

# The Woman's Page

## Society

## Evening Gowns For Summer Wear

## HOUSEHOLD HINTS

**MENU HINT**  
Mexican Meat Pie  
Creamed Onion  
Green Salad  
Rhubarb Tapioca or Cream  
Tapioca with Berries  
Coffee or Tea

This Mexican meat pie would make a good dinner, or serve hot on an auto picnic. The salad, too, could be made and packed into a glass jar to be served at the same picnic. I would, however, in such case, serve cake in place of the pudding and fruit.

### Today's Recipes

**Mexican Meat Pie**—One-half pound ham, one-half pound veal, one tablespoon flour, one teaspoon fat, one onion, one-half red pepper, one cup tomatoes, one tablespoon salt, one cup brown rice, one-fourth bay leaf, one whole clove, one-half teaspoon salt, five grains of mace, few grains of pepper, one cup boiled rice. Cut ham and veal in small pieces, roll in flour and brown in fat until golden brown. Remove meat from pan. Put in the chopped onion, red pepper, tomatoes, parsley and seasonings. Cook five minutes, being careful not to let the mixture brown. Add meat and turn in baking dish. Cover with boiled rice and bake in moderate oven (350 degrees Fahrenheit) 50 minutes.

**Green Salad, Serving Four**—Two-thirds cup cooked peas, one-half cup diced cucumbers, one-fourth cup chopped sweet pickles, one tablespoon chopped onions, one tablespoon chopped pimientos, one-fourth teaspoon salt, one-third cup salad dressing. Mix and chill the ingredients and serve on lettuce.

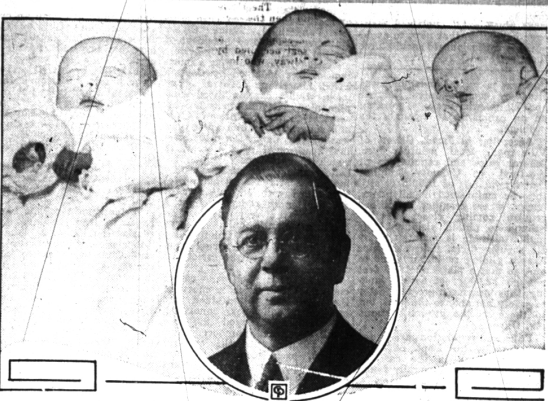
### Suggestions

**Rubber Apron**  
Did your rubber apron ever stick together and when you tried to smooth it out, it tore? Of course that was quite distressing, but it would not have happened with proper care. You may have worn the apron while spending considerable time over the hot range. This softened the rubber and made it gummy so it stuck together. Intense heat will do this, so never hang your rubber apron near a stove or radiator pipes. Be careful how you hang the apron on a sharp nail or hook. For rinsing, tears easily.

Use care in washing the apron.

## FIRST 60 MINUTES OF LIFE ARE THE HARDEST, IS LATEST THEORY

### Babies Are Spoiled Within An Hour Of Birth, Psychologist Discovers



Three slumbering infants and, inset, Dr. Sadler.

By ROY J. GIBBONS  
Central Press Staff Writer

Chicago.—It's not the first hundred years that are the hardest, but the first hour of life.

Spoil a child during those 60 minutes and he stays spoiled to the grave in 75 out of 100 cases, according to Dr. W. S. Sadler, eminent psychologist and director of the Chicago Institute of Research and Diagnosis.

Don't pamper him during that critical hour after birth and he'll grow from a little man into a big one, able to take and give knocks with the best of his fellows.

**Must Be Forced To Work**

"The subconscious mind has got most of us tricked," Dr. Sadler explained. "Man is not naturally a working animal. He's a fighting and hunting animal, and he's learned to be a playing animal, but will not work unless forced to."

"When a baby is born, the cold

air strikes it and it has to breathe. It doesn't like to breathe. Breathing is work. Because it feels cold, it cries. Almost at once it gets a warm blanket wrapped about it.

