



## HOMEMAKING

### Is That Cream Sour? Better Check Again

When is sour cream not really sour? Simple. When its sour cream. Confusing as this may seem to the average housewife, it nevertheless is true, according to the American Dairy Association.

A survey by the Association, conducted in the Minneapolis-St. Paul area, turned up the fact that Mrs. Housewife thinks sour cream is sour because it was allowed to become heated. And everyone knows that cream left in the open, at room temperature, will turn sour. Hence, sour cream.

Not so, say the American Dairy Association, which went on to say

that soured cream and sour cream are two entirely different things—sort of like cottage cheese and yogurt.

**THE RICH**, tangy flavor of sour cream is obtained by introducing a special "culture" into a pure cream that is pasteurized and homogenized to a carefully controlled consistency.

The end result of this process is the delightfully zesty flavor so common on baked potatoes and as a chip dip.

The Minnesota survey turned up an additional factor of major interest to the American Dairy Association, and that was a desire on the part of housewives to learn more ways to use sour cream—in cooking, baking, garnishes and spreads.

Neville, one of the ADA's turned the problem over to the dietitians in its test kitchen and before you could say "sour cream" recipes poured forth to the sum of a 24-page booklet filled with gourmet-style usages of your cream.

**CONTENTS** of this booklet, entitled "Sour Cream: The Gourmet Touch to Everyday Cooking," offer a selection ranging from appetizers, soups, breads, main dishes, vegetables and salads all the way to sandwiches and desserts.

All told, the 24-page booklet contains nearly five dozen tempting and palate-pleasing recipes employing sour cream which, it should be of interest to most if not all women, is a low-calorie food... 525 a cup, or 33 per tablespoon... that goes a long way in small quantities.

So, if your family has a taste for gourmet recipes featuring sour cream, just ask your milk man for a free copy of his sour cream recipe book.

You'll be in for culinary paradise, and some taste treats far beyond the light.

### Women Like Bright Look In Shelters

Women should be as much concerned about fallout shelters as the men, and should be especially interested in home shelters, according to John Concord, housing expert for Massonite Corporation.

Breadwinners, in case of an atomic attack, would head for the nearest public shelter if they were at work. Women and children at home need the protection of an "at-home" fallout shelter, and it should be big enough to accommodate the entire family, too.

By planning a dual-purpose fallout shelter for the home, families can make day-to-day use of the area as a general family recreation spot.

"FOR PEACE-TIME and all-out war, the home fallout shelter needs first of all to afford protection and preserve life," Concord says. Important also are the facilities and decor of the shelter.

"Individuals living in the close quarters of a shelter need places to sit, sleep, relax, eat and have privacy," he points out. "Instead of cold, gray concrete walls to look at they should be decorative and cheerful."

Concord recommends covering the walls with hardboard panels in quiet woodgrains of walnut or cherry. For peace or war, they provide durable, easy-to-clean surfaces that are cheerful.

### Small Rooms? Here's How To Add Space

Budget-conscious young married couples are discovering that they can have a low-cost home with small rooms that don't appear boxed in.

The answer is in design. Exposed beam and ceiling design in wood, with divider walls separating various use areas, eliminates the cramped feeling in the small room.

**WIDE OPEN** spaces above the divider walls give the small rooms a feeling of more spaciousness. This is especially true if light colored woods, like Douglas fir or west coast hemlock, are used for the exposed ceiling boards and it is finished with clear lacquer.

Sometimes a very brief false ceiling at the height of the walls can be placed over the dining area or the kitchen area to open up the space and to unify the decorative scheme.

**FOR EXTRA EFFECT**, exposed beams can be stained darker or even painted to accent the lighter colored ceilings. Various woods can be used for paneled walls to give luxury styling to the small home.

The divider walls provide ample privacy without the confinement of the closed in, box-like ceilings.

### How to Plant Home Patio

Practically everyone like a patio where the family can sit out or dine outdoors on summer evenings. The trouble is, in many small and moderate home developments, everything is so open it is like sitting in the middle of the street, with no privacy whatever.

Don't let the lack of privacy deter you, advises the American Association of Nurserymen, because there's no excuse for any home owner, no matter how small his home may be, not to have a delightful patio.

Here's how to go about it:

1. Place off the size of the patio and stake it out.
2. Plant shade. At least one sizeable tree is necessary. Plant the tree to the west of the patio to be shaded.

3. Plant for privacy. In every direction from which neighbors can see the patio, plant shrubs or small trees as preferred, to serve as a screen. To screen off the patio, it is not necessary to plant a row of trees or hedge plants unless you desire this. They can be planted singly at considerable distance from the patio so long as each one provides privacy from a certain direction.

4. Once you have shade and privacy, the next step is to plant a few things around the outside edge of the patio to provide color. This may be roses, or camellias, for example, other flowering shrubs, or even annuals in the summer months, to provide continuous color for the whole season long. Nurserymen can help you plan.

