

The Woman's Page

Society

(Continued from Society Page, Part 1)

Mr. and Mrs. Carl Fairbanks, of Yorkshire road, have as their guests this week Mrs. Fairbanks' parents, Mr. and Mrs. Harry Green, of Madison, N. J. Mr. and Mrs. Green and Mr. and Mrs. Fairbanks will be the guests to-night of Dr. and Mrs. Carleton Fox, of Riverside drive for dinner at the Detroit Boat club. Mr. and Mrs. Fairbanks and their guests are motoring to Dayton for the week end, after which Mrs. Fairbanks will motor east with her parents.

Mr. and Mrs. Ray Scott, of Los Angeles, who have been the guests of Mr. Scott's brother and sister-in-law, Mr. and Mrs. Don Scott, of Yorkshire road, are leaving tomorrow for California.

Mr. and Mrs. Warren Pease, of Kenilworth, Ill., and Mr. and Mrs. Wesley Bloom, of Evanston, Ill., were the guests last week end of Mr. and Mrs. Warren Pease, Jr., of Buckingham road. Mrs. Pease honored her guests Saturday afternoon with a tea at her home. Mrs. Robert Woodruff, a sister of Mr. Pease, and twin sister of Mrs. Bloom, who has recently moved to Ravine road from Chicago was also among the honor guests. Mrs. A. J. Hart and Mrs. Richard C. Combes presided at the tea table and Mrs. Stowe Baldwin, Mrs. F. J. Wurster, Mrs. Leigh R. Sharp and Mrs. Harold H. Shurt assisted Mrs. Pease as hostess. On Monday Mrs. Combes gave a luncheon at Pine Lake Country club for Mrs. Pease's guests who left for Chicago Tuesday.

Important Trifles.
Don't dry woollen material that has just been dyed in a blast of hot air, as from a register, or it will shrink beyond repair.

Blue, green and black will never be brown, nor can cardinal red be produced with material that originally was brown, purple, red or black.

MUSSOLINI'S SON ENJOYS HIMSELF



Worries over the world destiny of Italy fail to touch Romano Mussolini, youngest son of Benito Mussolini, Italy's forceful premier. Romano is shown having a good time on the beach at Riccione, on the Adriatic sea.

How To Achieve Beauty

By Mme. Helena Rubinstein

Habits of Poise and Posture

I have often thought that the better part of grooming is that combination of physical and mental charm which is acquired only through good habits of poise and posture. It is impossible for a woman to make a really pleasing appearance until she is complete mistress of herself, her body and her movements. There never was a woman who merited secondary consideration who had not learned the beauty and good manners of complete poise. Because of that, I am devoting today's talk entirely to the cultivation of first, good

posture habits, and second, poise and relaxation. I recommend relaxation as a first aid to beauty. It may seem contradictory to you to talk of good posture and relaxation in almost the same breath. It is a common mistake to believe that relaxation demands bad sitting position, slouched shoulders, sagging head etc. As a matter of fact, a bad position is infinitely more trying than an erect posture. An eminent authority said once that the head and upper part of the body is supported properly without any waste of physical effort.

The first way to cultivate good posture is to inventory your own good or bad points. Believe that a great many women have not the faintest idea of how they look from the side view. Large abdomens and round shoulders don't always show when you are face to face with a mirror. However, get a profile view of your figure, and you will know just exactly how you stand. The first effort you must make in cultivating correct posture is to stretch your body as tall as possible. If you can remember to always lengthen your body, you will eventually have a good carriage. Keep pulling all the little muscles of your body up. Should you be troubled with a hollow back, I advocate your beginning an adaptation of the bicycle exercise.

Lie on the floor with your arms stretched above your head, your right knee bent over above your chest, your left leg held up with the knee straight. Change the position of your legs, first slowly, and then rapidly, exactly as though you were working a bicycle. Do not point your toes, but keep your feet at right angles with the chin. Stretch your heels on the upward movement.

Another good exercise is also a floor one. Lie flat with your arms spread out from the sides. Raise legs and hips from the floor, swinging your legs over your head. Try to hold them for a moment parallel to the floor, then return to the starting position. Finish with the well-known exercise: Stand erect, raise heels and then bend the knees.

Now let us take up the question of poise. I think the best way for a woman to cultivate poise is by going in for dancing lessons. Strange as it may seem to the uninitiate, it is quite easy to learn to dance all by yourself, with no other aid but good phonograph records. No matter how out of step you may be with the universe, the day will dawn when you find your legs and your arms and your body keeping time to the rhythm of good music. Once you have attained the beauty of rhythmic movements, you will have gone a long way towards acquiring physical poise.

Two women fruit vendors in Chicago pelted Policeman William Maye with rotten fruit when he attempted to stop their quarrel.

By G. E. COOK

HOUSEHOLD HINTS

MENU LINA
Hamburg Supreme
Fresh Lima Beans
Potatoes Dolmence
Tomato Cream Salad
Home Made Rolls
Huckleberry Pie
Coffee

There are variations innumerable on the versatile chopped round steak. Any time the housewife is puzzled as to what to serve she can order a supply of round steak chopped any way it is in vogue. The quantities in this menu are for four people.

Today's Recipes

Hamburg Supreme—One pound round steak, ground; one large onion; one can tomato soup; one can mushrooms; one-half can chow mein noodles. Fry steak until light brown, add onion finely cut and brown slightly. Then pour over this one can tomato soup and an equal amount water. Season and simmer in oven or on top of stove for one or two hours. One half hour before serving add drained mushrooms. Platter and cover with heated chow mein noodles.

