

Cooperative Nurseries Educational for Both Parents and Children



SLIDES ARE traditional equipment on a school ground and learning how to use them is an essential in any youngster's education. Trying out the one in the yard of the Mayfair Cooperative Nursery are Ianna Habsburg, 4, daughter of Mr. and Mrs. S. Habsburg, 28403 Beech Hill Road, Farmington, and Pierre DePorre, 4, son of Dr. and Mrs. Pierre DePorre, 6741 Dartmoor, Birmingham.

The chime of school bells, stores bulging with school supplies, school buses on every road, excited faces—these are the sights and sounds of September.

Among the many excited faces of young and old alike, we find in our community, a very different and fast-growing group of students. This group is comprised of the mothers and fathers of preschool children who are "starting all over again" by entering a parent cooperative nursery school with their three or four-year-old.

The parent cooperative nurseries provide an educational experience for parents in addition to providing a nursery program for the children.

ALTHOUGH a qualified nursery school teacher supervises all sessions, every mother must serve as an assistant to the teacher on a rotating participation schedule.

A mother can then observe her own child in a group situation, she learns to see her child objectively in relation to other children of his own age, and she gains a practical understanding of child development.

The mother's participation in the program is equally beneficial to the child for it establishes a more

home-like atmosphere and eases the child's first experience out of the home and into the world.

TO SUPPLEMENT this "Learning by observation" which is offered to the mothers, the cooperative pre-schools conduct regular parent membership meetings for these meetings feature guest speakers who are experts in the areas of concern to all parents of young children.

The parent's course of study in a cooperative nursery encompasses another area as well. They learn about schools since because they are running one. All the details of organization and administration are done by the parents themselves. They must attend to supplies, hire teachers, set hours and budget expenses.

For many young mothers, this provides an introduction into community service work.

THE IDEA of parent cooperative developed chiefly in the United States. It started in 1914 with a group of faculty wives at the University of Chicago.

In the 1930's, the movement began to grow and spread but in the last few years, it has truly mushroomed until now there are over 1,000 such schools in the United States with 71 of them in the Detroit area alone.

The Mayfair Cooperative Nursery, located in our own area, is the largest of the parent cooperatives in Michigan. A glance at its operation will illustrate this relatively new educational movement in action.

THE MAYFAIR Nursery School began in July, 1955, when a group of eight suburban mothers, concerned over the lack of playmates for their children, met to discuss a nursery. Temporary committees were appointed and after hours of work, phone calls and meetings, a cooperative nursery was born.

For the first few years, the sessions were held in local church buildings. By the beginning of its third year, larger quarters were essential and so a 100 year-old

school house on Middlebelt Road was leased. Here, the nursery has its own building with fine facilities and plenty of outdoor play space.

From its small beginning, Mayfair Nursery has grown to eighty children divided into four sessions.

THE SCHOOL is a non-profit, non-sectarian organization operating under a license issued by the Children's Bureau of the State of Michigan's Social Welfare Department. Membership is open to any family who wishes to enroll a three- to five-year-old child and is willing to assume the duties and responsibilities required to be a member.

The program for the children includes activities such as painting, drawing, singing, dancing, rhythms, stories, little plays, playing house, crafts, puzzles, block building, carpentry. Field trips, outdoor play and games and time out for a snack.

PARENTS are expected to assist the teacher once every two or three weeks on a regularly assigned schedule, attend a parent orientation as a new member, attend monthly membership meetings which are for both business and parent education, serve on a working committee with such assignments as program or membership, furnish a health certificate for the child from his doctor, have an annual X-ray and furnish a statement of results.

The many cooperative nurseries serving this area operate in a similar basis with slight variations in each. But the main objective of providing an enjoyable and satisfying educational experience for parents as well as for children is common to all.

FOLLOWING is a list of the parent cooperative nurseries in our community: Berkley Area Nursery School; Bloomfield Cooperative Nursery; Lakeland Cooperative Nursery; Orchard Lake; Lathrup Cooperative Nursery; Mayfair Cooperative Nursery; Our Lady of Refuge Cooperative Nursery; Lake and Southfield Cooperative Nursery School.



HOMEMAKING

Teen-Agers' Food Fancies

What does food mean to a teenager? "Camaraderie... and filling a void. What they eat is pretty much dictated by the clan spirit... their world of social doings. Unfortunately—at this age—food, as related to health and physical fitness, just doesn't belong!

TO MENTION it is apt to bring rebellion. That's kid stuff! This age is the beginning of independence, and attempted control from a dullest as tantamount to kid treatment, like "Drink your milk and you can have dessert."

The result of this rebellion is pronounced. We see it in the growing number of our teenagers who are poorly nourished, who are not physically fit. There are many statistics which trigger a warning. They show that poor food habits among our teenagers are creating a national health problem—and one that is increasing.



