

DOES LAUNDRY WORK AND HOUSEWORK TOO

Surprised to Find Her-self Feeling So Well

Taunton, Mass.—"I used to have pains in my back and legs so badly, with other troubles that worried me so much, that my doctor ordered me to stay in bed for every month...

TOO LATE

Death only a matter of short time. Don't wait until pains and aches become incurable diseases. Avoid painful consequences by taking

GOLD MEDAL HAARLEM OIL CAPSULES

The world's standard remedy for kidney, liver, bladder and uric acid troubles—the Medical Remedy of Holland since 1866. Three pills, six druggists.



HEALTHY IN EVERY WAY. REMEDY FOR ALL AFFLICTIONS. The world's standard remedy for kidney, liver, bladder and uric acid troubles—the Medical Remedy of Holland since 1866.

Hospital Transferred Pick-a-Back. Dr. A. L. Piper, who for five years has conducted a grass nut hospital among the Algonquian tribes of Africa, recently bought a large stock of medicines, test tubes and laboratory equipment in America...

Important to Mothers! EXAMINE carefully every bottle of CASTORIA, that famous old remedy for infants and children, and see that it bears the Signature of Dr. J. C. Williams. In Use for Over 30 Years. Children Cry for Fletcher's Castoria.

Disappointed. "How did you enjoy the Mexican trip?" "I was disappointed," replied the tourist. "How so?" "It was announced that Villa in person would rob our train, but he sent an understudy."

Sure Relief FOR INDIGESTION

BELL'S 6 BELL'S Hot water Sure Relief. In Public Life and in the Home. "The fact that a man is a favorite does not prevent a stein going against him."

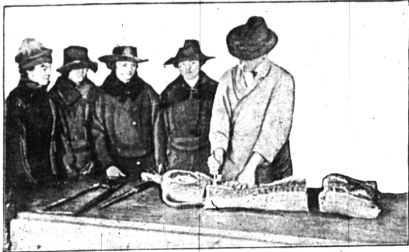
Suitable for Guarding Chickens. Hill—I have a poultry yard, but the rats kill the young chickens, and I want to buy a dog to protect them. What kind should I buy? Dell—The best kind of a dog for a poultry yard is a setter.—London Answer.

Better Late Than Never. A bricklayer of Bristol, over seventy years of age has just retired from his trade and started a market garden. Surely, this is rather late in life to start work.—Passing Show.

MURINE Night Morning Keep Your Eyes. Age may not be garrulous, but it is sure to tell on a woman in the course of time.

Black Gloves. Black-gloves are seen this season on more well-dressed women. The vogue for black gloves is partly responsible for the cost of keeping up light-colored kid gloves is another reason for their popularity.

APPETIZING USES FOR VARIOUS CUTS OF PORK TO ADD VARIETY



Girl Club Members Witnessing Demonstration in Cutting Up Pork at the Bettville Government Farm.

There is no marked difference in the tenderness of the different cuts of pork, but the meat from the forequarter is somewhat coarser grained than that of the loin, and is consequently more difficult to roast. Shoulders well-trimmed and smoked are satisfactory to use in place of ham.

There is no reason why the flavor from fresh boiled pork should not be good stock for soups if carefully freed from fat. A few drops of lemon juice will improve the flavor.

Roasts. On the farm the backbone and spare ribs are cut with large allowances of tender meat attached, quite different from the closely trimmed bones offered for sale under these names.

French fried onions are excellent with pork chops. They are made by slicing onions across the grain, dusting them lightly with flour, then frying the rings like Saratoga chips in deep fat until they are golden brown.

Scalloped Pork. Cut cold cooked pork into small pieces, removing any excess fat, and place in a baking dish. Add a cream sauce and cover with a thick layer of mashed potatoes.

OF INTEREST TO THE HOUSEWIFE. Bull ribs are sharpened when laid in dilute sulphuric acid. Use gelatin immediately after dissolving for ice cream.

EXCELLENT JOB FOR WET DAY. Before Cold Weather Sets In Take Few Minutes Off Our Day and Keep It Warm. Take a few hours some wet day and get your feet warm.

FALL FRESHENED COWS ARE URGED

Records Show That Animals Dropping Calves in Autumn Are Most Profitable.

DECEMBER IS MOST FAVORED

Through Study Made of Records of 10,870 Animals in 64 Testing Associations—Some Exceptions to Rule Cited.

There are varying opinions as to the best time to have cows freshen, but after a thorough study of the records of 10,870 cows in 64 testing associations the United States Department of Agriculture has found that cows dropping their calves in the fall produce more milk and butterfat.

On an average the cows that freshened in the fall, September, October and November, produced 6,880 pounds of milk, while those that freshened in the winter, summer and spring, produced 6,429, 5,941 and 5,842 pounds, respectively.

On the basis of individual months, the largest income over feed cost was made by the cows freshening in December, with October second, November third and January fourth.

More Cows Should Be Allowed to Freshen in Fall Months. during all seasons of the year will usually find it to his advantage to keep the supply fairly uniform from month to month.

ALFALFA IS GOOD FOR SHEEP. Excellent Feed for Either Breeding or Fattening Animals—Finer Cuts Are Best. Alfalfa hay is good feed for either breeding or fattening sheep.