Delicious Rolls—One-half cup shortening and butter warmed; one yeast cake dissolved in one-half cup warm water; one egg beaten one-eighty cup warm water; one-half teaspoon salt; one-half cup warm mashed potatoes; one-half cup sugar; three cups flour. Mix all together, knead and let rise at least three hours or may be left over night. Roll out into rolls, butter well, let rise and bake in moderate oven.

Tomato Cream Salad—Skin tomatoes of size for individual serving by holding over gas flame until skin is tight and slip off. Cut in halves at stem end and cut four gashes about top of tomato. Take four slices of cucumber and insert in gashes at right angles to one another. Put tomato on bed of lettuce, fill center cavity with any good dressing to which has been added whipped cream. Make a nest of the dressing around the tomato on lettuce.

Muff Comes Back As Handbag



By LUCY CLAIRE

Fashion Expert for Central Press and The Eccentric

With her return to greater femininity, fashion seems determined to protect her followers from the cold. For many seasons, in fact ever since the war, there have been more or less spasmodic efforts to bring back the muff, but without any great success. The handbag and the muff constituted one too many accessories for the woman to tote around at once. The handbag could not very well be eliminated, so the muff got the gate. Now the muff again makes its appearance, but in disguise, achieved through the muff handbag.

These muff handbags were introduced in Vienna. They are of pelts matching the fur of the coat or its trim, and are usually built on shell frames with shell bead chains for handles. The muff section for the hands is at the bottom, as shown in the bag at the right of the sketch. The handbag

portion is fitted with money and vanity compartments, much the same as the usual run of handbags. They come in fairly large sizes, sometimes combined with leather at the top for greater durability.

As a protection against shivering ankles, fashion again introduces the short kid boot. This type boot, which made its debut in America last year as the swanky, has been taken up by England, where the weather, with its dampness and rain, makes the boot a necessity, just as the wintry blasts make it a necessity on this side of the Atlantic, though we are a little more careless of weather conditions.

The first of the 1928-29 short boot styles for American wear made its appearance a few days ago. It affords ankle protection, but is open at the instep. It comes in kid in brown, black and blue, either in monotone or with contrasting strap, like the one shown in the sketch, which is of brown

kid with reptile strap. It can be worn with the cuff turned up as shown, or turned down as one turns down the cuff of the galosh. Other stylings of this "bob boot," as it is called, are expected to appear soon.

A little more popular in appearance at the moment, is the oxford type and the one-strap shoe street wear with the heavier coat. The tie oxford at the top of the sketch is of navy blue kid with collar and trim of blue suede. It carries the Cuban heel. In the one-strap model at the lower center, we see a promenade shoe of brown kid with inset trim of a fancy leather in gold and brown. The rather low walking heel is used on this model. In the upper center is shown a more dressy shoe of beige kid trimmed with brown, carrying the medium high French-Cuban heel.

The little heet effect turban, at the lower left of the sketch, is one of the new models in black felt and broadtail.

Creases may be steamed out of woollen goods if they are not too deep by laying over the mark a cloth wrung out of hot water and running the point of the iron lightly over the line.

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Schwimmer Citizenship Becomes A Test Case

By CHARLES P. STEWART

Washington Correspondent for Central Press and The Eccentric

Washington.—Facism can take forms which I consider queer. The principle is all right, I do believe. Also I believe that the excuses which governments give, for taking up arms, almost always are the bunk. I believe further that the expression "defensive warfare" is as nearly pure blash as party can be.

But a thing like the Ford peace expedition!—I really think that was a little eccentric, to say the least.

Any normal individual who went on that pilgrimage, as I did, among the newspaper correspondents, will agree with me, I feel sure.

Admitting that it was a queer expedition, it seems to me it follows a visionary on that subject at least, without exaggerating.

However, is Mme. Schwimmer

queer enough to be deemed ineligible for American citizenship? Federal Judge George A. Carpenter says she is.

Rosika applied to him for naturalization in Chicago, quite a long time ago. The judge, recalling the Ford peace expedition, asked her if she thought war justifiable under any circumstances. Mme. Schwimmer answered that she positively did not. Whereupon her application was turned down.

Rosika appealed. The court of appeals pooh-poohed what is called Judge Carpenter's "trick question" and ordered her naturalized. Did that end the case? Not at all. Naturalization Commissioner Raymond F. Crist, of the labor department, holds that Judge Carpenter was quite right. So he, in turn, through the justice department, appealed to the federal supreme bench which was just called for the appeal court's findings, to be passed on by Chief Justice Taft at all in Washington.

Strange as it may seem—to people like me, who view even an over-developed love of peace, as an error on the right side, if an error at all.—Commissioner Crist

is a very liberal-minded official. In the main, he conceded to me, he is of the opinion that Mme. Schwimmer would make a first-class citizen.

Nevertheless, Commissioner Crist takes exception, he explains, to the appeals court's ruling that what counts is how an applicant for naturalization always has behaved; not his mental quirks—or hers.

Mme. Schwimmer's behavior having been uniformly excellent, said the appeals court, o. k., naturalize her—who cares what she thinks!

The law says that what she thinks matters, too, according to Commissioner Crist. That is the point he wants the supreme court to settle—not so much because he finds fault with Mme. Schwimmer, as for reference in connection with other cases which may come up later on.

All the same it looks pretty severe on Mme. Schwimmer to me, especially just after the labor department's abandonment of its effort to deport George Remus, who killed his wife.

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