

HOMEMAKING

How to Choose and Prepare Turkey for Thanksgiving

Homemakers are talking turkey these days! In choosing which size turkey to buy, many use this rule: if the turkey weighs 12 pounds or more, allow one-half to three-quarter pound (ready to cook weight) for each person. If the turkey weighs less than 12 pounds, allow three-quarters to one pound (ready to cook weight) for each person.

Allow more for folks with large size appetites, marketing agent Mrs. Josephine Lawyer suggests.

Large turkeys usually have more meat (in proportion to bone and fat) than small turkeys so, even if the price-per-pound is the same, the larger bird is more economical. Usually, large turkeys cost less per pound than small turkeys.

Hen turkeys yield more edible

meat than toms. A 15½ pound hen yields 54 per cent edible meat, while the same size tom yields 50½ per cent edible meat.

TURKEY IS available in retail markets whole, cut-up and by-the-piece, and either fresh or quick-frozen. Turkey halves or quarters are popular with smaller families with limited refrigerator space for left-overs.

A good quality turkey will have a good quality skin with few pin feathers, a short body, broad breast, thick-meated thighs and a well distributed layer of fat under the skin.

Most turkeys are only six or seven months of age when processed, so they should be tender.

Frozen stuffed turkey is prepared under federal inspection and

is usually so controlled that wholesomeness is as good as that of many home stuffed turkeys.

If you purchase a frozen stuffed turkey, never allow it to warm up to room temperature except during the cooking process in the oven—frozen stuffed turkeys are roasted while frozen, so there is no chance for bacteria to grow.

Homemakers should read and re-read appliance warranties on home freezers to learn if food spoilage from storm power failure is covered.

Some freezer warranties cover specific losses; others do not. Some families may also have special insurance contracts purchased with the freezer that also should be checked.

Most fire insurance policies with extended coverage do not cover losses of food in the freezer unless household furniture is covered and direct damage from the windstorm made the freezer inoperative.

Use Illusions To Add Utility To Your Rooms

Any room in your new house can be given a novel look by the simple process of having one wall covered with a different pattern or material than the other three.

And sometimes the optical illusion can be very useful.

One of the most versatile finishing materials now on the market is hardboard paneling for interiors.

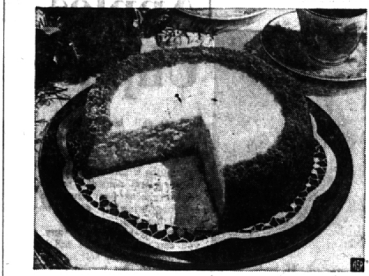
There are so many different surface treatments readily available that getting the decorating effect you want becomes a mere matter of selection.

IF YOU decide to panel an entire room with, say, warm, rich wood-grained finished hardboard, there is no reason not to introduce decorative interest through the interplay of related surfaces.

Starting with any one of the wide choice of wood-grain finishes, three walls of the room might be random-grooved, while the fourth could be unpatterned except for the graining.

SIMILAR combinations are possible by using panels on one wall that have been scored for a rectangular wood-block effect. Wood-grain finished panels with perforations are another alternative.

These perforated panels create a decorative wall for hanging toys or accessories in kitchen, laundry, playroom or bedroom,



Company Cheese Cake

Cooks of yesteryear had good reason to be philosophic about the problems encountered in making a good cheese cake. But today, modern products and techniques have eliminated these problems and assure the homemaker of uniformly excellent results.

Company Cheese Cake
(Makes 16 to 20 servings)

1½ cups zwieback crumbs
¼ cup sugar
1 tablespoon cinnamon
¼ teaspoon salt
¼ cup butter, melted
4 (8-oz.) packages cream cheese
6 eggs, separated
¾ cup sugar

1 cup (½ pint) heavy cream
2 tablespoons potato starch
5 tablespoons lemon juice
1 tablespoon grated lemon rind
Apricot or strawberry preserves

Blend together zwieback crumbs, one-third cup of sugar, cinnamon, salt and butter; press mixture against bottom and sides of nine or ten-inch spring form pan.

Bake in hot oven (400°F.) eight to ten minutes.

Let cream cheese stand at room temperature until softened.

Beat egg yolks with remaining sugar until light.

Mash cheese with fork; add egg yolks; beat well with rotary beater. Blend in cream.

Stir in potato starch, juice and rind.

Beat egg whites until stiff but not dry. Gently fold into mixture. Pour into pan.

