

Mrs. Romney, Sen. Hart Feature MEHA Meeting

Mrs. George Romney and Senator Philip A. Hart will speak at the Michigan Home Economic Association's (M.H.E.A.) meeting May 4 and 5 in Detroit. Governor John Swainson has proclaimed the week of April 29-May 5 as "Home Economics Week in Michigan."

Mrs. Romney and Senator Hart set forth their points-of-view on "Crucial Issues Facing Home Economists." Miss Marguerite I. Gilmore, midwest field director, Women's Bureau of the U. S. Department of Labor and Mrs. Alice Smith, Chief, nutrition section, Michigan Department of Health, will complete the afternoon session.

The M.H.E.A., composed of educators, dietitians, journalists, and women in business, is holding its 41st Annual Meeting at the Detroit Leland Hotel. This meeting will determine if recent trends in technology and education are included in Home Economics programs.

Dr. June Bricker, executive secretary of the American Home Economics Association, is the featured speaker at the dinner May 4. She will foretell trends she has observed in her visits to campuses and State Home Economics Associations throughout this country and Puerto Rico.

The dinner will be followed by the President's Reception. "Current Research, New Products, and New Developments Affecting Families" will be discussed Saturday morning. Mrs. Helen Hallbert, director of Betty Crocker Kitchens, General Mills; Mrs. Anne Sterling, American Institute of Home Laundry; and Irving Sigel, director of Research, Merrill

Palmer Institute will reflect this theme in their talks. The meeting will close with a luncheon talk "Relating Values to Program Appraisal" by Dr. James Christensen of Wayne State University.

The Home Economics proclamation issued by Gov. Swainson said "home economics is concerned with the family. It has to do with physical environment, including food, clothing and housing. It is concerned also with the social environment, such as economic, psychological, and cultural factors."

Professional home economists are engaged in serving individuals and families throughout Michigan. They serve as teachers, extension agents, dietitians, food service advisors, nutritionists, home service advisors, textile and clothing merchandisers, interior designers and as specialists cooperating with all mass media.

Home economics research workers are constantly seeking new knowledge of a basic nature and for solutions to practical problems related directly to the well-being of the family.

Dr. Bricker, featured speaker at the May 4 dinner, directs the 52-year-old American Home Economics Association in Washington, D.C. She is the only woman member of the 16-member committee appointed by Secretary Ribicoff in the Fall of 1961 to review policies of the Food and Drug Administration.

She is the elected Speaker of the House of Delegates of the American Dietetic Association. An expert in nutrition, she earlier held positions in nutrition education with the Connecticut Dairy and Food Council, the Council of Social Agencies of Manchester, New

Hampshire, and the Boston Community Health Association.

Discussions Saturday morning on research, products, and developments will be directed by three eminent authorities in their respective fields.

Mrs. Hallbert, conceiver of the world-wide home economics exchange in business, has been with the General Mills organization since 1941. She was named supervisor of the Editorial Section that year.

She holds active membership in several economic associations, and has compiled and edited three editions of the "Better Homes and Gardens Cook Book."

Mrs. Sterling has a background on both a creative and executive level in public relations, advertising, publicity, sales management and promotion, and business ad-

ministration.

A Northwestern University Journalism graduate, she has addressed meetings of laundry owners, has appeared on television and radio, and has talked to women's groups.

Mrs. Sterling, mother of an 11-year-old daughter, will speak on laundry problems at the M.H.E.A. meeting.

Irving Sigel, authority in the field of child guidance, holds Fellowships in the American Psychological Association and the Society for Research in Child Development.

He is presently affiliated with the Merrill Palmer Institute. The M.H.E.A. meeting will open with an executive meeting at 7:30 p.m., May 3, on the fourth floor of the Detroit Leland Hotel. It will be concluded at a luncheon in the hotel's Jade Room at noon, May 5.

Lawn Trimmers Face Summer Marathon

Home owners interested in care of their lawn will walk more than 1,000 miles around the world this summer, just for the sake of keeping their grass down to a respectable level.

Except that is, for those who are the lucky possessors of rider mowers. If all the 25 million home owners in the country decided to cut their lawn on Saturday, for instance, it would involve a hike of nearly 27 million miles.

An estimated 10 million lawns will be cut with power mowers. Some of the following suggestions may help home owners keep their mowers in top condition.

Easy starting and efficient operation of the mower is one phase over which the lawn trimmer has some control and they are all undoubtedly eager for any tips to make the job more pleasant.

FOR THE northerners who have put their snow shovels away and are bringing out the mower for the first time, a good spring cleaning is advised. Actually, the cleaning is recommended in all areas and should be repeated at frequent intervals during the mowing season.

