

Parents Should Encourage School Food Programs, Miss McCormick Says

By MARY G. MCCORMICK, Supervisor of Health Teaching, New York State Department of Education. The school child's luncheon is always a serious problem, both for the parents and the child. The noon meal represents about a third of the child's food for the day. It is an important meal, and one that cannot be neglected without danger to health.

Many school systems have now undertaken school lunch programs which assist the parents in providing proper nutrition for children at noon. Parents who desire their children to have the best possible chance in life should support all practicable plans of this kind.

The simplest type of school lunch is one in which hot milk, cocoa, or one or two hot dishes are served to supplement the food brought from home. Many large schools now supply an even more adequate school lunch service, including soups, vegetables, a main dish or sandwiches, milk or a milk drink.

A third plan is to have a school cafeteria in which children may buy food to help out the contents of their lunch baskets. Where such a system is in use, parents and teachers should be interested in children who buy the sale of candy at school cafeterias should be discouraged. Even when substantial foods are also offered, the sale of candy usually results in children's buying sweets with money that should have been spent on more nourishing foods.

Every parent should encourage school lunch programs, and every school should make some effort to provide at least a hot dish or warm milk at noon.

This is the fifth of a series of articles on the health of school children, prepared for this paper. For next week, Miss McCormick will tell how to pack a school lunch basket.

IN DETROIT THEATERS WILSON The Town Hall audience which meets each Wednesday morning during the winter season at the Wilson Theater will hear as its second speaker, Oct. 25, William Hays, noted authority on world cinema who will discuss "Behind the News of the World."

CASS With two stars whose brilliance shines in two quite distant orbits, Mrs. Novello's play, gay comedy, "A Party," will be presented at the Cass Theater next week, opening Monday, starring Margaret Anglin and Irene Bordino.

Church News

The Ladies Aid Society of the Franklin M. E. Church will meet today at the home of Miss Florence Bingham on Fourteen Mile road. Luncheon will be served at 1 o'clock.

Mr. and Mrs. A. J. Hagerman moved recently from Detroit into Mill Lodge at the foot of Mill street.

Honoring Mrs. William Thorne, formerly Miss Charlotte Wood, the Franklin Dramatic Club, of which she is a member, gave a party Saturday evening at the Heacock Cottage on Woodlawn.

Mr. and Mrs. Jennings Morahan as their guests for the weekend, the former's parents, Mr. and Mrs. J. W. Morse, of Monroe, and his brother, Leland Morse, who is a student at the University of Michigan.

Members of Circle No. 1 met Wednesday afternoon at the home of Mrs. Glan Bingham.

The following students of Franklin School are listed on the honor roll for the past month: Opal, Joseph, and John. Judge Allen, Price, Margaret Mason, Bud Prescott; lower room, Conway Adams, Mary Converse, Barbara Johnston, Joy Scott, Richard Mead, Neil Spicer, Charles Seaver, Betty Mann; higher room, Jane Housal, Harriette McQuarters and Dierdre Scott.

1st Issue Of Crane Makes Appearance The first issue of The Crane, student publication of Cranbrook School, was published last week. The paper is about the same as that of last year, being printed on four pages of four columns each. Besides the customary news and feature material, it contains cartoons, halftone photographs, and advertisements.

Grant Holmes, editor-in-chief, plans to publish 12 issues this year, an increase of the circulation of The Crane is about 500 copies, include members of the staff include Jerome Himechek, Franklin Smith, Bruce Koppel and George Berry, on the editorial board; George Pincus, Ralph Getzinger, Robert Frank, S. Price Martin and Ralph McDonnell, news editors; Tom McCain, Tom Antrim, Tom Tilley and William Hutchinson, sports writers; Ted Brennan and Stewart Van Kuren, art editors; John Seefrey and William Martin, business staff; and T. Donald McCrea, faculty adviser.

NEGRO MINISTER WILL PREACH HERE SUNDAY The Rev. John L. Coleman, pastor of the St. John's (Negro) Presbyterian Church of Detroit, will preach at the First Presbyterian Church of Birmingham Sunday evening. Mr. Coleman, a Detroit Negro, is a university and seminary graduate and recognized as one of the rising ministers of his race. He will be accompanied by 25 Negro singers who will present a program of racial songs, including some of the better known spirituals.

FOOD SPECIALS BUY NOW

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EXTRA SPECIAL! OMAHA - PRIME - STEER Swiss Steak 19 1/2 c lb., Pot Roast CUT FROM THE ROUND, Rump Roast ROLLED. ONE OF THE FINEST SPECIALS WE HAVE EVER ADVERTISED.

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Gold Medal Flour 99c Kitchen Tested - 24 1/2-lb. Sack. Hubbard - Pepper and Sweet Potato Squash 2 1/2 c lb., Weidman Boy Brand Red Alaskan Salmon 22c Large can, Weidman Boy Brand Peanut Butter 2 lb. jar 25c.

MAXWELL HOUSE COFFEE 1 lb. 26c, BECHNUT Tomato Catsup 17c Jar, PUMPKIN 10c No. 2 1/2 Can, MUNDUS TIVOLI Beer 1.79 Case, Plus Bottle Chg., Weidman Boy Brand TUNA FISH 31c 1 lb. can, Weidman Boy Brand AMERICAN GARDEN PEAS 2 for 39c No. 2 Can.

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Tomato and Cheese Pudding 1 pt. canned tomatoes, 1 1/2 cups grated bread crumbs, 1/2 cup grated American cheese, 1/2 salt, Pepper to taste, 1 lb. melted butter. Mix tomatoes, 1 cup of the breadcrumbs, cheese, salt and pepper, and place in a buttered baking dish. Then mix remaining breadcrumbs with the melted butter and 2 tb. of grated cheese. Sprinkle top and bake about 20 minutes.