

Gains Football Letter football letter for his play this season at Central Michigan College has been awarded a junior varsity in Mt. Pleasant, Mich.



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See story from Company File No. 101,14821

My wife and I own and live in a two-family house, renting out the upper floor. One day my son's daughter came to visit her and stepped on a loose brick which I had forgotten to fix. She crashed on her back. Badly hurt, she later sued me for \$25,000!

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WORKMEN ARE SHOWN COMPLETING installation of the new sign on the front of the Ford Tractor Division headquarters building at 2500 East Maple. The new division was formed August 1 when Ford purchased the modern office building, agricultural engineering center, and warehouse from Dearborn Motors and assumed the marketing functions for the Ford Tractor and Dearborn farm equipment.

DOWN TO EARTH

Gardening Can Help On Road to Recovery

By ALICE WESSELS BURLINGAME
 Special Writer for The Birmingham Eclectic

Many residents of this community are "died in the soil" gardeners and realize that this way of life does a great deal for them to aid in the balancing of the importance of their daily problems. It provides a fine setting for their home which is the core of their existence, too.

Recently in East Lansing at the horticultural therapy conference, different diagnoses were discussed and trainees were shown how gardening, in or outdoors, could provide a therapeutic program for various types of patients.

For instance, with tuberculosis gardening will induce relaxation, help patients adjust to hospitalization, build work capacity and develop a hobby suitable to their physical capacity.



Mrs. Burlingame typical of these patients by the

resulting friendliness and kindness in this association. It is a suitable outlet for hostility and aggression through an active garden maintenance program.

It is possible to divert a patient from a realm of fantasy, as they can't think of two things at once. Fill a period with an escape in gardening, gradually increasing hours of constructive thinking and many can be trained in acceptable work habits.

Orthopedic patients can improve movement of joints and muscle strength, develop coordination, motor skills and work tolerance. Thus a happy program of gardening can prevent building up undesirable psychological reactions or correct those already established. This patient should have the goal of the program explained and understood by him.

PATIENTS in the category of general medicine and surgery might have a heart condition, surgery, a blood condition, metabolic disorder, etc.

They will find that horticultural therapy can aid them in alleviating mental stress imposed by the illness, and help to prevent the formation of invalid habits.

Miss Mabel McNeel, director of the Sparrow hospital school of nursing, explained that with so many hospital cases today attending physicians are realizing that often a psychological involvement accompanies a physical condition, known as "psychosomatic".

Early Deadlines For Next Week's Issue of The Birmingham Eclectic

Because of the Thanksgiving Holiday, next week's Birmingham Eclectic will be published on Wednesday, November 25.

This necessitates moving all news, classified and display advertising deadlines up one full day . . . to Monday afternoon, Nov. 23, at 5 p.m.

So for Next Week's Issue, Early Copy Will Be Appreciated

control guides the design so that a comfortable resting place will be out of drafts and in the sun for true relaxation.

RAISED FLOWER beds are good for those who cannot lean or bend very far.

It is often beneficial for those who are in poor health to merely watch gardening. Garden paths are being emphasized in contemporary planning. When you have a wheel chair to plan for, paths should be very generous.

As gardeners are always interested in new developments in horticulture, you will be interested in some of the gains made in greenhouse research as given by Prof. Paul Krone.

IN THE VEGETABLE field great improvements have been made in breeding disease resistant beans (navy) which is one of our most important state crops. Sugar beets have been developed with a higher sugar content and also disease resistant.

Soluble fertilizers have been recognized as good news for gardeners and are being well received by research men.

Trace elements have been added to fritted material (ground glass) and by combination with ground glass, the fertilizers are released over a period of years rather than rapidly which is a good control and spectacular results have been evidenced in growing results which is good news to the commercial producer.

SOIL CONDITIONS are favorably viewed after the excitement of their initial introduction a couple of years ago. It is found that clay which has been carefully

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