

PART TWO

**Health Authorities Suggest Eight Rules For Preventing Polio**

With cases of polio developing throughout Southern Michigan in some instances at an alarming rate, Dr. Bruce H. Douglas, Detroit city health commissioner, suggests the following eight rules for persons who would aid in preventing infantile paralysis:

1. Avoid overting and extreme fatigue.
2. Avoid chilling, such as plunging into cold water for a swim.
3. Pay careful attention to personal cleanliness.
4. Keep flies away from food.
5. Do not swim in polluted water.
6. Keep community sanitation at a high level.
7. Keep little children out of crowds and limit number of people they come in contact with.
8. Do not delay calling a physician if any of the following symptoms occur: Vomiting, diarrhea, fever, stiffness in neck or back, constipation of any sign or kind.

**Garden Produce and Some Fruits May Soon Go To Market by Plane**

Tomatoes, strawberries, lettuce and other fresh fruits and vegetables before long may be shipped by air transport rather than by truck or rail, according to the Agricultural Department's Bureau of Agricultural Economics, which in conjunction with the Edward S. Evans Transportation Research Experiment has compiled data and conducted experiments on the air transport of those items from producing areas to Detroit.

Tomatoes transported by air can be placed on retail counters at practically the same price as those transported by surface carriers, the study indicates, and with the use of paper containers instead of the heavier wooden containers necessary for surface transportation, strawberries can be shipped from Hammond, La., to Detroit, Mich., at a cost of approximately 1 1/2 cents a quart more than for rail or truck transportation.

**How Air Transport Saves**

While air transportation costs more than surface transportation, the comparatively gentler transportation by air makes lighter containers practicable and its much greater speed makes possible the shipping of vine-ripened fruit instead of fruit that is picked green. Vine-ripened fruit is more

nutritious and has an improved flavor, and it means greater yield for producers. A harvest of ripe fruit weighs more than a harvest of green fruit.

Data on air transport of tomatoes and strawberries were worked out hypothetically, but actual experiments on air shipment of lettuce from San Francisco to Detroit have been made and the air-borne lettuce has been sold by the whole surface-shipped lettuce in Detroit retail stores.

**Less Loss For Growers**

Because of the speed of air transport, there is less loss to growers through spoilage of lettuce shipped by air from California to Detroit. Lettuce is not necessary as in the case of rail or truck shipment, because of the very short time shipments are enroute and the lower temperatures in the 5% experimental 250-pound shipments have been made between San Francisco and Detroit, limited to arrive in Detroit on a Friday, in time for week-end shopping. The necessity for commercial air in Detroit stores of air-borne lettuce at a higher price in comparison with surface-shipped lettuce is being studied and the comparative costs involved are being analyzed. The results will be made public soon.

**Give More Vitamins**

The principal advantage to be gained by air freight through faster and more gentle transportation, however, is the improvement of the quality of the produce. To bring strawberries from Florida to Detroit by rail express requires a minimum of three days, and by rail freight or truck a minimum of four days. Tomatoes require a slightly longer period. The air time required is between 6 1/2 and 7 1/2 hours. Produce more than four hours harvested during the forenoon of one day, pre-cooled in the afternoon, loaded on to the plane in the evening, transported overnight to the northern consumer center and placed in the retail store less than a day after being harvested. A considerable increase in palatability, vitamin content, and yield per acre should therefore be obtainable.

If one-half of the strawberries and one-third of the tomatoes now shipped into Detroit from distances beyond a thousand miles were to move by air during a six-month period this would mean an average of 14 Douglas DC-3 plane-loads a day.

**SAYS "POKER" GAMBLING**

From London, England, today comes the news that a British jury has decided that poker is a game of chance—not skill—and the court thereby ruled in a neat \$1,200 stake. Defense testimony avowed that the skillful player always went home with the winnings. Without retiring, they found that poker is a game of chance. The defendants, directors of the Mayfair Club, were convicted of keeping a gambling house.

**STATE OF MICHIGAN**—In the Probate Court for the County of Oakland, at a session of said Court, held at the Probate Office in the City of Pontiac, in and to the effect of the 14th day of August, A.D., 1944:

Present: Hon. Arthur E. Moore, Judge of Probate.

In the Matter of the Estate of State E. Westworth, Deceased.

Harold A. Westworth, administrator of said estate, having filed in said Court his Final Account and petition praying for the confirmation and allowance thereof, and the determination of the heirs of said deceased, and the discharge of said administrator.

