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Children's Food Habits, Parents Set the Trend

Gleest night was observed by the Child Study club at Tuesday's meeting at the home of Mrs. Edwin J. Koran on Linden. Her co-hostesses were Mrs. Edward Hewitt and Mrs. Noah Blosser.

Program presented by Mrs. Hazel Giffels was a talk entitled "Food to Remember." The yardstick of good nutrition now accepted by all authorities is known as "The Basic Seven," stated Mrs. Giffels. One should select something from each of the seven groups to serve well balanced meals. Children should eat something from each of the groups to be properly nourished.

The Basic Seven Food groups are leafy green and yellow vegetables; citrus fruits, tomatoes and raw cabbage; potatoes and other vegetables and fruits; milk, cheese, ice cream, meat, poultry, fish, eggs, dried peas and beans; bread, flour, cereals—whole grain or enriched; butter and fortified margarine.

IN HER talk Mrs. Giffels told that eating was a habit, a very necessary and pleasant one. Social custom makes three meals daily the accepted habits of most adults. Parents are largely responsible for the eating habits of their children. Frequently one will find the same foods unpopular with an entire family, especially true when children are young.

Father may say, "I never cared for eggs," and soon Junior parrots back to the surprised parent and refuses to eat eggs. It was father who started the trend.

Too much conversation about food dislikes, or about something children refuse to eat, is not a good idea. It makes food a weapon when they use to get adult attention and increases problems.

THERE are certain Do's and Don't's that should be observed in developing good eating habits in children. Some of the Do's are: planning meals ahead to use the best food groups as a guide; plan meals with contrast in color, flavor and texture; allow plenty of time for eating and try to be relaxed; start the family off with a good breakfast; keep the table clean, attractive and interesting; and plan foods for in-between meals; snacks to take the edge off of the appetite without deadening the interest in the coming meal.

The two most important Don't's are: Do not use mealtime as the time to unload your burden, and anxieties or to discipline the children. There is nothing so conducive to proper eating as a pleasant atmosphere. Do not let meals become a habit rut. Thumb through a good cook book occasionally for new ideas.

To Prepare Gifts

Dinner and a short business meeting will be followed by gift wrapping chores, at the Wednesday, Dec. 14 meeting of the Oakland County Branch of the American Medical Assistants Society at Kingley Inn, Bloomfield Hills. The Christmas gifts are being prepared for Oakland County delivery patients.

Delta Zetas Work On Two Projects

Finishing touches were put on Santa's toy by members of the Delta Zeta Oakland County Chapter in their meeting yesterday at the home of Mrs. Winfield Himmann, Franklin Village. Delta Zeta is making the toys for College Women's Volunteer Services. This group, with headquarters at the Palmer school, Detroit, collects the toys for use in hospitals, travelers' aid and other service projects.

At this meeting, members also announced their sale of postcards in support of Delta Zeta's National Philanthropic project. This latter project is for the aid of 674 deaf children in the world for the deaf, Washington, D.C., only college in the world for the deaf.

Delta Zeta National Council has announced a fall drive for \$10,000 to furnish the new Gallaudet college library in Washington. Delta Zetas will donate profits from their pean sales to this fund.

Averill Elected Welfare League Head At State Conference

Some change may result in amount of money received by Troy school district through enactment of new law pertaining to state aid for transportation, but the change, Heter said, would not result from Troy's incorporation.

TROY—Incorporation of the city of Troy will not affect State aid for transportation paid to Troy school district according to an opinion given charter commissioners by their attorney, Malcolm M. Heber.

Taken into consideration, Heber said, was 1955 Public Act 206, which the new School Code which reclassified the Troy school district from rural agricultural to fourth class school district.

Under the new code, the school district may continue transportation of school pupils until such practice is recommended by vote of electors," said Heber.

Richard Gibbons, 10, of 745 Albee, received motor abrasions Wednesday morning when he ran into the side of a moving vehicle driven by Mrs. Charlotte J. Jones, 54, of 3165 N. Adams.

Richard started from behind the car after his father stopped to let him out at Adams school.

Want Ads cannot be accepted after 5 p.m. each Tuesday.

Court of Honor Set

Troop B-5 will hold a Court of Honor Monday, Dec. 12 at Quorton school. Herbert D. Hunter, advancement and records chairman, will be in charge.

Christmas Shop in Detroit Monday and Thursday from 9:15 to 8:30 at

Rollins

1528 WOODWARD AVENUE

Give Her very specially gift priced

natural mink stoles \$595 plus tax

- ROYAL PASTEL MINK
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Mink masterpieces of fully furled let-out skins draped into exquisite stoles or pocket stoles pluming with natural color. Each luxurious piece meeting the rigid Rollins standard of quality furs... each precious piece priced at Christmas savings.

Furs labeled to show country of origin in print
Fur Salon—Second Floor
Convenient Payment Plans

Club Calendar

December 8
Southfield Township Republican Women's club luncheon meeting and Christmas party, room, home of Mrs. Herman Lubbs, Lathrup Village.

December 12
Republican Women's Federation of Oakland County, Christmas party and tea, 1:30 p.m., home of Mrs. Harry Henderson, Lathrup Village.

December 13
Birmingham Junior Woman's club, Christmas meeting, open house for new gifts exchange, 8 p.m., home of Mrs. C. A. Hall on Kenwood.