The dirt and dust chucked up by power mowers, plus the fine grass clippings, can choke an engine if allowed to accumulate on the carburetor air cleaner. Follow the engine manufacturer's recommendations for cleaning the air cleaner element.

In addition, clean the accumulation of dirt and grease from the cylinder cooling fins. Since mower engines are air-cooled, a crust of dirt can cause overheating.

DRAIN the crankcase of four-cycle engines and refill with clean oil. Follow the engine manufacturer's recommendations for the type of oil and be certain the oil is maintained at the proper level in the crankcase.

If you have a two-cycle engine, always be sure to mix the oil-gasoline fuel in a clean can. Discard any carry-over fuel mixture from last summer or fall. It is advisable to pour the gasoline in the can first and then add the oil. If the oil is poured in first, it may "coat" on the sides of the can and prevent a good mixture.

Use one of the special oils for

two-cycle engines when mixing the fuel. These oils contain additives that resist deposit formation and inhibit corrosion.

A NEW SPARK plug will provide quicker, easier starting and give maximum efficiency. Be sure to use one of the special "lawn mower" type spark plugs, since they have electrodes designed with more open area in the gap to better expose the spark and resist fouling.

Use the gasoline recommended by the engine manufacturer and make sure it is stored in a clean can that meets the requirements of the "Federal Hazardous Substances Labeling Act."

FINALLY, remember safety when you are operating your mower. Don't wear a necktie or anything that could become entangled in moving parts, and be sure to keep small children and pets away from the mower.

With a sharp blade and an efficient motor, the four and a half million acres of grass shouldn't be too bad. And who but Americans would spend nearly three billion dollars a year to make grass grow, just for the "fun" of cutting it every week?

Federal beef grades appear as a row of purple shield-shaped stamps on wholesale cuts, advises Michigan State University marketing agent, Mrs. Josephine Lawyer. The U. S. before the grade indicates that the meat was graded by a federal inspector.

The highest butter grade is U.S.D.A.-AA, which scores 93. U.S.D.A.-A butter scores 92. Butter of this high quality and delicate flavor is made from fresh sweet cream says Michigan State University marketing agent, Mrs. Josephine Lawyer.

Since celery grows very slowly, it is a good idea to start seeds in the house the middle of April. When seedlings are half an inch tall, they can be transplanted to compressed peat pots and grown in them until mid-June. Then they may be set in the garden, pot and all, without fear of loss.

Homemaker Fix-it Hints

Q. I'm rewiring my house and putting in new fixtures. Where can I get a good guide for proper lighting?

A. Ask your local electric utility for the requirements. If you meet the necessary standards for lighting, your whole house will be effectively lighted for working and reading as well as for appearance.

Q. I recently bought my first home after years of apartment dwelling. I know a hammer from a saw, but not much more. How do I get to be a home handyman?

A. As easy as speaking to a neighbor. You'll probably get dozens who love to give advice (they just learned, too). Also, there are good magazines which give detailed instructions and ideas. Many inexpensive books and booklets on woodwork, carpentry and related subjects are available from the U.S. Government Printing Office, Washington 25, D.C.

Q. Heat from our white sidewalk reflects into the sunporch, making it unbearably hot and bright in summer. What can I do about it without making expensive structural changes?

A. Plant tall flowers such as giant sunflowers or hollyhocks between sidewalk and sunporch, or, if the budget permits, buy shrubs about 3 feet tall and plant them there. The wall of greenery will absorb much of the reflected heat and light.

Retailers Specials

A retail store "special" is an item sold at less than regular mark-up, or at cost, or below cost. "Specials" are used to keep present customers and gain new ones, and to increase the tonnage of the featured item, but do not depress the volume of non-featured items by an equivalent amount. If specials are speared one week, there is likely to be an oversupply of forerunner cuts the following week.

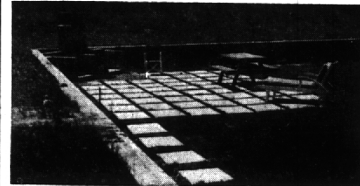
One of the best flowers for continuous bloom all summer is annual phlox. Plants are low-growing, laden with brilliantly colored flowers, available in many colors and several forms.

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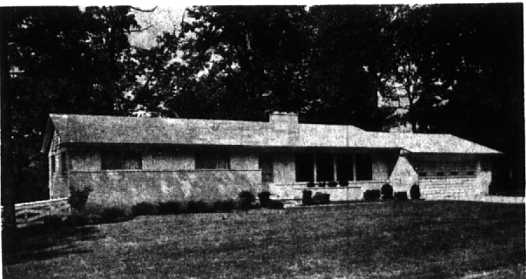
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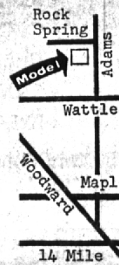


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