

# The Woman's Page

## Through a Woman's Eyes

By JEAN NEWTON

### Cause and Effect

"You are unjust to my wife," a man complained to his wife's family when they reproached him for his over her behavior. "You do not know me. I am a good fellow, and if you knew me better you would understand me."

(Unfortunately for these people who consider it such a disgrace and of not being "understood," the world judges us not by what we think or profess of ourselves. It knows only what we demonstrate about ourselves by our own actions. For though the saying may be old, it is true—"Actions speak louder than words.")

"This man married and then tried to divorce on the responsibilities he had assumed," he acted in a way which proved every word of his bluntness and then he said: "If you knew me you would know what a good fellow I am."

He took good care of himself, but neglected his wife, subjecting her to hardship and humiliation. Then he said: "If you knew me you would know that I am a fine fellow."

He spent everything he had upon himself and left his wife in want and alone when she was most entitled to be considered by himself.

And then he said: "You do not like me because you do not know me."

He and all others who think they are the best fellows in the world, but by their actions prove themselves to be something quite different, should be told that when the offense is committed, the bar of justice is not suspended according to the way in which he recommends himself, but according to the act which he is known to have committed. And the same thing holds good of that ultimate seat of judgment one might tell him, if he is interested in what happens when he comes knocking at the gate.

To return to immediate things, such people should be told that we respect what is worthy of respect, we love what is lovely, we hate what is hateful, and nothing can change the effect that does not change the cause.

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## KITCHEN CUPBOARD

By NELLIE MAXWELL

### Canning Meats

WITH the splendid canning equipment now on the market, it is so easy to put up your meats for winter when the time for killing the chickens has passed and the turkey is all winter for every occasion.

It is economy to can meat even if you are using the ordinary equipment, but canned meats are so convenient and so economical that they are worth the money to buy an equipment.

When canning beef that from fat makes choicer meat than that from lean animals. Meat should be cooked as soon as possible after the meat has been killed, and under no condition should it be allowed to freeze.

Weigh the meat and allow eight pounds of salt for 100 pounds of meat. Sprinkle a layer of salt one-fourth inch deep in the bottom of the barrel, pack the cuts of meat as closely as possible, tucking a layer six inches thick upon each layer of salt, and repeat until all the meat has been used, reserving enough salt to make a good layer over the top. After standing overnight add four pounds of sugar, two ounces of baking soda, and four ounces of salt and pepper, dissolved in a gallon of tepid water. Add three gallons more of water to cover the meat. Place a board with a weight of iron to keep the meat under the brine. Many mistakes caused by allowing the meat to become exposed to the air.

If the brine becomes rosy, which occurs in warm weather, pour it off and add new brine.

Hungarian Sauskraut—Mix together a cupful of cooked rice, a half pound each of ground pork and beef, one egg, onion, celery, chopped and browned in butter. Brown three tablespoonsful of flour in a kettle, turn in the sausage, adding a little of the liquor. Make oblong rolls of the meat, outside, lay in the kettle on the brine and fold the meat in it. Cook slowly for half an hour in a fireless cooker or on the back of a stove.

(© 1925, Western Newspaper Union.)

### STYLE WHIMISIES

A new costume flower is a camellia of plain flannel for sports wear. The stem is covered with flannel, with contrasting colors, stones and artificial green leaves. Gold leather and hand painted sequette makes another flower. The petals are sometimes of the gold and sometimes of the georgette touched with green.

Parisians are wearing feather trimmed hats. Aglettes are favored in the ostrich plumes, finding little favor. There is also a tendency to make the hat trim one color and the crown of another, matching the colors of the dress.

## The Elaborate Negligee Gives Joy to Milady's Heart

By EDNA PURDY WALSH

### Know Your Spine

By EDNA PURDY WALSH, Editor, Character Building Magazine.

### Is He Conservative?

always something



No matter how practical and tailored a negligee may be in her ordinary attire, she cannot fail to thrill at the possession of an elaborate negligee. Above and below (left) silk pajamas in Nilgown with gold flowers and narrow gold bands outlining the loose fitting waist. Dark green, hand-embroidered Chinese slippers complete the outfit. Right, a white crepe robe with lead embroidery and apple green marion for trimming. Center a crepe de chine which may be worn in the boudoir or with a formal costume. A single flower is its decoration.

## More Advantages Of Electricity

By Wanda Barton

The use of electricity as a household helper is becoming more general daily. The housewife who does her own work, or with occasional help, is entitled to all of the mechanical help she can afford to buy.

Especially is this true in the family laundry. One of the many washing machines that are in the market will certainly fit her needs and not strain the household budget seriously.

Besides the washing machine there is the electric iron, or the ironer which is good for all flat work. One who becomes an expert in using the ironer can do pieces that are usually done on an ironing board. These laundry helpers must have the best care in order to preserve their life and usefulness to the greatest extent, but they save labor and are good investments.

The convenience and comfort of the vacuum cleaner equals that of the hearts of all owners. It saves steps and labor, carpet cleaning being refreshed draperies, dust from mattresses, and puffs up feather pillows like new. The machine pays for itself in good service in a short time. The new floor polisher is making friends rapidly and is an excellent tool. The expense of running these conveniences is not so serious one when you consider the saving in human endeavor.

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## Newcomer to Official Set in Capital

By EDNA PURDY WALSH

Editor, Character Building Magazine.

### Is He Conservative?

always something



An especially posed portrait of Mrs. George R. Farnum, wife of the new Assistant Attorney General, a welcome addition to the official circle in the national capital.

space there is between the hand and the wall—naturally the more space the more severe the curvature is.

If the test shows a sway-backed condition you can remedy it yourself by the proper exercise within a few months' time.

To begin the exercise take exactly the same position as outlined above for the test. Next slip the left hand into the space, breathe deeply, then press gently on the stomach with the right hand until the palm of the left hand touches the wall, exhaling as you press. Release the right hand, inhale and repeat 50 times.

Do this at least once each day more often if you have time to do so.

Thomas Sandilands, 15-year-old patty boy in a London hotel, is a promising young singer who recently appeared in concert at Albert Hall.

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## Modern Slaves

The day of slavery is not past and a matter of history.

In thousands of homes today can be seen parallel examples of feudalism where women labor interminably with the daily tasks of housework.

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