Put in cold oven; set oven to slow (325°F.). Bake 1 hour, or until set.

Turn off heat; open door; let stand in oven 15 minutes until slightly cool.

Spread with preserves.

Remove rim of pan; place with bottom tin intact on serving plate. Refrigerate until cold.

First Must Solve Human Problems, Says Psychologist

The "human problems" of society must be solved before we can successfully cope with other problems, such as political or economic ills, a psychologist declared Wednesday in East Lansing. And he placed the responsibility on the shoulders of families and individuals.

Speaking before the annual conference of the MSU Cooperative Extension Service, Dr. Ernest L. V. Shelley, director of treatment for the Michigan Department of Corrections, said:

"If people function as they are made to function, the other solutions will come. As the family unit is strong, healthy and vigorous, the society is strong, healthy and vigorous. As the family unit weakens, so does society."

HE SAID that we are suffering from an illness and the symptoms are the increasing incidence of crime and delinquency; the divorce rate, which—in Michigan—is one divorce out of three marriages; our "incredible" consumption of alcohol, tranquilizers and barbiturates and the breakdown of moral standards, including what Shelley said our "fatal" fascination with concentration and emphasis on sex.

What is the illness?

"The desensitization of the twentieth century," Shelley answered. "Something has happened to our capacity to care."

FOCUSING on the family unit, he said our challenge is "trying to help our families preserve their health against the fatal infection of a sick culture."

Each person must start with himself in helping to solve the human problems, he said.

Weaving Process Can Save Damaged Dresses

What do you do when a live cigarette ash burns a hole in your newest dress or suit? Or when you catch your coat or dress on the car door and end up with a three-corner tear? It's disheartening to be sure. But it's a comfort to know that many professional drycleaners, and for a reweaving service, according to the National Institute of Dry-

cleaning, through the fabric, following the path of the damaged yarn. Then he pulls the new yarn into place. The weave and tension of the new yarn must be exactly the same as the old one.

The filling or crosswise yarns are replaced first, then the warp or lengthwise yarns. This method is used to repair small damaged areas.

IN PIECE weaving, the weaver cuts out a square piece of fabric from an unspaced area of the garment to be mended.

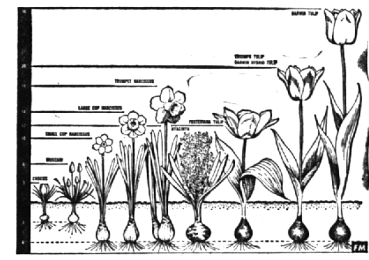
He reveals out all four sides of the piece, leaving one-half inch fringe around all of it. He places the piece over the damaged area, being certain to match the fabric in color and design.

With a special needle, he weaves the yarns of the fringe into the fabric surrounding the damage. He must follow the exact weave of the fabric, so that the piece will blend into the fabric and its fringe will be invisible.

This method is used to repair large damaged areas on all types of fabrics.

REWEAVING is not inexpensive because of the time and skill needed to do a good job.

Well done, it can save an expensive garment from the ragbag, and it is cheaper than replacing the garment.



Weeks of Spring Flowers

Plant bulbs now to provide yourself with weeks of bright flowers around your home next spring. The picture chart shows how deep to plant different types of bulbs. The chart also suggests the large variety of shapes and sizes available. Crocuses and other early-flowering bulbs get a jump on the season long before anything else in the landscape has begun to show green. Narcissus, or daffodils—all or tiny, golden yellow or delicately tinted—are a good buy for tall or come. The fragrant hyacinths, for their sweet perfume and perfect form deserve a central place at the heart of every spring garden. And you can have tulips for weeks—they begin early and follow each other into flower right up to the end of spring. All these bulbs arrive in the fall from Holland, and must be planted anytime until the onset of winter. In warm, southern areas, planting may be delayed as late as January.

WHETHER for purely decorative effect, or for attractive utility; the many handsome new faces of hardboard can contribute both beauty and convenience to your new home.

And hardboard is a natural choice for a face-lifting project in an older house; particularly for do-it-yourself craftsmen.

If you want to get the most for your clothing dollar, always read the informative label or tag on the garment. It's your best buying guide. A proper label will specify fiber, finish care and shrinkage control.

VARIETY MARKS GROWTH

Baby Foods Increasingly Good Buy

Most young families spend between \$100 and \$200 a year for commercially processed baby foods. The convenience of such foods has spurred consumption in all income groups.

In the past 12 years, baby food prices have not increased at the same rate as prices for all foods.

