

### All Day, Weather Appeal Required For Coats, Suits

A real reason for "singing in the rain" is the versatile "rain or shine or die" coat. The same outfit is desirable for wear to the office, water-repellent for sudden showers, clamorous for evening wear. The coat millennium!

Many types of cotton have been given water-repellent finish to provide all-year protection.

Designers have interpreted these all-terrain coats in full classic, gutter-type, loose smock style, fitted princess cut. The fabrics range from crisp, black-and-white cotton twill touched with gold to bright black cotton surah.

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DESIGNERS also find cotton eminently "suitable." Because cotton is practical for both town and country wear.

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is surprise light colors like pink, beige and gray.

Silhouettes to please every eye are also—the boy's jacket, the slim, fitted jacket, the low-slung style; and, of course, one can choose between the flared skirt and the straight one.

#### SCALLOPED TUNA AND MACARONI

1 tablespoon olive oil  
8 uncooked macaroni  
8 uncooked tomatoes  
1 1/2 cups mushrooms  
1/2 cup milk  
1/2 cup parsley, cut fine  
1 teaspoon Worcestershire sauce  
Salt and pepper to taste

Add 1 tablespoon salt to rapidly boiling water. Gradually add macaroni, so that water continues to boil. Cook uncovered, stirring occasionally, until tender. Drain in colander, in saucepan, stir mushrooms, tomato and milk together.

Add tuna fish which has been broken up with a fork, parsley and seasonings; mix thoroughly and heat. Place 1/2 of cooked macaroni in the bottom of a 9 x 5 x 5 baking dish; top with tuna mixture.

Repeat layers and place in moderate oven 375 F. 20 minutes or until casserole begins to brown on top. Makes 4-6 servings.

TO COOK sausage, place links in cold frying pan and fry slowly for 15 minutes, turning occasionally with 2 forks, being careful not to puncture the casings. That way you keep the juices in the sausages where they belong.

## Easy To Fix Pork Sausage Is Real Breakfast Delight

Hot as the sizzle of succulent fresh pork sausage is the happy idea for breakfast. You'll be sure of brighter smiling faces at your breakfast table when you serve a tasty assortment of sausage, pork sausage links, and apple rings in the kitchen breakfast to start a busy day.

These foods are flavor partners that really hit it off together, and the fried apple rings add a pleasing touch to this hearty breakfast everybody will like.

EVEN THE aroma of fragrant fresh pork sausage helps give the family the early morning boost most folks need. Its delightful flavor makes it one of the most popular breakfast meats.

And where could that sausage be so popular, for pork is one of our best sources of thiamin—the vitamin so essential for steady nerves, good appetites, and all-around well-being? Again the day's fresh pork sausage, and you begin the day right.

Pour off fat as it accumulates, saving some to fry the apple rings. Store the remainder in small covered jar in the refrigerator, ready to be used for seasoning vegetables, salads and gravies. Fry eggs, potatoes, French toast, as appetizers in waffles, pancakes, or hot breads.

Sprinkle brown sugar on 3/4 inch thick apple slices and fry them in sausage fat for 3 minutes. Serve piping hot arranged on platter with sausage links.

In planning your vegetable garden, make the width between rows for root crops, leaf drops and bush peas and beans, just wide enough for your wheel so to cultivate it with one trip.

Because leaf lettuce is demanded by hotels and restaurants for fine salads, it is grown extensively in greenhouses all winter. Home gardeners may enjoy it all summer at small expense.

Kitchen range finishes need babying along. Give your stove a good soap-and-water bath every week, but wait until the stove is cool. Never apply a damp cloth to a hot stove if you want to keep it from rusting.

### GOOD BREAKFAST MEANS GOOD MORNING!

If you find you are not as efficient and bright eleven each morning; if you begin to get a "drowsy" feeling at mid-afternoon; if your youngsters don't show the zip and dash you expect; maybe it's because the family isn't doing right by itself at breakfast.

That's what a list of learned nutrition experts, doctors and others are saying. They've made a five-point test which shows that neglect of the first meal of the day detracts from efficiency. Some of them go so far as to say that skipping on breakfast is a contributing factor among children in general poor health.

These experts stress the fact that breakfast should provide one-fourth to one-third of the total daily caloric needs as well as a proportionate share of all the essential nutrients. Yet it is the one meal most often skimped by adults and children alike.

A recent survey conducted by the University of Iowa Medical School indicated a neglect of good breakfast in all age groups. Results show that out of five children, only one goes to school with a good breakfast.