It is ordered, That the 14th day of September, A.D., 1944, be and the same shall be the day of the hearing of said petition.

It is further ordered, That public notice thereof be given by publication of a copy of this order, for three consecutive weeks previous to said day of hearing, in the Birmingham Evening News, a newspaper printed and circulated in said County of Oakland, State of Michigan.

Witness my hand and the Seal of said Court, at Detroit, Michigan, this 23rd day of August, 1944.

Ernest B. Boston, Judge of Probate.

**Japs? Phooey!**

Two-year-old Michael Craig looks like a mighty tough customer, getting the feel of his daily flying coos and head-zears. He's the son of Sgt. Russell Craig of March Field, Calif. Army air base.

**Insulate Now—Pay Out of Income**  
**JOHNS-MANVILLE "blown" Rock Wool**  
 Home Insulation  
 CONVENIENT MONTHLY PAYMENTS  
 FUEL SAVINGS HELP YOU PAY  
 Johns-Manville 701 Murphy Building  
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 Birmingham Phone 2808 or 916

**DETROIT EDISON LINES**

Timely items concerning your electric service, suggestions about cooking, lighting and appliances, and many other things of interest, and value will appear from time to time in "Edison Lines." Make "Edison Lines" a reading habit!

**HEATING BY REFRIGERATION** . . . Your electric refrigerator "manufactures" cold. Why isn't it possible to "reverse" the refrigeration cycle and produce heat? Then, in winter you could use cold outdoor temperature to heat your home! Actually, the idea isn't new. It originated with Lord Kelvin over 50 years ago. A few installations have been made—mostly in more temperate climates than Michigan's. So far, the idea isn't practical for general use, but our research engineers have it in their "active" file. Someday new developments may transfer it from the realm of experiment into a practical machine.

**SUMMER SNACK** . . . For something new and different, try this recipe from our Home Service Department:

**Tomato and Salmon Toast**

6 slices bread 6 tbsp. flaked salmon, seasoned  
 6 slices American cheese 12 slices bacon  
 6 slices tomato

Place a slice of cheese on each slice of bread. On top of cheese put the flaked salmon. Place tomatoes on salmon and slices of bacon on each slice of tomato. Broil until bacon crisps and cheese melts.

**DISTINGUISHED SERVICE** . . . More than 1500 of our employees are now in the armed forces—about one out of every five. Of this number, 36 are women. There are 16 gold stars on the company's Service Flag. Every branch of the service is represented, and over 500 of the 1500 employees are overseas. Five Distinguished Service Crosses have been awarded to Edison men.

**POWER GRID** . . . Putting the Axis "on the griddle" is more than a figure of speech in southeastern Michigan. The uninterrupted flow of electricity to thousands of war plants has made possible new production records in all sorts of vital war materials. And one of the things that assures this uninterrupted electric supply is the "power grid" or network which covers all this area. If for any reason there is a power failure somewhere in the system, the "grid" connection makes it possible to restore service immediately by feeding in power from another point. Should a turbine in one plant shut down, other Edison plants pick up the load and keep the electricity flowing. This far-flung Edison network is interconnected with the Consumers Power Company on the west, and with the Detroit municipal power plant, lending added strength to the combined power grid.

—The Detroit Edison Co.

I'm FRESHNESS! I'm never allowed to go stale. I'm locked in the bean, like a prisoner in jail. For Spotlight is ground in the store when you buy it. Then out comes my "zip" to lend zest to your diet!

I'm FLAVOR, with tempting delicious appeal. Like freshness, I'm sealed in the bean. To keep my taste rich until served with your meal. One sip, and you'll know what I mean!

**KROGER'S SPOTLIGHT COFFEE**  
 3 lb. BAG 59¢

Can NOW—while they're PLENTIFUL!  
**TOP of the CROP FREESTONE**

**ELBERTA PEACHES**  
 5 lbs. 53¢

They Bake, Boil, Mash, Fry! All-Purpose WHITE  
**COBBLER POTATOES** 15 lb. pk. 63¢

Rocky Mountain Grown Garden Fresh  
**GREEN PEAS** . . . . . 2 lbs. 27¢

Fancy Calif. Boxed Quality All Purpose  
**GRAVENSTEIN APPLES** 2 lbs. 23¢

Nearly Seedless Calif.  
**ORANGES** . . . . . 5 lb. 57¢

New Crop Mich. Yellow  
**ONIONS** . . . . . mesh bag 45¢

Utah Size PASCAL  
**CELERY** . . . . . stalk 25¢

Hologrown Golden Bantam  
**CORN** . . . . . doz. 35¢ 6 ear 18¢

Red Rip, Sugar Sweet  
**WATERMELONS** . . . . . 3¢

Calif. Harvest  
**PEARS** . . . . . 2 lbs. 29¢

Kroger's Hot Dated  
**FRENCH BRAND** 27¢

Kroger's Vacuum Packed  
**COUNTRY CLUB** 32¢

Point Free! \* Point Free!