Baby food prices have gone up nine per cent since 1947-49, while all foods have advanced about 21 per cent.

There are more than 115 varieties and forms of prepared strained and junior foods in our markets. This wide variety makes it easy to acquaint our children with, and teach them to like, many nutritious foods.

THE MAIN types of baby foods are:

- strained—for the very young
- junior or chopped—usually a coarser texture than strained foods and they require some chewing.
- baby juices—a comparatively new item which contains enough vitamin C to meet baby's daily requirements.
- cereals and baked goods—cereals made of wheat, corn, oatmeal, rice or barley are enriched with vitamins and minerals to a greater extent than family type cereals. They come separately or in combinations. Cookies and teething biscuits have a firm consistency for baby's chewing.

desired portion for each serving. This permits immediate recovering and refrigeration.

Heat by placing this container in simmering water.

Why not heat the food in its original container? Because if not all of it is going to be eaten, re-heating will lessen palatability and lower nutritive values. In some cases, it may liquify the foods.

MODERATE SERVING temperatures are best for babies. Formulas, vegetables, meats, egg yolks, soups and high-meat dinners usually are warm to body temperature.

Precooked cereals are mixed with warm formula or milk.

Juices, fruits, cottage cheese and desserts are better served at room temperature.

Keep containers covered during refrigeration to protect quality and reduce contamination.

Store unopened cans and jars of baby foods in a dry, moderately cool place. Rotate stock, using up those on hand longest before opening newer purchases.

Mayfair Co-op Has Meeting

The Mayfair Cooperative Nursery will hold its November general meeting in the City National Bank, 10 Mile and Orchard Lake roads in Farmington, on Monday at 8 p.m. The meeting is open to the public.

Speaker will be Dr. Richard L. Cutler, who will talk on "The Development of the Normal Child."

At present he is an assistant professor in the department of psychology at U M, an assistant professor in the school of education at U M, a member of the State Mental Health Commission, chairman of the student relations subcommittee and on the administrative board of the College of Literature, Science and the Arts at U M.

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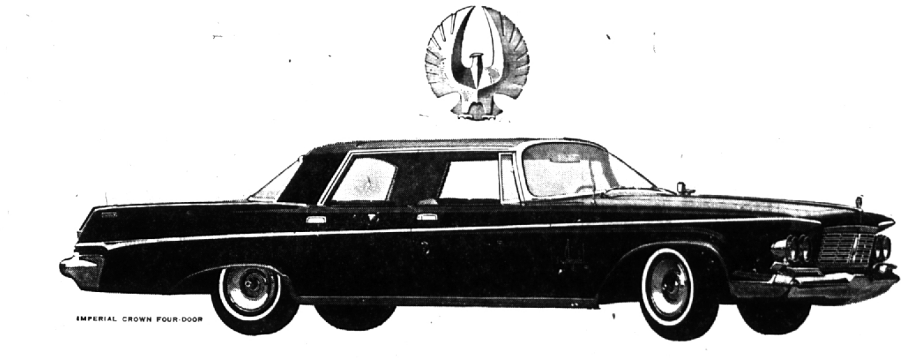
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A reminder to owners of Cadillacs, Lincolns and Imperials

Recently, a luxury-car owner in Chicago decided to take us up on our invitation to drive the 1963 Imperial.

A phone call to his dealer reserved a car for the purpose. At the appointed hour, he and his wife inspected their Imperial, then set off on a leisurely drive.

He tells us it was a most revealing experience. He'd expected regal luxury and comfort and smoothness of ride, of course.

But he hadn't expected such quick handling, nor such impressive performance, in a car of Imperial's size and dignity. The fact that Imperial lacks this performance with the only 5-year/50,000-mile warranty* in the luxury-car field became still another discovery of unusual significance.

So, this reminder: if you haven't yet accepted the Imperial invitation you received a few weeks ago, your dealer is ready with

a car for you to drive and compare. Just phone him, and a 1963 Imperial will appear at the appointed time.

*Your authorized Imperial Dealer's Warranty against defects in material and workmanship on this car has been expanded to include parts replacement or repair, without charge for required parts or labor, for 5 years or 50,000 miles, whichever comes first, on the engine block, head and internal parts; transmission case and internal parts; torque converter, drive shaft, universal joints (excluding dust covers), rear axle and differential, and rear wheel bearings. Provided the vehicle has been serviced at reasonable intervals according to the Imperial Certified Car Care Schedule.

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