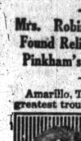
BACK ACHED TERRIBLY

Mrs. Robinson Tells How She Found Relief by Taking Lydia E. Pinkham's Vegetable Compound



Amarillo, Texas.—"My back was my greatest trouble. It would ache so that it would almost kill me and I would have cramps. I suffered in this way about three years; then a lady friend suggested that I try Lydia E. Pinkham's Vegetable Compound. I have had better health since, keep house and am able to do my work. I recommend the Vegetable Compound to my friends as it has certainly given me great relief."—Mrs. C. B. ROBINSON, 608 N. Lincoln St., Amarillo, Tex.

The Vegetable Compound is a splendid medicine for women. It relieves the troubles which cause such symptoms as backache, painful times, irregularity, tired and worn-out feelings and nervousness. This is shown again and again by such letters as Mrs. Robinson writes as well as by one woman telling another. These women know what it did for them. It is surely worth your trial.

Housewives make a great mistake in allowing themselves to become so ill that it is well-nigh impossible for them to attend to their necessary household duties.

BETTER DEAD

Life is a burden when the body is racked with pain. Everything worries and the victim becomes despondent and downhearted. To bring back the sunshine take

LATHROP'S GOLD MEDAL HAARLEM OIL CAPSULES

The national remedy of Holland for over 200 years; it is an enemy of all pains resulting from kidney, liver and uric acid troubles. All druggists, three sizes.

Look for the name Gold Medal on every box and accept no imitation

INFLAMED EYES Don't trest sore, inflamed, smarting eyes with powerful drugs that "drop" by hard aim. A soothing, effective, safe remedy is best. 25 cents — all druggists. MITCHELL EYE SALVE

LOOK OLD? Gray, thin, straggly hair makes people look very old. It isn't necessary—a bottle of Q-Ban Hair Color Restorer will bring back original color quickly—stops dandruff. At all good druggists, 75c, or direct from Remy-Ellis Chemic, Memphis, Tenn.

Cuticura Soap Imparts The Velvet Touch

Soap 25c, Ointment 25 and 50c, Talcum 25c.

Getting a Line.

"Now I know how to pronounce Freude."

"Huh?"

"Saw it in a poem rhymed with employed."—Louisville Courier-Journal.

Weather Man Also at Variance.

"This weather doesn't agree with me."

"That's not surprising; it doesn't even agree with the weather man."—Judge.

Sure Sign.

"How do you know Chaucer dictated to a stenographer?"

"Just look at the spelling."

The Problem.

Rub—I have nothing to do today.

Dub—How will you know when you're through?

Table etiquette may be learned in the home, but you get all the new wrinkles by dining out.

Some good men sit with their eyes closed rather than see a woman stand in a crowded street car.

It is sometimes more difficult to prove that you are right than it is to prove the other fellow wrong.

One kind of enemy is a friend who does not oppose you when you are wrong.

Lots of men would be worse than they are if they knew how to go about it.

Water on the brain is seldom due to a thirst for knowledge.

Back Given Out?

IT'S hard to do one's work when every day brings morning lameness, throbbing backache, and a dull, tired feeling. If you suffer thus, why not find out the cause? Likely it's your kidneys. Headaches, dizziness and bladder irregularities may give further proof that your kidneys need help. Don't risk neglect! Use *Doan's Kidney Pills*. Thousands have been helped by *Doan's*. They should help you. *Ask your neighbor!*

A Michigan Case

Owen Lillie, farmer, R. F. D. 3, Greenville, Mich., says: "I was troubled with a kidney ailment. My back was lame and achy. The kidney secretions were highly colored, scanty, and passed too often. Someone told me to get Doan's Kidney Pills and I bought a supply. The first box helped me and I continued with Doan's until I was rid of the entire trouble."

Get Doan's at Any Store, 60c a Box

DOAN'S KIDNEY PILLS

FOSTER-MILBURN CO., BUFFALO, N. Y.

Pure Bred Sires Winning Friends

Number of Owners Participating in Campaign Passes 10,000 Mark.

