

THIS and THAT

By G. R. A.

(Continued from Page 1)

Now, over the United States, the rolling grazing lands, with their herds of cows running into the millions of blades of grass that thrust up Chlorophyll blades—and beckon the cows to eat them up, and then down; when, I realize how those cows, during each day, will lie down beneath the lovely green of the grass, and trees and get their ends, preparatory to chewing their cud, preparatory to getting their cud (caper chemical), Apparatus ready to get into production—oh, how I thrill in my own inner regions as I thus contemplate the grand making that will be going on.

Oh, in this, our beloved land! pause... our beloved breezes refresh me and, perhaps, will carry my thoughts.

Around this world... I continue to pause... alas! where art America, will be in the Metropolitan Detroit Area next Monday, Tuesday and Wednesday, Jan. 18, 19, and 20 to conduct a series of conferences among Cub and Scout leaders.

His two most important meetings are a pack organization team conference at Central High School, Lincolnwood and Tuxedo, Tuesday, Jan. 19 and a round-table conference with organization and extension committees also at Central High on Wednesday, Jan. 20. Both these are evening sessions beginning at 8 o'clock.

SCOUT NEWS
BOY SCOUTS OF AMERICA

Charles F. Smith, nationally known author of books on games and recreation, and assistant director of volunteer training for the National Council, Boy Scouts of America, will be in the Metropolitan Detroit Area next Monday, Tuesday and Wednesday, Jan. 18, 19, and 20 to conduct a series of conferences among Cub and Scout leaders.

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DRAFT

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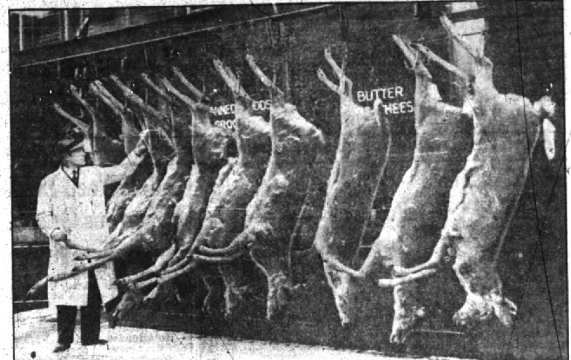
Purinton; Ambrose Wilson Edwards, 2041 East Merrill, R. No. 1, Royal Oak; James Albert Lindsey, 197 Ashley Ave., R. No. 4, Royal Oak; Harry Martin, 755 Wattles road; Oliver Robert Heth, 408 Pleasant; George Frank Siskel, 927 Smit; Roy James Sweet, 46 First St., R. No. 4; William Henry Jolyon, Jr., 2731 Miner; Clayton Joseph Green, Squirrel road; Perry Moore, McIntosh, 535 Square Lake road; John Rutherford Wilcox, 916 Suffed; Richard King Shirk, c/o R. No. 1, Hobbok; Arthur Stiles, 539 Bates; Clinton Albert Butler, Jr., 5235 Wright avenue, R. No. 4; Edmund Roy Bonner, 816 Pierce.

Angus Wallace McVay, 715 Wimpleton; Garnet Joseph Lintz, 245 S. Woodward; Jay D. Trench, Jr., 345 Hickory; Robert Edwin Waterbury, 515 Williamsbury; Glenn Adams, 2232 Ford Ave., R. No. 4; Jack Hall, 2907 Lincoln Avenue, R. No. 1, Royal Oak; Eugene Nicholas, 608 E. 744 Bates street; David Elmer Simons, 1028 University street; Lester J. H. Hobbok, 911 Ruth st., Royal Oak; Robert Carl Neumann, 487 Henley; Robert Eugene Nichols, 1825 Pine; David John Shearn, 138 E. Square Lake; Richard Cischke, 2189 Grand; Robert Koehler; Thomas Arich DePew, 40 Birchwood, R. No. 4, Birmingham; Frank Mason Everingham, 212 Daines; Donald Gordon Burnett, 563 Hanna; Robert Fred Richardson, 202 Harmon street; Holt Ackerman, 215 Pilgrim; Gordon Thompson Burrows, Jr., 605 Chester Way; Donald Clair Moorhead, 807 Benvaillie; Stewart Charles Scott, 444 Frank; Roger Gerald Cummings, 195 Hour; eta; Albert David Nancarrow, 615 E. Long Lake Rd.; Dean Samuel Gidney, 454 Hickory, R. No. 4, Birmingham.

