

Here's a Way to Have Fresh Vegetables Daily

Planting Data for Vegetable Plot

VEGETABLE CROP	DAYS TO TABLE SIZE	HARVEST FROM 1 SOWING LASTS	GROW FOR 4 PORTION SERVINGS
BEANS SNAP	45-53	4 WEEKS	1 FOOT
BEETS	55-80	6 WEEKS	1 FOOT
CARROTS	60-80	8 WEEKS	2 FEET
CUCUMBERS	45-75	4 WEEKS	2 FEET
ENDIVE	70-90	6 WEEKS	1 FOOT
KOHLRABI	60	3 WEEKS	2 FEET
TURNIPS	40-75	2 WEEKS	1 1/2 FEET
SPINACH	40-50	2 WEEKS	3 FEET
SWEET CORN	65-105	10 DAYS	4 FEET
ONION SETS	21	4 WEEKS	1 FOOT
PEAS	60-75	2 WEEKS	3 FEET
EARLY RADISHES	25	1 WEEK	1 FOOT
SUMMER RADISHES	45	2 WEEKS	1 FOOT
WINTER RADISHES	60	6 WEEKS	1 FOOT

Next to its fun and healthy greatest pleasure comes from tables to delight your family

Offer Tips On Tippy Ladders

A ladder is one of man's most useful tools—and one of the most dangerous if used carelessly. Falls are usually serious, costly in pain, disability and dollars even if you avoid death.

So if the house needs painting, the roof fixing, or just the windows in need of washing, make sure you come down a ladder the same way you went up by heeding this advice from the National Safety Council.

Never paint a ladder because it hides defects. Give a new ladder a coat or two of linseed oil or a clear sealer.

SET AN extension ladder away from wall a distance equal to one-

exercise, probably gardening's a big harvest of fresh vegetables and friends.

fourth its extended height. This gives the most strength and stability.

If the ground is soft, put a wide board under bottom. Where legs may slip, as on concrete, nail on pieces of old auto tire, or tie base to solid anchor.

Reaching is Risky
Reaching too far from a ladder is dangerous. One arm's length, with the hips between the ladder rails, is a good safety rule. Hold on with the other hand.

BE SURE to extend the ladder about two feet above the roof edge if you are going to step off to the roof. This provides a steady hand hold while stepping off or turning to get back on. Always descend facing the ladder.

Going up or down, avoid if possible carrying anything in your hands. Loop a light line around your wrist and use it to hoist tools or other objects after you reach the top. If you must use both hands while working, it's a good practice to hook a leg over one rung.

STEPLADDERS can cause accidents, too, because their apparent safety often is taken for granted.

To make sure that everyone gets plenty of his favorites when they are at their flavorful best, take a family vote on what to plant. No matter how small the vegetable garden, it should be planted with a view to an evenly distributed harvest which won't be wasted.

FIRST estimate in advance how much of each crop your family and friends can use during the period when its quality will be highest.

Then, several plantings can be made, so that when the first crop has passed its prime, another will be ready to harvest.

The table above show how long the wait is for 12 popular vegetables to reach table size, and, also, how long these vegetables will remain in good condition in the garden.

If a stepladder is shaky and can't be tightened up, get rid of it. Never climb beyond the second step from the top.

Use the fold-down shelf for tools and paint, keeping the top clear. Be sure the brace is locked when you set it up, and never use it in a doorway unless the door is locked or left wide open.



THE LAST section of the chart shows how much space in the row is needed to produce one serving of each vegetable for the average family of four.

This last factor is essential to planning a garden's probable production. Another point to consider, which only the meal planner in the family will know, is how many servings of each vegetable you will want during its high quality period.

KNOWING this, you then can sow enough to produce the family needs from each harvest, without waste, and then plan repeated sowings, timed so your needs are provided all season.

Some vegetables require only one sowing for the entire summer. For these, too, the space allotted each should be balanced with the family's needs. Here are the harvest

statistics of some typical vegetables:

Hardy crop	Days to table size	Grow for a family serving
Broccoli	70 days	2 ft. in row
Celery	140 days	1 ft. in row
Kale	80 days	1 ft. in row
Leek	90 days	2 ft. in row
Parley	70 days	6 in. in row
Parsnip	95 days	2 ft. in row
Salsify	180 days	2 ft. in row
Swiss chard	60 days	6 in.
New Zealand spinach	60 days	6 in.
Tender crops		
Eggplant	90 days	1 ft. in row
Peppers	80 days	1 ft. in row
Late tomatoes	80 days	6 in. etaked

REGARDLESS of frequent frosts, hardy crops should be sown as soon as the ground can be worked. Tender crops, and all plants started under protection, should not be sown or set out in the garden before the danger of frost has passed.

The estimated yields for tomatoes and cucumbers on the above table can be obtained only if the plants are trained on stakes or fences, to reduce the ground space occupied.

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