CASTORIA

For Infants and Children

In Use For Over 30 Years

Always bears the Signature of Chas. H. Fletcher

Love sometimes sneaks out at the window without waiting for poverty to come in at the door.

Aspirin

Say "Bayer" and Insist!

BAYER

Genuine

Unless you see the name "Bayer" on package or on tablets you are not getting the genuine Bayer product prescribed by physicians over twenty-two years and proved safe by millions for

Colds	Headache
Toothache	Lumbago
Earache	Rheumatism
Neuralgia	Pain, Pain

Accept "Bayer Tablets of Aspirin" only. Each unbroken package contains proper directions. Handy boxes of twelve tablets cost few cents. Druggists also sell bottles of 24 and 100. Aspirin is the trade mark of Bayer Manufacture of Monoaceticacidester of Salicylicacid.—Advertisement.

A victory that is bought with money isn't worth celebrating.

TROUBLE IS OVER, STATES FOREMAN

Declares Tanlac Ended Long-Sweep of Rheumatism.

"Tanlac gave me such quick and splendid results that it has made a lifetime friend of me," says Edward F. Stelner, 1744 2nd St., N. E., Canton, Ohio, foreman for the Gilliam Mfg. Co. "I was experiencing my first attack of rheumatism, and it ached and pained me all over, but was especially bad in the leaders and muscles of my legs. This had me crippled and limping around, and suffering and worrying to beat the band.

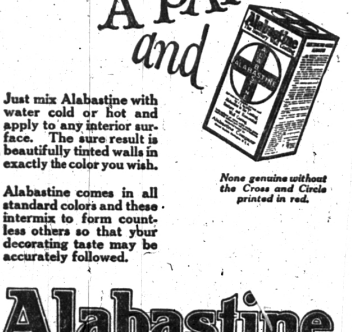
"The Tanlac treatment did a quick job. A course of three bottles drove out every ache and pain, and the muscles were as free as they ever were. Besides, Tanlac has given me a good appetite and digestion and plenty of strength and energy. I always recommend it in the highest terms."

Tanlac is for sale by all good druggists. Accept no substitute. Over 37 million bottles sold.—Advertisement.

Chinese Take to Frozen Meat.

Argentina is giving Australia a run for her money in supplying China and the Far East with frozen meat. While the Chinese have in the past preferred the taste and smell of fresh-killed meat, they are gradually being educated to eat the frozen variety, says Consul General Thomas Sammons, Melbourne, in a report just received by the Department of Commerce, and there is a general belief that they will ultimately become accustomed to using frozen meat freely. On the other hand, Australian butter is selling well in China and Japan, while canned fruits and jams from the island continent are being taken in increasing quantities.

Misery loves company—but it's tough on the company.



ABRUSH A PAIL and

Just mix Alabastine with water cold or hot and apply to any interior surface. The sure result is beautifully tinted walls in exactly the color you wish.

Alabastine comes in all standard colors and these intermix to form countless others so that your decorating taste may be accurately followed.

None genuine without the Cross and Circle printed in red.

Alabastine

Instead of Kalsomine or Wall Paper

Fast Work.

Her—"Were you ever pinched for going too fast?" Him—"No, but I've been slapped."—The Times of Cuba.

In the Candy Shop.

Backward Lover—"Do you like gumdrops?" She—"I think kisses much sweeter."

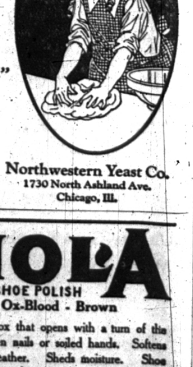
Accounting for Tide.

A tide is a wave of the whole ocean which is elevated to a certain height by the attraction of the moon and then sinks.

Philanthropy is said to relieve men occasionally who are troubled with dyspepsia of the conscience.

Yeast Foam makes good bread

Bread making is easy to learn and is in itself an education in other cooking.



Send for free booklet "The Art of Baking Bread"

Northwestern Yeast Co.
1730 North Ashland Ave.
Chicago, Ill.

SHINOLA

AMERICA'S HOME SHOE POLISH

Black - Tan - White - Ox-Blood - Brown

In the handy box that opens with a turn of the key. No broken nails or soiled hands. Softens and preserves leather. Sheds moisture. Shoe shining with SHINOLA is a nifty thrifty habit.

"The Shine for Mine"

The American Legion

(Copy for This Department Supplied by the American Legion News Service.)

