



Special Interest of the Home

On Tuesday, October 16, at promptly twelve o'clock, a luncheon meeting will be held in the Community House for the organization of a Business Girls' Club. At this meeting we will discuss plans for a weekly luncheon meeting to be held in the House during the winter months. We hope any girl who is interested will come and contribute her ideas. The purpose of the club is to afford an opportunity for the girls to meet and spend a congenial hour together once a week.

Miss Frances M. Booth will be presented to society at a reception to be given by her mother, Mrs. Clarence H. Booth this afternoon at "Edgewale," their home at Bloomfield Hills. Mrs. Booth and her daughter will receive from 4 to 6 o'clock. In the evening, Mr. and Mrs. Booth will entertain some of the younger set at a buffet supper, and dance at their home, in honor of their daughter.

The Rev. Franklin Cole Sherman, president of the American Guild of Health will give a talk at the residence of Mrs. William T. Harbour, "Briarbank," on Thursday afternoon at 2 o'clock. Mr. Sherman is holding a Mission at St. John's church, Detroit, this week, and being in town during time in Detroit, where his meetings have been splendidly attended. All are welcome.

Miss Muriel Sisman, of Detroit, entertained at bridge at Grosse Pointe Country Club Wednesday afternoon. Among those present from Bloomfield Hills were Miss Frances Shaw, the Misses Ella and Irene Harbour and their guest, Miss Isabel Goodrich, of New York City.

The Maple Avenue Bridge Club meets today at Aviation Country Club. The ladies will entertain their husbands at dinner tonight at the club.

Mrs. John T. Shaw and Miss Mary Adelle Shaw, of "Whysall," Bloomfield Hills, were week guests of Horace P. Shaw, of Cleveland.

Mrs. Tunis Miner, of Ferndale avenue, entertained at the University Women at Oakland Hills Country Club Wednesday afternoon. Mrs. J. E. Nelson, of Battle Creek, and Mrs. David Harper, of Detroit, who have charge of the registry of trained women and vocational opportunities for A. U. W. throughout the state of Michigan, were speakers for the day. After the meeting tea was served.

Mr. and Mrs. R. W. Yeats, and son, Richard, of Grand Rapids, spent last week end at Monroe as the guests of Mr. and Mrs. J. S. Harrington, of that city.

Mr. and Mrs. F. J. Watkins and family have returned to Birmingham after spending the summer at their home on Bois Blanc Island.

Helen, Walker, daughter of Mr. and Mrs. Charles Walker, of Pierce street, who left two weeks ago for Albion College, returned to her home last Sunday evening. She will not return to Albion.

Miss Emma Christianson, local school nurse, spent the week-end with her parents in Grand Rapids.

Mr. and Mrs. Willie Bell, of East Maple avenue, left Wednesday for St. Petersburg, Florida, where they will spend the winter.

Miss Virginia Hupp, of East Maple avenue, returned home from Ypsilanti last Friday to spend the week-end.

Mrs. Eva Trego, of South Woodward avenue, spent Sunday with Mr. and Mrs. Emmet Bowen, of Detroit. From there she left for Kansas City, Missouri, where she is visiting relatives and friends. She will attend the conference of the First Church of Latterday Saints at Independence, Missouri, this week.

Miss Eleanor Ray, of West Maple avenue, and Miss Helen Rowe, of Hamilton avenue, returned Friday from M. A. C. to spend the week-end with their parents.

Burt Richardson, of Bay City, was the guest of Mr. and Mrs. W. D. Glasse, of West Maple avenue, over the week-end.

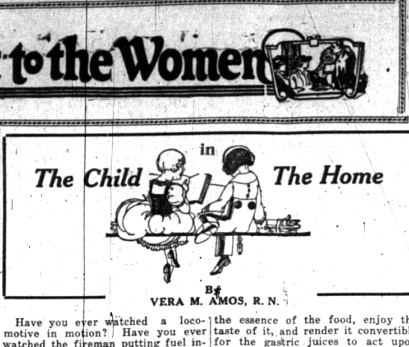
Wednesday afternoon, Mrs. Wm. Truemper entertained Mrs. Morris B. Draper, of Adams Road, and Mrs. Kirk, of Willetts Road, at a bridge-luncheon at her home on West Grand Boulevard, Detroit.