(Prepared by the United States Department of Agriculture.)

Progress in the "Better Sires—Better Stock" campaign broke all previous records, and the number of live stock owners participating passed the 10,000 mark during the first three months of 1923, as shown by a report just issued by the United States Department of Agriculture. A total of 1,177 persons were enrolled during the three-months' period after having filed with the department written agreements to use purebred sires exclusively henceforth. This is the highest number enrolled during any quarterly period since the campaign began three and one-half years ago. States showing the principal activity in this means of improving their live stock were: Vermont, West Virginia, Ohio, Virginia, Kentucky, Washington, Nebraska, Texas, and Indiana. The number of live stock and poultry listed for improvement during the period totaled more than 116,000.

Government officials who have been in close touch with the movement since its beginning three and one-half years ago are much gratified with the latest results. The continued interest being shown in the campaign throughout the country shows the permanent nature of the popularity of the purebred sire, and points to greater possibilities in the future. The list of persons who are using purebred sires exclusively, now totals 10,100. These live stock breeders have placed more than 1,200,000 head of live stock and poultry on a purebred-sire basis. On an average 35 per cent of the female animals and 40 per cent of the female poultry, kept by these persons, are also purebred. Each year that purebred sires are used by these breeders, therefore, greatly increases the total number of purebred animals in the country.

Standing of States Changes.

During the three-months' period, Vermont and West Virginia showed the greatest number of enrollments, causing some changes in the relative standing of the states active in the work. Vermont, which previously stood seventh in the list (and six months ago tenth) is now fifth; while West Virginia surpassed nine states, advancing from seventeenth to eighth place. West Virginia, where legislation outlawing scrub sires became effective January 1, enrolled more than three times as many persons during the quarter as during all of the 13 previous quarters

On "Roll of Honor."

Four new counties, two of them in Vermont, one in Ohio, and the other in Nebraska, appear on the roll of counties having 100 or more persons using purebred sires exclusively. This brings the total to 20 counties. Rockingham county, Virginia, (Chas. W. Wampler, county agent) led for the quarter with 103 new enrollments; white Mound county, Ohio, (C. M. Senn, county agent) advanced in the county standing from eleventh to fifth place.

Evidence of continued activity during the coming months comes from various sources. The demand for enrollment blanks is unprecedented in the history of the campaign. From Kentucky, which is fourth on the list of states, comes word to the department through Wayland Rhondes, field agent in animal husbandry, that on May 3 there will be held a better-sire sale at which 100 purebred bulls will be put up at auction, and that officials are planning more things for the future.

Copies of the summary of the results of the fourteenth quarter of the better-sires campaign may be had by addressing a request to the bureau of animal industry, United States Department of Agriculture, Washington, D. C.

Yearling Fruit Trees Overtake Larger Ones

Yearling trees of some fruits are quite small trees while of the peach they will be as large as they should be at all for planting out, if they are first class. With all the fruits, the yearling trees will grow more surely and many times will overtake the larger trees in a couple of years, even when they start promptly, and one fruit with large trees is slow starting. The small trees having less root spread are damaged less in the digging, and the small tops make less demand on the roots.

Spread Manure Thin in Every Short Rotation

Best evidence indicates that manure gives largest returns to the top when applied thin once in each short rotation, or twice in a rotation of more than five years. Eight to ten tons to the acre in a three or four-year rotation, used with an average of 200 pounds of acid phosphate to the acre each year, give excellent returns, the New York State College of Agriculture at Ithaca has found. A manure spreader is said to be a time and labor saver, particularly in making light applications, and it tears up the manure so it is mixed more uniformly with the soil.

Salt for Live Stock.

All live stock require salt in their ration. The amount cannot be said to be a definite quantity. It depends somewhat upon the soil and the character of the feed fed.

Plan for Needed Repairs.

A walk around the farm fences to plan for needed repairs may save chasing the cattle out of the cornfield and perhaps losing some through overeating.

Maturity of Tomatoes.

It takes about 100 days from seed sowing to the first ripe tomato of the earliest varieties, if conditions are favorable. Figure it out and see if the tomatoes do their duty.