Food fads, favored by teenagers today, are showing the effects of malnutrition in all economic levels. This development period—the "growing" time—makes well-balanced meals (including meat, milk, vegetables, fruits, breads and cereals) most important to their future well-being. Help them to know that it is smart to be physically fit... that good health, appearance and popularity are always compatible.

THERE IS NO age at which well-balanced meals made up of the four food groups that have been established by nutrition re-

search authorities—milk, meat, vegetables and fruits, breads and cereals—aren't essential to good health. They are paramount to growing youth.

It isn't a matter of how much they eat but what they eat. Strangely, boys are apt to overeat, for this is male. A healthy appetite is a BIG man's way. Teenage girls present a different attitude. Too much food is unattractive like—it's fattening—and a svelte figure and pretty complexion are essential to popularity. And so many of them nibble—and not good, health-building foods.

TODAY, MANY of our young mothers are still in their teens—and their malnutrition, caused by poor eating habits, ill equips them for child-bearing. Unfortunately, their children may inherit the maternal weakness.

What's to be done about our teenagers? Rigid discipline at this age may lead to trouble and frustration. Understanding and guidance is far more beneficial.

POSITIVES, rather than negatives, have a better chance of making a goal. And let them practice it among their friends—with parties THEY plan at home—and meals they have selected and even prepared—in very adult fashion. And appeal to their vanity; a good looking boy, an attractive girl is a healthy one.

BUT, LIKE most ills, prevention is always better than cure. If good eating habits and well-balanced meals are established in the home, your children will carry the habit into their teens as a joyful pleasure, not a command. And this will serve them all through the rest of their lives.

While Marines are undergoing basic training, Marine Corps cooks prepare meals for each man containing 4200 calories a day, double the amount the average adult requires.

Raspberry Jam

Below is the recipe used by Mrs. John Bartlett of 487 Madison, Birmingham, in winning one of her 11 prizes at the 1962 Michigan State Fair. On this recipe she won a red ribbon; she also won a third prize on it in 1960.

INGREDIENTS:

- 2 quarts of berries
- ½ cups of sugar
- ¼ bottle of fruit pectin

DIRECTIONS:

First prepare fruit. Crush com-

pletely one layer at a time. Measure four cups into a very large saucepan.

Mix well; place over high heat. Bring to a full, rolling boil. Boil hard for one minute, stirring constantly. Remove from heat.

At once, stir in fruit pectin. Skim off foam with metal spoon. Then stir and skim for five minutes to cook slightly to prevent floating fruit.

Ladle into glasses and cover with one-eighth inch hot paraffin.

Friends Ask For Friends

"Please, BE A FRIEND," is the invitation from Friends of Baldwin Public Library to all library users in this area. The fall membership campaign will continue through the end of this month.

Mrs. Joseph Page, Jr., membership chairman, has announced that the group plans to publish a membership roster this year.

Objectives of the Friends of the Library are to stimulate gifts and endowments, to focus public attention on needed library support, and to foster interest in books and library services.



Custom made tops to fit your kitchen. No nuts, no fans. Tops and cabinets are made in our shop and installed in one day.

NORLEN SPECIALTIES
LI 8-9878
4014 W. 12-MILE
(2 Blocks East of Greenfield)

PICTURE FRAMING

Expertly Done in Our Own Shop
Big Selection of Mouldings—Fabric Liners
Mat Cutting—Dry Mounting
Picture and Non-Glare Glass Round and Oval Frames

ARTISTS' SUPPLY CENTER

1220 N. Woodward (E. Side) LI 8-7680
2 Blocks South of 12 Mile Road
Hours: Monday thru Friday 9 a.m. to 10 p.m.—Saturday 9 to 6

A DREAM HOME

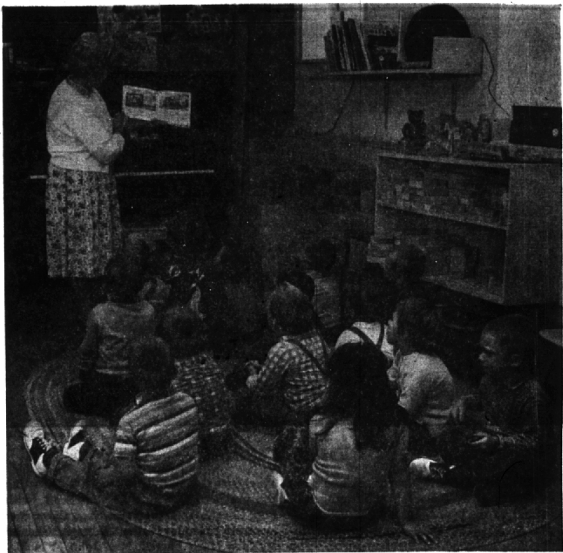
Can Come True

A gorgeous view looking down into the valley and stream with beautiful landscaping of trees, shrubs, flowers and a golden sunset all go with this charming and quality home of 2 bedrooms, tile bath with shower, living room with fireplace, porch, dining room and kitchen with breakfast bar. The lower level has family room with fireplace, lavatory, laundry, oil hot air furnace, storage and garage. Conveniently located on Lincoln near Latham in best neighborhood.

