

**Sugar-Free Food? It Has Calories!**

ANN ARBOR — "It ain't necessarily so!"

That's the way the song goes, and that's what dietitians at the University of Michigan Medical Center say about the so-called "sugar-free" foods.

Miss Grace Stump's staff claims that the only real difference in the substances used in the "sugar-free" products is that they are slower acting in furnishing calories than regular sugars.

These substances, called sorbitol or mannitol, are used by the body in much the same way as regular sugars. Since they still furnish calories, they are not "free" foods for people who must control calories or control the amount of sugar which they eat.

**Orchard Lake Country Club Plans 35th Birthday Party**

This Saturday will be the 35th birthday of Orchard Lake Country Club, the unique "one stop vacation" which combines the best in golf, tennis, sailing and swimming.

To celebrate the occasion, OLC has scrapped its usual amateur night birthday party and has given its entertainment emphasis heavily to PROFESSIONAL. . . hiring one of the hottest bands in America — the fabulous "Dukes of Dixieland." This is the first time OLC has ever engaged a big name band. The "Dukes" are coming here specially for the dinner dance on Saturday night.

be held at the scenic lake-front of Orchard Lake Country Club. A wooden dance platform has been erected, plus an oval geodesic dome of aluminum tubing and rickshaw skin to guard against elements of which the committee hopes there are none!

Talented Jane Kelley, decorator par excellence on the committee, plans to stage a Mardi Gras in July at the birthday party, promising authentic Mardi Gras decorations of all kinds.

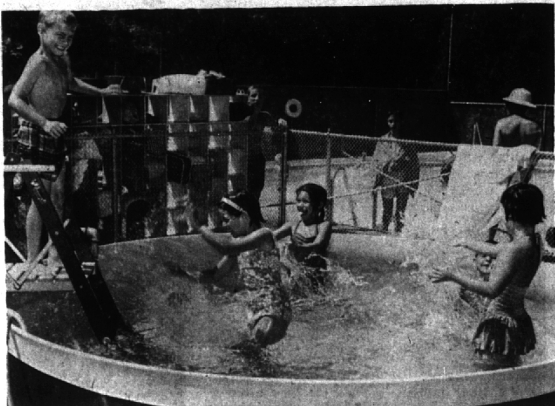
CHARCOAL steaks will be broiled on special racks beside the water and there'll be corn on the cob with all the trimmings.

Emmett Judge and his wife, Kila, head the entertainment effort staging the party. (He's board advisor to the entertainment committee. Bud Struck is committee chairman. He, with wife Helen, are aided by the previously mentioned Lane Kelley, husband Bethel; Marty and Chris Archangeli; Mill and Betty Coulson and Bill and Peg Restrick.

Leading the list of greeters will be, of course, Club president Jack Bagby and Mrs. Betty Bagby. (All the above are from Birmingham except Mill Coulson, who is from Bloomfield Hills.)

SO ON SATURDAY the best in jazz from the famed "Dukes of Dixieland" will swirl around Orchard Lake, probably drawing special interest from the ghost of old Chief Fontaine who is buried on Apple Island which faces Orchard Lake Country Club.

Some 500 members are expected to attend. The Club's Juniors are also invited to attend the dance portion of the event.



**Fun in the Sun**

Enjoying an afternoon of swimming at City and Country School in Bloomfield Hills are students who are attending Roper Summer Day Camp. This is the camp's 14th season. Among the activities offered are sports,

art and craft, nature study, music and dramatics, dancing, fencing, gardening, shop work and animal care. The camp is open to children from three to 11 years old from June 26 through Aug. 18.