Rosette Disease of Wheat Is Compared

Difficult to Tell Accurately Harm Caused by Each.

(Prepared by the United States Department of Agriculture.)

The rosette disease of wheat, discovered in Illinois and Indiana in 1919, affects wheat seedlings in somewhat the same way as do the attacks by the Hessian fly and certain other insect pests. When the trouble is caused by insects, their presence or evidence of their work serves definitely to show the cause of the trouble. Wheat seedlings attacked by rosette disease alone show no evidence of the presence or work of insects, it is pointed out by specialists of the United States Department of Agriculture who have been investigating these wheat maladies.

The first positive indications of the rosette disease become evident early in the spring after the growth of the healthy plants is well started. Plants affected by rosette remain dormant in the spring after the healthy plants commence their spring growth. Infested fields are spotted with irregular patches of dwarfed plants, the leaves of which are dark blue-green in color and are rather broad and stiff. The whole plant has a bunchy, rosette appearance.

When both rosette disease and insect injuries, especially those by Hessian fly, occur together in the spring, it sometimes is difficult to determine accurately the injuries caused by each. As the rosette disease is not apparent in the autumn and as it becomes evident in the spring before the emergence of the adult Hessian fly, there is very little chance to confuse the two maladies during these periods. In the late spring, however, there is a possibility of confusion, especially if plants affected by rosette show, in addition, the spring infestation of the Hessian fly. These matters are discussed in Bulletin 1137, Symptoms of Wheat Rosette Compared With Those Produced by Certain Insects, just issued, and may be secured upon request from the United States Department of Agriculture, Washington, D. C.

Twelve Good Reasons for Building a Silo

1. More feed can be stored in a given space in form of silage than in form of fodder or hay.
2. A small loss of food material when a crop is made into silage.
3. Corn silage is a better feed than corn fodder.
4. An acre of corn or kafir can be placed into a silo at less cost than the same area when husked and shredded.
5. Crops can be put in the silo during weather which could not be utilized for curing fodder or hay.
6. More stock can be kept on a given area of land when silage is the basis of a ration.
7. Less wasted in feeding silage than fodder.
8. Silage is very palatable.
9. Silage, like other succulent feeds, has a beneficial effect upon the digestive organs.
10. Silage is the cheapest and best form in which a succulent feed can be provided in the winter.
11. Silage can be used for supplementary pasture more cheaply than can soiling crops, because it requires less labor and cattle like silage better.
12. Converting corn or kafir crops into silage clears the land and leaves it ready for another crop.

Use Banding Material to Repel Gypsy Moth

Gypsy moth tree-banding material is a greasy and semi-viscid substance with a tarlike odor, which is being used by the bureau of entomology in its control work against the gypsy moth in New England. This material has been developed since 1915 to replace a German product no longer available, which was formerly used for the same purpose.

Questions have arisen as to whether the odor or the viscidity of the material was the chief element which halted the caterpillars as they tried to get into the trees. The exhalation or odor, it was found on investigation exercises a restraining influence, but the viscous or physical condition is more important as a barrier factor in the band.

Studies made in connection with the solution of these questions, which have a practical bearing on the development of an efficient barrier, are described in a professional paper, United States Department of Agriculture Bulletin 1142, "The Barrier Factors in Gypsy Moth Tree-Banding Material," by M. T. Smulyan, specialist, bureau of entomology. It may be obtained upon application to the United States Department of Agriculture, Washington.

Check Weed Injury by Cleaning Grain Seed

A little effort exerted in cleaning seed grain is much more effective than attempting to check weed damage to the crops through control measures after the weeds have had a chance to grow, suggests Matthew Fowlds, instructor in agronomy at the South Dakota State college. The fanning mill is the best means of separating the weed seeds from the seed grain.

New weeds are often introduced by being mixed in with other seed which has been shipped in.

Rotation of crops should be practiced in addition to seed cleaning in a thoroughgoing weed eradication program.

Eliminate Grain Smut.