Among the boys and girls, the survey revealed that sixty percent of the teenage girls had the habit of eating a breakfast entirely inadequate to their physical needs—white toast as many older people

often had poorer breakfast habits in comparison with the younger age-groups.

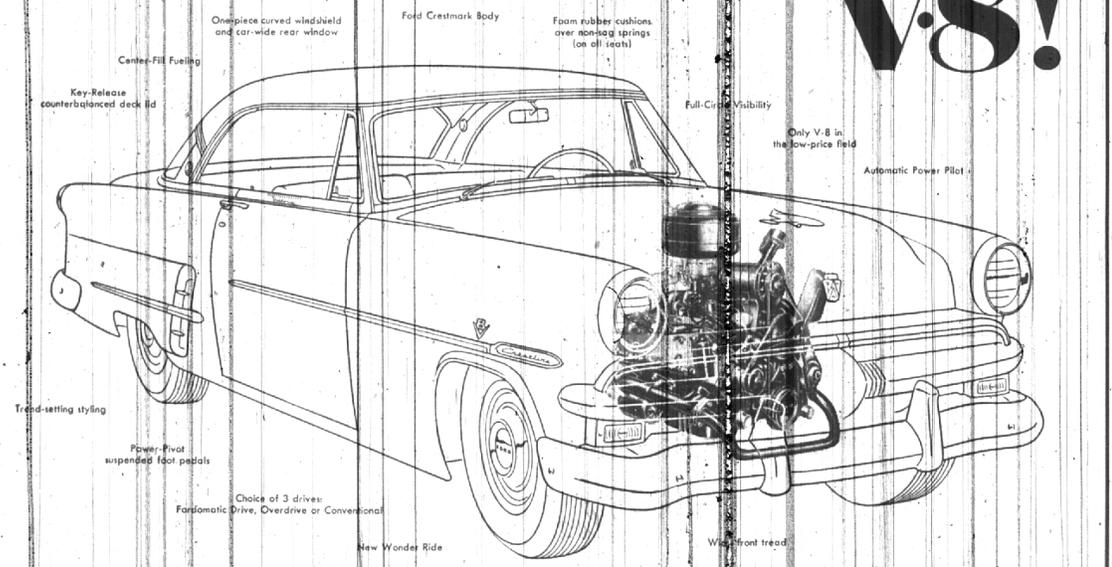
Women rank as the worst offenders in the older age bracket with forty percent of them eating breakfast. The men had a somewhat higher average with fifty percent of those surveyed saying they had a good breakfast.

The studies showed that those persons eating a good breakfast daily had a greater work output, shorter reaction times and less shakiness after exertion. Those eating a poor breakfast showed a decrease in maximum work output, an increase both in simple and choice reaction time and an increase in tremor magnitude.

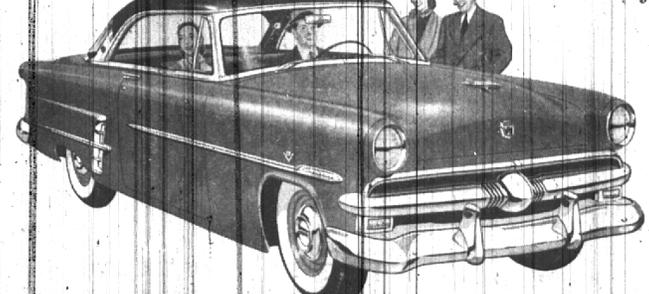
A basic breakfast pattern, such as that suggested by the typical American family pictured above, has been formulated by leading nutritionists and medical authorities. It consists of fruit or fruit juice, cereal light or heavy to eat, milk, bread and butter or fortified margarine.

This basic breakfast does not, except in a few instances, equal one-fourth to one-third of the total daily caloric needs. It is merely a nutritional pattern structure to be increased in its portions or augmented with egg, breakfast meats or other suitable foods to fulfill part of the daily caloric and nutritional requirements.

# Again for '53... It's America's Lowest-priced V-8!



Ford, maker of more V-8's than all other makers combined (over 13,000,000 since '32), alone in its field offers a V-8... just one of 41 "Worth More" features!



Ford's V-8 is the type of engine more and more car makers are swinging to, yet it's America's lowest-priced V-8. For it's the only car in the low-price field that offers you this more V-8 power. And with Ford's 110-hp. V-8 you've on every gallon, thanks to Ford's Automatic Power Pilot.