**COMING EVENTS**

- Friday, Aug. 4  
MIXED DUPLICATE BRIDGE PARTY . . . At Birmingham Country Club; dinner at 8; pick up your partner, husband and wife teams, men teams, women teams or any combination; Advance reservations.
- Friday, Aug. 11  
TWILIGHT MIXED GOLF EVENT . . . at Birmingham Country Club, starting time, between 3-6 p.m., followed by seafood buffet dinner and dancing.
- Friday, Aug. 11  
INFORMAL POOL PARTY—At Red Run Golf Club at 7 p.m.; entertainment; seafood buffet; dancing.
- Tuesday, Aug. 15  
CHILDREN'S POOL PARTY . . . at Red Run Golf Club. Age 10 and under; games, prizes, favors, lunch.
- Wednesday, Aug. 16  
BIRMINGHAM CHAPTER 220 is holding a bazaar sewing at the home of Mrs. James G. Lang, 2310 Bunker Hill, Rochester.
- Saturday, Aug. 19  
RED RUN DAY . . . honoring the club's president "Cap" Caputi and past presidents.
- Saturday, Aug. 19  
ANNUAL FLOWER-VEGETABLE SHOW is being sponsored by the Oxford Garden Club in the old Oxford High School auditorium. The show will run through Sunday. Visiting hours are 3 to 10 p.m. and have them in before 11 a.m. on the 19th.

FINE FURS SINCE 1910

**51<sup>st</sup> Annual August Fur Sale**

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Special group of fully let-out Mink Stoles specially priced for this event . . . \$500.\*

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**Burlingames Attend Bridge Tournament**

The Daniel Burlingames, 4111 Walnut Hills Road, Birmingham, recently attended the summer national tournament of the American Contract Bridge League in Washington, D.C.

Mr. Burlingame was a member of the Manufacturers National Bank team, one of six teams chosen out of 40 in the Metropolitan Detroit area for the national competition.

Mrs. Burlingame assisted Mr. Goren, foremost bridge player in U. S., in handling his duplicate boards.

LOCAL TEAMS in the finals were General Motors Co., Manufacturers National Bank, Ford Motor Co., Wyandotte Chemical Co. and The U. S. Rubber Co.

Side games were open to contestants in the Sheraton Park Hotel where 722 bridge games were conducted simultaneously in a single ballroom.

Highlights of the tournament was a visit by former President Dwight Eisenhower.

**"BRING 'EM BACK ALIVE!"**

A TIP FROM THE AAA AND THIS NEWSPAPER



Highway hypnosis is actually a false sense of security that makes a driver grow less aware of actual events around himself. It comes on so slowly that many fail to recognize it—and that's what makes it so dangerous. If you want to "Bring 'em Back Alive!" from future trips, says Automobile Club of Michigan, familiarize yourself with the causes and the cure. The causes: Mile upon mile of straight, level, easy roadway; a route so familiar you drive it by reflex—"with your eyes closed," so to speak; a fixed eye position; the constant purr of an engine; the hum of tires; unchanging scenery; monotony. The cure: Stop at least once every 45 to 60 minutes if you are tired; get out of the car for a short walk, a cigarette, a cup of coffee; or, if you can't pull off the road and take a nap. Vary your speed occasionally; keep your eyes moving when traffic will allow; keep a window open. In short, do little things that will keep you alert, for the one sure weapon against highway hypnosis is alertness.

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Bonus Special Monday and Tuesday  
If Hair Shows \$15.00

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**Ends Active Duty At Fort Eustis, Va.**

FORT EUSTIS, VA.—Army Reserve, 1st Lt. Dan C. Hollister, 29, whose wife, Gloria, lives in Ohio, completed two weeks of annual active duty training July 30 at Fort Eustis, Va.

Lt. Hollister is regularly assigned as a transportation officer at the U. S. Army Reserve School in Dayton, Ohio.

**Series of Concerts**

The Detroit Symphony Orchestra will open a three week series of nine free concerts in the Jerome H. Remick Memorial Shell on Belle Isle Tuesday evening at 8:15. Valter Poole will conduct. The concerts will be presented each Tuesday and Sunday through Sept. 3.

