

Home Should Have Colorful Personality

Giving your home personality can be disappointing if the personality you create clashes with your own.

"Every part of your home should complement your personality and carry out the decorating effect you desire," says Patricia Klobe, Michigan State University home furnishings specialist.

Colors are important keys to personality because they can affect human temperament and the mood and physical appearance of your home, according to Miss Klobe. When you work with color, decide first what effect you want to create in each room. Then choose a hue you like which will give that effect.

"REMEMBER THAT color personalities are either warm and advancing or cool and receding," the specialist says. "Limited natural light calls for warm reds, yellows and oranges to offset the lack of yellow-red in the light-rays. Cool blues and greens are suitable for rooms with much natural light or warm fluorescent or incandescent bulbs."

The receding effect of cool colors also means that you achieve the most spacious effect by using a cool, pale hue. However, warm colors become less advancing when

they are grayed, such as red to dusty rose or lightened to airy pastels, such as red to pink.

MISS KLOBE believes that, whatever the needs of a room may be, you must remember your own personal coloring. Flattering colors place you in the spotlight and make the home reflect your personality.

"Remember that others regard your 'house as their home, too," she says, "so other personalities must be considered. If lavender is your daughter's favorite color, for example, use it to decorate her bedroom."

Before choosing a color, think of how it will affect you and your family. Here are some ideas for matching color personality to room use. Match them with the personalities in your family, too.

RED IS A stimulating, powerful and cheery color that does well in family and children's rooms and as accents throughout the house.

Yellow: Rooms for friendly conversation and mental activity are appropriate for this sunny, light, spiritual color.

Orange: This dazzling, warm, aggressive color is used in much the same way as red.

Blue: A sun-flooded bedroom and other areas for relaxation need the serene, soothing, peaceful qualities of blue.

Green: Tranquil, refreshing, and individual, green neither subdues nor excites but has a cooling quality suitable for sunny rooms.



Italian Treat

Dishes with a foreign flair always have great appeal. Italian foods especially seem to be favored. Pizza, lasagne, chicken cacciatore are a few that you can serve often to the delight of all.

There's no need, however, to spend long hours in the kitchen preparing these foreign specialties. Canned soups are ready sauces, helpful additions to whipping up any foreign favorite quickly and easily. Here's a delicious new treat.

Veal Italiane
1½ pounds veal cutlet, cut into pieces
¼ teaspoon basil
¼ teaspoon oregano
1 clove garlic, minced
2 tablespoons butter or margarine

1 can (11 ounces) condensed Cheddar cheese soup
1 can (10½ ounces) condensed tomato soup
12 whole small white onions
1 package (9 ounces) frozen Italian green beans

In skillet, brown veal with basil, oregano, and garlic in butter. Stir in soups; add onions.
Cover and cook over low heat 15 minutes.

Add frozen beans; cook covered an additional 30 minutes.
Makes six servings.

Simply Brown pieces of veal cutlet with basil, oregano, and

Use Simple Design With Laminates

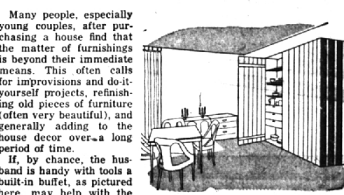
"Laminates aren't difficult to sew with if you handle them properly," says Mary Hardy, Oakland County Extension Agent for home economics.

Your pattern should be simple in design, and it should have as few seams and extra details as possible, she says.

Mrs. Hardy points out that the grain or rib of the fabric cannot be seen from the front side. You should straighten fabric ends perpendicular to the selvage to keep the grain straight.

"FOR EASIER passage through the machine, you may sew strips of tissue paper, fabric strips of organdy or batiste or seam tape into the seam," Mrs. Hardy says.

"Press laminates with a steam iron from the right side of the fabric," the home economist says. "If you are pressing plain seams on the wrong side, you should place strips of paper under seam edges to protect the foam."



Many people, especially young couples, after purchasing a house find that the matter of furnishings is beyond their immediate means. This often calls for improvisations and do-it-yourself projects, refashioning old pieces of furniture (often very beautiful), and generally adding to the house decor over a long period of time.

If, by chance, the husband is handy with tools a built-in buffet, as pictured here, may help with the dining room furnishings.

This type of buffet can be especially attractive now that there are many types of paneling available, that look like expensive wood paneling, that comes in sec-

Feather Your Hat

With hunting season opened, plan to collect some pheasant or duck feathers for a new hat. To prepare the feathers, mix a handful of salt and a handful of borax in a plastic bag. Add feathers and seal tightly for 7 to 12 days.

Hearing Loss Common Illness Says U-M Doctor

Hearing loss—one of the most common human illnesses—today affects about 4,500,000 children, according to Dr. Walter P. Work of the University of Michigan medical center.

Work, chairman of the department of otolaryngology (ear, nose and throat), estimates that in Michigan alone 16,000 school age children are hard of hearing.

The Michigan department of maternal and child welfare is active in testing and discovering such cases and in rehabilitating them. But, says Work, identifying the child with a hearing loss is difficult.

"OFTEN THE child's own difficulty with speech and school work gives the first evidence that his hearing is impaired."

The Michigan specialist listed three main types of hearing disorders: "conduction disorders" which involve the physical transmission of sound waves through the middle to the inner ear; "nerve loss," which affects the transmission of impulses from the inner ear to the brain, and, third, any combination of these two.

