

The Woman's Page

HOUSEHOLD HINTS

MENU HINT
Here are some hints on what to serve for Sunday evening lunch. Simplicity should be the aim of the hostess, as she wants to make the meal not only simple and pretty, but as possible with the least work and trouble in serving.

Egg Soup Celery
Olives Celery
Bread and Butter Jelly or Jam
Cake or Tea

Baked Apples on Toast Celery
Cookies or Cream

Baked Apples on Toast—Trim and butter six thin slices of stale bread, arrange them in a buttered baking dish. Core the apples, slice and halve them crosswise. Lay them on the bread with cut side down and cover with a mixture of one large cup of honey and a half cup of crushed nuts, lightly salted. Bake in oven or until the crusts are brown, crisp and sugary and the apples tender and foamy. Serve with whipped cream or fruit sauce. Buttermilk or liquid nuts are best for this, but bakery nuts may be used.

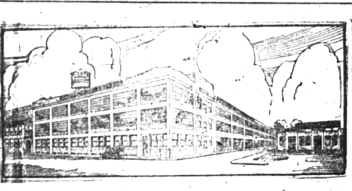
Egg Soup—Allow one slice of bread, one cup of milk for one serving. Cut slice of bread into half-inch bits and brown in butter to delicate brown. Remove from butter to the bowl in which it is to be served. Have ready the beaten egg and milk, put in salt and stir. The egg thickens the milk before the milk boils, adding to the digestibility of both. Season with oil or cream. Serve piping hot.

Dusting Cloths—When you have finished the week's washing, take the dusting cloths and wash them in some of the warm suds. Then do not put them in a tin box with some fruit tin polish, wrapped in oil cloth. When the cleaning days come they are all ready to use.

Belt Stays in Place—If your belt buckle slips away, fasten a snap fastener to the dress and the other part of it to the belt and the buckle will stay anchored.

Meat Patties
(Mrs. Mary Morton's Daily Tested Recipe)
One pint—two cups—cold meat, chopped fine, half a cup of stale bread crumbs, one tablespoon chopped parsley, one-fourth teaspoon thyme, or small onion, minced fine, three tablespoons melted

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QUEEN'S VEIL MAY BRING REVOLT



Because his wife, the lovely Queen Suriya, has gone about Europe with her face unveiled, King Amanullah may face insurrections when he and the queen return to Afghanistan. Natives, seeing the unveiled queen's picture in papers which have reached them from London are deeply disturbed at the transgression of their religious custom. She is credited with saying she will not wear the veil when she returns to her country. The above photograph of the royal couple was taken in London.

GREAT-GRANDMOTHER KEEPS INTEREST IN CANVAS PAINTING

Mrs. Cynthia Barnes had her married and went to live on a first lesson in painting in 1861, when she was 16 years old. She was almost 92 when she again found time to do anything more than just "keep her hand in."

When the 16-year-old girl who afterward became Mrs. Cynthia Barnes was teaching school in Indiana, a visitor who was interested in painting came to the little town. She gave young Cynthia some lessons.

And then the teacher went away but made Cynthia promise to study by herself as much as she could. Cynthia promised quickly, before he considered that she could not get brushes or paper or paints in Indiana.

But materials she needed were brought to her by her friend on a return visit, and Cynthia kept on painting her pictures. Then she bought one cup gray or stock three well-beaten eggs, salt and pepper to taste. Put into small greased paper pans, set them in a bath of water partly filled with hot water and bake.

"I lived there 40 years," she said the other day to a reporter for the Rocky Mountain News in Denver, where she is visiting her daughter, Miss Nell Barnes. "I had always seen pictures. Even in the dresses I'd see weeds. I thought, 'I'd like to make something like that.' I would find it not only much pleasanter, but more effective."

"I always loved it, though. I can't remember the time when I couldn't draw. But there was lots to do on the farm."

"Still there were stolen hours with the pencil and brush. I was always seeing pictures. Even in the dresses I'd see weeds. I thought, 'I'd like to make something like that.' I would find it not only much pleasanter, but more effective."

