Sure Relief FOR INDIGESTION

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25¢ AND 75¢ PACKAGES EVERYWHERE

ASTHMA

DR. J. D. KELLOGG'S ASTHMA REMEDY for the prompt relief of Asthma and Hay Fever. Ask your druggist for it. 25 cents and one dollar. Write for FREE SAMPLE. Northrop & Lyman Co., Inc., Buffalo, N.Y.

Dr. J. D. **KELLOGG'S** REMEDY

Practical Mind.

The approach of Christmas brought the usual problem to an Alameda (Cal.) man—what to give his wife. She had everything he could think of, and there seemed nothing more to bestow. "My dear," he said, "I wish to give you a present to cost about $20, but I can't think what. Can you?" The lady pondered it seriously, and said: "I am thinking of my roses. I wish you would give me $20 worth of manure."—San Francisco Argonaut.

HER LITTLE BOY WAS FRAIL, WEAK SINCE HIS BIRTH

Seemed Like There Was Always Something Matter With Him.

SIMPLE HOME REMEDY MADE HIM ROBUST BOY

"He was puny, frail and delicate and small for his age of three years. He had no life at all. No appetite. What food he ate didn't digest right or nourish him as it should. He was nervous when asleep—tossed and jumped in bed. Then I saw Hypo-Cod advertised and bought a bottle at the druggist's. It is grand. Every mother should try it at once. It did him worlds of good. He's like another child. Talk about energy! He has enough for anyone. Has wonderful appetite—eats all the time. Sleeps peaceful and has gained in weight something wonderful. Instead of that pale, haggard appearance he has a rosy complexion and is always in the best of spirits. Oh, if I had only gotten Hypo-Cod for him sooner, I sometimes condemn myself because I didn't. It is no trouble to get him to take it because he likes the taste. He never let me miss a dose. He has come to know when his tonic time comes," declared Mrs. Ollie Campbell, 966 Tuscola St., Detroit.

Hypo-Cod is a pure, wholesome, nice tasting, modern tonic. Costs no more than other kinds. Other formula and directions for home use on each bottle. It contains Hypophosphites, Wild Cherry Bark and Malt extracts, Cod Liver Oil extracts, Iron, etc. Don't risk having children weak and delicate during dangerous, wet, cold winter weather. Fortify, strengthen and tone their little systems up. You'll be delighted.—Advertisement.

Fatal Artillery Practice.

While a battery of Swiss artillery was at practice near Sursee, north of Lucerne, a shell richochetting from the ground struck the house of a peasant. The peasant's wife, who was having dinner with her daughters and a workman, was killed, but the others were not harmed. The shell entered through the kitchen and buried itself in a loft without exploding.

Don't Forget Cuticura Talcum

When adding to your toilet requisites. An exquisite face, skin, baby and dusting powder and perfume, rendering other perfumes superfluous. You may rely on it because one of the Cuticura Trio (Soap, Ointment and Talcum), 25c each everywhere.—Advertisement.

Deficient.

"How does young Johnson stand at college?"

"Not very well. He's all right in his studies, but he is more than suspected of cutting football games."—Boston Evening Transcript.

Important to Mothers

Examine carefully every bottle of CASTORIA, that famous old remedy for infants and children, and see that it

Bears the Signature of *Chas. H. Fletcher*

In Use for Over 30 Years.

Children Cry for Fletcher's Castoria

Old, but New.

Teacher—Charlie, you're so stupid. Why don't you study? Haven't you a Bible at home?

Charlie—It ain't up ter date. It's ar old edition.

Criminal Negligence.

Mrs. Newlywed—Oh, I dropped a fork—that means mother's coming here.

Newlywed—Butter fingers!

Statistics.

Statisticians say that not one man in ten can think on his feet.

Three words too many.

A cultured man is one who has a lot of information that isn't worth anything to him.

"Have enough strength to be sweet, and enough sweetness to be strong, and too much of both to be queer."

It is work more than play that keeps men young.

All for each and each for all.

MURINE FOR YOUR EYES

Night and Morning. *Have Strong, Healthy Eyes.* If they Tire, Itch, Smart or Burn, if Sore, Irritated, Inflamed or Granulated, use Murine often. Soothes. Refreshes. Safe for Infant or Adult. At all Druggists. Write for Free Eye Book. Murine Eye Remedy Co., Chicago

The American Legion

(Copy for This Department Supplied by the American Legion News Service.)

