

# The Woman's Page

## How To Remove Stains

**By WANDA BARTON**  
Most stains may be removed at home, if reliable methods are resorted to. Prompt treatment is to be desired for drying, exposure to air, washing or other treatment often sets the stains and makes them harder to remove.

First we must know the nature of the stain. This determines its treatment. Next we must consider the fabric and not use that which injures it. Boiling water, that takes out nearly all fresh fruit stains, will only set those made-by-egg, milk, blood or meat stains.

Strong acids destroy cotton and linen, therefore we cannot use them to remove stains. The use of hot water on wool or silk is injurious, it shrinks the wool and destroys the luster of the silk. In treating stains on silk or wool, try some of the absorbents such as cornmeal, fuller's earth or French chalk, ammonia and glycerine stand a while, then brush off with a brush broom, put on fresh and lay a brown paper over it and let on a warm stove for a half hour. Let it stay warm for a little while and then brush again, and likely the stain will be entirely removed.

Gasoline will remove stains of fatty, greasy nature. Drove over with blotting paper, it is not apt to leave a ring in the material. Care must be used so as not to risk fire, it is better to get the cleaning in the open air than indoors.

Gasoline is to be used.

To take out blood stains on "washed" materials, wash or scald in cold water until all coloring is out and the stain looks "white." Brown stains, wash in hot water until all coloring is out.

Vandic wax stains are removed by scraping off all the paraffin from the wax spots with a knife, alcohol, chocolate or cocoa stains, if fresh and on washable materials, will probably wash right out with hot water. On woolen silk, it is best to use wood alcohol with a little ammonia added to it.

On "green" stains, remove them when fresh by boiling water in all washable materials. Most fruit stains on woolen and silk, if they do not, squeeze a little lemon juice on them and sprinkle with a tiny bit of salt and lay them on a warm stove for an hour, then rinse well.

Grass stains or other foliage stains on woollen materials, if they do not respond try a little wood alcohol to remove them. It can be removed by pouring boiling water through the fabric, thus spreading lemon juice on it and dusting with a little salt and standing in the sun a few minutes, then rinse well and repeat the treatment until the stain is gone.

For fresh urine spots, wash the fabric in soap and warm water, then in cold water, and repeat the treatment. If the stain does not go, if still obstinate, soak the stains over night in sour milk, then place in the washing machine without rinsing. If still remaining, use the lemon and salt, or a peroxide solution of acetic acid. Rinse well before drying.

Ordinary pipe stains will respond to turpentine treatment. A little ammonia as added will help to remove scorch stains and the material and set it and let stand in the sun. Repeat all if it does not until the stains disappear. If scorched, so the threads are destroyed, it is almost impossible to remove the stain.

## MOVES TO GRANDDAD'S PALACE



The Princess Elizabeth, baby daughter of the Duke and Duchess of York, is being cared for by her grandparents, the King and the Queen of England, while her parents are on their Australian tour. Nurse Knight is depicted holding the baby.

## LIVING AND LOVING

**By FLORENCE SMITH WILKINSON**  
WHAT PRICE COURTESY? When a person is very courteous, you, thinking you are being trifled with, service and begging your pardon for any "inconvenience" may cause you, do you not put him down as a hypocrite who is probably concealing immaturity and weakness under a smooth exterior, or do you honor him as a great noble member of the most illustrious family and desire that he will "go on in life?"

The question is raised by a letter which came to this desk. The writer is telling you who, evidently fears that the Sir Walter Raleigh words he uses.

Dear Madam: A group of young people recently had a discussion concerning courtesy. Some thought that more courtesy was the better you got along both socially and in business, and some thought that the result of too much courtesy was a great human family and desire that he will "go on in life?"

The question is raised by a letter which came to this desk. The writer is telling you who, evidently fears that the Sir Walter Raleigh words he uses.

Hard instruments used against the cuticle often bruise and tear it and with the cuticle being so vital, it is common to see a woman who comes disarranged when pushing the brush round the nail and which to jab the sensitive cuticle.

To use the brush just dip it into whatever is used to soften the nail and work it around the nail.

Gasoline or cold cream will serve there is no danger in using either. Always soak the hands in hot, soapy water for five minutes before working on the cuticle then, after drying the skin, push back the cuticle with a soft towel.

By doing this most of the dead cuticle can be removed without the use of any preparation. If, however, this does not entirely remove the dead cuticle, apply a little vaseline or cold cream with the cuticle brush or an orange wood stick that has a bit of cotton wrapped around the end of it and, after allowing the softener to remain on for a few minutes, remove it with a soft cloth.