IN MEMORY OF TOLEDO DEAD

Buckeye City and County to Erect Magnificent Monument to Memory of War Heroes.

A monument of "living flame," to memorialize the heroic dead of Toledo, O., and of Lucas county, is to be erected on the most prominent spot in Memorial park, a new project, which, according to founders, will soon become a reality.

Sweeping through the park is a roadway, already known to Toledo citizens as "Memorial Way." Sides of this roadway are flanked by trees, each of which is named for some man from Toledo or Lucas county who made the supreme sacrifice in the World war, bearing his name in everlasting bronze and keeping forever fresh his memory. Other roadways of the park will be named after cities, towns and particular engagements in which these men fought. The whole centers around the great monument, where a tower of unusual proportions is surmounted by a light which may be seen for miles.

The site of the park covers 215 acres, much of which is forested and naturally undulating. It is thought that while a portion of the park is to be used as a general cemetery, a section near the monument, which will permit the interment of 2,000 bodies, has been set aside for the use of the American Legion, where the bodies of soldier and sailor dead may be interred and perpetual care assured. The administration of this section is directly under the Lucas county Legion council, who will have a seat on the board of trustees.

Dedication of the memorial trees is planned for Decoration day, at which time the Legion will have charge of the services. The ceremony of the laying of the corner stone will occur later in the summer.

"The "Memorial Lantern," as the monument is tentatively known, will be maintained by the park officials without cost to soldiers' organizations, and arrangements are being perfected by them to make the burning of the great light perpetual.

KNOW THE NATIONAL ANTHEM

Minneapolis Aliens, Members of American Icanism Graduating Class, Sing "The Star-Spangled Banner."

At least one group of Minneapolis aliens have proved that they know the words of the national anthem, "The Star-Spangled Banner," better than do many native Americans, according to a report received by the Americanism commission of the American Legion.

These aliens, all members of Americanization classes conducted throughout the city by school and naturalization officials, have completed their night school work and made up a class of 63 graduates at a commencement day program recently held.

Greeks and Italians mingled with the blond sons of Norway and Sweden, lads not out of their teens sat on the platform with a number of middle-aged women and older men, all with a mutual desire—to become American citizens.

As the closing feature of the commencement day program both the class and the audience, numbering nearly 1,000, stood and sang the national anthem. Those of the class knew the song, every word of it. The learning of it had been one of the most interesting achievements of the whole course of training for citizenry they had undertaken. Many members of the audience, singing away, stumbled over words of the verses, forgetting them, while those who were aspiring to become American citizens sang every word.

Diplomas were presented to all graduates of the class by Minnesota school and naturalization authorities, under whose auspices the classes are held. The classes are well attended and are decreasing difficulties which naturalization presents to the foreigner, making Americanization problems much easier for both the authorities and the aspirants for citizenship.

ALL URGED TO WEAR A POPPY

Chamber of Commerce of United States Requests Reverence of Men Who Fell in France.

All Americans are urged to wear the French poppy on Memorial day "in honor of the men who fell in France," by the Chamber of Commerce of the United States, in a recent bulletin to member bodies in all parts of the country.

Replying to a request for assistance from the American Legion, Elliot H. Goodwin, resident vice president of the chamber, said:

"With this request we very gladly and sympathetically comply. It is our hope that organizations of business men will promote the wearing of poppies on May 30."

Poppies will be sold by American Legion posts and units of the Legion Auxiliary for the benefit of its graves endowment fund, for service and relief work and for war memorials.

How Would You Figure It?

"So you think the pretty school teacher likes you? What makes you think so?"

"Well, when I call on her in the evening and get ready to go, she orders me to stay in half an hour longer for not behaving."—American Legion Weekly.

Good Breeding.

Good breeding is the result of much good sense, some good nature and a little self-denial for the sake of others.—Chesterfield.

LEGION MAN IS AN AUTHOR

"Rainbow Bright" Is From the Pen of Lawrence Stewart of Des Moines; Also an Artist.

A "buck private" during the World war, Lawrence O. Stewart, American Legion member of Des Moines, is now obtaining recognition as a writer, painter and sculptor.

Stewart is the author of "Rainbow Bright," an informal history of the Forty-second division, with which he served in France as a private in the sanitary detachment of the One Hundred and Sixty-eighth infantry. Illustrations for the book are leaves torn from the sketch book which Stewart carried in his gas mask. They were prepared oftentimes under fire. A preface for the book has been written by Col. E. R. Bennett, who commanded the One Hundred and Sixty-eighth infantry in action.