Robert Ripp Cavan, 6230 Surry; Frank W. H. No. 1, Royal Oak; Cox, Jr., 2721 Wisconsin, R. No. 1, Royal Oak; Harry John Bailey, 1572 Webster; Eugene Walter Haglund, 651 E. Maple, R. No. 1, Royal Oak; William Edward McElhenny; Kingston road, Bloomfield Hills; Eugene Kurtz Wheeler, 545 Suffed; Paul Conrad Nielsen, Jr., Bloomfield Hills; John Winthrop Crim, 176 Linden; Robert George Inch, Troy; Robert Frederick Lindholm, 540 Elmerhurst, R. No. 2, Birmingham; Stanley Nye, Clawson; Paul Joseph Hensberry, 1540 Humphrey; William Stephen Spiegel, Jr., 455 Chesterfield; Alan Maxwell Johnston, 18 S. Adams; Jack Junior Clayton, Bloomfield Hills; Albert Edgar Hirsch, 1183 Lakeside; Guy Walter Hoyt, R. No. 3, Birmingham; Charles Griffin, 1076 Pierce; Robert J. Griffin, 1076 Pierce; William Harold Robertson, 404 Hickory, R. No. 4, Birmingham; William Kenneth Jones, 1244 Hartwig, Birmingham; Peter Cooper Higbie, Squirrel rd., Bloomfield Hills.

Maynard Garth Pickens, 2874 Miner st., Birmingham; Donald Cranston Van Pelt, Jr., 3136 Morningview, Birmingham; Charles J. Reynolds, 947 Benvaillie; Jack Thomas Steelman, 519 Rivenock; John McCalland, 1844 Ross; Pierce; Robert Phillip Butler, Jr., 2051 Avon Lane; Kenneth Oliver Serre, 1850 Beech st., R. No. 3, Royal Oak; Louis One, 2960 John R. road, R. No. 1, Royal Oak; John Deering Kice, 6265 Glenway; Carl Leonard Beach, 1345 Boyd, R. No. 4, Birmingham; Noel Steven Walker, 327 Pleasant; Robert Marquardt Roth, 148 Pilgrim street; Herbert George Hoener, 1168 Cedar drive.

Ten Deer for Tender Dinner



Ten deer, shown outside a Cleveland, O., butcher shop, helped to relieve the beef shortage. A provision house ordered 500 deer carcasses from a Wisconsin reservation that feeds and fattens venison on alfalfa and soy beans. Photo shows the first 10 deer shipped in, ready for the cooler.

AT LEAST

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of that. We have to feed them of course but they eat mostly rice and sweet potatoes, not hogs and like our kind of food very well.

Native Tobacco

"Every centurist gets two sticks of black, foul-smelling, extra strong native tobacco, and every now and then we go out and buy a wallabi—small sized kangaroo—for them. Then they hold a big party and give us a feast. We went hunting for a duck for Thanksgiving dinner, but I guess they saw us coming—no ducks were to be had that day. We had a good dinner, though—fried ham, steved tomatoes—native sweet potatoes, hot hogs and jam and canned peas for dessert. We don't eat like that all the time, we had been saving for it. There is a steady stream of natives coming up to sell us bananas, pumpkins, coconuts and pineapples. There are no O.P.A. price ceilings. A little rice and a couple of cigarettes will buy most anything. For a can of turned beef you can have half of New Guinea. All of this boils down to the fact that I never had it so good, and when this assignment is over they will have to send half of the Army out to get us to come back.

Perfect Balance

Standing on a narrow rod supported by her father, little Helen Sue Grady of Los Angeles, who is just 19 months old, demonstrates her perfect balance.



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Christmas Package Comes

The Christmas package arrived today in perfect condition—all articles are very much appreciated, my clothes are about shot from being washed so many times in rivers, etc. and I can't remember when I had penicillin. Smoking equipment is always very welcome, though they do take pretty good care of that, that respects the Army. The American Army really comes through with such things as cigarettes, candy, etc. It's very important for morale and therefore has almost as high a priority as ammunition. I had penicillin, but it was in an isolated position like ours, a little reserve is good to have.

I certainly do thank you, and hope like everything that next year you can hand me my present.

"For Christmas dinner we plan to have duck, the same as we planned for Thanksgiving, however ducks are hard to come with a rifle and we may end up by having goat—they are easier to hit. This of course depends on whether we can find a goat. We are determined, in any event to have something, besides the usual corned beef and stew.

Native Practice Drums

"The natives are all eagerly looking forward to Christmas. Then they will have a big dance at the nearby village. They practice on their drums every night and it is a pretty weird sound. I would like to see the drum. I don't think the army will declare a holiday and I will have to work. Maybe we can take turns, running over to have a drink."

"I continue to be in the best of health and really enjoy my work. I have plenty to be thankful for these days having the job I have.

"Other peoples' jobs are not so pleasant. I sent Margaret a grass skirt—hope she gets it!"