WILL HELP RUN GOVERNMENT

Brig. Gen. John R. McQuigg, Ohio, Organizer, Predicts Reform Through Ex-Service Men.

There is an avalanche coming down on government before long when the service men get properly organized. The government will be run as it has not been run in the past, and is being run now."

Brig. Gen. J. R. McQuigg.

The above statement was made by Brig. Gen. John R. McQuigg, veteran organizer, campaigner and silver-tongued orator of the American Legion in accepting his recent unanimous election as chairman of the Cuyahoga County (O.) Council of the Legion which includes all Cleveland Legionnaires.

Entrance of ex-service men into the active affairs of government will purify American politics and will inject a new note of Americanism into the country's affairs, according to General McQuigg, although the Legion, as an organization, will never participate in partisan politics.

General McQuigg is serving his third term as Legion national executive committeeman from Ohio, and is past commander of the Ohio department. At the recent national convention in New Orleans he was chosen a three-year member of the national finance committee. He was chairman of the very important resolutions committee at the convention, and presented the resolution on adjusted compensation to the convention. He played an active role in the compensation fight in congress.

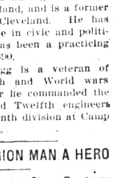
A brigadier general of the Ohio National Guard, Mr. McQuigg is president of the Windermere Savings and Loan company of Cleveland, and is a former mayor of East Cleveland. He has always been active in civic and political affairs and has been a practicing attorney since 1890.

General McQuigg is a veteran of both the Spanish and World wars. In the recent war he commanded the One Hundred and Twelfth engineers in the Thirty-seventh division at Camp Sheridan overseas.

ANOTHER LEGION MAN A HERO

Omaha (Neb.) Member Stops Runaway Team, Saving Many Persons From Threatened Injury.

E. W. Sears, a member of Douglas County post of the American Legion at Omaha, Neb., is recovering from wounds received when he performed a heroic rescue of several pedestrians whose lives were threatened by a runaway team of horses at a downtown corner in Omaha.



E. W. Sears.

The team was dashing into a crowd of men and women when Sears became aware of the situation. There was no time to pull the pedestrians out of the way. With all the presence of mind displayed by doughboys attacking a German machine-gun nest, Sears ran into the street, leaped at the horses and succeeded in catching a bridle. The team stopped a few feet from the crowd of men and women.

Sears, however, was injured, suffering a deep wound in the leg when one of the horses struck him with an iron shoe. Praised for his bravery by a number of persons in the crowd, Sears refused to admit that he had done anything extraordinary.

"Any of my buddies in the Legion would have done the same," the war veteran said.

INFLUENCE OF LEGION POSTS

Organizations Can Build Solidly Into Life of Community, National Vice Commander Says.

Active participation of American Legion posts in the affairs of their communities was urged by P. Plummer of Casper, Wyo., national vice commander of the American Legion, in a recent address to members of the Legion national headquarters staff at Indianapolis.

"The entire future of the American Legion depends upon the manner in which it appeals to the great body of American people who were not in the war," Mr. Plummer said. "By unselfish activity in behalf of a greater village, town or city, the Legion post can build itself solidly into the life of the community and develop a powerful national influence."

Mr. Plummer announced that he was going to take an active part in the Legion's program for 1923 instead of considering his office an honorary title.

To Give Bonuses to Needy.

Under the auspices of the American Legion, Illinois ex-service men who are eligible for the state bonus and who do not need the money have organized an Illinois Veterans' trust to give those who are in real need the money that would come to them.

Every Man's Duty.

The constant duty of every man to his fellows is to ascertain his own powers and special gifts, and to strengthen them for the help of others.—John Ruskin.

HONOR HERSCHELL, THE POET

Buddies Join Author, Popular With Doughboys in World War, in Celebrating Birthday.

William Herschell of Indianapolis author of "Long Boy," "The Kid Has Gone to the Colors" and other poems popular with the doughboys in the World war, was honored by his Indiana American Legion buddies at a recent celebration of the poet's fortty-ninth birthday at Greensburg, Ind.

William Herschell.