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## '53 FORD

### The New Standard of the American Road!

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Turn to Turner — Your Friendly Ford Dealer

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PHONES MIDWEST 4-7800 or JORDAN 4-6366

### No Room for a Garden? Then Build a Window Box

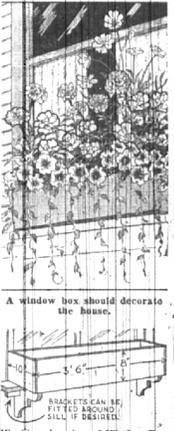
Here is a message for those who live in city apartments, who dream of the country, buy the garden magazines and read the garden section of the newspaper. Your interest in gardening is deep seated, and you will be happy if it can be satisfied. Have you thought about the possibilities of a window box?

Here is the type of garden which everyone can grow, whether he lives in a suburban home. It will serve two purposes, first to decorate the house you live in, and what is even more important, it will satisfy to a surprising degree your desire to grow things. To get this satisfaction, you must give serious attention to selecting the plants to grow, preparing fertile, laxious soil, and possible growing your own plants. It will be an excellent beginning to make your own window box, which can easily be done from the diagram below.

For a standard single window, a box 24 1/2 inches long, 3 inches deep and 18 inches wide is a good size. But measure your windows and make boxes to fit. Wherever one or multiple windows demand greater length, the other dimensions must be larger in proportion, or single boxes may be provided for each window in a group. Think of the box as a decoration of the house; make it of a suitable size and color to match the house color or trim. The flowers should be chosen to furnish a contrasting, yet harmonious color accent. There is a wealth of suitable varieties from which to choose.

Rich soil of the type which florists call potting soil, must be used for window boxes. If there is so little of it to feed the flowers, it should be well fertilized. A tablespoonful of chemical plant food for each square foot of soil should be given.

For the annual flowers, at least six hours of sun a day is necessary and this requires a sunny window. The best subjects are those of dwarf or trailing habit, joining the flowers, fastidious of bloom from the boxes, Petunias of the balcony type are excellent, as are the tall nasturtiums, the giant morning glories, Dwarf petunias, marigolds, ageratum, cal-



Working drawing of Window Box

A window box should decorate the house.

Boxes which spend most of the day in shade offer a special opportunity. Here are some suggestions: The Zanthoxylum, bearing flowers of salmon or rose in buds; plants 15 inches tall, are excellent in semi-shaded places. Violets thrive in partial shade, and the list of flowers which will do well increases as the amount of sun is enlarged.

### LEGAL NOTICES

To the Owner or Owners of any and all interests in the following described land herein described:

Take Notice that said land has been lawfully made of the following described land for unpaid taxes thereon, and that the undersigned has the title thereto and tax deed or deed based thereon, and that you are entitled to a return of such interest, at any time within six months after the date of the recording of the Receiver in Charge of the County in which the lands of all sums paid on such purchase, together with the percentage additional thereon, and the cost of publication of this notice, which shall be the same as provided by law for service of subpoenas or for orders of publication or for one copy of service by registered mail, and the cost thereon, without other additional cost or charges provided that you are required to purchase at the tax sale held in the City of Detroit, Michigan, on the 10th day of July next, at the sum stated in such notice as a condition of recovery of the same shall not be less than one percent of the full purchase price, together with the full amount of taxes thereon. If payment as aforesaid is not made, the undersigned will continue to hold the same as a condition for possession of the land.

This for record, State of Michigan, County of Oakland.

Let it be remembered that the undersigned, Harold Turner, Inc., 464 So. Woodward Ave., Detroit, Michigan, is the holder of the tax deed, Amount Paid: \$23.76.

Amount received in return \$49.84 plus the fee of the Sheriff.

Walter H. Moore, 1487 Vissetta Road, Detroit, Michigan, has granted to the regular claim of title of such lands, to the undersigned, Harold Turner, Inc., by the records in the office of the Regis-

ter of Deeds of said County, at the date of this notice, the following to the Sheriff for service: \$113.12

Oliver H. Kirk, Atty. 207 Wabek Bldg., Birmingham, Ala. \$9.79

STATE OF MICHIGAN - The Probate Court for the County of Oakland.

It is hereby ordered that the estate of the Court House in the City of Pontiac, in the County of the State of Michigan, in the year 1952, be sold to the highest bidder at public sale, to-wit: the Mayor of the City of Pontiac, Michigan.

It is Further Ordered, That public notice be given by publication of a copy of this notice in two issues of three consecutive weeks previous to said day of public sale, and that notice be given to the interested parties in the estate, by personal service of a copy of this notice, or by serving the same by registered mail with return receipt, at least ten days prior to the day of public sale.

ARTHUR E. MOORE, Judge of Probate.