

### 4 Fruits Best For Fruit Whips

Few families fail to vote for desserts in the form of fruit whips, no home economics specialists at Michigan State College have recommended a few tips in preparation.

Fruits of pronounced flavor and color make the best fruit whips, for example, peaches, apricots and plums. Cook, slice and sweeten the fruit for a whip before you beat the egg whites. If the whites stand they will lose much of the air that has been worked into them by beating.

Egg whites whip up more quickly when they are at ordinary room temperature, so get the eggs out of the refrigerator at all times. Avoid getting egg yolk or any fat on the beater. If it gets into the whites, they won't beat up as stiffly as you want them.

Adding a pinch of salt to the egg whites before beating will increase the volume of the foam and make it less likely to become watery if it stands. Either a rotary beater or a whip or whisk beater may be used. A rotary beater makes a finer foam, but a whip beater makes a greater volume. Beat until the whites are stiff, but not dry. At this stage the foam will be shiny, and will hold its shape when the beater is removed. If the whip is added, the beaten eggs partly cooks them. The best technique for combining them is to pour the hot foam gradually over the egg whites. Use a gentle, folding motion for this. If the whip is to be poured at once into a buttered mold or pan. Set this in a pan of water and cook for about an hour in very slow oven (225 to 250 degrees F.). A whip cooked slowly should not fall when taken from the oven.

If the whip is served without cooking an ideal way is to keep it in a short time before you want it. Whipped cream, if used, is added after the egg and fruit mixture has cooled and just before serving.

### It's Sometimes Hard to Keep A Garden Growing



The great droughts that have been sweeping America have also encompassed the churches. It seems that every year our parish leaders have a harder time gathering support for the spiritual programs of the community. And now that the rains have come again and for farms and fields the drought is over, it's amazing what skinny little clouds pass over the church. With their fine sturdy programs drooping from lack of support, all too often our Christian husbandmen must leave their more important spiritual tasks and scatter themselves and their energies trying to maintain the things in the community we should all eagerly support.—Charles A. Wells.

(This series sponsored by Baptist Young People)

### Ideal Way of Utilizing Leftovers Shown in Delicious, Unusual Recipes

- A fondue appeals to the most fastidious taste. It gives the housekeeper an ideal way of using leftovers, as it contains milk, eggs, butter and, in addition, vegetables, fruit, meat or cheese. The cheese fondue is the most common, but try a fish, vegetable or a sweet fondue. They are delicious.
- Cheese Fondue.**  
1 tablespoon butter.  
3 eggs.  
1 cup grated cheese.  
1/2 teaspoon salt.  
1 cup milk.  
1 cup bread, cut in small pieces.  
Scald milk in double boiler, add bread, butter, well beaten egg yolks, grated cheese and salt. Cook slowly until cheese is melted and the eggs are thickened. Cool for 5 or 10 minutes, then fold in stiffly beaten egg whites. Pour into greased baking dish or individual cups. Set in pan of hot water (to the depth of the food in baking dish) and bake in an oven 375 degrees for 40 minutes. Test by inserting a knife in center—it will jiggle if important in cooking. Serve immediately. If baked in individual cups, bake for 20 to 25 minutes.
- Fish Fondue**  
1 tablespoon butter.  
3 eggs.  
1/2 teaspoon salt.  
1 cup milk.  
1 cup bread cut in small pieces.  
1/2 cups cooked codfish, salmon, lobster or any other cooked fish, but do not shred it into very fine pieces. Mix or bake as the cheese fondue.
- Vegetable Fondue**  
1 tablespoon butter.  
3 eggs.  
1/2 teaspoon salt.

### Church News

**The United Presbyterian Church**  
Woodward at Forest  
Rev. W. H. Hays, Minister.  
Bible school, 9:45 a. m. Male Mission, superintendent.  
Worship 10:30 a. m. Sunday school, 11 a. m. Wednesday evening, Bible study hour, 7:30. Sabbath Bible school, daily except Sunday, 10:00 a. m.

**First Methodist Church**  
Minister, Rev. Charles C. Decker  
Organist—Oscar W. Schmidt  
Director of Chorus—Victor Ulrich  
Sunday Services  
Worship 10:30 a. m. Bible school, 11 a. m. Church school—9:45 a. m. Men's and Primary departments. Summer schedule, 10 o'clock.

**Christian Science Church**  
Chester and Willis Streets  
Rev. W. H. Hays, Minister.  
Church school—9:45 a. m. Wednesday at 8 p. m.  
Sundays at 10:30 a. m. "God" will be the subject of the Sunday school. The "Science of Health" courses throughout the world on Sunday, 10:30 a. m. The Golden Text (Rev. 7:12): "Blessing and honour, and power, and might, and glory, and thanksgiving, and honour, and power, and might, be ascribed unto ever, Amen."