"P.S. Merry Christmas."
"P.S. 2 This was the Christmas time—it's a good 100 degrees in the shade, every day—what I wouldn't give for a ton of snow!"

CALEB G. JACKSON DIES

Caleb G. Jackson, 85, for 65 years a resident of Southfield Township, passed away at the home of his daughter in Saginaw last night. Funeral services will be held Saturday at 2 p. m. from the Birmingham Baptist church with burial in the local cemetery. Mr. Jackson is the father of George A. Jackson, 543 Watkins.

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Consumer News

Let's All Help!

DIET

"Necessity may force us to adopt better food habits," says Dr. Fred Ross, chief officer of Bloomfield Hills, who is also resident physician at Cranbrook School. Various factors may contribute to this change for the better, according to Dr. Ross.

Shortages Will Cause Diet Revision

"Rationing may prove a blessing in disguise. If it stimulates us to more thinking about the nutritive values of food, if we are not able to get as much as usual of those articles of diet to which we are accustomed, we will be forced to reexamine our food schedule to make sure that we are getting as much nourishment in the alternative foods which we buy."

"Any such reexamination should prove valuable, especially in the light of the great amount of educative material on nutrition to which the public has been exposed within the past few years. There are few consumers of nutrition who have not listened to such information on the radio, or read it in the newspapers or women's magazines. If such attempted education has made them aware of the problem of nutrition, it will have served a good purpose."

Rest Better Than A Stimulant

"From a health standpoint, the limitation of the amounts of sugar and coffee which people buy continues to be a good thing," says Dr. Ross. The body really needs no sugar beyond that which is supplied by fruits and other foods and converted by the body itself. The amount formerly consumed contributed to excess body acidity. Both sugar and coffee are stimulants, but rest rather than a stimulant should be used to combat fatigue.

Food For Fitness

"It may not be amiss to repeat here the generally recognized fundamentals of a good diet."

"Try to include in your meals every day:

- Milk—for a growing child 4 to 1 quart; for other family members, 1 pint or more.
- Tomatoes, oranges, grapefruit, green cabbage, raw salad greens—1 or more servings.
- Leafy green or yellow vegetables—1 or more servings.
- Other vegetables or fruit—2 or more servings.
- Eggs—1 for an adult; 3 a week for a child.
- Lean meat, poultry, fish—1 or more servings.
- Cereals and bread—At least 2 servings of whole-grain products or "enriched" bread.
- Sweets—Only enough to make food palatable.
- Water—6 or more glasses.

"Sometimes it is necessary for the physician to suggest changes in the amounts of certain of these foods to meet individual needs, or to prescribe fish-liver oil or vitamin concentrates. Particularly it is true that during the dark winter months that the "sunshine vitamins" A and D are desirable additions to the diet. Also Vitamin B is often necessary to supple-

Former Resident Writes in 'Post'

Louis Ruthenberg, former resident of Birmingham, and now living in Evansville, Ind., as president of Serval, Inc., is author of "Letter of the Week" in the current Saturday Evening Post.

He points out that despite inefficiencies, the changeover of American industry is one of the war miracles, and that production is nearly triple the original hopes. He concludes: "The course of action is clear to me. We need to get belyaching. We need only look at production records for inspiration and confidence. We need to give these production heroes a pat on the back instead of a kick in the pants. They need our help. We certainly need them."

DOROTHY GRAY
SPECIAL DRY-SKIN MIXTURE

Consumer Cooperation Means Better Self-Care

Dr. Ross, whose son, Dr. Frederick Ross, is now serving with the Harvard Medical Unit at the fighting front in New Guinea, feels that civilians should do all in their power at this time to keep themselves in good health. The best way to do this, he believes, is to get enough rest, and to eat simple and nourishing food.

CAMEO

The sun tanning the skin to a silvery and lighting the blue-grey clouds, bespeaks a winter beauty.

HEATRICE McDONALD

PADGETT TO PITTSBURGH

Grady Padgett, Adams road, left recently for Pittsburgh, Pa., where he has accepted a position with Koppers Corp.

NEW CAB DRIVER

Charles F. Curber, of 720 Pierce street, was licensed as a taxicab driver by the City Commission Monday night.

HEALTH FOR YOU!

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WASP Gets Good Look



To fill places of members of the Virginia State Police who have been called to the armed services, members of a women's auxiliary known as the WASPS are training for various duties. Mrs. Doris Biles, Richmond, Va., gets a good look at the tummy gun held by Sgt. J. W. Cotton.



SPOTTED SUB—BOOM!—A huge geyser of salt water is left in the wake of this ship in a British convoy, as a depth charge hits the water. Alert crews maintain constant vigil against enemy subs, mines and aircraft.