

The Woman's Page

Society

(Continued from Society Page, Part 1)

Mr. and Mrs. L. E. Colgrove of Puritan road, are receiving congratulations on the birth of a daughter.

Mr. and Mrs. Seymour Adams, of Adams road, are expecting Frederick and William Baner, of Montclair, N. J., cousins of Mr. Adams to stop here sometime this week en route for the east. They have spent the summer motoring through the west.

Mrs. Stowe D. Baldwin, of Dorchester road, was hostess to a small group of friends yesterday at a luncheon at the Pine Lake Country club in honor of Mrs. Woley Randall Martin, of Fort Smith, Ark., who is visiting her daughter, Mrs. Milton Coulson and Mrs. Ford, who is the guest of her daughter Mrs. Harrison Stringham.

Mr. and Mrs. Donald Judd Buell, of Baldwin avenue, are the guests of Mrs. Buell's mother, Mrs. W. W. Chapin of Chandler avenue, Detroit.

Dr. and Mrs. Carlton Fox, Mr. and Mrs. Lawrence Miller, Mr. and Mrs. Richard Kahlbus are the guests of Mr. and Mrs. Jack Burns of Ridgedale avenue, for supper and bridge Monday evening.

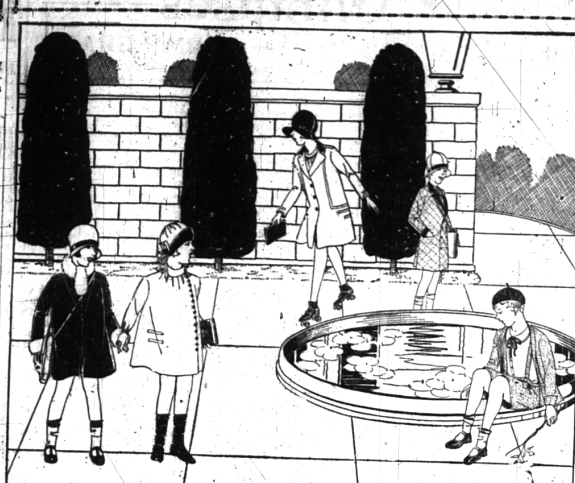
Mr. and Mrs. Kenneth Martin, of Buckingham road, and family returned Labor Day from Woodview Beach where they have been vacationing.

Mrs. A. J. Hart, of Buckingham road, was business last Thursday at a bridge luncheon for eight guests at Devon Gables.

Mrs. John T. Endicott, who has spent the summer in Alaska, will return to her home in the Hills early next week.

Try An Eccentric Classified Ad.

School Coats for Tiny Tots—Also Boots.



By LUCY CLAIRE
Fashion Expert for Central Press and The Eccentric
September first, as usual! School days are at hand. Summer is reluctantly fleeing. Not many more hot days now. That chilly snap that follows the heat is sure to come like a thief in the night when it is least expected. So little daughter's fall coat is even a more important item than big mama's. The sketch shows a few of the fall and winter models designed for the well dressed child. There's never much change in the silhouette of child fashions. Waistlines

and skirt lengths bother the youngsters not at all. Sufficient warmth without the "bundling" that makes children tender, and, of course, style, are all that matter. In colors we find child fashions following the mode for grown-ups. The little coat at the extreme left is of dark green wool trimmed with rabbit fur. You will notice the yoke and raglan sleeve effect which go far to give it chic. In entirely different handling is the coat next to this rabbit trimmed model. It is fashioned of beige angora which hangs soft and supple, fastens high at the neck, and opens down the side. An interesting feature is the double pocket, the top one very shallow and the lower fairly deep. For the slightly older child two coats more on the sports type are shown. The first, at the center of the sketch, is of laine grange, which is a material resembling angora. It is applied with bands of self material, and has a velvet collar and velvet and cloth half belt in the back only. Next in line comes a strictly tailored tweed coat with velvet collar and cuffs. Sonny, who sits discommodately on the edge of the fountain, reluctantly thinks of school, is wearing the regulation small boy's suit of tweed. More and more of the children's shoes are being fashioned in kid, which reminds me that the manufacturers are introducing a new boot, like the adult swanky boot

