

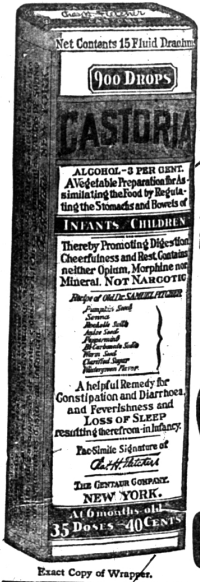
Racking Coughs Are Danger Signals



Coughs are always dangerous and the longer they hang on, the more dangerous they become.

Start now to build up strength to resist cold and grip germs. Take a pure food tonic made of cod liver oil scientifically combined with other valuable ingredients, such as

Father John's Medicine "Builds New Health"



CASTORIA For Infants and Children. Mothers Know That Genuine Castoria Always Bears the Signature of Dr. J. C. Watson. In Use For Over Thirty Years. CASTORIA THE CERTAIN COMPANY, NEW YORK, CTY.

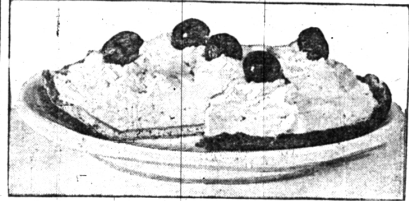
DYED HER BABY'S COAT, A SKIRT AND CURTAINS WITH "DIAMOND DYES"

Each package of "Diamond Dyes" contains directions so simple any woman can dye or tint her old worn, faded things new. Even if she has never dyed before, she can put a new, rich color into shabby skirts, dresses, waists, stockings, sweaters, coverings, draperies, hangings, everything. Buy Diamond Dyes—the older kind—then perfect home dyeing is guaranteed. Just tell your druggist whether the material you wish to dye is wool or silk, or whether it is linen, cotton, or mixed goods. Diamond Dyes never streak, spot, fade or run.—Advertisement.

Camp Fire Work Induced Testimony to the growth of the Camp Fire movement, as well as tribute to its efforts in the direction of better citizenship, is found in the fact that 12 universities and colleges in various parts of the country now have courses in Camp Fire work, for which academic credit is given. In addition, many cities have officially recognized the program by definitely correlating it with recreation work in the public schools and by giving the instructor the same status enjoyed by other teachers.

Very seldom does a man pose as a confirmed bachelor until after some woman has confirmed him. Society uncovers a multitude of feminine shoulders.

RECIPE FOR COTTAGE CHEESE PIE



Try Some Cottage Cheese Pie. (Prepared by the United States Department of Agriculture.) Blend one tablespoonful of cornstarch gradually with two-thirds cupful of sugar, one cupful of cottage cheese, two beaten egg yolks, one tablespoonful of butter or melted fat, one-eighth teaspoonful salt, one-fourth teaspoonful vanilla. Bake in a pie shell that has been prebaked for ten minutes or until it begins to color slightly. It must not be brown, or the finished pie will be dark cover with a meringue made by adding two tablespoonfuls of sugar to the beaten white of two eggs; one-half teaspoonful of vanilla may be added. Brown the meringue in a slow oven.

BUYING KITCHEN STOVE OR RANGE

Convenient Position Should Be Decided Upon Before Any Selection Is Made. ALLOW FOR OPENING OF OVEN Hot Water Boiler Should Never Be Placed Below Level of Firebox—Floor Should Be Covered With Fireproof Material.

LEFT-OVER RICE FOR MAKING HOT MUFFINS

Easiest Ways for Disposing of Waste Material. (Prepared by the United States Department of Agriculture.) One of the easiest and most palatable ways of disposing of a small amount of left-over cooked rice is to use it for hot muffins or waffles in the morning, or for omelet or pie filling. In the factory just returned me. "But Tanlac has made a clean sweep of my troubles, and now, with plenty of strength and energy, I am working and feeling fine."

WOMEN NEED SWAMP-ROOT

Thousands of women have kidney and bladder trouble and never suspect it. Women's complaints often prove to be nothing else but kidney trouble, or the result of kidney or bladder disease. Pain in the back, headache, loss of ambition, nervousness, are often times symptoms of kidney trouble. Don't delay starting treatment. Dr. Kilmer's Swamp-Root, a physician's preparation, obtained at any drug store, may be just the remedy needed to overcome such conditions. Get a medium or large size bottle immediately from any drug store.

