

30 Beef Cuts Are Offered at Meat Counter

If beef is your favorite meat, as it is of most Americans, chances are that at least once each week you are faced with the decision of which cuts to buy. Considering the fact that there may be 30 different cuts of beef in the meat counter, this can be a problem.

A 1,000-pound choice steer will provide about 455 pounds of retail cuts, according to the district consumer marketing agent. The first 400 pounds are lost during the slaughtering process. About 145 pounds are then removed at retail as excess fat, bone trim and natural shrinkage.

WHEN BUYING BEEF, remember that a steer is not all steak. Of the 455 pounds of retail cuts, only 14 per cent are the most popular steaks — Porterhouse, T-bone, club and sirloin. Another 10 per cent is round steak.

Eight per cent of the beef carcass is rib roast of steak, and 5 per cent is rump roast. The chuck accounts for 19 per cent of the carcass while 24 per cent is made into ground beef, stew meat and other miscellaneous cuts.

In deciding which beef cuts to buy, consider the quality you need for the way you plan to cook it, the amount of money you want to spend and the time you have to cook it.

THE BEST WAY to determine the quality of meat is to check the grade. Meat may or may not be federally graded. Many meat packers and retail chain stores as well, have their own grade designations that are comparable to government grades.

Get acquainted with these and use them as a guide for choosing meat quality.

Americans spend more money on beef than on any other food, so it's important to learn how to get your money's worth in beef.

Please Don't Eat The Dieffenbachia

A decorative houseplant termed Dieffenbachia and sometimes called "dumb hane" can produce "alarmingly severe" symptoms if taken into the mouth. Drs. George Drach and Walter H. Maloney said in the Journal of the American Medical Association.

Ingestion may result in severe corrosive burns of the mouth, throat, esophagus and stomach, they said.



Holiday Tips

The Birmingham Branch of the WNFCA displayed creative Christmas decorations in a show at The Community House last week. A candle (above) is given the holiday spirit with holly and seeth pine. A balsam branch (right) is snow-touched, as are the birds and the base.



Solve Stickiness

If the rubber-covered dish drainer is sticky, clean and dry it, then apply white shellac. This hardens the rubber and eliminates stickiness.

HOMEMAKING

How To Tell Fresh Eggs Check Suede Garments for Quality Work

Many complaints about eggs are really misunderstandings about high-quality eggs, advises the district consumer marketing information agent, Mrs. Josephine Lawler. Some characteristics of fresh eggs include cloudy or milky egg whites; eggs with a thick, white, ropey-like material wrapped around the yolk; greenish or straw-colored egg whites; eggs that cover a small area when broken into a pan; and hardcooked eggs that are difficult to peel.

Cloudy or milky whites are prominent in eggs which have been oil-treated while very fresh. A fresh egg has bicarbonate present, but as quality declines, this breaks down into carbon dioxide and water.

The carbon dioxide passes off as a gas through the shell pores and is replaced by air which enlarges the egg air cell.

THE PRESENCE of a thick, ropey-like chalazia indicates a high quality egg, and its purpose is to hold the yolk in the center of the egg. As the egg becomes poorer in quality, the chalazia tends to disappear.

Researchers have found that greenish or straw-colored egg white is frequently due to the vitamin B2 (riboflavin) content in the white. This color represents a desirable characteristic.

Eggs which cover a small area when broken into the pan have more thick white surrounding the yolk. As egg quality lowers the white becomes thinner, and the egg has a tendency to spread and cover a larger area when broken.

There is a relationship between the acidity of the fresh egg white and peeling when hard-cooked. The older the egg, the easier it is to peel when hard-cooked. To have eggs peel easily, keep them out of the refrigerator 24 to 36 hours before hard-cooking.

Dispenses Frosting

If you want to decorate a cake for a special occasion but have no cake decorator, try using a flexible plastic catsup dispenser. Just put frosting in the dispenser and operate it as you would an ordinary cake decorator.

Keep buttons and other small objects out of reach of babies.

It will pay you dividends if you carefully inspect the suede garment you buy.

This year the better coat houses are putting emphasis on quality and workmanship. But sportswear houses are entering the suede market with less expensive garments.

Some of their styles may look identical to one made by experienced craftsmen, and you will not be able to tell the difference until after six months to a year of wear.

Some manufacturers cut costs individually; others use mass production techniques. Coats made by experienced craftsmen will hold their shape. The edges will not turn in from improper installation of linings.

THEY PUT DARTS in the lining to conform to the outer shaping of the garment. This helps the coat to fit better and hold its shape longer.

It is advisable to do a little comparative shopping before you purchase your suede garment.

Since genuine suede is so popular, manufacturers are producing more and more fabrics that look like suede but cost less.

Trees Would Say Thanks Very Much

Most trees would fare better from youth through adolescence if they had an area of mulch at their feet.

A mulch reduces thermal fluctuations in the root area, permits better aeration and prevents bumping trunks of trees with a lawnmower.

A rule of thumb is this: If a tree trunk is two inches in diameter, the mulch area should be two feet in diameter.

Clean Wall Spots

For ink stains, bloodstains and the like on wallpaper or plastered walls, wet the spots with water, rub with white magnesium, and then after the chalk dries to a loose powder, brush it off.

BURIED TREASURE IN YOUR HOME CAN HELP YOU EARN EXTRA DOLLARS



THERE ARE AT LEAST 8 PLACES

Attic and Garage

A host of usable items you no longer need are to be found in the attic and garage . . . practically anything in fact from old baby items to tires. Get 'em out . . . shine them up . . . place your ad today!

Children and Playroom

Children's outgrown clothing and toys are very saleable at this time of the year! Call your ad in today!

Bedroom and Spareroom

Now is the time to sell that spare bedroom set or bedtable lamps that are just catching dust. Phone your ad in today!

Living Room and Den

These areas offer a big source of saleable items from TV sets to books. Other people need them! Place your ad today!

Kitchen

There's always a market for appliances and other kitchen items. If you have any of these that you want to convert into cash, call your ad in now!

Basement

Clean up now . . . those items you have stored away are wanted by other people! You can call your ad in for anything . . . from a washing machine to outboard motors.

3 TIMES \$2.70

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PHONE MI 4-1100 AN EXPERIENCED AD WRITER WILL HELP YOU WRITE YOUR AD!

The Birmingham Eccentric Classified Ads

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... the "Fox Chase" is fully as interesting as its name

Want a gracious living room with windows on three sides? Want a spacious 19' long antique birch paneled family room with acoustic ceiling and woodburning fireplace? Want a 1964 "Idea" kitchen with spicewood cabinets and built-ins . . . a breath-taking 24-9' master bedroom . . . step-saving utility room directly off the kitchen—and dozens of other custom features? Want this beautiful home in three weeks? The beautiful "Fox Chase" awaits your inspection!

\$34,990 including half-acre lot

Make the "drive-through" test and see this lovely, mature community for yourself. Hickory Heights is the result of careful, consistent planning by an experienced land developer and quality builder.



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