which made its debut last year. These boots are so manipulated they can be worn strapped high on the leg, or turned down like a galosh. They are easy to slip in and out of, with no buttons or laces to get lost or broken, and the protection of the high buttoned shoe while on the way to and from school with the comfort of a low shoe in the classroom. They come in black, blue and brown kid usually lined with a contrasting color, which is in evidence when the tops are turned down a la galosh.

HOW to Achieve Beauty

By Mme. Helena Rubinstein

Keeping Within the Bounds of Proper Proportions

"Man's good looks depend upon his physical fitness. Women, from the days of the immortal Helen, have considerable control over what their men should look like. Of course, no wife can take her husband's exercise for him, but she can catch up with him if she is not able to put up a good game. Or at least lend interest, understanding and companionship. Men really need two hours of exercise a day, and now a busy man is to get it is indeed a problem. Fortunately, every good men's club has some kind of a gymnasium or a swimming pool attached to it. A few minutes with horizontal bars, the medicine ball, plain track running or handball will do a good deal towards keeping a man at the peak of good condition."

Waiting regularly either to or from the office or at least part of the way, should be the distance he too long. Another suggestion it is well for you to pass along to your men folk. I know of very few men who could not be coaxed into a game of tennis with their own wives, and I have known lifelong friendships between brother and sister to result from mutual participation in out-door sports. It is something to think about. It is an old saying and a trite one, that "nobody loves a fat man." It doesn't happen to be true, however, at that. I think the majority of us would prefer keeping our husbands at the weight they were when we married them rather than see them grow old and aged before their time because of preponderance of weight. Men require more food than women. The diet of a man from eighteen to twenty-five calls for about thirty-six hundred calories. Occupation, of course, must be considered when we are planning for an active man should need two to three times as many calories as a sedentary worker. Should you find your men are continually flirting with a tendency to over-

Champ N. Y. Speller



Falling in only a single word, Gladys Flynn, 13, of Rensselaer, N. Y., is the new champion speller of New York state, being crowned at the state fair in Syracuse.

all, and weighed 198. Dempsey, of course, is decidedly muscular, and because of that, his weight is relatively higher.

With these few hints, I admonish you to check up on your husband's height and girth, and whip him into shape with his co-operation, or perhaps even, almost in spite of himself.

Household Hints

MENU HINT

BREAKFAST

Oatmeal (with double powdered milk)

Bacon Crisps Coddled Eggs Coffee Whole Wheat Bread Milk

LUNCH

Hot Vegetable Stew Watercress Pimento Sandwiches Prunes (uncooked) Graham (cracked) Milk

LUNCH

Stew (mashed) Zwiebach Graham Cracker Milk

DINNER

Rice Pyramids Creamed Chicken Sliced Spanish Onions Buttered Carrots Bread Boiled Honey Apples Fruit Cake Tea

SUPPER

Rice and Carrot Mush with Chicken Gravy Boiled Apple Whole Wheat Bread Milk

Boiled Apple

The following interesting menu was planned by a woman who traveled by auto with husband and two children. The meals were planned with the children in mind. She tells of her arrangements and the amount of money she found of travel has become so popular in the last few years that other families may be helped by her suggestions. This is how she travels: We fasten a convenient home-made cupboard on the side of the car, and carry a refrigerator drawer in the trailer. After packing in our staple supplies and necessary utensils, we have room for a few cans of fruit, home-canned chicken and our cold pack vegetable stew. About \$10 a week covers expenses including milk. We use some powdered milk when in doubt about the purity of other milk. Apples are obtainable most of the time at little or nothing in cost from farm places near camp sites.

