heating and serving.

The woman planning a trip should make up menus for each day she is to be away, then shop in advance and cook and freeze dishes on the menu. Casseroles, soups, spaghetti sauce and chili, cakes, pies and cookies can all be made in advance and stored in the freezing section.

THERE'LL be room left for ice cream, juice and other frozen foods. She should also get a good supply of fresh foods such as bacon, eggs, cheese, butter, cold cuts, fruits and vegetables to store in the specially cooled and humdified refrigerator compartments, where they'll stay fresh a week or more.

Daily menus should be posted on the kitchen bulletin board. After checking them, all the stay-athomes have to do is reach in the refrigerator freezer, heat their meals, and eat.

The refrigerator freezer will be

The refrigerator freezer will be their "supermarket" right at home, stocked with enough nourishing meals to last for days.

Home Improvement Section Remodeling of Old Kitchen Painted Frame' Helps Paintings Kitchens of Future Take Meal Orders It's a long way in the future, but the day will come when an absent housewife will be able to cook and serve a meal to her family by giving long distance directions to her electronic kitchen by telephone. Today a housewife who plans to leave home for a few days musplan ahead to provide balanced meals for her family at home. But one for a few days musplan ahead to provide balanced meals for her family at home. But one the meals are planned any repared, her electric refrigerator freezer can keep then ready for heating and serving. The woman planning a trip should make up menus for each give her the meals for the service of the service of the service of the man of the family, is the should make up menus for each give her the meals for the service of the man of the family, is the should make up menus for each give her the meals for the service of the man of the family, is the should make up menus for each give her the mean for the service of the man of the family, is the should make up menus for each give her the man of the family, is the should make up menus for each give her the man of the family, is the should make up menus for each give her the man of the family, is the should make up menus for each give her the man of the family, is the should make up menus for each give her the man of the family, is the should make up menus for each give her the man of the family, is the should make up menus for each give her the man of the family, is the should make up menus for each give her family and serving. The NEW electric refrigerator-freezer and not far from the sink and dishwasher. Because the kitchen is a large one, planning concentrated on say a lessure, and stored for later use. Because the kitchen is a large one, planning concentrated on say a lessure, and one-half feet from the sink and dishwasher. Because the kitchen is a large one, shands to far from the sink and dishwasher. Because the kitchen is a large one, shands to far from the sink and dishwasher. Because the k

THE NEW electric refrigerator-freezer with its square corners and thin, straight walls, has a built-in look that suits this modern kitchen. It easily holds a week's supply of fresh foods in specially cooled compartments.

compartments.
The freezing section keeps quantities of frozen foods for months. Since the owners entertain frequently, party food can now be prepared in advance, at the hostess



BEFORE — This old-fashioned kitchen was dreary and inefficient. It had little storage space for



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new refrigerator-freezer and a barbecue "island" now stand where the old kitchen wall was, handy to both the working areas and the new dinette, saving time and steps.





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est, safest and most healthful heat ever. Enclo est, sarest and most remain and circulate it where it's seeded . . from floor level upward and from wall to wall. Built-in thermostats give you heat control in each room, for added comfort and savings on heat bills.

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