



Receive 500-Hour Pins

Pins—in miniature replica of the sculpture by Marshall Fredericks—were presented to members of the Women's committee of William Beaumont hospital for over 500 hours of volunteer services. Among those receiving recognition are (from left) Mrs. Edmund C. Leavenworth, Mrs. Edward A. Proctor, Mrs. George T. Trumbull, Mrs. Eugene E. Land and Mrs. Howard S. Christie.

Volunteers Recognized During Awards Month

Women's committee of William Beaumont hospital, organized in November, 1954 with 12 members, has grown to a membership of 567. Mrs. Daniel E. Ford was the first President.

The services now offered to the hospital by the organization include: visitor's information, nurses' aid, central service supply, floor secretaries, pediatrics, X-ray, admitting, and hospital arts and library.

November, having been designated as Awards Month, the first awards were presented to the auxiliary members at a meeting at the hospital last Monday evening. A stripe was awarded for each 100 hours of volunteer service—140 women received this recognition.

FOR OVER 500 hours of hospital service E. A. Tomlinson, president of the board of trustees of the William Beaumont hospital, presented sterling silver pins.

Riverwoods Branch Pot Luck Dinner

Replacing the regular December meeting of the Riverwoods branch of the Woman's National Farm and Garden Association there will be the annual pot-luck dinner given for husbands and former members. Dinner will be served at 6:15 Dec. 3 at the Southfield United Presbyterian church, 21575 Ten Mile road. Please bring your own place settings.

Following the dinner one of the club members, Mrs. Myron Greenfield and her husband will show colored slides taken on their recent trip through the South Pacific.

Valparaiso Guild To Sponsor Tea

Oakland County chapter of Valparaiso university guild is sponsoring a musicale tea Dec. 1 at 3:30 p.m. at Grace Lutheran church of Pontiac. The Rev. Richard C. Stuckmeyer, host pastor, will officiate at the service.

Birmingham women that will assist at the tea will be Mrs. Theo Wiggazer, Mrs. Robert McKee, Mrs. Arthur Brenner, Mrs. Ernest Sheehan, Mrs. Alvin Knorr, Mrs. Lee Mohr, Mrs. Herbert Seldan, Mrs. Martin Otto, Mrs. Carleton Fix, Mrs. Donald Ande.

Still, others are Mrs. Ralph Thomson, Mrs. Lee Kroeger, Mrs. H. Wolfgram, Mrs. H. E. Twitmeyer and Mrs. N. S. Phillips.

Oakland PEO Plans Monday Meeting

Oakland County Cooperative of PEO will meet Monday at 10:30 a.m. at the Community House. Any unaffiliated members of PEO in the area are invited to attend.

Mrs. S. E. MacArthur, 26489 Meadowood court, Birmingham, is in charge of reservations for brunch. Reservations have to be in by Friday, Nov. 29. Chapter AR will be the hostess chapter for the day.

Parties Original

By VIRGINIA COLE

If you are confronted with a party for a boy or girl from ages 11 to 13, an African Golf party might be fun. At this age they are usually very intrigued with many things that they consider "grown up". Among these are dice. Dice are fun to use if directed in the right channels. This game uses five dice and is good for screams and giggles at the same time.

Seat four players at a table. They play for individual scores. Have pencils and paper ready and have them make their own score sheets. There should be one column on the sheet for each player. Draw seven lines across the paper and in the left hand margin, number the spaces from 1 to 6. You then have 6 boxes, or "holes" under each name.

EACH PERSON in turn rolls all 5 dice at once. A 1-spot must appear before he can start playing (a 1-spot can count for any hole you wish but all other numbers are good only on the hole of that number.)

After rolling the dice, the player decides what hole he wishes to play first. If he has rolled 2, 3, 4, 5, 6, he'll choose the sixth hole since he already has two 6's and a one which he can count as a six. He sets aside the two sixes and the one and rolls the remaining dice again, eliminating as each 6 or one shows up. The number of rolls it takes him to get all dice into the same hole count as golf strokes. When everyone has played all 6

holes, scores are tallied and the player using the fewest strokes wins.

HAVE THEM play five or six games, and the player with the total lowest number of strokes for the combined games will be first prize winner. Next lowest wins second and the next lowest, third.

This is also a good game for something different the next time you have a few couples in for the evening as adults have lots of fun with it.

THIS IS also the kind of thing you can use for just a casual gathering of your youngster's friends after school for a quick party. Remember—to give a child a party you don't have to always wait for his birthday. He should have his friends in often for just small, informal parties with no particular fuss involved.

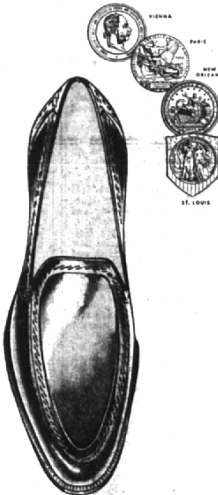
While the kids are playing the game, prepare some taffy in the kitchen and have it ready for them to pull when they come off the "golf" course.

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WABEEK BUILDING BIRMINGHAM

Society

Student at Denison

Patricia Bugas, daughter of Mr. and Mrs. John S. Bugas, Bloomfield Hills, has been elected Women's Recreation Association representative of the Kappa Kappa Gamma pledge class. She is a freshman at Denison university, Granville, Ohio.



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Remember Men's Night—Monday December 9th

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Medical Mirror

WHAT DOCTORS SAY ABOUT

- Salt
- Thermometers
- Tuberculosis

Q. Do some people use too much salt for good health?

A. They may. Some doctors suspect that use of more salt than the body needs could lead to trouble. Laboratory animals given large amounts of salt develop all sorts of disorders, from kidney disease to high blood pressure. In a certain fishing village in northern Japan, where everyone eats salted fish and salted food, almost every person over forty has high blood pressure. A thoughtful doctor recently said that salt is essential for life, but what happens when you consume too much? On every table there is now what was once a prince's ransom of snowy white salt.

Q. Should a "half-minute" fever thermometer be left in the mouth exactly one-half minute?

A. No. Three to five minutes is better. An English doctor tested 23 "half-minute" thermometers on himself while he was a patient in the hospital. There was as much as 3 degrees difference in his temperature readings at one-half minute and three minutes.

Q. Is tuberculosis inherited?

A. No, tuberculosis is caused by a germ. Although the disease itself is not inherited there is some evidence that weakness or predisposition for TB may be handed down. In tracing tuberculosis in families, two New York doctors found that about 28 per cent of brothers and sisters of TB patients had the disease. In the case of identical twins, almost 90 per cent of the "co-twins" had TB. This seems to show a tendency toward the disease is inherited. If this were not the case, then brothers and sisters of TB patients would be about equally susceptible to the disease, regardless of whether they were twins or not.

Material in MEDICAL MIRROR is based on various scientific publications and does not necessarily reflect the opinion of all doctors. The diagnosis and treatment of disease requires the skill and knowledge which only a physician can apply by himself in personally attending the patient.

Letters will be answered in these columns
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