Smut in wheat, oats and barley can be eliminated by treating the seed with formaldehyde. One gallon will treat 320 bushels of seed and increase the yield and grade of your crop far beyond the cost of treatment.

Seed Potato Treatment.

Treat your potato seed. Corrosive sublimate will increase yields and eliminate diseased stock that reduces grades. Sixteen ounces will treat 30 to 60 bushels of seed.

FARM LIVE STOCK

CARE OF EWES IMPORTANT

Animals in Poor Condition and Lacking in Vigor Will Produce Small, Weak Lambs.

(Prepared by the United States Department of Agriculture.)

The care of the flock before lambing has an important relation to the financial returns which may be expected from the lamb crop. Ewes which are in poor condition and lacking in vigor will produce a large percentage of small, weak lambs. Such lambs require more care and feed to develop rapidly enough to reach the market early when the prices are usually highest. If the ewes are thin in flesh at lambing time they will not produce a good flow of milk. This retards growth and stunts the lambs. A small, thin lamb nearly always sells at a cull on the market. There is usually a large supply of culls with little demand; consequently culls always sell for the lowest price. Sheep producers will find that it pays well, from a market standpoint, to have the ewes in strong, vigorous condition at lambing time.

If good pasture is available it is comparatively easy to keep the flock in good condition. Fall wheat or other pasture with clover or alfalfa hay for dry roughage makes an excellent ration for pregnant ewes, and the exercise which they get while grazing will bring them to lambing in a vigorous condition. Where clover or alfalfa is not available to supplement the pasture, oat straw or corn stover with approximately one-quarter pound of cottonseed meal per day may be fed.

Where there is no pasture and it is necessary to feed throughout the winter season a ration of three to four pounds per head per day of clover or alfalfa hay alone may be used. Approximately one-quarter to one-half pound of corn should be added three to four weeks before lambing.

A more economical ration which may be used is two to three pounds of alfalfa or clover hay and two pounds of silage. The silage must be of good quality and not frozen or moldy.

Salt should be kept before the flock at all times; an unlimited supply of fresh water should also be available.

It is important that the ewes get a moderate amount of exercise and where the flock is not on pasture the rough feed should be placed some distance from the sheds or barn so that the flock will get exercise in going to and from their feed.

Care must always be taken that pregnant ewes are not chased by dogs or jammed through narrow gates or doors as any rough treatment will cause a large per cent of loss of lambs and perhaps of ewes.

The shepherd's problems for the lambing season are very largely solved if he has brought the ewe flock to the beginning of the season in good flesh and thrifty condition. In addition he has made the first step towards producing a product that will bring the largest market returns.

DOCKING LAMBS WHEN YOUNG

If Treated When About Three Weeks Old Shock Does Not Cause Serious Setback.

If lambs are docked and the males castrated when they are from ten days to three weeks old, the shock from the operation will cause less setback than at any other age.

It is advisable to perform the operation in the forenoon of a bright, warm day and to watch the lambs, giving attention to any that may become weak from loss of blood.

The pen should be well bedded with bright straw and the operator should be sure that his hands are clean and the knife thoroughly disinfected.

Copperas for Worms.

Many a farmer is wasting time and feed on hogs infested with the hog stomach worm. The worms keep the hogs in a thin and sickly condition in spite of the best feed and care that can be given. Such hogs will consume as much, if not more feed than a thrifty hog, and will bring but half the return. Yet the remedy is inexpensive and simple. Shut the hogs in a yard where they cannot get anything to drink. Then twice a day give them swill in which copperas has been dissolved, one teaspoonful to each hog. Allow them to drink all they will. Make the swill of something hogs are particularly fond of, as they do not like the taste of copperas if made too strong.

ASSIST CONTROL OF CHOLERA

Carcasses of Victims of Disease Should Be Burned—All Dogs Should Be Confined.

Authorities versed in the control of cholera urge that all animals which die on the farm and the offal from slaughtered animals be burned to ashes or buried at least four feet deep since they attract dogs which may carry infection. If cholera exists in the neighborhood all dogs should be confined

Equisetum.

