

SHE DIDN'T DARE TO LEAVE HOUSE

On Verge of Nervous Collapse. Indiana Woman Was Almost Helpless.

HER FRIENDS DISHEARTENED

Troubles Disappear When She Takes Tania, and Nerves Now Are as Steady as Can Be—General Health Spends.

"I was on the verge of a collapse and was actually afraid to leave the house, but I am overjoyed now at the way Tania has restored my health so perfectly," declared Mrs. Cora M. Jackson, 204 Mulberry St., Terre Haute, Ind.

"I was almost a nervous wreck, and at times for anyone to even talk to me upset me completely. Even at night I could not get even half an hour's sleep at all, and often just got up out of bed. I was so restless, nervous headaches often came on me and frequently lasted for days at a time. Then I had rheumatism so had in my joints I was almost helpless. My legs and elbows hurt fearfully and sometimes I just ached all over. There seemed to be no relief for me, my friends were all worried and I was almost disheartened.

But, happily for me, one of my friends suggested that I try Tania. I never will forget how I began to improve and now I think it is wonderful that I am feeling so well and strong. My nerves are just as steady as can be and I have no more pain about me. I am in just splendid health and wish everybody knew what a grand medicine Tania is. Tania is sold by leading druggists everywhere.—Advertisement.

Exasperating. Two things that try a woman's temper are to get ready for company that doesn't come and to have company come when she isn't ready.

ASPIRIN

Name "Bayer" on Genuine

Warning! Unless you see the name "Bayer" on package or on tablets you are not getting genuine Aspirin prescribed by physicians for twenty-one years and proved safe by millions. Take Aspirin only as told in the Bayer package for Colds, Headache, Neuralgia, Rheumatism, Eczema, Toothache, Lumbago and for Pain. Read the boxes of twelve Bayer Tablets of Aspirin cost few cents. Druggists also sell larger packages. Aspirin is the trade mark of Bayer Manufacturing Monopoliengesellschaft of Salzigstadt, A-D.

Paint Clothes White. Give the new white clothesline two coats of white enamel. It will make it wear longer and keep it from getting rusty.

Thousands Have Kidney Trouble and Never Suspect It

Applicants for Insurance Often Rejected.

Judging from reports from druggists who are constantly in direct touch with the public, there is one preparation that has been very successful in overcoming these conditions. It is the famous and well-known "KIDNEY PILLS" of Dr. Williams' Pink Pills for Pale People. It is the best for all kidney troubles, and is the only one that has been recommended by the highest medical authorities. It is the only one that has been recommended by the highest medical authorities. It is the only one that has been recommended by the highest medical authorities.

Undecided. Need—Are you going away with your wife this summer? ...

Catarrh

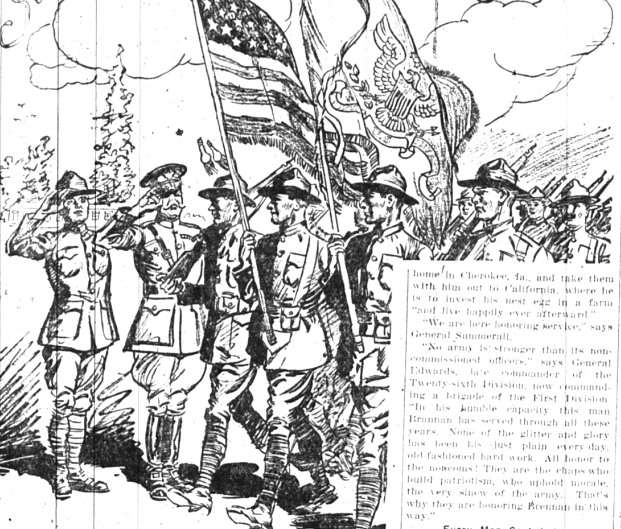
Catarrh is a local disease greatly influenced by colds. HALL'S CATARRH MEDICINE is the best for all catarrhs of the nose, throat, and lungs. It is the only one that has been recommended by the highest medical authorities.

COCKROACHES

EASILY KILLED TODAY. BY USING THE GENUINE Stearns' Electric Paste.

Also KILLS DEATH to Waterbug, and Nails, and all other insects. It is the only one that has been recommended by the highest medical authorities.

TRAINING SERVICE; BOOSTING MORALE



Every man contributes. The lieutenant has stopped reading general orders. He has turned to Sergeant Major Brannan. He hands him a purse of gold—some hundreds of dollars in all. Every man in the regiment, however, has contributed one dollar to the fund. It is his way of expressing esteem and friendship for "Old Brannan."

While the troops stand at attention, eyes front, ears alert, all hear what is said. Lieutenant G. T. Plapp, Jr., is reading general orders No. 5. And what do you suppose the general orders No. 5 is all about? Nothing about a new President of a new general or a distinguished foreign visitor or a new assignment for service.

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The Flag of Our Country

The United States flag, as finally adopted by congress, was raised over the house of representatives at Washington on April 15, 1818. On March 4 of the same year congress had enacted a law which fixed the flag for all time.