Stewart is a graduate of the Chicago Art Institute in painting and sculpture.

Lawrence O. Stewart.

and also studied at the Beaux Arts in New York. He was an instructor in painting and modeling at Drake university for a year and a half prior to the war and now has a studio in Des Moines.

His work includes a bronze bust of the late Henry Wallace, father of the present secretary of agriculture. He is now making a bust of Lincoln for the new Abraham Lincoln high school building in Des Moines.

FOR THEIR BUDDIES' GRAVES

Disabled Men in Oteen (N. C.) Hospital Contribute in Remembrance of Fallen Comrades.

Disabled veterans, who have spent long years in an effort to regain their health shattered by World war service, remember their fallen comrades who lie in "Flanders Fields."

Accompanying a tin box containing money for the American Legion's endowment fund to provide for the decoration of the graves of overseas dead, came a note from expervice men in ward 1-3 of United States hospital at Oteen, N. C., as follows:

"National Treasurer, American Legion:

"Enclosed you will find the mite contributed by the boys of ward 1-3 of this hospital. Each coin dropped into this little box was dropped with the remembrance of the boys who fell, our buddies, and the least we feel we can do is to wish for their graves to be kept green.

And the thought we send across the wave As we lay them upon our sea,
Is to plant upon each far-off grave
One sweet forget-me-not.

Proceeds of the Legion's endowment fund will insure that the graves of 32,000 veterans in Europe will be decorated each Memorial day.

HERRICK LAUDS FUND PLAN

Ambassador to France Endorses Legion's Campaign to Provide for Decoration of Graves.

Myron T. Herrick, American ambassador to France, recently wrote American Legion national headquarters in Indianapolis endorsing the Legion's campaign to raise a fund to provide for the decoration of 32,000 graves of war dead overseas each Memorial day.

"This delicate and kindly thought of the American Legion in assuming the responsibility for the appropriate decoration of the graves of the American soldiers in France has received the universal and grateful approval of the families, relatives and friends of its dead comrades," Ambassador Herrick stated. "It is an assurance of permanency and efficiency in the outward remembrance of our honored dead. Also, it is a comforting thought that the graves of our boys who sleep in the fields of France, where they fought and died have become the sacred trust of their living comrades, the Legionnaires."

Similar messages of approval for the campaign have been received by the Legion from General Pershing and Secretary of War Weeks.

An Even Chance.

Hogan was tired of the city and wanted to move out to the great open spaces where men are men and all that sort of thing. Accordingly, he sought information from a friend.

"Clancy," he said, "ye've taken a homestead, so ye know all about it. Will ye be tellin' me th' law about goin' about it?"

"Well," said Clancy, "I'm not afther rememberin' the letter of th' law, but here's what it amounts to. Th' guvvi ment is willin' to bet ye wan hundred an' sixty acres of land agin $14 that ye can't live on it five years without starvin' to death."—American Legion Weekly.

California Posts Are Prosperous.

Real estate and buildings to the value of $440,000 are owned by the American Legion in Los Angeles county, California. The organization in that state is highly prosperous and is one of the strongest departments now in operation.

Mucilage for Postage Stamps.

The mucilage for postage stamps is made of gum dextrin, two parts; water, five parts; acetic acid, one part. Dissolve by the aid of heat and add one part of 90 per cent alcohol.

Roman Remains in Britain.

Excavating for the foundation of a new factory to be erected at Keynsham, near Bristol, England, workmen recently unearthed Roman remains. The Daily Chronicle of London reports the discovery of coffins containing skeletons, a Roman needle about six inches long, a spoon and a brooch. The brooch is believed to have put the finishing touch upon the toga of a Roman gallant.

Shave With Cuticura Soap

And double your razor efficiency as well as promote skin purity, skin comfort and skin health. No mug, no slimy soap, no germs, no waste, no irritation even when shaved twice daily. One soap for all uses—shaving, bathing and shampooing.—Advertisement.

Would Economize.

"And will you trust me nice, after we are married?" she sighed, her cheek tenderly pressed to his'n.

"Oh, certainly; but not as often as I do now," he responded cautiously.—Stanford Chaparral.

HOW'S THIS?

HALL'S CATARRH MEDICINE will do what we claim for it—rid your system of Catarrh or Deafness caused by Catarrh.

HALL'S CATARRH MEDICINE consists of an Ointment which Quickly Relieves the catarrhal inflammation, and the Internal Medicine, a Tonic, which acts through the Blood on the Mucous Surfaces, thus assisting to restore normal conditions.