Many extras included in price \$35,000, on terms.

JOHN W. KNECHT

REALTOR
1692 S. Woodward Ave.—Midwest 4-4600
Evenings call Midwest 4-7791



READING A STORY about trains to her class at Mayfair Cooperative Nursery School, 32230 Middlebelt, is Mrs. James Biddick of Detroit. Among the activities in the 100-

year-old school house are painting, drawing, singing, dancing, rhythms, crafts, carpentry, block building, playing house, napping, skipping and "snacks."

Fire Captain Offers Rules for Safety

Birmingham Fire Captain C. G. Nunneley issued some words of caution this week to area householders who will be putting up storm windows soon.

1. If a ladder has been dropped—or the children have been using it to build that tree house this summer—be sure to inspect it. Check the beams and rungs.
2. If your ladder cannot be safely handled by one person, "swap" help with your neighbor.
3. Use proper lifting methods. Make all movements slow and deliberate, using your stronger leg muscles. Keep your back as straight as possible.
4. Ladders should be so placed that the climber's body is perpendicular to the ground at all times, with the arms extended for climbing.

THE VOLUNTEER rescue squad of Birmingham is offering a 10-lesson course beginning Wednesday. The class will be held two hours per week on Wednesday nights at 7:30.

All men over 21 years of age are eligible to take the course which will cover the above subjects and many others. Further information may be had by calling the Birmingham Fire Department.

That man is truly free who desires what he is able to perform, and does what he desires.

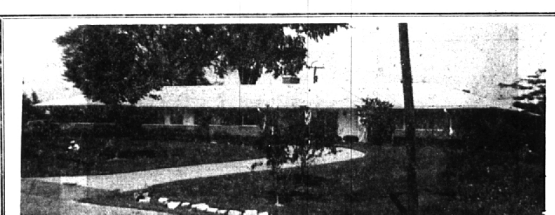
—Rousseau

REYNOLDS WATER SOFTENERS

REYNOLDS Fully-Automatic Water Conditioners (Patented) soften more water and remove more iron, for less operating cost, than any other water softeners ever made. Your present softener can probably be converted into a Reynolds Automatic. Investigate—No obligation. Factory sales, installation, and service (We service all makes).

REYNOLDS Water Conditioning Company
Michigan's oldest and largest water conditioning company... since 1937
12100 Cloverdale, Detroit 4, Mich.
WE 287-3300

Priced Right and Fully Guaranteed



\$80,000 INVESTED
Owner will sacrifice at \$55,000

HARLAN DRIVE... Situated on over an acre, a circular drive leads to this face brick 4 bedroom ranch with den or 5th bedroom, 3 full baths, formal dining room, luxurious carpeting, 3 natural fireplaces, huge family room, jalousied terrace, spacious kitchen with built-ins, slate patio surrounds swimming pool with bathhouse. Quality throughout with extras too numerous to mention. Leaving State, quick occupancy. Call TODAY for appointment to see.

Gordon Williamson
GALLERY OF HOMES 28777 Orchard Lake Rd.
GR 4-7177

WANT IN THE SWIM?

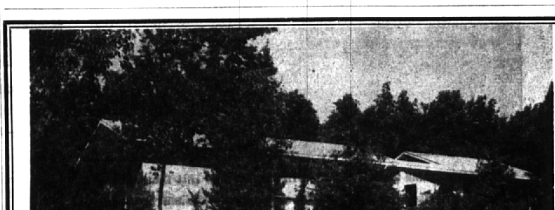


There is still plenty of time to enjoy the large heated pool that goes with this luxury ranch in Rochester's prestige Oak Bluff.

Beamed ceiling living room with massive fireplace, new carpeting, family room, radio garage door, all add to comfort and charm of this fine home. Three big bedrooms each have built in desks, shelves, or drawers. Both living room and screened and glassed terrace overlook the pool.

Priced below market at \$34,900.
CALL FOR APPOINTMENT
Max A.

HARTWIG, Inc.
Realtor
OL 1-8144



REFRESHING—Here's an imaginative Contemporary Bi-Level framed by tall trees and enjoying a view of a small subdivision lake. 3 bright bedrooms, 2 family rooms (one can be a master bedroom suite with fireplace), 2 full baths, and attached 2 car garage. OPEN AND SPACIOUS! \$26,700.

BIRMINGHAM
345 S. Woodward
MI 6-7900

Showcase of homes
HALL & YOUNG INC. REALTORS

BLOOMFIELD
4114 W. Maple
MA 6-5900