LOGEE TELLS OF 141ST ASSEMBLY OF FIRST PRESBYTERIAN CHURCH

By REV. FLOYD E. LOGEE
(Pastor First Presbyterian
Church)

The one hundred forty-first meral assembly of the Presbytan Church in the United States itsich met in the municipal audic hundred as a commissioner from did as a commissioner from did as a commissioner from the state of the state of



Health Is Within You

HEALTH is not contained in bottles, but in yourself. And the nerves are the guardians of health.

Spinal Pressure Causes Ills

Often the spinal column becomes misaligned which results in a run down and weak condi-tion.

We remove this pres-sure by skillful and painless manipulation giving you immediate and lasting relief.

Consult Us

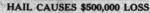
Te Poorten Chiropractic Health Service

210 WABEEK BUILDING

PHONE 2224

BIRMINGHAM

CHIROPRACTIC GETS RESULTS





Trousseau Millinery



for summer afternoon wear, says frances Clyne, and is a sensible addition to the bride's trousseau

NEARBY and ...YONDER...

Little Chats About Your Health

Spring Cleaning

In a health journal it is observed that "Through the years a notion has persisted that not only our houses, but our bodies needed spring clean-ing, and spring brought around the soap sads and scrub brushes and the good old sulphur and molasses, sassafras or 'yarb' tea."

"What we need is more sleep, more outdoor exercise, more fresh air and more fresh fruits and vegetables. Dosing with home-made or commercial spring tonics will do little more than upset the stomach and made spring a time to be dreaded when it should be enjoyed."

In other words, never take medicine-tonic or otherwise-unless it is needed, and let otherwise—unless it is needed, and let your physician determine when it is needed and what

Let us fill your prescriptions. Our methods safeguard you in every way



WE DELIVER



at lowest possible prices. From the breakfast coffee to the dinner desbreakfast come to the dinner des-sert, you will find what you want at the A&P. Everything for your marketing needs...all quality goods specially low priced.



WHERE ECONOMY RULES."

Mayonnaise Rajah Brand

Shreaded Wheat

1/2-16 phr 39c pks 11c

Ginger Snap Peaches

2 16 250 Iona, Sliced No. 21/2 can 19c

White House Milk

tall can

Coffee

lam 12-01 jar 19c Beans Quaker Maid. Rahed 3 cans 25c 11/2-16 loaf 8c Bread Grandmother's Cleanser Babbitt's can 5c Vinegar Cider, Bulk sallon 25c Sugar Jack Frost, Cane 25-16 pkt \$1.39

Pickles Master, Dill's quart 23c Northern Toilet Tissue 3 rolls 25c Flour

Matches

Finest Quality Meats!

Lamb Stew, breast-tender . . . 18¢ lb.

Pork Roast, pienie cut. .

White Fish, fresh lake fish . . . 25c lb.

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Woodward at Manc