Some hearing disorders are present at birth, and others are acquired early in life, he reported.

When the difficulty is inherited, there is usually a history of hearing problems in the family. Certain diseases of the mother during pregnancy can also result in deafness for her child.

Hearing loss after birth can follow attacks of mumps, measles, meningitis and bacterial ear infections. Work said.

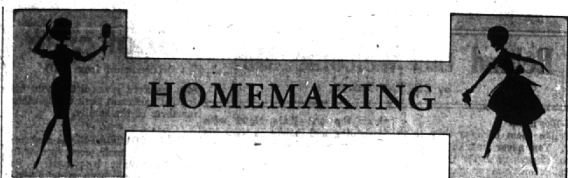
"Today, hearing loss can be detected scientifically in infants as young as nine months of age, and many of the problems can be overcome by prompt medical or surgical treatment."

He further urged parents to be alert to hearing problems in their children and, if there is question, to make every effort to have the child examined by a physician at an early age.

Sunday Open House At Co-op Nursery

The public is invited to attend an open house at Mayfair Co-operative Nursery on Middlebelt Road between 14-Mile Road and Northwestern Highway on Sunday from 1:30 to 3:30 p.m.

At this time the preschoolers of Mayfair will introduce their school and their teachers to families, friends and the public. Any persons interested in the work of the cooperative nursery is welcome to attend and get acquainted.



Cholesterol—No Sure Link

Some people in this country are victims of what might be called "cholesterol confusion," the result of often conflicting reports on the causes of heart disease, a disease which each year claims more American lives than any other.

Atherosclerosis, a form of hardening of the arteries, is the leading cause of these fatalities. Cholesterol has, in some reports, been singled out as one of the culprits. It has by no means been established as the cause.

"There certainly is no reason for anyone to become fanatic about it."

There ARE no definite answers today to the question of what causes atherosclerosis.

Millions of dollars are being spent on research. A number of possible causes are being investigated, and there seems to be general agreement that atherosclerosis may be the result of several factors.

The stresses of modern living are being studied. High blood pressure and obesity appear to be linked to the development of the disease.

Obviously, body chemistry, affected by hormones, plays some undetermined role in the development of atherosclerosis—or, at least in women, its prevention.

EXERCISE is an uncertain influence.

We are less active—drive cars when a walk would be more beneficial. We sit for our recreation—at spectator sports, to watch television, and on golf carts when we play.

What we eat probably has been given more public discussion than any other factor.

This has brought about some unfounded, homemade theories and radical diet changes that can be harmful to over-all health. It has also proved an open sesame to quacks and self-appointed food specialists.

MOST AMERICANS are healthy. We can thank our forefathers for establishing our habit of eating the basic foods—meats and fish, milk and dairy products, breads and cereals and fruits and vegetables—which nutrition authorities recommend as essential to good health.

Why, then, worry about a potential health hazard? Fear and worry are "diseases" themselves. For a normal, healthy person, eating should be a pleasant affair, not a medical treatment.

If we follow a well-balanced diet, in terms of quantity as well as variety, get adequate physical activity each day, obtain enough rest and maintain an optimistic outlook toward life, we will make a big step toward keeping healthy.

IF THERE is any question of a heart problem, don't try to diagnose your case. Have a physical check-up by your physician and let him determine your condition, and, if treatment and special diet are necessary, follow his advice—not your friends' or some self-styled specialist who has no authoritative background.

New on the market is a special compact gas range for use in efficiency apartments, mobile homes and other installations where space is at a premium. Range is only 19½ inches deep and 20½ high, has four top burners, a 16 inch wide oven with low temperature control for maintaining a keep warm temperature of 140° indefinitely. Duplex oven has combination burner for broiler and oven compartments.

Food and Family Fitness



The Cholesterol Confusion



OVERLOOKING OAKLAND HILLS COUNTRY CLUB—This home is built for lots of living! Three bedrooms, 2½ bathrooms. A two-way fireplace opens to both living room and large family room. Recreation room and screened porch—ideal for entertaining.



LARGE FAMILY ROOM WITH SLIDING GLASS-WALL on to the patio, includes a fireplace. Three huge bedrooms, (dressing room off master bedroom) superb closets. Spacious living room with fireplace and separate dining room. Special features include built-in refrigerator, freezer, oven and range. Must be sold. \$34,900.



A SUPERIOR HOME IN BEAUTIFUL BLOOMFIELD VILLAGE—Four really spacious bedrooms, three bathrooms plus a Powder room. Separate dining room, large paneled family room, recreation room and most enjoyable screened porch. Included are luxurious carpeting, draperies, and automatic lawn sprinklers in the front and rear, plus everything else you would expect.



SPECIALLY CREATED HOME AT THE END OF A WOODED COURT. Four bedrooms (one ideal for in-laws), three bathrooms, large, deluxe "kitchen-family room" with fireplace and glass wall on to the patio. FULL BASEMENT. Convenient to all grades in new public and parochial schools.



CHARM, LOCATION and CONVENIENCE. Only two blocks to Quanton School. Four bedrooms, two full baths and TWO lavatories. Separate dining room, family room and paneled recreation room with fireplace and bar. Fully developed landscaping and full grown trees.

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