

The Woman's Page

DAUGHTER'S SKIRTS ARE SHORTER

By LUCY CLAIRE

They told don't have to worry about long skirts. "There are, if anything, shorter than ever. While mother's hemline reached the top of the calf, little daughter's hangs little more than half way between the hip and the knee. But then little daughter wears socks nowadays, summer and winter, else her skirts might have to reach her stockings tops, and very cute are the little bare legs, ending in short socks and bright colored kid slippers. The little short frock may even show a suggestion of the pantie without being in the least immodest. While simplicity rules in the styling of these tiny tot things, there is a certain Frenchness about them that is charmingly childlike, without much elaboration. Handwork and wash fabrics are important.

Inexpensive as it is effective is the colored dotted Swiss or the voile frock. You will find one of these models sketched. Look for the frock with the demure little bertha, the frock hung full from a yoke finished at the shoulders with ribbon bows. This may be on a white ground with blue, red or pink dots, and the bertha piped with the same color, the ribbon bows also matching. Worn with blue, red, white or slightly pink opalescent kid slippers, this frock makes daughter a darling little chick of the old block.

For the still tinier tot there is the little dress of handkerchief linen in white, with cute little



animal designs applied on the front to catch baby's delighted eye—and with bindings matching the color of the animals, whether they be pink elephants or blue daisies or green pussies. Heavier

handkerchief linen interprets the little frock with conventional little flowers applied around the hem and collar. This may be either white or in one of the pretty, soft colors in which these linens come, with the applied posies in a contrasting color. Another interpretation of this linen dress is shown in the model with a scarf design. This is of white, while the scarf is intricately with

pink, and pink trims the tiny sleeve caps.

Wash silks and crepe de chine are also used for the tiny tots, especially as party frocks. Even more simple in design than the cotton and linen frocks is the party frock sketched. This is of blue crepe de chine in a sky shade. The only trimming achieved in narrow strips of pink and blue cut on the bias, and fastened together with pink and blue embroidery silk. Sky blue kid slippers are worn with this frock.

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SALLY'S SALLIES



Love tangles generally run out to be wishtangles.

Two As One
First Constable: "Did you get that fellow's number?"
Second Constable: "Now, he was too gallant for me."
First Constable: "That was a pretty brown-eyed girl he had in the back seat."
Second Constable: "It sure was."—Stallion Journal.

SPICED RAISINS

(Mrs. Mary Martin's Weekly Tested Recipe)

One and one-half cups sugar, two tablespoons light corn syrup, one cup water, one teaspoon cinnamon, one-fourth teaspoon nutmeg, one-half teaspoon ground cloves, one-half cup raisins, one and one-half cups sugar, one cup water, one teaspoon cinnamon, one-fourth teaspoon nutmeg, one-half teaspoon ground cloves, one-half cup raisins. Put the sugar, corn syrup, water and spices into a saucepan and cook, stirring until the sugar is dissolved. Continue cooking, without stirring, until the temperature 215 degrees Fahrenheit is reached (soft ball). Add raisins and cook slowly for several minutes, stirring only enough to separate the raisins and keep the syrup from scorching. Remove from the fire and set in a pan of hot water. Pick a few raisins at a time from the syrup, drain, and drop into granulated sugar. Separate at once and roll each raisin until well covered with sugar.

One Length for Parties, Another for Informal Wear, Is Fashion's Rule

BY HARRIET

THE long and short of the skirt problem seems to have been settled and spring will see some of both.

For informal daytime, sportswear and for traveling and working togs, the short skirt prevails, but of course even it is slightly longer, making some little concession to the new mode.

The usual length is from two to four inches well below the knee. Since most of the spring skirts flare, this length gives the impression of being longer than it is. But no one need feel badly about short daytime frocks. They are comfortable, they are being worn and will continue to be.

For tea-time and for evening, the same thing is not true. One sees all length of evening things but when one buys a new dress for parties, it is better to be on the safe side and buy them longer. When the dress is for tea-time or dinner or Sunday night supper, the same thing is true. Skirts are longer and they are apt to be uneven.

One does not see trailing length on streets. But one does see it stepping into limousines and dancing on the smartest floors. It is, as a matter of fact, bad taste to have skirts with great length for daytime, and the evening the hemline the more comfortable they are and the more correct. But there are many evening gowns that affect real trails, the kind women must throw over their arms to dance.

At a recent fashion show where Palm Beach togs were exhibited, the skirt lengths were disposed of with dispatch and according to the foregoing rules.

Patterned frocks were exceptionally good and among the new colors were heather, powder blue, old gold, spring green and several blues from delft blue to baby blue. The latter promises to be very popular for tuxedo, golf and swimming suits, a new note in color.

There was one especially chic and youthful model for daytime wear in a modernistic designed lightweight tweed in blue and white, that used three blue against the white background, to give an exceedingly pleasing effect. The frock was simple, making much of the white



For street and business the blue and white tweed (left) is short and of evening length. The tea-time dress at the right is of burgundy printed crepe, and is long and uneven.

line by girthing it with the medium shaded blue sash in the form of a wide belt. The neck was modestly round and blue buttons marched up one side in Russian blouse manner, from the hiplength to shoulder. The skirt had a flounce of box pleats which tickled to waist when its wearer walked. It had even length, comparatively short. An afternoon gown, on the other hand, had an intricate cut that

BREATHING IMPORTANT FOR BEAUTY

By MADAME RUBINSTEIN

The proper kind of respiration must be part of your regime to combat age. And for respiration we have learned much from the Hindu Yogis, who have studied the subject for hundreds of years, and who do wonderful things with breathing. The Yogis believe that the air contains a substance which they call "Prana," which acts as a marvelous elixir of youth, a revitalizing force. The Yogis have reached such a mastery in their methods of filling the body with air that they can inhale enough at a time to sustain life for several days.

