

Many years of being confronted with problems of various kinds has convinced me of the value of greater personal dependence upon "one's inner, deeper spiritual self." Many a time I have been tired over a difficulty through the will, with-in, of an inspirational thought I have recalled.

SEVENTY-SECOND YEAR—NO. 2

BIRMINGHAM, OAKLAND COUNTY, MICHIGAN, THURSDAY, MARCH 31, 1949

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New Detection Program Launched by Cancer Society

A revised cancer detection program backed by the Oakland County Medical Society is being offered to the people of Oakland County by the American Cancer Society.
 This new program has been carefully worked out to afford examinations to the greatest number of people. Seventy-two doctors in Oakland County, members of the Oakland County Medical Society, are cooperating with the American Cancer Society as well as the laboratories of the General Hospital and the St. Joseph Mercy Hospital in Pontiac.
 Dr. Robert C. Harsh is chairman of the Cancer Committee of the Oakland County Medical Society and Mrs. Ted Kosla is chairman of the Cancer detection program.
 The American Cancer Society maintains two offices in Oakland County, one at 15 West Huron Street in Pontiac in charge of Mrs. Edwin L. Tibbals, and the other at 810 North Main Street in Royal Oak in charge of Mrs. Helen Laurson.
How It Will Function
 The Cancer Detection plan will function in the following manner: persons may secure an appointment for necessary laboratory work (which is underwritten by the American Cancer Society) by phoning or calling at either of the cancer detection offices. When the necessary laboratory work has cleared the hospital a definite appointment with a participating physician will be arranged at once.
 This new method of cancer detection has been brought about through the cooperation of the members of the Oakland County Medical Society and the American Cancer Society because they both feel that the former method was inefficient and incomplete. Office hours are from 10 a. m. to 4 p. m. Monday through Friday. All workers in the two Cancer Society offices are volunteers.

Have You Met
 Former Detroiters, Mr. and Mrs. Carl Reynolds and children, Neil, Carl and Judy who are residing at 784 Shepard's road!
 Mr. Reynolds is an industrial designer with his own firm.

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Modern Dietary Dept. in New Hospital



Many people regard diet simply as a matter of how many calories there are in this or that portion of food. To a hospital dietitian, such as the one shown here at the bedside of a patient in a Detroit hospital, it is also a matter of fats, proteins, carbohydrates, vitamins, calcium, iron and many other food constituents.
 Up-to-date, well-equipped dietary departments will be maintained in the four new voluntary hospitals, including the new Southern Oakland Hospital, which will be constructed in Greater Detroit through the \$19,720,000 program of the Greater Detroit Hospital Fund.
 Ten existing hospital plants in the area, including St. Joseph Mercy Hospital (Pontiac), will be enlarged as part of the movement.

The dietary department will play an important role in promoting the recovery and safeguarding the health of patients at the new 200-bed Southern Oakland Hospital to be constructed in this area.
 Besides being a place where doctors restore health, your modern hospital must perform the function of a restaurant. But the hospital must solve meal problems which no other restaurant faces. One of these is service. The patient does not come to dinner, but the dinner must be taken to him in his room. It must arrive warm and palatable and on time. The task of transporting food, after it is cooked, to hospital patients requires elaborate special equipment and other special services.
 A second problem is appetite. Most restaurant patrons come to

eat play in the body's metabolism, food has come to be regarded as a therapeutic as well as a nourishing agent.

Iron Through Food
 When laboratory tests show that a patient needs iron, Vitamin C or some other important element, the doctor may want his patient to get these necessities through food instead of through medicine. Often the hospital dietetics department not only prepares the proper food but weighs the various courses of each meal before it is sent to the patient.
 Unstated foods that return to the kitchen are also weighed and the equivalent caloric value is given to the patient in subsequent meals during the day.
 The Greater Detroit Hospital Fund which is now beginning a campaign to raise \$19,720,000 for hospital construction and expansion in Greater Detroit, has earmarked \$3,500,000 for the construction of the new Southern Oakland Hospital, and \$450,000 for the expansion of St. Joseph Mercy Hospital.

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Board of Trustees Re-elects Dr. Beck

O. O. Beck, M.D., of Birmingham, has been re-elected a member of the Michigan Hospital Service Board of Trustees, it has been announced by William S. McNary, executive vice-president of Michigan Hospital Service, the Blue Cross Plan.
 Beck will serve on the board as representative of the medical profession of the state.
 He was chosen for a three-year term.

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LETTER FOR NEWCOMERS

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