Sold by druggists for over 40 Years.

F. J. Cheney & Co., Toledo, O.

Fish for Longevity.

A liberal diet of fish is the surest road to a long life, says Dr. Lyman Fiske, president of the Life Extension Institute.

98 OUT OF EVERY 100 WOMEN BENEFITED

An Absolutely Reliable Statement Important to Every Woman

Remarkable Result Shown by a Nation Wide Canvass of Women Purchasers of Lydia E. Pinkham's Vegetable Compound. 50,000 Women Answer

For some time a circular has been enclosed with each bottle of our medicine bearing this question: "Have you received benefit from taking Lydia E. Pinkham's Vegetable Compound?"

Replies, to date, have been received from over 50,000 women answering that question.

98 per cent of which say YES. That means that 98 out of every 100 women who take the medicine for the ailments for which it is recommended are benefited by it.

This is a most remarkable record of efficiency. We doubt if any other medicine in the world equals it.

Think of it—only two women out of 100 received no benefit—98 successes out of a possible 100.

Did you ever hear anything like it? We must admit that we, ourselves, are astonished.

Of course we know that our medicine does benefit the large majority of women who take it, but that only two out of 100 received no benefit is most astonishing.

It only goes to prove, however, that a medicine specialized for certain definite ailments—not a cure all—one that is made by the most scientific process, not from drugs, but from a combination of nature's roots and herbs, gum and does do more good than lastly prepared prescriptions.

You see, we have been making, improving and refining this medicine for over 50 years until it is so perfect and so well adapted to women's needs that it actually has the virtue to benefit 98 out of every 100 women who take it.

In reliability and recognized efficiency has gained for it a sale in almost every country in the world—leading all others.

Such evidence should induce every woman suffering from any ailment peculiar to her sex to try Lydia E. Pinkham's Vegetable Compound and see if she can't be one of the 98. The Lydia E. Pinkham Medicine Co., Lynn, Mass.

10 Cents

BRIGHTENS, REFRESHES, ADDS NEW DELIGHT TO OLD DRAPERIES

PUTNAM FADELESS DYES—dyes or tints as you wish

HOUNDS SPOILED HER SOLO

Impression Made by Young Songstress Quite Different From the One Intended.

I was spending the week-end with a friend of my mother's, who lived with her eligible son on a large country estate. I was taking vocal lessons and took myself quite seriously.

The morning after my arrival, seeing my host out in the vicinity of the stables, I decked myself in my best bib and tucker and sauntered to the garden, accompanied by two big hounds. From the corner of a watchful eye I saw my audience approaching, and I burst forth in my most wonderful soprano. Simultaneously the hounds lifted their faces to heaven, even as I, and joined me in a most hideous cry.

My sense of humor came to my rescue, and I joined the master in his laughter, but I could have cried much more easily.—Chicago Tribune.

Harsh Criticism.

Senator Ashurst of New Mexico tells this story:

"The best story I know of is on myself. It happened several years ago, when I was making a speech in a little town in New Mexico and the crowd, of course, was made up of women as well as men. Up in the front row was an old lady and I noticed her following intently every word I said.

"I launched into a defense of my policies, and, naturally, made the pleches I might be expected to make in the political campaign. Along toward the end of the speech the old lady in front got up and started to leave.

"'Sweetened wind,' was all she said as she stalked out. The crowd roared."—New York Herald.

Protecting Alaskan Game.

New regulations for the protection of game in certain localities in Alaska have been approved by the secretary of agriculture, effective April 1, 1923. The only important change made was that eliminating certain islands in southeastern Alaska on which the killing of deer was prohibited in the past. Kruzof island, however, is still retained as a deer preserve. The killing of mountain sheep and mountain goats in the eastern part of the Kenai peninsula is prohibited until April 1, 1925. There still remains a closed season on deer west of longitude 141 degrees.

Times Change.

"They used to smile at red-headed girls." "And now half the world is using henna."

Rich Harvest of North Sea.

It is estimated that the quantity of fish caught annually in the North sea would fill a procession of two-ton trucks reaching from New York to San Francisco by way of New Orleans.

WHY DRUGGISTS RECOMMEND SWAMP-ROOT

For many years druggists have watched with much interest the remarkable record maintained by Dr. Kilmer's Swamp-Root, the great kidney, liver and bladder medicine.

It is a physician's prescription.

Swamp-Root is a strengthening medicine. It helps the kidneys, liver and bladder do the work nature intended they should do.

