EATING OUR WAY TO HEALTH

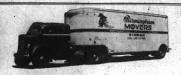
What was true years ago is just as true today. The only difference being that we have more detailed knowledge as to the why's and wherefore's of the effects of diet on health. Most people make little use of this knowledge and Nutritional eds do not take their rightful place as the basis r wise eating habits.

ADA L. HECKERT, Dietitian!

SAFETY DEPOSIT BOXES OF VARIOUS SIZES ARE NOW AVAILABLE IN OUR MODERN AIRCONDITIONED VAULT

THE BIRMINGHAM NATIONAL BANK

MEMBER, FEDERAL RESERVE SYSTEM MEMBER, FEDERAL DEPOSIT INSURANCE CORPORATION



BIRMINGHAM MOVERS

277 PIERCE ST PHONE 1343

Couple Married Laturday

or of Birmingham and Miss orie Mollison and Miss Har-Pearson of Detroit wore hing dresses. Their sashes, bows and bouquet ribbons of deep purple. and French of Detroit was man, while Leonard Nichols y City, James Stout of North Wisc., and David Houser

reception was held at the m Inn. Mrs. Brown chose veling an emerald green ne suit.

Apple Orchard School

ALICE AND DON TWINING

Honeymooning In Bermuda



Robert Calvert Brown, Jr. the late Mr. Brown, of Bir

and the late Mr. Brown, of Biringham.
Mrs. Reld attended the wedding
a gown of cinnamon brown
a gown of cinnamon brown
the gown of cinnamon brown
and white brilling of the gown
white orchid corsage. The
com's mother wore being tafta, a dark brown hat and a corge of red camellias.

Rhythm Classes Day Care Transportation Provided Enrollment Accepted Now for September

459 S. Adams Phone 3191

SOCIAL NEWS IN BRIEF

lowed by an evening of dancing.

Mrs. G. T. Whitmore of Cleveland, Ohio, is visiting her parents.
Mr. and Mrs. Earle B. Wilson of
west Lincoln avenue for a week.
On Tuesday, Mrs. H. G. Wood
entertained a group of her friends
at a canasta and luncheon party
in her Wimbleton. drive home.
Among the guests were Mrs. Lett.
Arich Mrs. Carroll Otto and
Mrs. Clark Coulter.

Cream Puffs Are the Latest Thing in Party Fare

Cream puffs are actually quite mple to make, and shortened ith lard they are rich and flavor-il. Being versatile is another point in their favor. They can be rige or midget size, and they are juulily delicious served as an ap-stizer, dessert or as the main are.



Ontario Church Scene of Hooper-Carmichael Rites

NEEDLEPOINT

Just arrived a new shipment of unusual designs in Petti Point and Gro Point.

\$2.95 to \$4.95

Grace Wilson Knitting Shop



What's Her Problem?

Very Possibly Thoughts of Home

Solution:

"A College Subscription"

The Birmingham Eccentric has a special offer for all college students...the 'College Subscription'. We know your thoughts often go back to your home and the people and places associated with "home". Between the studies and parties which are a part of college life, you will want to keep abreast of the local happenings. And there is no better way of doing just that than by reading the Eccentric. Through its pages you will be able to keep up on all the local news. Take advantage of our And there is no better way of doing just that than by read-

SPECIAL COLLEGE RATE

FOR NINE MONTHS

REGULAR OUT-OF-COUNTY RATE \$3.00 FOR SAME PERIOD

PHONE 11

The Birmingham Eccentric "THE VOICE OF BIRMINGHAM"

T DEALS EVER Come to Our Big Buy-Now Birthday Party Our Celebration of Hudson's 40th Anniversary Year \$ NO WONDER WE'RE IN A TRADING MOOD-the New Hudson is riding a rising tide of popularity! Official figures prove it: Hudson sales are up 33% over last year at this time. And how people are switching to Hudson! Already, more than 107,000 have traded in other makes of cars,

Now, during our big Buy-Now Birthday Party, we're offering the longest trades, best deals in our

So come in—and bring your car. You'll be amazed how much we'll allow you for it! Enjoy a thrilling Revelation Ride in the New Hudca's 4-MOST Car; 1-MOST Beautiful. 2 - MOST Roomy. MOST Road-worthy: 4-MOST All-round Performance.

It's America's most beautiful car, for example, because it's the lowest-built, most streamlined of all—yet there's full road clearance. Indeed this is a car of such advanced de sign that it's a protected invest for your motor-car dollars!

HERE'S WHERE TO COME FOR THE BIG BUY-NOW BIRTHDAY PARTY-

from the lowest to the highest priced, to own a New Hudson.

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