Alvin Owsley, national commander of the Legion, who spoke at the celebration, said that Herschell was one of the few war writers who knew the heart of the fighter, and who spoke his language. The Hoosier poet's strength is in his knowledge of the thoughts and actions of the millions of plain, ordinary people who form the bulk of America's population, according to Mr. Owsley. The tribute to the Indiana Legionnaires was voiced by Perry Faulkner, Indiana commander. Philip B. Stapp, editor of "The Hoosier Legionnaire," was in charge of arrangements for the banquet and acted as toastmaster.

"Why Do They Call Them Buddies?" was written by Herschell and was dedicated to the Legion at the banquet. The poem follows:

Why do they call them Buddies?
What other name as sweet
Has ever been war-hallowed
By rain and snow and sleet?
What other name than Buddies
Would men like our men bear
When all hell belched its baptisms
And death was everywhere?

Why do they call them Buddies?
Though not of common kin,
Old Glory called them brothers
When Freedom said: "Go in!"
They swept in mighty legions
To man land, sky and sea;
Gob, devil-dog and doughboy—
A fighting trinity!

Why do they call them Buddies?
Because they stand today,
Still Buddies to the Buddy
Left shattered by the fray.
Though peace may grow unmindful
Of war's unsettled debt,
The Buddy to the Buddy
Stands fast—and can't forget!

That's why they call them Buddies!
The shrapnel's battle's gone,
But still, beneath Old Glory,
The Buddies carry on!
And so, tonight, heart-happy,
I breathe this fervent prayer!
God make the way all roses
For Buddy Legionnaire!

Herschell's legion of friends know him as "Bill." He has been the leading feature writer of the Indianapolis News for years and his poems have had nation-wide circulation.

TO HAVE BIG ATHLETIC MEET

Secretary Lindberg of Legion's National Commission at Work on Program for Next Convention.

On the road to complete recovery of his health shattered by the World war Al. C. Lindberg, secretary of the American Legion's national athletic commission, is on the job at Legion national headquarters preparing for the largest ex-service athletic meeting in history at the next national convention in San Francisco.

Al. C. Lindberg.

Lindberg came back from France after spending months in hospitals suffering from wounds caused when an airplane he was piloting crashed to the ground. This was not before he had participated in a number of air battles with German aviators.

Although Lindberg suffered continually from his war wounds, he did not remain long in American hospitals. When the Legion's athletic commission was formed to encourage the spread of clean, wholesome sports among ex-service men and the younger generation, Lindberg was called from his home in Chicago to assume the position of secretary of the commission. His work was primarily responsible for the success of the Legion's recent athletic meet at the New Orleans convention.

A few days ago Lindberg submitted to an operation in a Chicago hospital in which several ribs were bound together with strips of silver and it is now believed that he will recover his health.

Lindberg is remembered in the sports world for his athletic career at the University of Illinois, where he was a ten-second man in the 100-yard dash and a member of the varsity football baseball and basketball teams.

Legion Men Edit Newspapers.

Editors of South Dakota newspapers took a holiday during one day of American Education Week, held December 3 to 9, inclusive, under the auspices of the American Legion. In each newspaper office members of the Legion wrote the editorials and news and did all the work of getting out the newspapers for that particular day. The work was supervised by the regular editorial staff of the various publications. The editing of newspapers is expected by Douglas Sheldon, South Dakota Legion adjutant, to aid materially in making known the Americanization program and plans of the Legion for the coming year.

Observance of Christmas.

The fifth Christmas for sick and disabled World war fighters spent in hospitals since the war's end was observed by their comrades of the American Legion and its Auxiliary by visits to hospitals, entertainments and relief work among veterans. Alvin Owsley, Legion national commander, directed 11,000 Legion posts to send representatives to the hospitals and to organized community entertainments for the disabled men. Instructions also were forwarded to Legionnaires to conduct community celebrations for children.

HOMES—AND HOMES

To say that the orphaned children are the most fortunate would be to state the matter too strongly. But certain it is that some orphans have an advantage in that the right sort of homes are chosen for them by experienced and kindly supervisors of the asylums or other institutions that have undertaken responsibility for the child's well-being. The child who lives with his own parents is subject to whatever conditions happen to prevail in the particular home he has been born into, says the Boston Herald. If he has been allotted wise and considerate parents, willing to create a helpful atmosphere, the child is, indeed, blest. If he has drawn foolish, inconsiderate and selfish parents, he is far worse off than the orphaned waif, who is placed in a carefully selected home, there to be properly trained and nurtured. It is a pity that every child cannot have a proper home, with his own mother and father. But, of the two classes of "orphans," those whose parents are dead and those whose parents are false to them, the former are not always the worse off.