Think of the patio as a room to be decorated with colorful natural plants and shrubs instead of indoor furnishings and plant it so it will be easy and pleasant to go from the house to the patio.

**DOUBLE OVENS** are becoming

### Steps to a Perfect Lawn



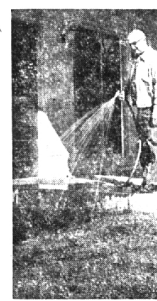
Preparation of soil is the determining factor in how many years a lawn will remain good. Dig deep, turn thoroughly.



Rake to destroy clods, to smooth surface and make soil fine so seeds will come into close contact with it.



Plant seed the easy way, with a fertilizer spreader. This ensures even spreading. Fertilizer with spreader too.



Water as soon as seeds are sown, using the finest spray possible and keep soil always moist until seeds sprout.

### Kitchen Planners Strive for the "built-in" Look

The built-in look is one of the most vital trends in home building and remodeling today—especially in the kitchen. Most everyone like the integrated, uncluttered appearance and added convenience built-in appliances provide.

Popular built-ins are the modern, 1962 electric range models consisting of a cook-top and a separate oven.

This permits extra freedom in planning a kitchen designed for maximum efficiency, since the cook-top and the oven can be located where each is most convenient and suitable.

**SURFACE COOKING** units are installed neatly in a counter-top, and the oven is placed in a storage cabinet or wall at eye-level height.

Ovens at this height are easier to cook with and easier to clean, since there's no bending or stooping.

**DOUBLE OVENS** are becoming

increasingly popular. Separate heating elements and controls help housewives prepare extra-course meals with ease, as they can bake and broil at the same time.

### Now Kids Will Like Bathing

Another giant step in the battle to make junior like his nightly bath has been made.

"The Magic Towel," a booklet written by juvenile book author Margaret Fishback, illustrates the joys of bathing in brightly colored pictures. This, thinks Miss Fishback and her illustrator Irene Trivas, will make children want to leap into the tub each night.

**THE BOOK** comes with a special pay new towel, to be found at Jacobson's linen department, 336 W. Maple, Birmingham.

### Year 'Round Comfort A Possibility

An expandable attic often is the ideal spot to find more space for growing families, but attic space can have its drawbacks. Discomfort is one. Unfinished attics can be notoriously hot in summer, cold in winter.

But any attic can be made comfortable all year 'round with proper insulation and a room air conditioner. Mineral wool insulation installed to meet proper requirements, blocks the escape of heat in winter, helps keep it out in summer. Attic installation of mineral wool can be a money saving do-it-yourself project.

To make sure of getting the room air conditioner that's just right for a given area, a family should give the appliance dealer basic information about the area to be cooled. This includes its size, exposure of roof and outside walls, number of windows and direction the face, and whether electric circuits are 115, 230 or 208 volts.

### Stay Refreshed With Lime Dessert

By ANN C. MAIN

From the pages of "Cooking Trends," published by Birmingham's Women's Club.

**Ingredients**

- 1 lb. can (12 1/2 oz.) evapor. milk
- 1/2 c. hot water
- 1/2 c. lime juice
- 2 t. lemon juice
- 1 c. sugar
- 2 c. chocolate crumbs
- 1 c. melted butter or marg.

**Directions**

Chill evaporated milk. Dissolve gelatin in hot water. Chill until partially set. Whip until frothy. Stir in fruit juices and sugar. Whip milk stiff and fold in gelatin mixture.

Mix cookie crumbs and margarine. Press into bottom of 8x13-inch pan. Pour in gelatin mixture. Chill until firm. More cookie crumbs on top. Serves 12.

### Neighbors Like Fence Planning

Home owners can build neighborhood good will by cooperative planning of fence designs. Harmonious fence styles can be worked out to set the tone of the neighborhood and to meet the requirements of each home owner.

The main thing, says landscape architect Chandler Fairbank, who has had outstanding success in designing for community landscaping projects, is to avoid clashes in size or texture of wood fencing.

The variety of wood fences is endless. Fairbank points out: "There is a fence for every need, whether it is for containment, for decoration, for boundary identification, for privacy, or for visual or noise shields."

**A GOOD FENCE**, Fairbank advises, can bring out the best features of a home, like a frame does for a picture. Aesthetic qualities such as color, texture, and style, and then select the style that pleases everyone and that fits well with each home.

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By **Chamberlain**

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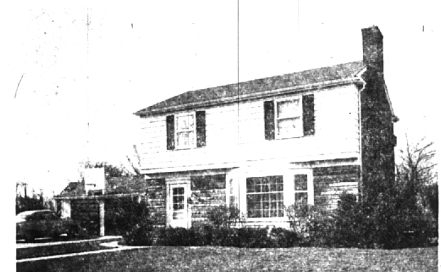
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