"It is hungry and if it lets out another howl, Baby's fed. Next the baby misses the swaying movement he has become accustomed to in gestation and it squalls some more. Someone hastens to rock it.

"Finally, it misses the rhythmic surging of blood through its mother's veins, the regular systolic throb of the blood beat it has known for months. Mother begins to sing a lullaby and the infant is satisfied.

"By that time the baby has become cognizant of the fact that he gets anything he wants when he begins to yell. And, as a consequence, he's going to yell, and yell, and yell, for a good many years."

"It is during this important first hour of life that parental influence is needed most, Dr. Sadler declares. Then is the time for the mother to show her nerve and stamina and not give in to this child of hers who is merely howling instinctively for the things he has been accustomed to and which have been taken away from him.

If she doesn't, it'll be a case of just one more spoiled child in a spoiled world.

**Reverts to Nursery**

"This is not a banishing world," said Dr. Sadler. "No one ever gets anything important by howling yet. Crying is a trick of the subconscious mind, just as all forms of nervousness are tricks of the subconscious mind. It all goes back to the nursery.

"The child who cries and the adult who cries, as well, are trying to retreat from the reality of things and get back into the nursery, where in the past, their howls brought them what they wanted.

"Most people don't lose control themselves. They never had control. That's their difficulty. The subconscious mind doesn't be-

lieve in anything except nature. If he can't get what he wants the fear-anger-rage mechanism in man starts operating and the adrenal juice, or fight juice, squirts into the blood stream. That gives stimulus and high blood pressure, fight or run, as seems best.

"Civilization has taken away man's enemies in the physical sense so that most of his fears are imaginary, but he still works only when he has to. The subconscious mind is tricky. When it finds that the crybaby act won't work, it has recourse to other methods, such as is demonstrated in the fatigue complex, which effectively acts as a deterrent to work. It's the subconscious mind working blow-up or have to take a prolonged vacation."

Baby, in the first hour of his life, has two fears only, Dr. Sadler declared—fear of falling and fear of sudden noises.

From these, with the aid of his

parents and those who surround him, he builds up all the other fears that assail him in life, which grow like weeds in a garden.

"The parents' job is to subliminate fear thought into forethought in the child," said Dr. Sadler, who is the author of a score of books on psychology.

Those First 60 Minutes  
It's the first 60 minutes of life that are going to determine whether your child is going to be a crybaby all his life, continually attempting to creep back into the nursery—at least in his subconscious mind—or whether he's going to be a proper little fellow and a man in his own right.

Pampering a baby in that first hour is only shifting the burden of unpooping him or her on to his teachers in school and to their helpmates in married life, Dr. Sadler warns.

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(Continued from Society Page Part 1.)

Mr. and Mrs. L. N. Pyle, of Euclid avenue, returned Sunday from a week in Gederich, Ont.

Mrs. Orrin Baldwin, of Detroit, was the guest last week of her son and daughter-in-law, Mr. and Mrs. Russell H. Baldwin, of Wing Lake. The Misses Leah and Barbara Baldwin have had at their house guests, Miss Marjorie Stewart, of Buffalo, N. Y. Recently they gave a swimming party and steak roast at their home in her honor.

Guests at the home of Mr. and Mrs. George R. Averill, of Poppleton avenue, over the Fourth included Mr. Averill's three brothers and their families, Edgar and Leroy, of Cleveland, and Paul, of Birmingham. Mr. Averill's mother, Mrs. Fred H. Fuller, and her husband, of Cleveland, also were guests.

Mr. and Mrs. Charles Leggett, Mrs. E. Clark, Miss Wilda Palmer, all of Kingsville, Ont., were week end guests of Mr. and Mrs. Robert Crawford, of Chapin avenue.

Miss Anna E. Crawford, of Chapin avenue, has as her house guest her cousin, Miss Ruth Crawford, of Detroit.