Never cut the cuticle in less it is absolutely necessary, and never try to trim it with a cuticle knife, vice.

## HOUSEHOLD HINTS

**BY MRS. MARY MORTON**  
**MENU HINT**  
You will notice that the menu following is particularly rich in raisins. You may not care to use so many in one day but the recipe may be filed for future reference. It is generally conceded that raisins have a definite beneficial effect on the human system and they also variety to ordinary dishes. Figs could be substituted for raisins if you prefer.

**Breakfast**  
Orange Juice  
Raisin Gridale Cakes or Raisin Waffles  
Sugar or Syrup  
Coffee

**Dinner**  
Broiled Steak Baked Potatoes  
Lettuce or Cabbage with French Dressing  
Raisin Nougat Cake  
Tea

**TODAY'S RECIPES**  
**Raisin Nougat Cake**—Five tablespoons baking powder, two ounces bitter almond extract, one-half cup butter, one and one-half cup sugar, four eggs, beaten separately.

**Know Your Sweetheart by His Handwriting**  
**By EDNA PURDY WALSH**  
Editor, Character Reading Magazine.

## Has He a Dual Personality?

When you are sure of your love, do you ever wonder why the man who has just been so kind and generous to you, should suddenly become so cold and indifferent? Do you ever wonder why the man who has just been so kind and generous to you, should suddenly become so cold and indifferent?

There are many reasons for this. One is that the man may have a dual personality. He may be a very kind and generous man in public, but in private he may be a very cold and indifferent man. This is especially true if he is a man of letters. He may be a very kind and generous man in public, but in private he may be a very cold and indifferent man.

## Odd Velvet Sash



An odd sash of turquoise blue velvet gives character to this evening frock of shell pink chiffon worn by Joan Crawford. Cuckoo and fifteen hen are also featured.

**Raisin Gridale Cakes**—One and three-quarter cup flour, one cup sugar, one-half tablespoon baking powder, one-half cup butter, one cup milk, two eggs, one cup raisins, one cup figs, melted together. Beat until light, then add the raisins and figs, mix thoroughly. Bake in a greased pan for 20 minutes. Cool and cut into squares.

**Raisin Waffles**—One and one-quarter cup flour, one-third cup sugar, one-half cup butter, one cup milk, two eggs, one cup raisins, one cup figs, melted together. Beat until light, then add the raisins and figs, mix thoroughly. Bake in a greased pan for 20 minutes. Cool and cut into squares.

## About Yeast Bread

**By IDA BAILEY ALLEN**  
How much yeast bread do you use?  
How many kinds find their way into your table?  
Do you make these breads your own?  
What do you know about your bakery?

So I might go on "ad libitum." For the "staff of life" is worth real thought. It is the most important of all starch foods, and these make up two-thirds of the diet.

The average family uses a loaf of bread a day for four people. This amount can be increased if it is infrequently cooked, the starchier vegetables.

Breads differ in the place they may fill, according to the kind of spinning wheels and candle-dipping. To relegate a house-hold task as difficult, untidy and unstandardized to the science of the baker is pure common sense. If eliminates that time element and makes possible a cleaner loaf, it is a scientific achievement. More than the average kitchen, at a low cost. There may be a slight saving between the cost of raw materials and the baker's loaf, but this is eaten up by fuel, and the time used could be spent to better economic advantage.

But—know your bakery. Be sure that it is clean—you have a right to ask to visit it—and be sure the bread has proper handling after it leaves the bakery.

Do not buy unwrapped bread. Every loaf that touches it leaves an imprint, and the germ theory is a proven one, you know. Keep bread in its paper in a tin bread box. This should be scalded and aired twice a week. Straps and ends of bread should be kept separate. Use these in vegetable, meat, fish or cheese escalops, sandwiches, pineapple or apricot croquettes, bread puddings and dumplings. Or, if dry, put them through the food chopper and use in crumbing fish, cutlets, cro-

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## To Keep Fingernails Looking Their Best

**By LUCREZIA BORI**  
If the cuticle and the finger-nails is not properly attended to at regular intervals it will make one's work or play very painful. To keep the cuticle and the finger-nails in the best condition, it is necessary to use a special preparation for the cuticle, making it very unsightly.

One of the first things I want to tell you about is the preparation of a cuticle brush for applying softening mediums. It is a small brush made of camel's hair and

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