Mrs. S. B. Coleman, of Detroit, is spending the week with Mr. and Mrs. Henry Standart, of Hunt Road.

Mr. and Mrs. E. J. Torrance have been touring Ohio this week, are expected to return to their home on Yorkshire Road next week.

A. J. Bruce, of Park avenue, is in Chicago this week. Mrs. Bruce is spending the week with friends in Detroit.

Mrs. Charles Spinning, of Jackson, is the house guest of Mr. and Mrs. Rufe Spinning, of West Maple avenue, this week. Mrs. Spinning is Mr. Spinning's mother.



The Child in the Home

Have you ever watched a locomotive in motion? Have you ever watched the fireman putting fuel into the fire box? I am sure you have, and you know if he should stop putting coal on the fire, the engine would stop going.

The fireman knows a little more than you do. He knows how much coal to put on the fire to make the engine go a given distance. Now that has all this got to do with "The Child in the Home," no doubt you are thinking, "tell you. I have written this as a similar object lesson because we take food into our bodies to supply heat and motion, and if the food is tested we can tell exactly how much heat and motion it will give."

In taking food into our bodies, we should first think how much power it contains. Children, like adults, require their typical food stuffs: protein such as meat, milk, eggs, bread, and cereals. There are required to build up and repair tissue. Then there are the carbohydrates—sugar and starch—and the fats which supply energy. All this a Mother, when she is thinking out and preparing food for her little ones, literally has to mind so that her children will be well nourished by well proportioned meals. She must also remember that after carefully preparing meals, she must not allow the children to rush to the table and literally bolt the food. All her time and energy has then been wasted because mastication of food is just as necessary in making healthy as the food itself. Mastication is the source of all good digestion, and if the children do not eat their food properly, they are not getting the most out of it.

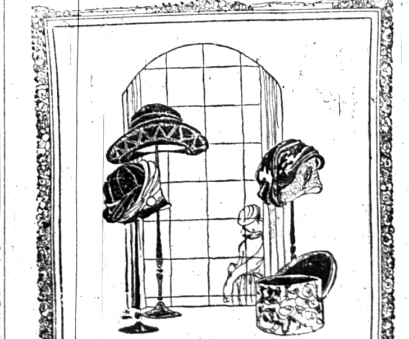
The necessity of this chewing of food is obvious, as there is scarcely anyone who has not, at some time or other, suffered from indigestion for the want of having chewed his food properly. The reason is, not to mention saliva which moistens the food and predisposes it to be dissolved, you cannot doubt when the teeth cut the pieces of the food, the gastric fluid penetrates and dissolves it much more speedily than when the food is swallowed whole. To chew the food leisurely is the only way to extract

The Ladies' Society of the First Presbyterian Church will give a box social in the dining room of the church Tuesday, October 30, at half past six in the evening. Each lady attending is to bring a box containing entrees for two, the box to be auctioned off to the men. The gentleman buying the box will dine with the lady who brought it. A regular Halloween party will follow and order and doughnuts will be served.

The first of the series of lectures to be given by the University Women for the benefit of the Scholarship Fund will be given next Monday at the Baldwin Auditorium. "Manslaughter," a film version of "Steps in Society," will be the feature for the evening.

Mr. and Mrs. Ed. Ferguson, of Freeland, are visiting at the home of Mr. Ferguson's mother, Mrs. John Ferguson, of Adams Road.

Ralph McBain, who taught at the Baldwin High school last year, is spending the week with Mr. and Mrs. James Cobb, of Oakland avenue, before leaving for the south where he will spend the winter.



Pierrette Hats
SHOW
The vogue for the rich metallic fabrics
Exclusive Styles
POPULARLY PRICED
\$3.75 to \$10.00
PALMER BEGOLE & CO.

Little Folk's Column

The old woman came up to the door and knocked. Sweet-tooth by this time was very much excited, as he guessed it must be the giantess from the woods. His Mother told him on no account to get out when she went to the door. The old woman knocked again, loudly rapping on the door with her crooked stick. His mother went to the door asking the old woman if she could do anything for her home.

"No," she said in a very squeaky voice, "I was travelling along this way, and I have several more miles to go. I wondered if your little boy would help me part of the way with my bag. It has grown so heavy for me I have carried it a very long distance."

