, if carried to an extreme, can kill the spirit much quicker than a life of struggles," she stated.

ENLARGING ON THIS particular point she told of an experience with two different groups of mice:

One group was put into a section of a cage where they had to scurry and work for their food.

The other group had food offered with no effort on their part. They became listless; they became bored, so to speak. And when the first group was placed in the cage where no challenge existed, they tried to crawl over the partition to "where life had been full of challenge."

"WE DON'T need to be less concerned about life; we need to be more concerned," she said.

"She added that mankind has always benefited when "hope in Man" flourished keenly.

"She insisted that women all through the ages have always possessed an unerring ability to adjust, grow and improve their personalities to meet current challenges.

"And these problems today are not women's problems, rather they are people's problems which males face right along with us," she said to an audience which didn't want her to stop talking. She was full of the glorious news that being a woman today need not be a frightening phenomenon at all.

MANY OTHER speakers presented stimulating thoughts throughout the day. Each one, in his own way, gave enough to fill many notebooks.

That evening, after the young population had been tucked away for the night, my notebook was casually perused. I asked my companion if he'd be interested in hearing what I had absorbed in a few hours spent on a university campus clear by. At the conclusion of the note reading, the deduction came from him:

"ISN'T IT a pity all the women in the state couldn't have heard such thoughts?"

Next year, when the conference is held again, they might have to knock out walls in order to accommodate the crowd, if one can take seriously the remarks heard as we filed into the cafeteria at noon for lunch. I have never heard so many women pleased with the speeches given.

Yes, it is an exciting time to be living, as long as this tantalizing thing called "education" keeps urging us to explore.

Iron Shirts Professionally

Ironing a man's shirt is the number one home laundry problem. Men who say they don't like starched shirts praise the looks and comfort of the easy, smooth finish that instant spray starch gives. Anyone can learn to do shirts easily and quickly.



Iron yoke, placing the slightly damp shirt on wide part of board, spread, top of shirt at far side. Fold yoke along back seam; spray lightly with convenient spray starch. Spray and iron inside shirt back. Shift the shirt forward to iron the tail.



Next iron right cuff, the one to your left, inside and out; spray as needed. Smooth and iron this sleeve. Follow by ironing left cuff and sleeve. Move shirt as little as possible.



Holding shirt by right side seam, place entire right side on board, front smoothed over back. Iron up seam and towards the middle. Pull shirt toward you to iron other side. Iron button hole strip carefully. Do wrong side of collar, turn and iron right side. If any wrinkles form, spray again and reiron. While shirt is on board, insert coat hanger, shake collar and button top button. Flip up and there's the perfectly ironed shirt.



Texas Creole

Down Texas way, folks do things better and bigger than anywhere else—or at least that's what tall Texans will tell you. But no matter where you hail from, you'll agree with us, that this Texas inspired shrimp creole dish IS the best.

Its secret is a spicy barbecue sauce that adds the flavor of the outdoors to the dish, a flavor that is lively and zesty. Succulent with plump shrimp, this is bound to be a speciality at your home as cookout fare or as an indoor crowd pleaser.

- Texas Creole**
- 1/2 cup chopped onion
 - 1/2 cup chopped green pepper
 - 1/2 cup sliced celery
 - 1 garlic clove, minced
 - 1 margarine
 - 1 quart canned tomatoes
 - 1/2 cup barbecue sauce
 - 1 tablespoon cornstarch
 - 1 teaspoon salt
 - 1 lb. cooked shrimp
 - hot cooked rice

Saute onion, green pepper, celery and garlic in margarine until tender.

Add combined tomatoes, barbecue sauce, cornstarch and salt, stirring until thickened. Add shrimp; heat.

Serve with rice.

Garage Catchall Provides Extra Storage Space

STORAGE space often is so obvious one doesn't see it. For example, in a garage, more than 100 cubic feet of wasted storage space over the car hood and top can be put to easily accessible use at low cost.

Called the over-car catchall, this device was planned to make room for storm windows, screens, toys, tires and miscellaneous items such as folding chairs.

STORAGE on the outside of the catch-all is made possible by the use of strong Masonite 3/4" Peg-Board that forms the sides of the storage unit. Here can be hung a stepladder, seasonal tools and gardening equipment.

By using the Peg-Board holes for screws to hold the preformed hardware to the framing lumber, construction is greatly simplified.

Keep Picnic Food Chilled

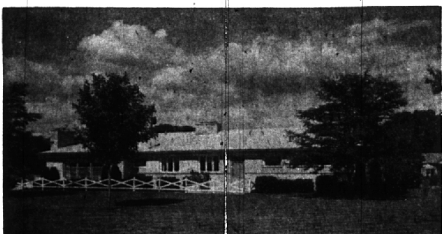
Keep perishable food such as custard, meat salad, egg or potato salads and moist sandwiches well chilled. Do not allow these foods to remain exposed to high temperatures more than 3 hours.

Chill thoroughly such cooked foods as fried chicken, baked ham, meatloaf and fried fish before putting them in a picnic hamper or, better yet, into a cooler if the food will not be eaten for several hours.

REMOVE COOKED chicken from broth immediately to cool before using in salads, sandwiches and creamed dishes.

Wrap sandwiches and other prepared foods carefully before packing into the picnic hamper. In this way, you will protect against insects and animals.

Keep hot foods "hot" by preparing them in an electric roaster and overwrapping with newspaper or a small blanket.



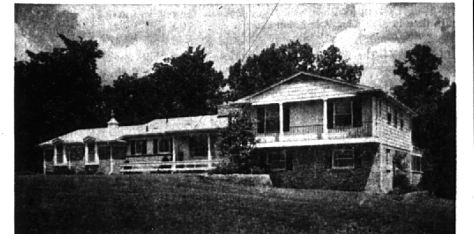
WORTH THE WHISTLE! Extra sharp and beautifully maintained. Stunning kitchen with a wealth of cabinet and counter space plus built-in oven and range. 3 bedrooms and 2 1/2 baths. Fireplace in living room as well as in 20 foot family room that has a professionally built cabinet with area for Hi-Fi and you can walk to Harlan School!



CLOSE-IN COUNTRY SETTING. Neat and Tidy. Three bedrooms, large kitchen and separate utility room. Fireplace. Cul de sac location in Hickory Heights offers scenic approaches. \$22,900.



MAGNIFICENT ESTATE
290 LONE PINE ROAD
Adjoining Cranbrook in Bloomfield Hills
Superb throughout
Decorator's appointments—All accommodations
4.3 acres of matured beauty
Appointment by Special Arrangement



PEOPLE ARE ALWAYS ASKING for five bedrooms. This one is just like new! 3 1/2 bathrooms, separate dining room, large paneled family room plus 25 foot Florida room with built-in grille. Terrific kitchen with Bar-B-Que. 3 fireplaces. Lawn sprinkling system. Walk to Bloomfield Jr. High and grade schools.



WOULD YOU LIKE TO GO SWIMMING? You can if you own this 4 bedroom with lake privileges. Large family room with fireplace and 16 x 19 jalousied porch. Carpeting, draperies and in excellent condition. TRANSFER makes \$31,500 a Go, Go price.

Weir, Manuel & Snyder, Inc.

298 South Woodward
Birmingham, Michigan Realtors
Birmingham 644-6300
Phoncs: From Detroit 566-2323