**Time Goes By, We'll Be Back Aug. 21st**

**Curiosity Shoppe**  
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**Where? DALY BROTHERS 45th AUGUST FURNITURE SALE**

Go on the double! That is, bring your wife! Ummmm! Sure, bring the children, too. Shopping is a family affair at Daly Brothers. Upholstered pieces custom ordered in your selection of distinctive fabrics, even at sale-time! America's finest makers include Drexel, Henredon-Schoonbeck, Heritage, Hitchcock and Stiffel. Wall hangings and accessories also included at sale-price! Because our selection is so broad, our service reliable (has been for 45 years) and our desire to please so determined, you never will doubt the value of any purchase (everything is from our regular stock) you make at Daly Brothers. Come soon for a delightful shopping surprise and the best quality furniture sale in town!

**DALY BROTHERS • SINCE 1917 FINE FURNITURE AND CARPETS**  
Bloomfield Shopping Plaza • Telegraph at Maple, Bloomfield  
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**Vanguard Playhouse Presents 'The Elves'**

The culmination of weeks of hard work, effort and learning will be a series of six matinee performances of "The Elves and the Shoemaker," to be presented by the apprentices of Vanguard Playhouse.

The 10 who make up the Vanguard Apprentice Program must take care of all the various tasks required to stage a play: build the scenery, arrange for costumes, provide the lighting needed when the play is given, and of course act all the roles involved.

In addition, the apprentices must continue their various classes in dancing, dramatics and speech; keep up with their other assignments in the theatre, and for some, appear in the nightly productions of "Billy the Kid."

DIRECTOR FOR the apprentice show is Dolores Viola, a member of the resident company of Vanguard. She also has her nightly role in "Billy" to perform, in addition to daily rehearsals for "The Elves."

The Vanguard Apprentice Show will be given at 2 p.m. on Aug. 18, 19, 20, 25, 26 and 27.

The apprentice program is under the overall supervision of Dr. William A. Gregory, managing director of Vanguard Playhouse.

The Birmingham Eccentric Classified pages offer you a fine opportunity to sell your unwanted household goods.

**JACOBSON'S AUGUST WHITE SALE SAVINGS!**

**PILLOWS — SHEETS — TOWELS BLANKETS — SHOWER CURTAINS COMFORTERS**

LADY PEPPERELL FINE WHITE PERCALE SHEETS . . . Your all-time favorite sheets of silken-smooth cotton percale.

63X108" Twin-size	2.29	72X108" Twin-size	2.39
81X108" Full-size	2.69	90X108" Extra-size	3.09
42X38 1/2" Pillow Case	.69	45X38 1/2" Pillow Case	.79
Bottom Fitted Twin-size	2.39		
Bottom Fitted Full-size	2.69		
Top Fitted Twin-size	2.69		
Fitted Full-size	3.19		
108X122 1/2" King-size	5.99		

**JACQUARD - WOVEN BELGIAN LINEN TABLE CLOTH** with an open-work tone-on-tone panel-border that has the look of hand-embroidery. White, blue, sand, pink.

52X52"	2.98	64X84"	5.98
52X70"	3.98	64X104"	7.98
17" Matching Napkin			.49

**IMPORTED WHITE DOWN PILLOWS** with neat down-proof stripe ticking. 20X26" size . . . 2 for 16.98

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**Animal Experiments Humane**

"I think it absolutely sinful and brutal to experiment on conscious animals. Men who do this are brutes."

We get an occasional letter like this so here are the facts. To attempt a painful procedure on a conscious animal would be ridiculous. Think of trying to perform operation on a writhing, agonized animal! One reason—perhaps the main scientific reason—for giving a person or an animal an anesthetic is to produce muscle relaxation so that the surgeon can operate. Operations on animals are conducted exactly as they are on humans. Don't be taken in by sensational talk about brutality in the laboratory. "It ain't so."

Q. Which is better, eating breakfast at the regular time or during the mid-morning coffee break?

A. The only scientific experiment on the subject with which we are familiar shows that if you must choose between an adequate breakfast and a mid-morning snack, the breakfast wins hands down.

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