WOULD NOT TRADE FOR \$10,000 CASH

Benefits From Tanlac in Ending His Stomach and Rheumatic Troubles, Priceless, States Tucker.

"I wouldn't take \$10,000 for the good Tanlac has done me," declared W. E. Tucker, 1129 North 28th St., Richmond, Va., a bootmaker for the Allegheny Box Co., recently. "If I thought I would have to give up the job I had been on seventeen years, but Tanlac has built me up eighteen pounds, and I never felt better in my life."

"I was so weak and run down and had lost so much weight and strength I just felt broken down all the time. I got up mornings awfully fatigued, with no appetite, feeling like I hadn't slept a wink, and while on the job my nerves were so unstrung that the noise in the factory just tortured me. My liver wasn't acting right, and I suffered so much from rheumatism I could hardly get to work."

"Tanlac is for sale by all good druggists. Over 35 million bottles sold.—Advertisement."



400 Pleasant Rooms Hotel Fort Shelby Lafayette Boulevard at First Street Close to Detroit's "Business Corner" DETROIT

In the front rank of Detroit's finest hotels, the Fort Shelby offers you uncommon advantages in location, environment, equipment and service. Fort Shelby's hospitality will please and please the preference of business men, tourists and family parties. Fort Shelby service includes many extra courtesies, such as reservation of theatre tickets and other errands in advance of your arrival. Running Ice Water in Every Room Day and Night Valet Service THE SERVICER—A compartment built in the guest-room door, through which, on telephonic request, merchandise, clothing to be pressed, etc., can be delivered to and from your room without inconvenience, interruption or intrusion of employees also it protects from excessive tipping. Automobile parties appreciate the unexcelled service of the Fort Shelby Garage. Advance garage reservations made for our guests. The Fort Shelby Cafe is famed as "Detroit's finest restaurant." Moderate prices in cafe and coffee shop. Convenient to rail and water terminals. Michigan Central Depot cars stop close by. Rates per day: \$2 and up • Double \$3.50 and up E. H. LERCHEN, Inc., Supt. SETH E. FRYMIRE, Manager

COOKING MOST DRIED FRUITS

Most Important Point to Be Observed Is Not to Soak or Cook in Too Much Water. Dried fruits are usually given a long, slow cooking in water before the boiling point. They may be simply be washed and put directly into the warm water for cooking. The important point to be observed, says the United States Department of Agriculture, is not to soak or cook in too much water. The dried product cannot be expected to have as much flavor as does the fresh, so pains must be taken to dilute that flavor as little as possible.

IMPRESSING HIS BEST GIRL

Plumber Felt He Had a Right to Be Proud of His Important Family Connections. He was quite evidently a plumber, and as he sat with his "best girl" back of the Woman upon the bus he explained that he had been working a little harder lately—the cold weather made them work harder in those buildings which were unheated and which they were putting the plumbing in. It was different in the summer, when the buildings were restfully cool.

ANGELA—A clock is different from a man.

Andrew—What do you mean? Angela—Well, when it strikes it keeps on working. CATARRH Catarrh is a Local Disease greatly influenced by conditions. HALLOW'S CATARRH MEDICINE consists of four days and let the whole family, the children included, share in its appetizing, invigorating goodness. It will bring better nights and brighter mornings. Your greater well-being is the form: Instant Postum (in this prepared instantly in the cup by the addition of boiling water. Postum Cereal (in packages) for those who prefer to make the drink while the meal is being prepared, made by boiling fully twenty minutes.

Fur Tanning

On Wolf, Horse, Colt and Girl Skin, Making of Coats, Robes, Fur, etc. Write for Catalog, Free. Tell us the kind of fur you want. Postum Cereal, P. O. Box 100, New York, N. Y. W. Waver, Reading, Mich. Dr. J. C. Watson, 1000 Broadway, N. Y. City.

