

Just as one requires daily food to maintain physical vigor and health, so does one need daily "food" to maintain his idealism and a constant willingness to help others. Reading and meditation upon lofty subject, plus proper cheerfulness, is this "surer food."

SEVENTY-SECOND YEAR—NO. 4

BIRMINGHAM, OAKLAND COUNTY, MICHIGAN, THURSDAY, APRIL 14, 1949

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Birmingham Youth, Serving in Japan, to Return Home

Word has been received from Tachikawa, Japan, that Corp. Quentin E. Parsons, 20, son of Mr. and Mrs. John R. Parsons, 708 Bates, will be returned to the United States soon to receive his discharge from the Air Force. Parsons, who was graduated from Baldwin high school in 1946, enlisted in the Air Force shortly after. He received his basic training at Lackland Air Force Base in San Antonio, Tex., and was transferred to Lowery Field in Colorado where he completed a course in automotive mechanics. He was assigned to overseas duty in May, 1947, and in June of that year arrived in Tachikawa, a member of the Fifth Air Force. He has served at the base motor pool as a mechanic since that time. Tachikawa, located about 18 miles from Tokyo, is a troop carrier base for the Far East command. The base motor pool has been assigned the task of supplying the much needed equipment necessary to keep this force functioning.

Treatment Must Wait on Proper Diagnosis Holds Advance Magic Class in Detroit

Clare Cummings of Ruffner street opened his advanced magic class held at the Hall Magic Company last Monday at 8:15 p.m. The students, from all walks of life, will be instructed in "close up" work which is the performance of sleight of hand tricks with people participating and nearby. Cummings has instructed magic classes for the past two years and such course runs for 10 weeks. A beginners class is already in its third week. "Most people who take these courses use the tricks they learn in business as well as social life. No equipment is necessary. A man can go to a party, ask for a glass of water, a couple of sugar cubes and provide the floor show," Cummings said.

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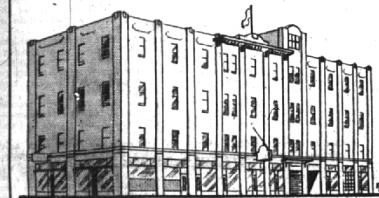
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"Maybe I better look up a good music teacher in the telephone directory Yellow Pages, before it's too late."

Your body needs fuel to keep it going and, like various automobile engines, different individuals require different amounts of fuel to perform the same job. This photograph shows a technician preparing a patient at a Detroit hospital for a basal metabolism test, the results of which will tell the physician whether or not the individual is eating enough to supply the energy her body needs or is utilizing her food intake properly. Basal metabolism machines, electrocardiographs and other equipment for diagnosis are available at St. Joseph Mercy, Pontiac, and the other nine hospitals that will be enlarged through the \$19,720,000 program of the Greater Detroit Hospital Fund. At the conclusion of the Fund's campaign four new hospitals, including the new Southern Oakland Hospital, will be constructed.

(Editor's note: What the construction of a new 200-bed hospital will mean in increased hospital care and better health for the residents of Southern Oakland County is told in a series of articles of which this is the third. Toward this project \$3,500,000 has been allocated by the Greater Detroit Hospital Fund now beginning a campaign for \$19,720,000. The Fund's overall program embraces ten leading hospitals in Greater Detroit to be enlarged and improved and four new ones to be built and equipped.)

New and outstanding advances in man's knowledge both of diseases and their treatment are constantly being secured, but any method of treatment, important as it may be, must wait on proper diagnosis before it can be applied effectively. Two of the many new diagnostic tools now available to doctors are the electrocardiograph and the basal metabolism apparatus. These machines will be available to doctors at the new Southern Oakland Hospital, to be constructed in this section of Greater Detroit. Each of these machines has its specific purpose and value. The

electrocardiograph, for example, is a scientific weapon in the fight against heart ailments—the leading cause of death in the United States. Basically, the electrocardiograph is a delicate apparatus that can measure the electrical impulses discharged by the heart at each beat. Wave patterns are produced and recorded on a graph showing the rate and rhythm of the heartbeat. Each particular heart condition records its characteristic curve on the chart.

Phenomenal Advances To a specialist's keen eye, the pattern reveals abnormalities in the function of the heart. Since the introduction of the electrocardiograph, the advances in knowledge of some of the more obscure heart conditions have been phenomenal. The basal metabolism apparatus measures the rate of oxygen consumption in the body. When a patient's basal metabolism rate is to be taken, he may not eat or drink anything after dinner the night before, and must not even smoke the morning before the test is made. It is important that the patient be relaxed. A chlorimeter is brought to the bedside, a rubber mask is fitted over the nose and mouth and the patient is told to breathe.

Calories Per Hour The calorimeter measures the patient's basal metabolism, which is expressed in calories an hour to a square inch of body surface. This rate is low in patients who have an underactive thyroid, who may be suffering from malnutrition, or who may have some kidney or gland disturbances. The rate is high when the thyroid is over-active, in fevers and during agitated mental states.

The Greater Detroit Hospital Fund will help ensure the construction of the new Southern Oakland Hospital by an allocation of \$3,500,000—the largest single allocation which the Fund is making. The hospital will have 200 beds and will have modern equipment including an electrocardiograph and basal metabolism machine.



Big things at Adams school Tuesday night when the Cubs presented their program of "Cub Capers" for members and parents. Kept completely secret until the night of the show, it turned out to have everything from minstrels to the radio quiz show. Each den prepared a five-minute act for the swift moving program.

May Projects The handicraft project for May includes hand made gifts for Mom on Mother's Day. The boys will be busy working on letter openers, hot dish pads, towel rings, door stops, knife racks, and even figures carved from soap.

Softball Tournament J. E. Rennell, assistant Cubmaster, will soon announce the starting dates and rules governing the softball tournament for Cubs. It is reported that several dens are already holding secret practice sessions and it looks as though some top flight players might come to light. At any rate, there are some dandy prizes being lined up for the various teams to shoot for.

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