A writer in the Christian Science Monitor says: "Several years ago, when I was working for a moving picture company, an organization of writers asked me to talk to them about writing for the screen. The only thing I said was that the best way to write for the screen was to forget the screen and write as well as they knew how. Anything less than that, I pointed out, would be unfair to both the writer and the screen. Unless the screen could make use of the writer's finest work he would be doing himself a grave injustice to take it into consideration. Moreover, the screen, though it had not then discovered the fact, was in dire need of real literature, literature embodying American ideas and ideals, and writing done to measure would prevent the screen from developing to a point where it would be the author's servant and not his master."

"There are a million varieties of size, style and kinds of shoes made in the United States; 6,000 of axes; 7,562 of firearm cartridges; 289 of United States flags," says W. A. Durgin, a Chicago business executive, who has temporarily given up his private concerns to be a special assistant to Secretary Hoover in elimination of the waste in industry. "The waste in six leading industries is placed at 40 per cent," continued Mr. Durgin in emphasizing the fundamental economy that should go a long way toward making American industry prosperous. "Forty per cent of the capital, material, labor, mental effort just thrown away with nothing to show for it. Even if this is only half right it means $1 out of every $5 destroyed."

College graduates get a lot of "kidding" because of the widespread notion that they are puffed up and expect the world to fall at their feet. The Christian Science Monitor suggests that this isn't true of the college graduate. The Monitor probably is right. Most generally accepted notions are false. Ed Howe, the famous country editor, writes: "Does a red flag really annoy a bull? We are always talking about it, but did you ever personally know a bull to take after anything red?"

Robins, thrushes, linnets, nuthatches and all kinds of song birds and insect-eaters which are protected by law and never killed by Americans are being slaughtered by thousands by foreigners who obtain hunting licenses illegally and believe that the licenses authorize them to kill anything, according to John B. Burnham, president of the American Game Protective association.

A Chicago man got fined a dollar in a police court for swearing at undertakers who were about to begin work on him. He should have waited until they finished their job, and then sworn out a warrant against them.

Harvard astronomers announce that the diameter of the universe is six times as long as it was formerly supposed to be, but even at that there does not seem to be any place where a man can throw his old safety razor blades.

Don't write a letter of protest to your postmaster if you get a twenty inch alligator in your morning mail. He may not be welcome, but he is entirely legal, according to the latest ruling of the Post Office department.

An American soldier who deserted at Coblenz and turned up in Moscow has asked to be sent to Leavenworth. He appears to have discovered that American punishment is better than soviet freedom.

Soviet propagandists in the United States might well curb their enthusiasm until sovietism in Russia manages to provide at least one square meal a day for all Russians.

Keep Pigs Free of Lice.

Keep the pigs free of lice, as lousy hogs cost almost two cents a pound more than clean hogs—no farmer can afford to pay the toll.

Parsnips for Winter Use.

Parsnips for winter use should be covered with moist sand to prevent drying out.

Hauling Manure on Field.

The only difficulty with hauling manure to the field as it is produced is that sometimes the ground is soft.

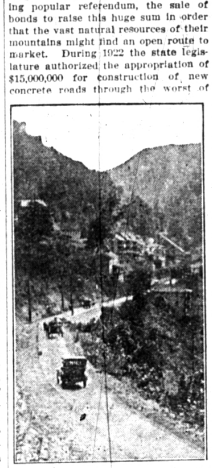
GOOD HIGHWAYS

MONEY FOR IMPROVED ROADS

West Virginia Votes Favorably on Proposition to Raise $60,000,000 for Improvements.

Sixty million dollars for a system of state-wide highways.

Last year the taxpayers of West Virginia authorized by an overwhelming popular referendum, the sale of bonds to raise this huge sum in order that the vast natural resources of their mountains might find an open route to market. During 1922 the state legislature authorized the appropriation of $15,000,000 for construction of new concrete roads through the worst of



Concrete Road Along Top of River With 9-Foot Slab at Center of Roadway.

the rock counties and it is probable that in 1923 the assembly will vote to spend at least $20,000,000 additional for new construction of hard surface highways.

Rich in coal, oil, natural gas and attendant industries such as glass manufacturing and foundries, West Virginia has never been in a position to gain the best results from its stored wealth through its lack of good roads system and the virtual isolation of many of its richest counties from the outside world save through industrial rail connection.