HAY AND PASTURE COMBINED. Timothy Should Be Sown Liberally This Fall, Followed by Clover in the Spring. Timothy seed is cheaper than usual, so put it on liberally this fall.

COSTLY HOUSE FOR POULTRY. Does Not Necessarily Mean That Fowls Kept Therein Are Any Better Than Average. An extensive and costly house for the poultry does not necessarily mean the stock kept therein is any better than the average.

CELERY CROP LARGER THAN PREVIOUS YEAR

Florida Produced an Early Crop of 5,493 Carloads.

Late Product Was Grown in Other States Amounting to 16,846 Cars, With California in Lead of Michigan.

(Prepared by the United States Department of Agriculture.) Production of commercial celery is estimated by the United States Department of Agriculture at 22,539 cars, or 13 per cent more than the crop of 19,771 cars in 1921.

Production of commercial celery is estimated by the United States Department of Agriculture at 22,539 cars, or 13 per cent more than the crop of 19,771 cars in 1921. Other states produced a late crop, the total of which is 16,846 cars of 180 crates each, with about 100 dozen bunches per acre. California leads with a crop of 5,000 cars, followed by Michigan.

Michigan with 4,648 cars; New York, 4,537 cars; New Jersey, 1,150 cars; Ohio, 875 cars; Colorado, 500 cars, and Pennsylvania, 250 cars. Florida's average declined from 708 crates of four to five dozen bunches each in 1921 to 720 crates in 1922, but in the latter states there was a gain in the average from 295 crates of eight to ten bunches each in 1921 to 210 crates in 1922.

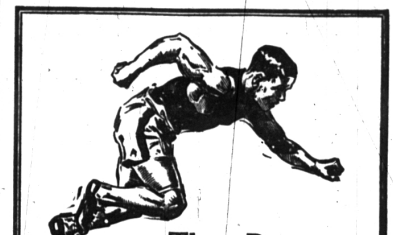
Production as estimated includes carlot movement, movement in less than carloads, whether by freight in mixed cars, express, auto truck, or for consumption in home markets and also that part of the crop which for any reason is not moved off the farm.

Build a Silo—Why? 1. It increases the feeding value of the corn crop from 25 to 30 per cent. 2. It helps the farmer make the best use of frosted corn, for even immature corn can be saved by putting it in the silo.

REDUCE INJURY BY INSECTS. Vast Number of Peas Can Be Destroyed in Fall by Cleaning Up Trash in Garden. It is a truth that a stink in time saves nine; in one case it may save nine hundred. That is in the garden where it is likely the last survivors among the insect pest colonies are harbored in the trash, weeds, and old stalks and vines.

COW TESTING ASSOCIATIONS. Practice Adopted First by Group of Michigan Farmers—It Has Extended Rapidly. Fifteen years ago a group of Michigan farmers organized themselves into an association for testing their cows to learn how much feed they ate and how much they gave in return for it.

IF YOUR Uses "Cutters" for Veterinary. The Cutter Laboratory (U. S. License) California. It is much easier to sell the small pellets than to feed them all winter and perhaps you may think of the cutter when watching eggs are collected with out considering their origin.



They Do a Hundred Calories in About 9 1/2

EAT a box of little raisins when you feel hungry, lazy, tired or faint. In about 9 1/2 seconds a hundred calories or more of energizing nutrition will put you on your toes again. For Little Sun-Maids are 75% fruit sugar in practically predigested form—and verulose, the scientists call it. And verulose is real body fuel.

Little Sun-Maids "Between-Meal" Raisins

8c Everywhere. Had Your Iron Today? Margaret Ellen had been invited out to Sunday dinner. The meal was being served and the host, viewing the platter of chicken, decided a "drumstick" would be a suitable piece for the four-year-old Miss. Margaret Ellen heroically attacked her portion and in due course of events calmly looked up and said: "Uncle, when I get through with this bone I think I would like some meat."

Figuring Ahead. Embarrassing. Willa—How do you like the combination furniture they have in some of these New York flats? Gillis—Not at all. I went to bed in a piece of that kind of junk the other night at a friend's house and when I woke up, two women were serving breakfast on the foot-board, a fellow was signing checks on the head-board and another fellow was underneath the bed making coffee.—Life.

No-Nay Aspirin. Suspenders and Garters. Say "Bayer" and Insist! BAYER. Unless you see the name "Bayer" on package or on tablets you are not getting the genuine Bayer product prescribed by physicians over twenty-two years and proved safe by millions for Headache, Toothache, Lumbago, Rheumatism, Earache, Neuralgia, Pain, Pain.

Now smoked by a million men who love a superior cigarette. "11" cigarettes. 15 for 10c. Never laugh when a boy takes you into his confidence. It's pulling teeth for him to do it.

FREE TRAPPERS TREASURE. W.L. DOUGLAS \$5 \$6 \$7 & \$8 SHOES FOR MEN are actually denominated year after year by more people than any other shoe in the world. BECAUSE: For a man's wardrobe, shoes are the most important thing he has. They should be guaranteed by the manufacturer.

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