Not long ago Mrs. Barnes was in California and saw some water colors by a Japanese which she admired very much. She went to him and asked him to give her lessons. He did not take pupils, but he

yielded to Mrs. Barnes' request and gave her a few lessons.

"I always liked the way the Japanese painted pictures," she said. "I've never been to an art school in my life, but I've been to museums and art galleries all I could."

Mrs. Barnes also has done some pastels, but she preferred oils. She has eight grandchildren and six great-grandchildren now. She has painted pictures for all her children and grandchildren. Their friends have seen these pictures and asked them to have them. Mrs. Barnes paints pictures for them.

"I'm doing one now for a member of parliament in Canada," she said. "His wife saw one I had done in my daughter's house and he asked me to paint one for him so he could give it to her for a present."

"People have been awfully kind about praising my pictures," she continued. "I paint sometimes from memory, sometimes from things I have seen, and sometimes I copy pictures."

How to Achieve Beauty

By Mme. Helena Rubinstein

The Topheavy Figure
The topheavy figure is very prevalent. It is one of the special classifications which should take itself very seriously. If you are of this type, you must first be very, very careful about the corset and brassiere you choose. A bad corset can ruin a good figure, and a good corset can transform a bad one. You, of all people, should buy a million miles from bargain sales on corsets. Scrump on anything else you can—except your skin treatments, if you please—but regard your corset with the same wholesome respect with which you treat your physician. A corset should be a miracle worker, and it can be, if it is artfully, cleverly constructed. There is real professional skill required in the making of a foundation garment.

Brassieres, which are very important to you especially, must never pull the breast down. They should be gently binding support.

An excellent reducing exercise for the bust and shoulders is as follows: Bend the arms at the elbows and rotate, describing a circle as possible with the point of the elbow. I suggest that in all of the exercises I advise from time to time you do them rhythmically, to music. You will find it not only much pleasanter, but more effective.

Don't wear a high, tight corset. It emphasizes a large bust. Don't wear fitted waists—the long blouse lines of modern styles are goddesses to your type of figure.

Don't wear round necks or unbroken lines across the bust. Don't wear off a brassiere—or you will add to your troubles by a large diaphragm.

Don't become self-conscious. You can look just as charming and well groomed as your more slender sister. It merely requires a little more effort.

What To Wear, And How To Wear It



By LUCY CLAIRE
Fashion Expert for Central Press and The Eccentric

The advance guard of the spring shoe collections in Paris is making its appearance somewhat cautiously. New styles and new colors are showing themselves, and very shrewdly the shoe shops will present a different appearance than for the past few months.

Unlike America, Paris likes black shoes, except for evening. The light colors are, of course, worn, but not as much as the black kid shoe. With the advent of spring the beige shoe will predominate, with a few grays and dark blues. As what they are wearing in Paris is bound to have its effect on what we will wear in America, it looks as though the black kid shoe was coming into its own again, perhaps not so much for summer, as for fall and winter wear. It will certainly be seen on smartly dressed women during the spring.

Kidskin Favored
Kidskin is the favorite material according to Paris cables, with crocodile and python in a few models. One-strap models are the general rule, and trims are most frequently of lizard, snake or fancy leather, toning in with the shoe with not too complicated variations and appliques. Elaborate straps have been played out, and only very rare examples are to be seen. The most popular models

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GLAD TO OBLIGE!

We have in the past witnessed more than one attempt to induce the Parisians to adopt the low heels which have enjoyed a certain favor in other countries, but up to now these efforts have been crowned with but little success. Gradually, however, lower heels have been creeping in for sports and walking shoes. Heels for afternoon and evening wear still remain high, though not quite as high as they have been this winter. The last is unchanged except that the short vamp and round toe are more noticeable.

These are a few of the advance spring shoes Paris is now showing. White kid shoes are predicted for a favorable season, and the pearl lustre kid, with its high gloss, is particularly good where the color of the shoes match the costume, for formal afternoon and evening wear.

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