

The AMERICAN LEGION

LAWYER FOR LEGION BUDDIES

Morton M. David, Adjutant of Colorado Department, Gives Up Practice to Aid Unfortunates.



Back there in 1919 when the boys were straggling back as individual men, or coming in groups or as units, home from war, a "buddy" in Colorado started in helping them up as much as he could.

And the "buddy" - Morton M. David, adjutant of the Colorado department of the American Legion - had been on the job since. He gave up his law practice to devote all his time to legion affairs.

MME. FOCH THANKS LEGION

Wife of Famous Marshal Tells of Appreciation of Gift to French War Orphans Fund.

A gracious and appreciative letter from Mme. Ferdinand Foch has been received by subscribers to the American Legion French War Orphans Fund.

A Paris draft for \$1,000.00 was presented to Marshal Foch by Legionnaires on the eve of his departure for France last week.

"I tell you the joy of this fund flows cannot be difficult to describe. It was very moved by it. The American Legion has done a beautiful and a good work."

Memorial Tablets for Veterans. The United States Navy department in contemplating the preparation of commemorative tablets for veterans of the war which served during the World War.

Boers Halt Transportation. For a long time the Boers refused permission for the construction of new railroads in the Transvaal.

Legion Buys Mountain Camp. A mountain camp on Big Tippeco has just been purchased by the New York department of the American Legion.

South Dakota Soldiers Ranked First. South Dakota soldiers ranked first in weight and second in physical fitness, according to a study of the records of 1,000 men examined for service in the World War.

Red Leather Bags. A dark-blue suit and a light-red bag will match the color scheme of the room and give considerable individuality to the home.

WANTS HIS LEGION COMRADES

Alvin M. Oswley, Director of Americanism, Urges Cooperation With U. S. Against Radicalism.



Alvin M. Oswley, director of Americanism for the American Legion, is speaking today at a luncheon and conference in New York and Washington, giving a warning to his American Legion comrades.

"In the past the American Legion has stood foursquare in its opposition to radicalism, to everything that might tend to undermine our government and its institutions," Colonel Oswley said.

Mr. Oswley declared that wherever he had been he had found the greatest of Americanism prepared by the American Legion close to the hearts of Legionnaires, and of the public as a whole.

WANTS HOMES FOR VETERAN.

Mrs. Carol Marks, Vice President of Auxiliary, Urges Building Action by California.

California will vote in November on whether it shall contribute a fund of \$10,000,000 to buy its war veterans homes and farms within its state limits.

FALL MODELS IN DAINTY FOOTWEAR. The straight-line silhouette has practically no rivals in frocks for daytime wear.



Two New Shades. There are two new shades, each a vivid one, which will undoubtedly brighten the autumn. One is a rose color and another is Jeanne d'Arc blue.

Red Leather Bags. A dark-blue suit and a light-red bag will match the color scheme of the room and give considerable individuality to the home.

Pringe (tan) color selected that will match the color scheme of the room and give considerable individuality to the home.

INSTEP-LENGTH FROCKS; FOOTWEAR FOR AUTUMN

JUST when the fashion reporter reaches the conclusion that there is no possible development of the straight-line dress which has not been displayed and no way of using beads that she has not seen, along comes a delightful contradiction of such ideas.



CHARMING AFTERNOON FROCK

varying these moires. The straight-line silhouette has practically no rivals in frocks for daytime wear.

make opportunity for the use of small buckles or ornaments on them. After Colonial models large buckles, rosettes, bows and handwork find effective backgrounds and the same decorative features are elaborated on evening shoes.



Stew Syrian Style. 2 cups of rice, 1 cup of tomatoes, 1/2 cup of onion, 1/2 cup of carrot, 1/2 cup of green pepper, 1/2 cup of celery, 1/2 cup of parsley, 1/2 cup of dill, 1/2 cup of vinegar, 1/2 cup of oil.



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PREPARE MUTTON - APPETIZING WAY

New Dishes Have Been Tested by Department of Agriculture for Use of Housewife.

ACID FLAVOR IS INTRODUCED

Suggestions Given From Recipes Originating Among Turks, Armenians and Syrians, Experts in Preparing Palatable Dishes.

(Prepared by the United States Department of Agriculture.) New ways of using lamb and mutton in preparing appetizing meat dishes have been tested by the United States Department of Agriculture and are suggested for the use of the housewife.

Mutton Baked With Rice and Tart. Mix chopped mutton with rice, line a baking dish with sliced tart apples; put the mixture of meat and rice in this cover it with water and bake until the rice is cooked.

USE VEGETABLES AND FRUITS

Useful in Supplying Mineral Substances and Bulk in Diet Without Increasing Protein.

Vegetables and fruits, says the United States Department of Agriculture, are useful in supplying mineral substances and bulk in the diet without increasing protein.

OF INTEREST TO THE HOUSEWIFE

A bit of butter added to the icing will enhance its flavor.

DISH DRAINER HAS SUPERSEDED INSANITARY TOWEL IN KITCHEN

Perhaps no time spent in housework is more begrudged by the housekeeper than that spent in washing and drying dishes.



Darn Holes in Stockings

An easy way to darn large holes in stockings is to heat a piece of netting the same color as the stockings.

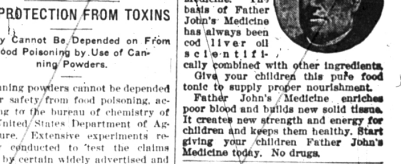
In Washing Curtains

When you wash your curtains never fail to set the fringe by using a dry cloth.

THE KIND OF FOOD YOU NEED FOR HEALTH

Father John's Medicine One of Richest Sources of True Nourishment

When people, especially children, grow weak, inactive and run down, it is almost a sure sign that they have been eating food lacking in vitamins.



NO PROTECTION FROM TOXINS

Food Poisoning by Use of Canning Powders.

Canning powders cannot be depended on for safety from food poisoning, according to the bureau of chemistry of the United States Department of Agriculture.

KEEP YOUR SKIN - PORES ACTIVE AND HEALTHY WITH CUTICURA SOAP

Keep Your Skin - Pores Active and Healthy With Cuticura Soap

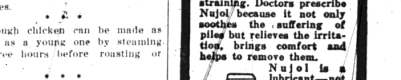
Recommended

"Vaseline" Petroleum Jelly benefits all bumps, sores, bruises, sunburn, blisters, cuts and chafes.



Piles

are usually due to straining when constipated. Nujol being a lubricant and therefore a medicine or straining. Doctors prescribe Nujol because it not only softens the bowels, but it also brings relief to the irritated and inflamed area.



Summer Activities.

"How's things at the beach?" "Many pretty girls are being reeled in ten inches of water."

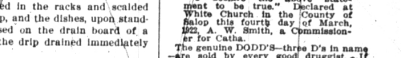
Remarkable Recovery Case in Serious Kidney Case.

This letter from George Roberts of Church street, Malpas, Cheshire, England, is a wonderful story of recovery.

For eleven years I suffered acute pain and sickness. I consulted several prominent doctors and each one had a different opinion.

YOUR EYES

Irritated, Inflamed or Grumpy. Use Murine Eye Drops.



Grilled meat is nicer and more nutritious than stewed meat, because this method of cooking retains all the juice inside the meat.