OLIVE TAR for your Children's COLDS

Little Indianapolis Newboy Proved He Had His Share of the Wit of His Race. She is one of Indianapolis' most agreeable and attractive young business women, who has fallen into the habit of bringing all sorts of presents to a little Irish newboy who sells papers out from the News office. The other evening she brought him a pair of warm gloves, and he raked his little Irish brain for suitable thanks for her. And finally they came with a true Irish compliment. "Lady," he said, "I'm glad the likes of you is an old maid. If you were married and your boys sold newspapers on 'st street, and been anything like yourself, the rest of us kids would have to go out of business." The business woman says that was the best compliment she ever received.—Indianapolis News.

She Passes. "Now, I can't cook at all. What man am I liable to be crick-ah!" "Eh?" "He am a food inspector."

Woman's Heartlessness. "I hear tell that Gabe Gawky is figuring on getting a divorce from his wife," said a neighbor. "What's the matter with her, anyway?" "She's plumb heartless!" replied Gabe Johnson of Rumpus Ridge, Ark. "He talked about some siring medicine and she up and told him that the best kind to suit his case was a buckskin and an ax. That there infernal lady hasn't got no more feelings than a snapping turtle!"—Kansas City Star.

Cuticura Soothes Baby Rashes That itch and burn, by hot baths of Cuticura Soap followed by gentle anointings of Cuticura Ointment. Nothing better, purer, sweeter, especially if a little of the fragrant Cuticura Talcum is dusted on at the finish.—Advertisement.

Energy. Old Lady (who has been watching the postulations of two Fascist conversing untroubledly).—I've often wondered what concentration of energy was which they talk so much about, but it's really quite simple, after all.—London Morning Post.

A badly told story is a poor relation. And Pete Failed. "You say Stage Coast (Pete tried suicide by drinking the narcotic of the double-barreled shotgun in his mouth) 'pulls both triggers?' Looks like it would be true in this city. Yep."

Every one present contributed. "Now, brodder," announced the minister. "I don't want your dinners 'spoke by wouderly where dat brud der gives who don't look his children up at night. Dat brudder don't exist my friends; he was a parable for the purpose of 'finance'."

What you are worth is what you are. See it that the best company of all is your own.

Bayer Aspirin advertisement. Includes Bayer logo, 'ASPIRIN' text, and 'SAY "BAYER" when you buy. Insist!' slogan. Lists ailments: Colds, Headache, Toothache, Rheumatism, Neuritis, Lumbago, Neuralgia, Pain, Pain.

Household Questions advertisement. Lists various household tips: Rub the mud stains from clothing with a raw potato. Use a red-hot iron for softening the putty to be removed. Wipe out the bathtub occasionally with a cloth dipped in kerosene. Spinach and carrots are iron-building vegetables. Don't neglect them. A crust of stale bread boiled with the cabbage will absorb the disagreeable odor. If a small piece of soap is added to the stove blousing it will make it stick to the blousing. Boiled a pinch of soda into a custard cooked a moment too long and it will entirely change its consistency. A few slices of raw potato added to soup that is too salty will make it just right. After the soup has been boiled a few minutes remove them. When buying fish remember a fresh fish has bright red gills, fine eyes are bright and protruding and the flesh is firm. Dissolve a cupful of washing soda in a gallon of hot water and pour the solution down the sink every week to keep the passage free from grease. Croquettes to be fried in deep fat should stand in a warm place for a half hour or so before frying; they will not cool the fat so much and will brown more quickly.

Postum FOR HEALTH advertisement. Includes 'Has your mealtime drink said "Pay up!"' slogan. Text: 'A GOOD many people have had that message from coffee or tea after the drug, caffeine, habit had its effect upon nerves or digestion. Frequently the message comes down and sleep won't come, after the dinner cup of coffee. There's no unfriendly after-notice from that good cereal beverage, Postum. Postum delights the taste, gives comfort and satisfaction, and is free from any possibility of harm to health. Try Postum with your meals for a few days and let the whole family, the children included, share in its appetizing, invigorating goodness. It will bring better nights and brighter mornings. Your greater well-being is the form: Instant Postum (in this prepared instantly in the cup by the addition of boiling water. Postum Cereal (in packages) for those who prefer to make the drink while the meal is being prepared, made by boiling fully twenty minutes. Made by Postum Cereal Co., Inc., Battle Creek, Mich. "There's a Reason"