Wood vs. Heat. It is not generally realized that wood is a splendid conductor of heat. The United States flag, as finally adopted by congress, was raised over the house of representatives at Washington on April 15, 1818.

HOW LEGION MEN GET LAND

Applicants for Homestead Entries Should Make Personal Inspection of District.

In response to many inquiries from ex-servicemen in the Middle West regarding government land grants, Lewis L. Fenrite, secretary of Arizona post of the American Legion in Des Moines, Ia., has made an investigation of the situation.

"Persons desiring to make homestead entries," said Mr. Fenrite, "should first fully inform themselves as to the character and quality of land they desire to enter and should in no case apply to enter until they have examined each legal subdivision for which they desire to enter. Such a satisfactory information concerning the lands may be obtained from a personal visit to the district in which one wishes to take an entry."

"Each applicant is required to swear that he is well acquainted with the character of the land described in his application and that he fully understands the nature of the land. Settlers have no claim to make a personal inspection of same."

"An ex-serviceman is required to establish residence on the land he selected after his entry is allowed, unless an extension of time is granted on account of sickness, climate, reasons or other valid causes. If given for service in the Army, Navy or Marines, providing the applicant has not eighteen months of service, if such is the case, the applicant is required to live on the land only seven months. If he obtains such credit for military service that there is required only one year's residence, he must prove only such amount of cultivation as will prove his good faith as a homestead claimant. If his credit for service requires more than one year's residence, he must show cultivation to the extent of one-sixth of the area of the land he is claiming with the usual care. Record less of credit for service, all applicants must prove that there is a habitable house on the land."

"There is only one portion of the land whose land may be obtained without the requirement of a homestead. At Sentinel, Ariz., there are excellent sections for which no homestead is required, but which necessitate the payment of seventy-five dollars for three hundred and twenty acres and an equal amount of one dollar per acre for improvement. This is land which may be used for raising (if irrigated) when irrigated, sold for from two to three hundred dollars an acre. It is estimated that the cost of irrigation for three hundred and twenty acres is about fifteen acres."

"Approximately 12,000,000 acres of land are open, including every state west of the Mississippi river except Iowa and Texas. The first thing to do is to decide on the state. Record the location of the land offices in that state. All blank forms of affidavits and other papers may be obtained for the United States in which the land is."

"Making out a homestead is not a speculative proposition. If the applicant can afford to establish himself for the period required under the homestead laws, taking advantage of the law which allows him for service in the World War, he will be well repaid after a few years."

BACK TO NATURE FOR HEALTH. Ex-Serviceman Is Attending College in Bathing Suit of Living in Pup Tent.

Attending college in a bathing suit and living in a pup tent is the normal campus life of H. B. Parker of Boston University. He is attending the college in a bathing suit of living in a pup tent. He is attending the college in a bathing suit of living in a pup tent.

Good-bye and Good Luck. Sometime it is over—and then comes the "Good-bye" and "Good Luck." As though he were one of the "boys" of the Sixteenth, he says about him. The Sixteenth swarms about him. They wish him good-bye and good luck. The good right arm is raised until it is sore and aching.

H. B. Parker and His Pup Tent. Realizing his condition, he sought a rooming in a warmer zone and took the special train to the University of Dr. W. S. Carroll of the University of South Carolina. He pitched his tent on the university campus.

Premium for Marriages. Marriage is subsidized in the American Legion Post at West Warren, Mass. by a premium of \$25 to present members who are married. The offer is retroactive to the date of organization of the post.

The Modern Instance. "You've heard of the patience of Job?" "No, was he another wounded soldier?"—American Legion Weekly.

GASTORIA For Infants and Children. Mothers Know That Genuine Castoria Always Bears the Signature of Dr. J. C. Williams. In Use For Over Thirty Years. CASTORIA. Exact Copy of Wrapper. THE CERTAIN COMPANY, NEW YORK CITY.

In a new size package

LUCKY STRIKE CIGARETTE. MANY smokers prefer it. They'll find that this compact package of ten Lucky Strike Cigarettes will just suit them.

10 for 10 cts

DOG CAUGHT HIS OWN FISH. Sportman Given Authority for Remarkable Story That Appears in a London Periodical.

The London "Zoo" fishing cat which so steadfastly refuses to show itself except at meal times—has a rival in the fishing dog, says London Answers. A sportman was on the west coast of Madagascar, when he observed a dog come out of the thick bush in front of him and try busily down at the edge of the sea. When it had got a little way into the water it stopped and remained perfectly still, as a lion might when fishing at home. A glance was never once taken off the water.

None Whatever. "I see where a married man objected to being looked up with women jurors and was expelled."

French Youth Defective. As a result of the lack of opportunity to take physical exercise of the youths of France are said to be physically unfit for military service. One of the youths of France is said to be physically unfit for military service. One of the youths of France is said to be physically unfit for military service.

Ready to Eat and Every Bit Eatable Grape-Nuts

is convenient, free from waste, and moderate in price. Skilled blending and long baking bring out the full flavor and richly-nourishing qualities of this cereal food, and make it easy to digest.

"There's a Reason" For sale by all grocers