Travelers in the hills often were forced to ride twenty and thirty miles from one town to another on horse back, while some communities were able to buy clothing and provisions only once or twice a year. The rock strewn and bottom roads in the central section of the state were impassable during the winter and early spring and many tragic deaths have been charged against their treacherous footing.

The first step was taken along the Big River, near the Kentucky line where the greatest coal producing mines are in operation. At Welch and in other McDowell county towns, the scenes of many of West Virginia's bitterest mine battles, the first concrete link was laid. Engineers faced terrific problems of construction and in the service of supplies, but the first year's program was put through on schedule despite handicaps. The pits of McDowell county now have an easy means of access to the Big River city and prosperity at the mines is increasing every month since the new system was placed in operation.

It is planned to make the roads interlock at points not served by regular freight and passenger trains at first and to follow up this original net work with a complete system of trade routes in succeeding years. Work will be concentrated on the central and western end of the state at first.

CONSTRUCT 18-FOOT BRIDGES

Some of 12 and 16 Feet Have Been Built to Economize, but Proven Short-Sighted.

Few highway bridges with a width of roadway less than 18 feet are now being constructed on improved roads, according to engineers of the bureau of public roads of the United States Department of Agriculture. In the past some of 12 feet and a good many of 16-foot width have been constructed in an effort to economize, but it has proved short-sighted economy. Only one line of traffic can pass over a 12-foot roadway and 16 feet of width will not accommodate two lines in safety. Many of the states such as Pennsylvania, New Jersey, Ohio, and Massachusetts have found it advisable in replacing old bridges on important roads to make them wide enough to accommodate three and four lines of traffic.

FALL FRESHENING IN FAVOR

Cows Not Only Lead In Production of Milk and Butterfat, but Also Produce More.

Cows that freshen in the fall not only lead in production of milk and butterfat, but also produce more income over cost of feed than cows freshening at any other time of the year, according to Horace M. Jones, extension dairy specialist at South Dakota state college.

Saving Manure.

Some provision ought to be made for protecting manure during the winter months. Of course, if a spreader is available and fields are in a condition that distribution is possible, the manure may be spread at frequent intervals.

The Plymouth Rocks.

Among the older, well-established breeds that seem to maintain their popularity year after year with both the farmer and the fancier are the Plymouth Rocks.

WOMEN NEED SWAMP-ROOT

Thousands of women have kidney and bladder trouble and never suspect it.

Women's complaints often prove to be nothing else but kidney trouble, or the result of kidney or bladder disease.

If the kidneys are not in a healthy condition, they may cause the other organs to become diseased.

Pain in the back, headache, loss of ambition, nervousness, are often times symptoms of kidney trouble.

Don't delay starting treatment. Dr. Kilmer's Swamp-Root, a physician's prescription, obtained at any drug store, may be just the remedy needed to overcome such conditions.

Get a medium or large size bottle immediately from any drug store.

However, if you wish first to test this great preparation send ten cents to Dr. Kilmer & Co., Binghamton, N. Y., for a sample bottle. When writing be sure and mention this paper.—Advertisement.

The Source of Supply.

Miss Yvonne, a clever English actress, tells a story of an intimate friend of hers whose little four-year-old daughter one day inquired of her: "Why do you go to the theater, mummy?" "Oh, to get bread and butter," she was told. Next day she had tea with the landlady. "So you've been to the theater, have you?" she inquired in her knowing little way. "No. Why?" asked the woman. "Then how did you get this bread and butter?"

Aspirin

Say "Bayer" and Insist!

BAYER

Genuine

Unless you see the name "Bayer" on package or on tablets you are not getting the genuine Bayer product prescribed by physicians over twenty-two years and proved safe by millions for

Colds	Headache
Toothache	Lumbago
Earache	Rheumatism
Neuralgia	Pain, Pain

Accept "Bayer Tablets of Aspirin" only. Each unbroken package contains proper directions. Handy boxes of twelve tablets cost few cents. Druggists also sell bottles of 24 and 100. Aspirin is the trade mark of Bayer Manufacture of Monoaceticacidester of Salicylicacid.—Advertisement.

Ma's Method.

Ma was putting the poor relations near the head of the table and pa wondered why.

"I love 'em and respect 'em, and all that," ma said, "but you know they don't wear expensive clothes."

