

Medical Mirror

WHAT DOCTORS SAY ABOUT



Note to readers: Thanks for all the nice letters. As many questions as possible will be answered in this column, but for obvious reasons replies must be brief.

Q. "We are often all sorts of health advice but nothing about how to keep the eyes in good condition. Should eye drops be used regularly?"—A reader.

A. Healthy eyes need no special attention. They are automatically lubricated and irrigated with tear-resistant fluid—the tears. The anti-germ action of tears is due in part to the presence of antibodies produced by ocular (eye) organisms. When the eye is injured or becomes infected the doctor may prescribe drops or an eye ointment. Otherwise, it's usually best to let well enough alone.

Q. "I have had periods for several years and nothing seems to help. Should I try vitamins B-12?"—A sufferer.

A. New treatments for periods spring up like mushrooms—and just about as long. Big and other vitamins have had no real effect in treatment of this condition but have generally faded into the background. The best advice is to rely on your doctor.

Q. "Please answer the following question about prostate cancer: Is there a cure? Are there any tests to detect it? What is the life expectancy?"—A reader.

A. There are not typical symptoms of early prostate cancer. The first sign of trouble usually recognized by the patient is difficulty in emptying the bladder (but no bowel trouble), urgency, and "dribbling." Pain comes later. The chance for a cure depends on whether the disease is discovered while the cancer is confined to the prostate gland. Early diagnosis is very important. If you suspect trouble, get an examination by a physician. To play safe, men over 55 should have a checkup every six months or a year.

Answers do not necessarily reflect the opinion of all doctors. The diagnosis and treatment of disease is the function of the patient's personal physician. Questions directed to Dr. D. B. Ralston, Science Editor, at P.O. Box 396, Madison Square Station, N. Y. 10, N. Y. will be answered in this column when possible.



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Shutterbugs Meet
Birmingham high school student Martin Laurimore (right) studies photographic tactics with Joe Schechtman, local representative for King Photos, at the Detroit Free Press Camera show recently. (Photo by Doug Ashley).

Marcia Lawton Semi-Finalist In All-State Grid Queen Race

Marcia Lawton, Southfield's 1958 Homecoming Queen was among the 20 semi-finalists in the All-State football queen contest, sponsored by Dale Young in his Channel 2 show. From Dec. 4 to 7, 11 finalists, plus 11 all-state football players picked by a Detroit newspaper will tour Detroit, attend Detroit Red Wings and Lion games, and be honored at a banquet.

The All-State queen will be named Dec. 3. She will be crowned by Sue Deem, a senior at Southfield and last year's All-State field.

Marcia is the daughter of Mr. and Mrs. Normand Lawton, 17148 Melrose, Southfield.

The resignation of Van Dyke high school from the Inter-Lakes conference was formally accepted last week. Although Pontiac Northern would fit nicely into the vacancy left by Van Dyke, there is a slight flaw.

Pontiac Northern has already made out their 1959 and 1960 football schedules and must rearrange their contracts, if possible. If the problem can be resolved, Pontiac Northern will probably be accepted at the next Inter-Lakes conference meeting, Dec. 10.

Speaking of Inter-Lakes conference, Southfield's students have been reminded to mind their manners at coming basketball games. Southfield won the Inter-Lakes sportsmanship trophy last year and wants it again this year.

As a student body, they must watch their attitude for rowdiness, booing and unfriendliness, hollering in the crowd and yelling during free throws.

They will be judged for attentiveness of students during the games, whether they follow cheerleaders or have their own cheering sections and attendance. The teams will be judged for courtesy and team spirit.

The highly successful senior play "Heaven Can Wait," drew a record crowd of nearly eight hundred people for Friday and Saturday nights last week. Southfield's seniors and counselors are to be congratulated on their fine teamwork.

More senior class teamwork was in evidence Monday morning when the class agreed unanimously on their senior trip. It's off to Mackinac Island, via a boat next June.

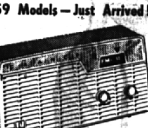
Calendar

For Today's Youth

Compiled by JUDI DAVEY

- | | |
|--|--------|
| Monday | Dec. 1 |
| Birmingham: Assembly Club. | |
| A-11: 7:30 p.m. | |
| PTA: 7:30 p.m. Little Theater. | |
| Tuesday | Dec. 2 |
| Clatsone: Little Theater: 7:30 p.m. | |
| Wednesday | Dec. 3 |
| Birmingham: Biology Club: 6:10 p.m. | |
| Photo Club: 6:10 p.m. | |
| Spanish Club: 7 p.m. | |
| Cranbrook: Erg rehearsal: 6-10 p.m. | |
| Thursday | Dec. 4 |
| Birmingham: Ascentia: 7:30 p.m. | |
| Bloomfield: Dec. 4 and 6, Senior play, "Bottoms Up": 8:15 p.m. | |
| Gym. | |
| Cranbrook and Kingswood: Erg Play: Cranbrook auditorium: 8:15 p.m. | |

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Cranbrook Corridor

By TOM RUTH

Correction! Cranbrook did NOT lose to Liggett School on WJTV's "Quiz 'em on the Air," as was reported in this article last week. After it was too late to be changed, it was learned that a question that was awarded to Liggett was wrong, thereby subtracting 50 points from the Liggett score and giving Cranbrook a tie with Liggett.

The Cranbrook team for first and were awarded a hi-fi record player for the school.

Kingswood Column

Last weekend was a busy one for both Kingswood and Cranbrook, for they were the host schools for the Lake Erie Religious Conference. Delegates were from Groves Pointe university school, Ellis school in Pittsburgh, Old Trail school in Akron, Shady Side academy in Pittsburgh, Cleveland university school, Bloomfield country day, Kingswood and Cranbrook.

Delegates met Friday in the south lobby of Cranbrook's academic building for registration. After becoming acquainted at dinner, they attended an open lecture given by Dr. René Howe on Man's Need and God's Action, title of his latest book.

Both homes accommodated the delegates for lectures. Later on in the afternoon the guest delegates toured Cranbrook's Institute of Science. Members of the Conference were also welcomed at the Cranbrook Art Museum and Christ Church. Dinner was held at Kingswood. It was followed by dancing, bowling, badminton and refreshments in the Kingswood gymnasium and dance studio.

A church service was held in the Cranbrook Assembly Hall Sunday. The speaker was Rev. Mr. Alvord Boardman.

Saturday night Cranbrook held its annual fall formal. This year's theme, "Black Magic," inspired Cranbrook's social committee with ideas for very effective decorations. Mac Pitt and his 11-piece orchestra provided the music for the affair.

The excitement of the big week and remained at a high pitch until Wednesday noon, when the girls were steamed from school for the short Thanksgiving holiday. As the bell rang the school burst out with an enthusiastic song of: "No more days 'til vacation, When we go to the station, Back to civilization—The train will carry us there."

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Gordie Howe, one of the all-time greats of professional hockey, was guest of honor and speaker Nov. 17 at the "C" Club dinner.

Howe came to Cranbrook for a dinner and then spoke on the subject of American vs. Canadian amateur hockey. He pointed out that since hockey is their national sport, the Canadians should be good in it. He also touched on the weaknesses of Russian hockey.

All in all the evening proved to be a very interesting one for the "C" Clubbers.

The Lake Erie Religious conference held here last weekend was attended by students of 12 schools. Plans are being made to hold the conference at Cranbrook again next year.

La Belles

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