**SHOULDER ROAST** lb. 25¢

Choice  
**RIB CHOPS** . . . . . lb. 37¢

For Pot Roast  
**BREAST** . . . . . lb. 19¢

For Patties  
**GROUND** . . . . . lb. 29¢

Kroger's Tender Beef  
**CHUCK ROAST** . . . . . lb. 25¢

For Boiling or Braising  
**BEEF PLATE** . . . . . lb. 19¢

Frankenmuth or Daisy Brand  
**MILD CHEESE** . . . . . lb. 34¢

Square Cut Shoulder  
**LAMB ROAST** . . . . . 33¢

Best Quality  
**Braunschweiger** lb. 38¢

Tangy Flavor  
**SPICED LOAF** . . . . . 23¢

Fresh Dressed FRYING  
**CHICKENS** . . . . . lb. 43¢

Blue Pike  
**FILLETS** . . . . . lb. 36¢

**LIBBY'S STUFFED OLIVES**  
 8 1/2-oz. jar liquid wt. 30¢

**LAVA SOAP**  
 3 bars 17¢

**SWEETHEART PURE TOILET SOAP**  
 Deluxe Bath Size 11¢ bar  
 2 bars 13¢

**SWAN SOAP**  
 3 Lge. bars 29¢

Gentle . . . Soft and Safe  
**NORTHERN TISSUE**  
 4 rolls 19¢

Northern Handy  
**Towels** 3 rolls 25¢

Kroger's Fresh Thron-Enriched CLOCK  
**BREAD** . . 3 25¢  
 20-oz. leaves

Kroger's Special Low Price! Pure Cane  
**SUGAR** . . 5 32¢  
 lb. pkg.

A Real Canning Value! Fruit  
**JARS** . . 60¢ Pts. 50¢  
 Qts. doz.

Mt. Morency Brand Pitted  
**RED SOUR CHERRIES** . . No. 2 22¢  
 46-oz. can

Healthful, Vitamin Filled  
**GRAPEFRUIT JUICE** . . . . . 46-oz. 29¢  
 can

Delicious, True-Flavored  
**ORANGE JUICE** . . . . . 46-oz. 45¢  
 can

Kroger's Avalon Brand  
**SOAP FLAKES** . . . . . Lge. 21¢  
 1/2 doz. pkg.

For Bath, Complexion  
**ALLURE SOAP** 3 bars 13¢

Perfect Jolly Aid  
**CERTO** . . . . . bot. 23¢

Country Club CIDER  
**VINEGAR** . . . . . qt. 16¢

Jar Rubbers, doz. to  
**JAR CAPS** . . . . . doz. 21¢

Kroger's Gov'l—Grade A  
**CARTON EGGS** . . . . . doz. 57¢

Kraft's Famous VELVETA  
**CHEESE** . . . . . 1/2 lb. 20¢  
 pkg.

5 Varieties—Kraft's Delicious  
**JAR CHEESE** . . . . . 5 1/2-oz. jar 17¢

Swift's Famous Luncheon Meat  
**PREM** . . . . . 12-oz. can 32¢

NBC Crispy Fresh  
**RITZ** Cracker . . . . . Lge. pkg. 21¢

WHY WAIT FOR THE 6th WAR LOAN DRIVE? Buy that EXTRA Bond TODAY!

**DEL MONTE**  
 Rib, or Drip Grind, Corflon  
 lb. 32¢

**IVORY SNOW**  
 Lge. Pkg. 23¢

**GOLD DUST**  
 Washing Powder  
 Lge. Pkg. 17¢

**LIFEBUOY**  
 Bath, Complexion Soap  
 3 bars 20¢

**MI-CHOICE**  
 Vitamin Enriched  
 Margarine  
 lb. 17¢

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SELF-SERVICE  
 QUALITY  
 LOW PRICES ALWAYS

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