"Well?"

"And the way you carve, pa, nobody knows which way the stuffing is going to squirt."

SHE DYED A SWEATER, SKIRT AND CHILD'S COAT WITH "DIAMOND DYES"

Each package of "Diamond Dyes" contains directions so simple any woman can dye or tint her worn, shabby dresses, skirts, waists, coats, stockings, sweaters, coverings, draperies, everything, even if she has never dyed before. Buy "Diamond Dyes"—no other kind—then perfect home dyeing is sure because Diamond Dyes are guaranteed not to spot, fade, streak, or run. Tell your druggist whether the material you wish to dye is wool or silk, or whether it is linen, cotton or mixed goods.—Advertisement.

Getting Ready.

"Girls!"

The matron of the dormitory screamed whisperingly down the sleeping aisles.

"Get up quick. There's a burglar in the house!"

And with one accord twenty excited damsels leaned out and cried in unison:

"Where's my powder puff?"—Richmond Times-Dispatch.

A Baseball Fool.

A young lady whose knowledge of baseball was not large sat watching a game which was proving very disastrous to the home team. Finally she turned to her escort and exclaimed:

"Isn't our pitcher grand? He hits their bats no matter where they hold them."—Everybody's Magazine.

"Every time a woman makes a call she has some new piece of gossip to turn loose.

Though we travel the world over to find the beautiful, we must carry it with us or we find it not.—Emerson.

Every Cold Is Dangerous—Begin Taking Father John's Medicine at Once. No Dangerous Drugs

BETTER DEAD

Life is a burden when the body is racked with pain. Everything worries and the victim becomes despondent and downhearted. To bring back the sunshine take

LATHROP'S GOLD MEDAL HAARLEM OIL CAPSULES

The national remedy of Holland for over 200 years; it is an enemy of all pains resulting from kidney, liver and uric acid troubles. All druggists, three sizes.

Look for the name Gold Medal on every box and accept no imitation

EARN BIG MONEY LEARN THE AUTOMOBILE BUSINESS

Make $2,000 to $10,000 Yearly

Our graduates are able to step into good positions as soon as they finish. Others go in business for themselves. Research Institute of America, Inc. (Inc. N.Y.) took our course and says: "Have made $10,000 in 2 years." Wolf, (Iowa) made $60.00 per week; Wolf, (Iowa) made $10,000 in 2 years. Others are starting their own; Anderson, (Minn.) made $2,000 in 3 months; Bergen, (Ill.) made $5,000 in 1 year. Hundreds more are making big money.

Complete Course—Endorsed by Big Auto Factories

Every branch of the auto business is taught—construction, repairing, ignition, starting, lighting, tractors, trucks, farm lighting plants and gas engines. We teach by actual work. Experience on each machine. Diploma given. Free employment service. Life membership. Free use of our modern equipment and service men, and lectures for students at night when they are not busy. Many of the leading automobile manufacturers and 90 per cent of automobiles are represented in our equipment. Our course helped to outline our lessons and heartily endorses our School. M.S.A.S. training is recognized everywhere. WRITE TODAY FOR BOOK—HOW TO LEARN THE M. S. A. WAY.

Special Courses in Battery, Repairing, The Repair Man's Course, Starting and Lighting, Ignition, Tractors, Welding, Everything.

Good Positions Await Our Graduates. Practical Automobile Engineers are in demand. Let us help you. Write today.

Detroit Automobile School 2321 Auto Bldg. Detroit, Mich.

Fur Tanning

on Beef, Horse, Colt and Calf Skins. Make up of Coats, Robes, Rugs, Vests, Gloves, Furs, Scarfs, Muffs and Capes. Tell us the kind of Fur you want.

W. W. Weaver, Reading, Mich.

Thirty years in fur business.

Clear as Mud.

"Did he tell you the way?"

"No, he only gave me directions."—New York Times.

It is a physical impossibility for a man or woman to be happy without a sense of humor.

It is the easiest thing in the world for a man to deceive himself.—Franklin.

A woman gets as many airs out of a milliner's box as she does out of a phonograph.

Adversity leads the wise to prosperity.

It isn't easy to keep on trying—but it pays.

There will be an extra guest for dinner—let's have a mince pie.

NONE SUCH MINCE MEAT

"LIKE MOTHER USED TO MAKE"

MERRELL-SOULE COMPANY SYRACUSE, N.Y.