Her Recipes

Cold Pack Vegetable Stew—This recipe is planned for six quart jars. Prepare the following vegetables: Two pounds carrots one year younger, was 6 ft. 1 in. deep, one pound green beans cut

in inch pieces, four onions, one bunch of celery (for meat), bouquet of parsley, two pounds of potatoes diced. Boil three pounds of soup meat and the parsley one-half hour in about three quarts of water. Skim out parsley. Fill sterilized cans with vegetables which have been divided evenly and the meat. Add meat broth. If not enough liquid add boiling water. Allow one teaspoon salt for each can. Place rubbers and covers and boil three hours.

Boiled Honey Apples—Clean and core six apples. Place in covered pan with one-half cup of honey and standing in water. Simmer until done. Sprinkle with cinnamon or nutmeg and serve with evaporated milk.

Fruit Cake (Made at Home)—Two cups sugar, three-fourths cup shortening, three eggs, one cup milk, three and one-fourth cups flour, one teaspoon soda, one teaspoon cinnamon, one teaspoon allspice, one cup raisins, one cup dates, one cup nuts. Cream sugar and shortening, add eggs and milk. Sift dry ingredients and mix well. Add chopped fruits and nuts. Mix and bake in moderate oven one hour. This will make two loaf cakes. This is a good cake cake as it keeps well.

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When Too Much Salt

If food is too salty, place a wet cloth over the top of the vessel which is cooking. The steam will draw the salt into the cloth.

Phone your news items to The Eccentric. Phones 11 and 12.



You'll find well dressed women visiting the savings bank. They dress in style, but they save money by thoughtfully patronizing this shop of service.

—Mr. Before and After

JEWELL A. B. C. CLEANERS

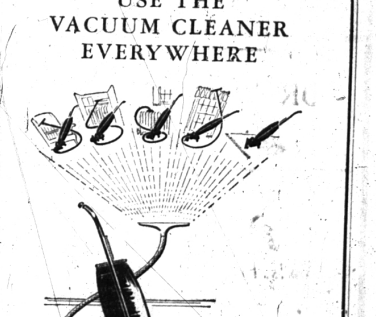
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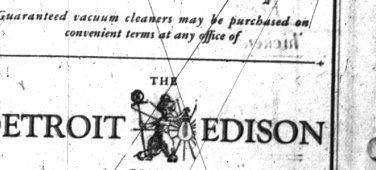
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The Jexall Store

Hourly Deliveries

Indian Relish

(Mrs. Mary Morton's Weekly Tested Recipe)

Twelve ears corn, one large head cabbage, one tablespoon ground mustard, one dozen sweet peppers, mince seeds, one tablespoon yellow mustard seed, one tablespoon celery seed, two cups sugar, one teaspoon turmeric, vinegar and salt to suit taste. This makes four quarts.

Marshmallow Salad

4 oranges

2 bananas

1 cup marshmallows

3-4 cup cream

Yolk of 2 eggs

2 tablespoons sugar

2 tablespoons lemon juice

Sprinkling salt

1 cup fresh grated coconut

Cut oranges into sections, slice bananas and cut marshmallows into quarters. Mix with dressing made by scalding cream and thickening it carefully with egg yolk, beaten until light with sugar, a light sprinkling of salt before adding fruit. Serve with coconut.

Waffle Syrup

1-4 cup butter

1 cup light brown sugar

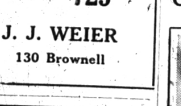
6 tablespoons milk

1 teaspoon vanilla

Cook to a syrup, add vanilla and butter last.

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Chic Street Frock



By G. E. COOK

Shoes for Girls! Sturdy footwear that is certain to give them the battle of their lives; yet styled to please 'em all.

Shoes for Boys! Built of durable leather that will withstand months of hard wear.

...featuring the nationally known Poll-Parrot and Arch-Maker shoes. A complete range of sizes.

Shoe Rebuilding

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Theatre Building

This very chic street costume is made of mosaic blue warped printed wool marquisette and the hat of felt in an exact match. Laura LaPlante is the model.

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