Swamp-Root has stood the test of years. It is sold by all druggists on its merit and it should help you. No other kidney medicine has so many friends.

Be sure to get Swamp-Root and start treatment at once.

However, if you wish first to test this great preparation send ten cents to Dr. Kilmer & Co., Binghamton, N. Y., for a sample bottle. When writing be sure and mention this paper.—Advertisement.

An Appeal Suggested.

The eminent lawyer came back from court in something of a huff. There had been some words with the judge.

Upon entering his office the attorney took up his brief, rushed to the big dictionary and began a search. Finally he turned to his partner.

The latter awaited developments.

"The dictionary," stated the eminent lawyer solemnly, "disagrees with my spelling of this word."

"In that case," suggested the equally eminent colleague, "take an appeal to the encyclopaedia."—From the Green Bag.

Another Early One.

The wild ginger has large, broad, heart-shaped leaves which are most conspicuous objects on the rocky hillsides in early April, says Nature Magazine. Their thick stems rise some six or ten inches above the ground, but the dull, purplish, cup-shaped blossoms must be searched for at the roots, well hidden among the dead leaves.

She Doesn't Go So Far Back.

"I can remember the days of Adelina Patti," admits Mrs. Lewellina Van Quentin, "but I certainly have no recollection of the days of Bel Canto, of whom the older music critics are always speaking."—Kansas City Star.

Married Pair on Same Jury.

A husband and wife served on the same jury in Minnesota. The jury disagreed.—Life (New York).

Kill All Flies!

THEY SPREAD Disease anywhere. DAISY FLY KILLER Attracts and kills all flies. Neat, clean, convenient, ornamental, cheap. Lasts all season. Will not soil or injure anything it may touch. Guaranteed effective. Sold by dealers or sent prepaid by EXPRESS, 60 cents. Send your name on a postal. HAROLD SOMERS, 150 De Kalb Ave., Brooklyn, N. Y.

EYES SORE? Dr. Isaac's EYEWATER

A reliable and speedy remedy since 1796. Buy at your druggist's or John F. Thomas Co., Inc., 29 River Street, Troy, N. Y. BOOKLET FREE.

Ladies Keep Your Skin Clear, Sweet, Healthy With Cuticura Soap and Cuticura Talcum

ASTHMA

DR. J. D. KELLOGG'S ASTHMA REMEDY for the prompt relief of Asthma and Hay Fever. Ask your druggist for it, 25 cents and one dollar. Write for FREE SAMPLE.

Northrop & Lyman Co., Inc., Buffalo, N.Y.

Dr. J. D. KELLOGG'S REMEDY

QUITE A "PROMINENT FELLER"

Fact That "A. Lover" Was Very Much in Evidence in Paris Impressed Jay Gould.

Mrs. Barton French, who had taken a villa on the road near Monte Carlo for the winter, said at a dinner party:

"We Americans are poor linguists as a rule. I remember a story that Lord Dunraven once told me about Jay Gould.

"Jay Gould was visiting Paris and Lord Dunraven devoted a day to driving him over the city. There happened to be a good many apartments to let at the time, and to-let signs—A Lover were stuck up everywhere. Jay Gould didn't know enough to know the Arc de Triomphe, or Notre Dame, or anything. A sheer, silent little chap, Lord Dunraven said.

"But at the end of the day's sightseeing Mr. Gould displayed a little interest at last.

"'Who's this here A. Lover, Mr. Dunraven?' he said. 'Seems a pretty prominent feller.'"

A Woman's Reason.

Alice—Why did you postpone your marriage to Dick?

Virginia—He married Gladys!

Why divide the family at breakfast?

WHY take coffee for yourself, while saying "No" to the children? It is true, as most parents are careful to explain, that little folks should not endanger health and growth through the drug element in coffee and tea, but—

Your health is valuable, too—and *their* desire for a hot drink with breakfast may be as great as yours.

There's complete satisfaction in Postum, and safety alike for young and old. Postum is a pure cereal beverage. It is coffee-like in color and flavor, but free from any element that can harm. Thousands who are now saying "No" to themselves as well as to the children, as a safeguard against coffee-ills, have found better comfort and better health, in Postum.

Your grocer sells Postum in two forms: Instant Postum (in tins) prepared instantly in the cup by the addition of boiling water. Postum Cereal (in packages) for those who prefer the flavor brought out by boiling fully 20 minutes. The cost of either is about one-half cent a cup.

Postum for health
"There's a Reason"
Made by Postum Cereal Co., Inc.
Battle Creek, Mich.