Miss Margaret-Phillips Standart, daughter of Mrs. E. Phillips Standart, of the Hills, left last Thursday for Milwaukee, Wis., to attend the tent races.

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By FRANCES CLYNE

Fashion Writer for Central Press

There is no time when a woman can appear lovelier than on a summer evening. Then femininity is at its height. Soft breezes, sweet scents, flattering lights all conspire to show her at her best. And fortunately this year's mode is in entire keeping with the setting.

This summer the graceful chiffon, made on flowing lines of simple elegance, will be the prime favorite in the wardrobe of the fashion-wise woman. It may be plain or it may be flowered, though it is preferable if the latter, but irrespective of its color, it will be the same in general type. It will have a very low neck, and long, sweeping, uneven back hemline. It will suggest grace and poise and gentle movement, and it will achieve this effect through the use of floating drapery and the irregular, trainlike appearance of its silhouette.

Ornamentation on the summer evening gown is nil; in addition to the fact that the prevailing mode is all for a distinctive simplicity, there is the added consideration that for practical reasons summer clothes should be as devoid of any extra trimmings as is possible. They do not mean, however, that because of its simplicity, a successful gown can be easily turned out. On the contrary, it is this very simplicity that calls for the most expert handling—it is the art that con-

ceals art. Therefore the "dress-maker" model is the standard. This means a gown designed on very simple lines, but so carefully worked in detail that it creates an effect of complete individuality and elegance.

### Three Gowns Necessary

The wardrobe for the summer evening should really contain at least three dresses—a white, a black and a flowered. Black chiffon, lace or tulle is an ever handy standby, and can fill in for almost any number of occasions. It is indispensable for the semi-formal occasion, and the best possible choice for the limited budget. With changes of jewelry it takes on a new and different air each time it is worn, and is further useful for a summer evening of inclement weather, when a light gown would be spotted. White is always cool and fresh in its effect, and lends itself to striking color contrasts. One of my white gowns is most startling in its unusual contrast of a blue and canopie border against its snow-like background. Besides, the fashionable sun-burned complexion is shown at its best advantage against a pure or off-white tone.

Although chiffon is the wisest choice, a gown of tulle or lace or figured satin is another charming item in the wardrobe. For town or country residence any one of these fabrics would be suitable; but for the traveler, chiffon or lace, which do not tend to crease as much as other materials, is beyond doubt at once the smartest and most practical selection.

## Style Whimsies

Convertible tuck-in blouses of tub silk are worn with flannel skirts in pastel shades.

Travel coats in dark or rich colors suggesting fall, are being shown.

Fashion in jewels, like clothes, should vary according to the weather, according to a London jeweler. Pearls, jade, diamonds and emeralds speak of coolness.

52 Issues of the Eccentric \$1.50

This modern silver service, designed by Lionel Moses, of New York, was inspired by modern architecture.

Lay it on the table or tubs and sponge both sides with lukewarm water containing mild soap flakes. Wipe with clear water of the same temperature then with a dry cloth. A little talcum powder will hasten the drying process in case you are in a hurry. It seems unnecessary to warn you not to iron a rubber apron but one woman did it and ruined it.

### Hints for Community Picnic

Someone should always be especially designated when planning for a community picnic, to make sure that the bottle opener and the matches are not forgotten, nor the can opener—long forks if food is to be cooked out doors, paper napkins, plates and cups, a bread knife, a paring knife and sugar, salt and pepper. Most families bring their own knives, forks, spoons and coffee cups to a community picnic. If these are brought in a heavy paper bag like a shopping bag, soiled dishes can be taken home in it.

For baking pancakes a machine has been devised which measures the batter, cooks, turns and delivers the cake ready to be served.

## Wife Preservers



An old rubber hot water bottle filled with bran makes an admirable cushion on which to kneel when scrubbing floors.

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