

One may reach what appears to be Utopian heights . . . a sort of place where one feels joyous, secure, happy. Yet the place where one stands at that moment is fraught with slippery danger . . . unless one's hand clutches tightly God's.



UNDER TAJ MAHAL poster, Mrs. Donald N. Aiken shows how Indians would hold curry, Martha Wild digs in and Susan Canfield watches.

Fun with Foods Scouts Go 'Indian' With Curry, Gugia And Real Saris

By DOROTHY JEAN ZACK

With Mrs. Donald N. Aiken of Walnut Lake providing saris and recipes from her childhood in India, Girl Scouts of troop No. 476 staged an Indian dinner as close to authentic as could be desired.

All the girls and their mothers agreed the curry was as hot as they wanted, though Mrs. Aiken considered it quite mild—though not as mild as she usually serves up for "beginners".

With especial appreciation for Mrs. Aiken's aid arranged for through Mrs. R. Smith Wild who had the troop before Mrs. Howard Canfield, the girls and mothers dined at Mrs. Canfield's home.

WITH EVERYONE in saris or lengths of cloth draped in Indian fashion, the girls and mothers sat beneath a painting of Taj Mahal, on the floor of the Canfields' family room.

Humor at native customs was provided as the hostess' husband and son, Jim, acted as white-garbed servants, doing serving and duties that included the foot-washing for guests before dinner.

Part of the scouts work in hospitality and international friendship field, the effort was complete down to the cleanup patrol after the dinner and the Indian peek dance by Janey Hubbard to Mrs. Aiken's singing of Indian songs.

THE MENU consisted of hindustani curry, and gugia pastries, crystallized ginger and cardamom seed. The latter is the Indian's sense, Mrs. Aiken told the girls. Burning incense gave the room an authentic odor—but reduced the sense of taste, she pointed out. The pastries, which Mrs. Aiken pronounces "goo-ja" are a dessert much like American fried pies, and is one she recommends as not too exotic for usual American tastes.

ITS INGREDIENTS are one cup raisins, one cup coconut, six tablespoons cream of wheat fried in butter, three tablespoons sugar, three tablespoons poppy seed, three-fourth cup chopped nuts, one teaspoon ground cardamom seed, one teaspoon nutmeg. Mix all together.

Next step is to make dough of two cups flour, one teaspoon salt, two teaspoons lard, mixed with water at cook's discretion, and roll in little balls. Roll out very thin, paper thin almost, and fill with one tablespoon filling. Fry in deep fat until a light brown, and serve warm. For the party last week, the gugas were made the night before but reheated in the oven and were just like fresh-fried.

THOSE AT THE dinner were Susan Canfield, Amy and Mrs. Lawrence Fairley and Mrs. Robert Hubbard, Marilyn and Mrs. Henry Merker, Mrs. Thomas F. Plant, Patricia and Mrs. E. L. Quinn, Margaret and Mrs. Donald G. Remp, Carol Wiggins and Martha

and Mrs. R. Smith Wild. Fun feature of the eating was learning from Mrs. Aiken and with lots of experimenting and use of napkins, how a high caste Indian would eat curry without getting curry stain beyond the first knuckle, and with no silverware.

The group have an agenda a Japanese student whom Mrs. Aiken is aiding at University of Michigan expecting to come for the event. The girls' first campout will be tomorrow.



AS MRS. CANFIELD tries her hand at rolling out chappatis, Betty Anne Plant and Patricia Quinn hold the iron for cooking them.

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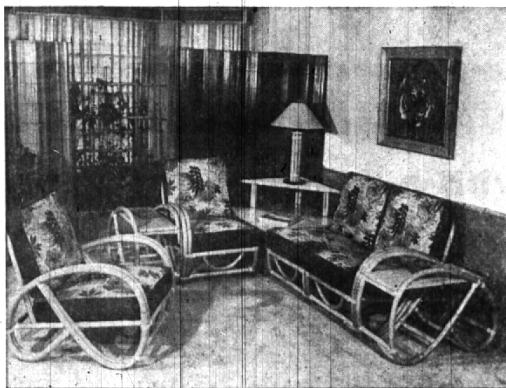
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