When horse-tails are no longer than lead-pencils, they have the appearance of fairy evergreens. They stand clumped together just like a grove of firs, and possess that same rich green. The different circles that surround the jointed stem are most perfectly graduated up and down the stem, with the middle whorl the most widespread of them all. The little brown beauty spot that ornaments the stem above each circle seems to prove that Nature does these things for her own pleasure.

GAINS 20 POUNDS TAKING TANLAC

Mrs. Lachmaier Declares It Entirely Ended Stomach Trouble.

"Tanlac has completely relieved me of stomach trouble to a degree I was hopeless," declared Mrs. Louis Lachmaier, 1514 Akron St., Massillon, Ohio.

"My condition had been serious for a long time. I was forced to live off of milk, and woe unto me if I ate any solid food. It simply would not digest, and would bring on terrible pain and violent palpitations. My nerves drove me almost frantic, and for nights at a time I could hardly sleep a wink.

"The Tanlac treatment brought almost immediate improvement, and in a few weeks I was off my milk diet and eating every kind of food. I have taken five bottles now and have more than recovered the 20 pounds I lost during my long illness. My gratitude to Tanlac is boundless."

Tanlac is for sale by all good druggists. Accept no substitute. Over 37 million bottles sold.—Advertisement.

The Startling Fashions of Yore.

He went up with his mother to "help" her clean the attic. He was just five years old. In the course of the digging-out process some fashion magazines of 1895 were unearthed. Upon spying them, he immediately began to turn over the pages.

"Oh, mamma," he cried, when he saw the wasp waists and flowing trains of a generation ago, "the ladies haven't any legs."—Kansas City Star.

A FEELING OF SECURITY

You naturally feel secure when you know that the medicine you are about to take is absolutely pure and contains no harmful or habit producing drugs.

Such a medicine is Dr. Kilmer's Swamp-Root, kidney, liver and bladder remedy.

The same standard of purity, strength and excellence is maintained in every bottle of Swamp-Root.

It is scientifically compounded from vegetable herbs.

It is not a stimulant and is taken in teaspoonful doses.

It is not recommended for everything.

It is nature's great helper in relieving and overcoming kidney, liver and bladder troubles.

A sworn statement of purity is with every bottle of Dr. Kilmer's Swamp-Root.

If you need a medicine, you should have the best. On sale at all drug stores in bottles of two sizes, medium and large.

However, if you wish first to try this great preparation send ten cents to Dr. Kilmer & Co., Binghamton, N. Y., for a sample bottle. When writing be sure and mention this paper.—Advertisement.

HIS ACQUAINTANCE NOT WIDE

Exasperated Irishman About Willing to Admit That He Did Not Know Anybody.

A typical Irishman who bore the equally typical Irish name of Pat was summoned recently for jury service in one of the superior courts. His Irish accent and his quaint and candid assertions adorned the other members of the venire much merriment. Incidentally Pat was much concerned over the fact that his service on the jury caused him to be absent from his regular employment where he received $6.50 a day as compared with $2.50, the salary for jury service.

"Do you know the attorney for the defense?" an attorney asked Pat one day in examining a venire preceding a trial.

"Oi don't," replied Pat.

"Are you acquainted with any of the parties to this suit?" he was asked.

"Oi'm not," replied Pat.

After several similar questions Pat, apparently impatient, replied:

"Oi don't know a livin' soul in this room."

After the jurors had filed out into the ante-room Pat, turning to one of his associate members, said:

"Oi felt like tellin' him that Oi didn't know a bloomin' soul in the whole building."—Indianapolis News.

Do you want a pleasant day? Please someone besides yourself.

If you would dodge your creditors don't become famous.

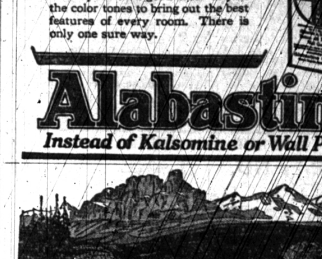
Wall HARMONIES

The Cross and Circle is printed in Red on every genuine package

HAVE your interior walls tinted the *exact* color. Exercise your own good taste in just the color tones to bring out the best features of every room. There is only one sure way.