The Yogis say there are three kinds of breathing: deep breathing, mid breathing and upper breathing. Mid breathing and upper breathing are about equally bad. Deep breathing is the best. It comes from the diaphragm, and is also called diaphragmatic breathing. But not one of them breathing is complete by itself. You must have what they call the complete breath, a combination of all three.

The complete breath is done in this way. It is best to take it when you are lying in bed in the morning, or stretched out on the floor.

Begin by pushing the stomach out as you breathe in, then pull the breath up through the ribs, and finally draw it still further up until it has filled the lungs wholly. Begin by taking only one of two complete breaths at first, but increase gradually, though very slowly, from week to week, until you have taken, each morning as many as you have time for.

Also stop during the day, especially when you are in the fresh air, and take a few complete breaths frequently. A good way to make sure that you have filled your lungs fully is to raise your shoulders slightly, so that the upper corners of the lungs feel free. Youth rises on the breath when you breathe deeply and correctly—or, rather, completely. For that is the first essential of life. Man may live weeks without food, days without water, but only a few moments without air.

HOUSEHOLD HINTS

By MARY MORRIS

Chicken Chow Mein Boiled Rice Lettuce Salad with Thousand Island Dressing Candied Fruit

When you want to serve something different you often resort to foreign dishes. If you don't want to go to the bother of making this somewhat unusual dish, chicken chow mein, and wish to serve it, you can probably buy it at a Chinese restaurant. The recipe is worth saving. It will serve four, if your guests cannot supply you with all ingredients, a Chinese shop can.

Today's Recipes

Chicken Chow Mein—One cup raw chicken or pork, one-half cup raw ham, one-half cup raw bacon, one cup celery, one cup bamboo shoots, one cup water chestnuts, one pound fine egg noodles, one and one-half cups chicken stock, one egg, one tablespoon corn starch, three tablespoons olive oil, one tablespoon soy sauce, one onion, two cups hard fat, salt, celery, bamboo shoots, onion, peeled, soaked water chestnuts in one-inch strips. Fry in one tablespoon oil for five minutes. Cover with water and cook fifteen minutes. Heat chicken stock. Mix cornstarch with water and add to the stock. Add soy sauce and one tablespoon oil. When the mixture boils, set fine egg noodles above it in a colander to steam for fifteen minutes. Beat egg. Heat one tablespoon oil in a frying pan and pour in the beaten egg. Tilt the pan so that the egg coats it all over in a paper-thin layer. Let the egg fry hard, then cut in long thin strips. Reserve this to garnish the completed chow mein. Mince the meat and cook slowly in the remainder of the oil, turning it often. Cook about twenty minutes. When the noodles are steamed, lift them from the colander and plunge in cold water for a moment. Then let them drain well. Heat two cups fat and try the noodles a few at a time until brittle. Keep them until you fry the rest by handfuls. Spread the fried noodles in a bowl. Lay upon this bed the minced vegetables. Cover with minced meat. Four thick slices over all and decorate the bowl with the fried egg threads.

Brownies—One egg, one-fourth cup oil, melted fat, cooled, one cup sugar, two tablespoons water, one square chocolate, three-fourths cup pastry flour, one-half teaspoon baking powder, one-half teaspoon salt, one-half cup nuts (optional). Beat egg slightly in oil. Stir in the sugar and add water. Beat half a minute. Add the chocolate (melted). Add flour, salt and baking powder, which have been sifted together, and add to first mixture. Bake twenty-five to thirty minutes in a slow oven (350 degrees Fahrenheit). Remove from oven, cool and put into squares.

Preparation of Chestnuts—Make one-half inch slit on flat side of chestnuts with sharp knife. Melt two tablespoons of butter at each quart of chestnuts, heat over fire, shaking all the time, until butter is melted. Let stand over five minutes. Then remove outside shell and inner fat at the same time. Boil until soft.

Suggestions

Water Vegetables

This is the time of year when root vegetables play an important part in the daily menus. It is the time when green succulent vegetables are more scarce and so more expensive.

Great care must be taken in the preparation and serving of these vegetables, as there is so much moisture against them. Especially is this true of onions, turnips, squash, carrots and cabbage.

There are many attractive ways of serving these good foods instead of just boiling them. Try some of the different recipes and see how the family responds. Don't be stingy with the butter and cream in seasoning them; an extra bit of butter will never be missed.

Often turnips are not relished or greeted with a very friendly feeling, but try cutting the cooked turnips in small cubes and combining them with peas in a good cream sauce, and see the difference. Or fix whole carrots by broiling them in butter, instead of creaming them. You will find them an acceptable change.

Ginger Bread—One-half cup sugar, one-fourth cup shortening, one-fourth cup molasses, one egg, one teaspoon ginger, (Other spices may be added if desired), one cup flour, salt, one-half teaspoon soda, one-half cup hot water, one-half teaspoon baking powder. The batter should be quite thin. Bake as soon as possible after the soda and water are added.

Mrs. L. M. Bashinsky of Troy, Ala., was elected president-general of the United Daughters of the Confederacy at the recent convention held in Biloxi, Miss.

Mrs. Jennie Walker was elected sheriff of Knox county, Kentucky, defeating an independent and a Democratic opponent. She is the mother of six children.

The population of Argentina is slightly more than ten million, about the same as that of Canada.

Miss Evelyn Fireash, 19, won the title of champion pistol shot of Arkansas at a state shoot held in Ft. Bluff. She received a handsome revolver as a prize.

Dr. Florence Rena Sabin of New York won the \$5,000 annual achievement award offered by the Federal Reserve. She is a member of the Rockefeller Institute.

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