December 14
The mink club, dessert luncheon and sewing, 1 p.m., home of Mrs. Louis Buchert, 650 West Lincoln.

Fields Announce Marriage Plans

Mr. and Mrs. Frank G. Fields of Aurora, Ill. have announced the engagement of their daughter, Bettjean, to David H. Williams, son of Mr. and Mrs. Harry Williams of Park Lane Court, Birmingham.

The ceremony will take place on Monday, Dec. 12, at Maroon Avenue Baptist church in Aurora, with a reception following in the church parlors.

The newlyweds will make their home in Royal Oak.

Music Sorority Meets Tonight

Zeta Xi chapter of Delta Omicron National Music sorority will meet this evening at 8 p.m. in the home of Mrs. L. G. Smith, Royal Oak. This will be a Christmas party with an exchange of gifts and a musical program presented by Mrs. Robert Heria, violinist, and Robert Heria, pianist, both of Detroit.

The party meeting will be attended by Mrs. Bessie McMechan and Mrs. F. W. Gridley, both of Birmingham.

Entertain Guests

Mr. and Mrs. Robert Woodruff will give a cocktail party at Bloomfield Country Club on Sunday, Dec. 11.

Commission Okays Pembroke Yule Tree

The city will provide the electricity to light a large Christmas tree in Pembroke park area, Birmingham city commission agreed Monday night.

The Pembroke Manor association plans to install the tree and lights as an annual community event utilizing electricity from existing lines at the park skating rink.

City Commissioner William Roberts commented that "the city itself does so little to decorate the town—perhaps this will encourage others to do similarly."

Three Accidents Mar S-D Day Here

S-D Day's no-accident goal was blighted in Birmingham by 9:30 a.m. Dec. 1, when police reported an accident at the corner of Martin and Bates.

Police said Charles Doran, 68 of Farmington, was driving west on Martin when his car struck that of Mrs. Elizabeth B. Lewis, 42, of 17845 W. 14 Mile. Approximately \$500 damage resulted to the two cars.

Less than two hours later Mrs. Barbara E. Ekkhild, of Oak Park, and Mrs. Eugenia G. Hurston, 650 Williamsbury, were involved in a major collision at the city's new east parking lot on Piore, according to police reports.

A THIRD blemish on the day's record occurred at 9:35 p.m. when Wilford Ritmanich, 1274 Chapin, reported to police that an unidentified car had struck his own car as it was parked in front of his home. Ritmanich said damages would approximate \$30, and that the unidentified motorist stomped, drove away before Ritmanich reached the scene.

John POUND to Be Worshipful Master

Birmingham Lodge No. 44 F & AM will install John D. Pound as Worshipful Master at 8 p.m. this evening.

Other officers for the coming year are: David Masterson, senior warden; William Barr, junior warden; Ernest E. Morrow, treasurer; Lyle Bous, secretary; and Fred Little, chaplain.

Morgan J. Smead will be Grand Installing Officer, and soloist for the evening will be Harold L. Walker.

Installation at the Temple, 327 So. Woodward, is open to the public.

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has the right gift for every distinguished woman you know—gifts of beauty, useful gifts, alluring gifts. We unwrap just a hint of the Christmas magic to be found on our Main Floor... truly, there was never a more exciting collection.

Jeweled orlon sweaters 10.95

The orlon cardigan as she likes it in spirited jeweled styles, joyous colors: pink, black, white. From a collection of jeweled orlons and cashmere, and sweater sets from 12.95 up. Sizes 32 to 40.

Christmas Gift blouses 8.95

for all occasions; in all fabrics. Shown: the good suit blouse in new easy-care crinkle cotton with short sleeves, jewel neckline. Softest blue, pink or winter white. 32 to 38. Others from 5.95 to 21.95

Gift handbags

Lasting gifts of fashion in finest leathers, fabrics and shells. There's a famous-make handbag for every woman on your list, the prices ranging from 3.95 to 59.95, (we even have an alligator masterpiece at \$175 for the most special woman you know).

Gift Jewelry

Christmas baubles in elegant and casual styles... from jeweled Roosters at 6.00 to flashing Eisenberg Ice at \$23. See our complete collection of pins, earrings, and necklaces by Monet, Trifari, Marcel Boucher.

Give Gift lingerie

Here, Rogers' exquisite Primrose Set in ethereal nylon tulle spread with lace and rose applique. Of course, it washes and dries in little time, wears endlessly. Pink, blue or white. Sizes 32 to 40.

In our lingerie department:
half slips 3.95 to 8.95
panties 1.95 to 3.95
full slips 5.95 to 17.95
bed jackets 1.95

YOU HAVE A CHANCE TO WIN A FABULOUS JUNIOR STAR CHIEF PONTIAC CONVERTIBLE FREE For Your Child

THIS CAR IS 72 INCHES LONG AND WEIGHS 150 LBS.

It's very easy—all you do is come in and register! One ticket to each family and 25 extra tickets to anyone who buys a Pontiac by award time. Award will be made Thursday, December 20, 8:00 P. M.

(Employees and their families are not eligible)

While you're here ask for a demonstration ride in the big new 1956 Pontiac

OPEN EVENINGS UNTIL 9 P.M.

WILSON PONTIAC-CADILLAC

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