**First Baptist Church**  
Willits at Bates St.  
Rev. W. H. Hays, Minister.  
Rev. O. S. S. Superintendent.  
Thomas Melas, S. S. Superintendent.  
10—Church school. Classes for all 11—Morning worship. Music by the choir. 12—Bible school. 13—Bible school. 14—Bible school. 15—Bible school. 16—Bible school. 17—Bible school. 18—Bible school. 19—Bible school. 20—Bible school. 21—Bible school. 22—Bible school. 23—Bible school. 24—Bible school. 25—Bible school. 26—Bible school. 27—Bible school. 28—Bible school. 29—Bible school. 30—Bible school.

**St. James Episcopal Church**  
Rev. Warner J. Forsyth, Rector  
Rev. W. H. Hays, Minister.  
Sunday school. Kindergarten and primary, 10 a. m. Junior and senior schools at 9:45 a. m. Holy Communion each Sunday at 8 a. m. Communion, 10:00 a. m. First Sunday of month.

**Holy Name Catholic Church**  
Harmon at Woodland  
Rev. W. H. Hays, Pastor.  
Sunday masses at 7:30, 9, 11, 12:30, 1:30, 3:30, 5:30, 7:30, 9:30, 11:30, 1:30, 3:30, 5:30, 7:30, 9:30, 11:30. Daily Masses at 7 and 9:30 a. m. Holy Communion each Sunday at 8 a. m. Communion, 10:00 a. m. First Sunday of month.

**First Presbyterian Church**  
The pastor will preach at the regular worship service commencing at 11 o'clock. The following young people will be commissioned as delegates to the young people's summer conference at Walden, N. H., June 28-30. Mary Hamilton, Dorothy Grubbs, Jane Hamilton, Elizabeth Hamilton, Betty Hill, Mrs. Morrison, William Hill, Bob Fisher, Betty Jones, Jane Anderson, Margaret Simpson, Jean Gilbert, Pat Scholby and Sue Jones.

**Redeemer Lutheran Church**  
Lincoln near Woodward  
Rev. Theodore O. Wacker, Jr., Pastor.  
11 a. m. morning worship.  
10:30 a. m. Sunday school.  
Vacation Bible school at 9:00 o'clock each Sunday. Junior League, around Sunday each month, 10:00 p. m.

**Christ Church Cranbrook**  
Rev. Charles H. Cadogan, Rector.  
Holy Communion, 8 a. m. Morning Prayer and Sermon, 11 a. m. Holy Communion the first Sunday of each month, 11 a. m.

**Franklin Community Church**  
Rev. Howard C. Goin, Pastor.  
Morning services, 10:30 a. m. Sunday school, 11:00 a. m.

**St. Hugo of the Hills Church**  
Opdyke Road  
The Rev. Daniel T. Whelan, Pastor.  
Sunday masses at 8:00, 10:00, 11:45 and 12:30 p. m.

**Troy Presbyterian Church**  
Liverside Road  
Reverend John B. Lister, Minister.  
Mrs. Edna M. Lee, Organist.  
Sunday School, 10:00 a. m. Graded classes. Morning Worship, 11:00 a. m.

**Embury Methodist Church**  
Rev. Rudolph Boyce, Pastor  
Church school—10:30 a. m. Morning Worship—11:00 a. m. Epworth League every Sunday at 6:30 p. m. at the church.

**Birmingham Unity Study Class**  
Under auspices of Detroit Unity Classes will meet Tuesday evenings at the Community House at 8 o'clock. Subject will be "Kingdom of Heaven."

**Aura-Lite Temple (Spiritualist)**  
Masonic Temple  
Sunday evening service, 7:45. Pastor Rev. Horace Dreke, Hostess service, Mr. Burton. Misses, conducted by Rev. and Mrs. Rena Park. Visiting workers and friends welcome. Services will be discontinued through July and August.

### Social Briefs

Doris Richard, daughter of Mr. and Mrs. C. C. Richard, of Hillcrest drive, will return to her home here today from two weeks spent in Los Angeles and San Francisco.

Mr. and Mrs. Charles Barr Field, of Lakeside road, gave a small dinner Friday evening.

Mrs. Elliott Slocum Nichols and her daughter, Charlotte, of Tiverton drive, are spending a month in Kentucky.

Mrs. Thompson Tjandra and her son, Thompson, will leave Tuesday for St. Louis, Mo., to visit her parents, Mr. and Mrs. B. A. Thompson.

Mrs. J. R. Weeks, of Glenary road, is summing in Rockland, Me., and will not return to Birmingham until the first of September.

Mr. and Mrs. W. C. Spruill, of Shelby drive, are leaving Wednesday for Cincinnati, to spend the fourth with their cousins, Mr. and Mrs. Howard Spruill. The Spruills' daughter, Carolyn, has gone to Shelby to enter Camp Stonycroft and their son, Bill, is at Camp Lookout at Elberta.