Alabastine

Instead of Kalsomine or Wall Paper



3 Canyons to the Coast

When you plan a trip to California or any part of the Pacific Coast, do not fail to arrange that you see—going or coming—the

Canadian Pacific Rockies

For full information

Geo. C. McKay, General Agent, 1239 Griswold St., Detroit, Mich.

SHINOLA

AMERICA'S HOME SHOE POLISH

Black - Tan - White - Ox-Blood - Brown

SHINOLA is made of the finest wax and oils. It softens and preserves leather. Makes shoes wear longer and look better.

SHINOLA is quickly and easily applied - shines in a jiffy. Keeps shoes trim and tidy.

SHINOLA Home Set makes the home care of shoes easy

"The Shine for Mine"

HAD BRIEF TIME OF GLORY

American Flagship Connecticut, Nation's Pride of a Few Years Ago, Put Away as Obsolete.

Only yesterday, as human events are recorded in history, the Connecticut was the flagship of the proudest fleet that ever put to sea flying the Stars and Stripes; as the finest and best of the imposing battleships which made the cruise around the world, she played a stellar role in one of the most important events in the history of the American navy.

Of the big 16 which comprised that American armada she is the only one to survive, and now she is to rest in dead man's row at Puget sound. The "Conny" has more service as flagship to her credit than any American man-of-war. Moreover, she has seen more continuous active service than any vessel of her class and probably more than any capital ship in the United States navy. Yet she never fired a shot at an enemy.

Queer Figuring, This.

A coming—given time enough—young pianist whose name is withheld to spare her father's feelings, began practicing the scales at five o'clock, and wanted to quit at ten minutes to six instead of at the end of the customary hour, "because the clock was ten minutes slow." She was overruled.

The Real Thing.

Customer—You say this hair tonic is good, do you?

Clerk—Yes, sir. A friend of mine took the cork out of a bottle of this stuff with his teeth and next morning he had a mustache.—Boston Transcript.

NAME LINKED WITH ROMANCE

French Woman Will Be Remembered for Poetic Festival Which She Instituted in Middle Ages.

Clemence Isaure was a lady of Toulouse, France, celebrated for her learning. She instituted the floral games in that city, when flowers were bestowed on successful competitors. She was born in 1464. When she was a young girl the old romance of her life began. A young troubadour fell in love with her and sang songs to her in which their names were linked. She replied with flowers, whose meaning her lover could easily interpret. He was killed in battle, and Clemence resolved to take the veil. Before doing so, however, she remedied the poetic festival and as prizes distributed among the victors the five different flowers, wrought in gold and silver, with which she had replied to her lover. The floral games were continued for 300 years.—Detroit News.

Giving It Emphasis.

She—Papa says you have more money than brains.

Reggie—Ha! Shows what an ass he is. I'm broke.

She—Yes, papa added that you were.—London Mail.

Diplomacy.

"The boss has invited me to play golf with him next Saturday."

"Is he a good player?"

"He's going to think he is before the day is over."—New York Sun.

A Better 'Ole.

"And now, I suppose, you'll want to go home to your mother?"

"Oh, dear no—I'll telephone her to come here."—Sydney Bulletin.

No "kick-back" in this mealtime cup

WHEN you find that coffee makes you nervous, keeps you awake at night, or causes frequent headaches, it's time to change to Postum.

This delicious, healthful cereal beverage gives you all the comfort and satisfaction of your usual morning cup. It has charm without harm to nerves or digestion—cheer without fear of a dangerous "kick-back."

Your grocer sells Postum in two forms: Instant Postum (in tins) prepared instantly in the cup by the addition of boiling water. Postum Cereal (in packages) for those who prefer the flavor brought out by boiling fully 20 minutes. The cost of either is about one-half cent a cup.

Postum FOR HEALTH

"There's a Reason"

Made by Postum Cereal Company, Inc., Battle Creek, Mich.