The poor little mother was bewildered to see that the wicked fairy had said because she was almost sure it was the wicked giantess from the woods, and that she did not let Sweet-tooth help her along the road, she might cast a spell over them all. So she said, "I will go and see if I can find him." She looked inside but could not find Sweet-tooth as he was in the room with her crooked stick, exclaiming, "I'm sorry, he's not anywhere about."

Of course the wicked fairy knew that she had not looked very far, and turning away went down the lane again, the old black cat following with far bristling.

Sweet-tooth thought this such a good joke, he soon ran down the lane to see how far the wicked fairy had gone. There she was, resting on a large stone not very far away from the gate. Sweet-tooth's curiosity was getting the better of him. He had forgotten all about the precautions his mother had told him to take. Then she charged her voice and spoke to him. He could hardly believe it to be the same voice he had heard at the door only a few minutes before.

"Sweet-tooth, I am so glad you came out, as I am so tired I should like you to help me with this heavy bag. I am sure you are a kind little boy, and will not let an old woman carry it alone."

Sweet-tooth by this time had forgotten all the stories his father had told him, and not often seeing people, he was glad to have someone to talk to. He asked her, "What have you in your bag?"

"I have three large stones in this bag, and when I get home I am going to break them open, as each one contains a beautiful jewel, and any one possessing one of these jewels can have anything they wish for by merely rubbing their hands around it."

"Oh, I wish I could have one of them for my own," said Sweet-tooth.

Teach them all as early as possible to chew slowly, obey your word for your love and honor you, and your children will be to you what the stars are to heaven.



COLE'S
HOT BLAST
Fuel Saving System
of combustion in this remarkable heater will save 1/3 to 1/2 your fuel bill. Cole's Hot Blast makes your coal pile last.
See us today if you want a real fire-holding heater.
Sold in Birmingham by
HUSTON HARDWARE CO.
129 N. WOODWARD
TELEPHONE 110

tooth, "Then I could have an aeroplane to fly right over the woods and find out where the giant lives in the castle of colored glass."
"Oh," said the wicked fairy, her eyes twinkling hard, "so you want to find where they live too. Well so do I. Why not come with me and perhaps we could find it between us."
"Yes," exclaimed Sweet-tooth, "and let's hurry and reach your home where we can break open the stones



Well-Groomed Appearance IS YOURS IF You will let US assist you
Lewis Beauty Shop
Woodward at W. Maple
Telephone SIX-SEVEN-0

and have our wishes granted at once." All this time the black cat had been sitting on the stone watching the Sweet-tooth, with his yellow eyes blinking and looking as if he understood every word they were saying. (con't next week)



CHOICE POULTRY
Chicken served either warm or cold, always makes a delicious meal. Get them fresh from us at reasonable prices.
Erwin & Smith
Delivery Service
120 W. MAPLE AVE.
PHONE 244

A new departure in Birmingham shops

The Green Pheasant Gift Shoppe
We are now showing a line of—
SMALL POTTERY BASKETS
IMPORTED BOXES BAGS
BOOK-ENDS MOTTOS
INCENSE BURNERS SMALL LINENS
and many other articles
Orders also taken for Engraved Christmas Cards, Wedding Invitations, Announcements and Monogram Stationery at our Shoppe at

131 West Maple Ave.
A portion of your patronage will be appreciated—

S The Quality Grocery
P P. & G. Soap..... 3c
C Small Ivory Soap..... 5c
I Large pkg. Chipso..... 23c
A ALL FOR
L 31c
—We Deliver Anywhere—
124 W. Maple - Phones 820 - 821

Foot wear for the Children
WE ARE GLAD TO ANNOUNCE THAT OUR WINTER ASSORTMENT OF **PIED PIPER SHOES** is on display at our store. We have them in Black and Tan Calfskin, Tan Grain and Smoked Elkskin.
If your children wear any of the following sizes, be sure to bring them in for a fitting.
PIED PIPER
Little infants, 3 to 5 1/2
Infants, 5 1/2 to 8
Child's, 8 1/2 to 12
Little Girls, 9 to 12
Youths, 12 1/2 to 2
Boys, 2 1/2 to 5 1/2
These shoes will stand up under hard use and are a real comfort on the feet.
Best for Children's Wear
Williams Boot Shop
Shain Block West Maple Ave.