Mrs. Margaret Sander of Bloomfield court, will spend next week-end at the Grand hotel, Mackinac Island.

Mr. and Mrs. Samuel E. Gawne, of Glenhurst drive, are entertaining the latter's sister, Miss Mary Albert-Moore, of Fayetteville, Ark. Mrs. Gawne's mother, Mrs. A. I. Clark, will arrive early next week for an extended visit.

Mr. and Mrs. Fred D. Hendrick, of Pilgrimage avenue. They will be in Birmingham for the remainder of the summer.

Mr. and Mrs. Harold G. Tasker and her three sons, of Avon lane, have gone to Kennebunkport, Me., to spend the summer.

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### GIRL SCOUTS

**Water in Excavation Danger Spot, City Commission Told**

Citing the drowning of a child in Mt. Clemens as an example of the danger, Russell McBride, 1936 Fairview, asked the City Commission, Monday night, to fill an unexcavated basement excavated near his home. Because of heavy rain, the hole contains from two to three feet of water. The City Manager Donald C. Eberst promised action. Eight other such excavations are being filled likewise. The property in question is tax delinquent and belongs to the state.

The girls have organized into three committees. There is a program committee to keep them on schedule, a food committee to regulate their diet, and a work committee to see that they eat on time, and not from dirty dishes.

The girls who will be chaperoned by Mrs. W. H. Barnett and Mrs. T. R. Navin.

The interest which our Government is taking in the South American republics is reflected in dress designs for the coming season. Brilliant colors, large flower prints, wide skirts with full blouses are being shown in the most fashionable shops.

### Facts Beat Luck In Jelly Making

At jelly making time women used to cross their fingers and hope they would have good luck. Today home economics authorities at Michigan State College explain that there are definite rules to follow for each step in the jelly-making process.

Select good quality fruit that is fresh and firm. Do not use bakeware and slightly underripe fruit is usually best. Overripe fruits, especially raspberries and blackberries, are often low in acid. But they will make jelly if one tablespoon of strained lemon juice is added to each cup of fruit juice.

To know when the syrup forms jelly is important in cooking the right length of time. The jelly test most commonly used is called "sheeting." To make this test, dip a large spoon into the boiling syrup and lift the spoon so that the syrup runs off the side. Stop cooking when the syrup no longer runs off the spoon in a steady stream, but separates into two distinct lines of drops which "sheet" together.

If the jelly is not cooked long enough, it will be soft and runny. And if it is cooked beyond the point of jelly formation, it will become a gummy mass.

Sterilized jars, a perfect paraffin seal, and a cool and dry storage space will keep the jelly from molding or fermenting.

- 1 cup milk.  
1/2 cup bread cut in small pieces.  
1 1/2 cups finely chopped cooked spinach or carrots, or other vegetables. If corn is used, it need not be chopped. All vegetables should be as dry as possible, as too much liquid will tend to make the fondue soggy. Mix and take as often as fondue.
- Chocolate Fondue.**  
1 tablespoon butter.  
3 eggs.  
1/2 teaspoon salt.  
1 cup milk.  
1 cup bread cut in small pieces.  
1-3 cup of sugar.  
2 squares of chocolate melted over hot water.  
Scald milk in double boiler, add bread, butter, well beaten egg yolks, sugar, salt and melted chocolate. Cook slowly until eggs are thickened. Cool for 5 or 10 minutes. Fold in stiffly beaten egg white. Bake as other fondue. Serve with marshmallow sauce.
- Date Fondue**  
1 tablespoon butter.  
3 eggs.  
1/2 teaspoon salt.  
1 cup milk.  
1 cup bread cut in small pieces.  
1/2 cup sugar.  
1 cup finely cut dates.  
Scald milk in double boiler, add butter, well beaten egg yolks, sugar and salt. Cook slowly until eggs thicken. Cool for 5 or 10 minutes, add the dates. Fold in the stiffly beaten egg whites. Bake as other fondue. Serve with plain or whipped cream.
- A chic little jacket which can be worn at all hours shows the Chinese influence. They are wood block prints and have tasseled zippers up the front. Materials are of silk or wool shantung in lovely colors printed in gold.

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**IN FASHION NOW**

Enamelled jewelry is being revived and necklaces consisting of large plaques are tied around the neck with leather thongs. Clips, rings and buttons of enamelled jewelry come in sets, using flower or animal designs.

**Safe On Mother Earth**

A young man fell into a state of coma but recovered before his friends had buried him. One of them asked what it felt like to be dead.

"Dead," he exclaimed, "I wasn't dead, and I knew I wasn't dead because my feet were cold and I was hungry."

"But how did that make you sure?"

"Well, I know that if I were in heaven I should be hungry, and if I were in the other place my feet wouldn't be cold."

Who, then, is the invincible man? He whom nothing that is outside the sphere of his mortal purpose can dismay.—Epictetus.

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