

Strengthen Your Weak Kidneys

Don't neglect backache, rheumatism, dizziness, or other signs of weak kidneys. Correct the trouble with Doan's Kidney Pills, standard for two generations. Avoid the use of medicine containing lead, D. O. D. D. S., only for quick relief. Your nearest dealer or Dr. Geo. Doan, 2601 Broadway, N. Y.

DOAN'S KIDNEY PILLS

Insist on Doan's. Three D's in Name.

Diamond Dinner Pills For Constipation Never Gripe

CANNERS ADVISED TO PUT MORE FOOD AND LESS LIQUID IN CANS



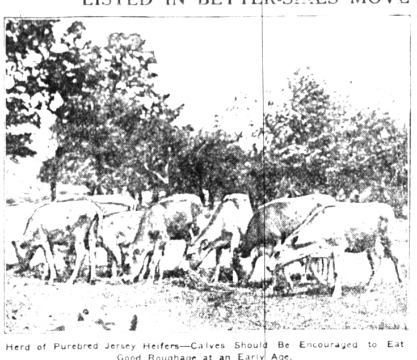
The amount of the full can is being produced to commercial canners by the United States department of agriculture through its Bureau of Entomology and Plant Quarantine. Federal food and drug act, commonly called the "Pure Food Law."

Inspectors of the Bureau of Entomology and Plant Quarantine advise canners to pack as full as practicable without injury to quality. They also advise housewives and other purchasers to note the relative amounts of solids and liquids in the cans they buy and to give preference to the products of firms that seem to want to produce square deals for the home trader. Examinations of a large number of cans put up in different forms reveal a wide diversity in this particular.

Some Liquid Necessary.

The Bureau of Entomology and Plant Quarantine has made investigations to determine exactly how much solid food food from which the liquid has been drained may be put up in the cans of different sizes in common use with canners, and has determined the amount of liquid which, in various sizes of cans, carries with it the proper amount of solids.

DOMESTIC ANIMALS AND POULTRY LISTED IN BETTER-SIRES MOVE



Herd of Purebred Jersey Heifers—Calves Should Be Encouraged to Eat Good Roughage at an Early Age.

With 22,222 head of domestic animals and poultry listed in the better-sires movement, livestock owners of the country show noticeable activity in handling their stock and also with foreign stock. Within the last three months more than 1,000 persons notified their state agricultural colleges and the United States department of agriculture that they would breed their domestic animals only to purebred lines. This is in accordance with the nation-wide campaign to increase efficiency in production.

According to quarterly tabulations made by the department of agriculture there has been a steady increase in the percentage of milk-producing cows on farms whose purebred sires are used, the present figure being only 24 per cent. By contrast the percentage of better-bred sires on farms using purebred sires are: Partridge, 47.8; grades, 41.2; and cross-breds, 30.7.

Summary of Progress.

Extensive lists of the progress of the better-sires movement on July 1 were as follows: Facebook owners participating in the better-sires movement, Virginia, 25; highest county enrollment, Pulaski county, Va., 109; states participating with the movement, 48. The committee has been in progress nine months.

The following breeding stock has been listed in the campaign: "Listings" means that all males are purebred and that females are bred only to purebred males.

Freed From Torture

Eaton's Cleared His Up-Set Stomach

"The people who have seen me suffer from tortures from neuritis brought on by an upset stomach now see me perfectly sound and well, absolutely free from tortures, writes H. Long.

Prof. Dr. Long's experience kept your stomach in healthy condition, fresh and cool, and avoid the ailments that come from an ill condition. Eaton's helps relieve by taking six and carrying on the excess acidity and gases—does it quickly. Take in Eaton's after eating and you have comfortably. It helps you. The box costs only a trifle with your druggist's guarantee.

Women Made Young

Bright eyes, a clear skin and a body full of youth and health may be yours if you will keep your system in order by regularly taking

GOLD MEDAL HAARLEM OIL CAPSULES

The world's standard remedy for kidney, liver, bladder and uric acid troubles and the enemies of life and looks. In use since 1906. All druggists, three sizes. Look for the name Gold Medal Haarlem Oil and accept no imitation.

DOAN WILL RELEASER FOR YOU A BOTTLE FREE OF CHARGE. Write for a booklet and a receipt on every farm. Write DOAN'S MEDICINE CO., 220 Broadway, N. Y., N. Y.

For The Best Shine Ask For The Big Can

Liquid Stove Polish

Distless-Ethyl Shine
E-Z Rinse Enamel For The Pipe
E-Z Metal Polish for the Nickel
E-Z Shoe Polish saves Shoes
E-Z Shoe Fast Guarantees

MARTIN & MARTIN, Chicago

No More Constipation or Blotchy Skin

CARTER'S LITTLE LIVER PILLS

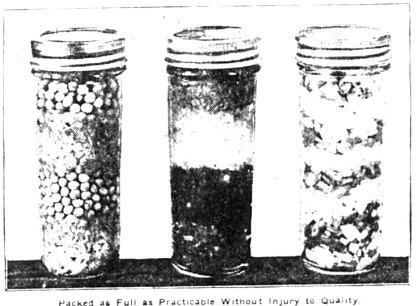
Wanted a clear, healthy complexion, regular bowels, and a perfect working liver? All easy to do with CARTER'S LITTLE LIVER PILLS. The sure, safe and easy acting remedy for headache, dizziness, upset stomach and constipation. They leave no equal. Purely vegetable. Small Pill. Small Size. Small Price.

USE "DIAMOND DYES"

Buy "Diamond Dyes"—no other kind—then perfect results are guaranteed. Dyeing is a "Diamond Dye Color Card"—16 rich colors.

The best antidote for sorrow is steady employment.

Use **MURINE** Night-Morning Keep Your Eyes Clean—Clear—Healthy



Packed as Full as Practicable Without Injury to Quality.

WISE HOUSEKEEPERS TO USE LESS SUGAR

Usual Amount of Canning of Fruits and Vegetables.

Abundant Supply of Sugar Is Predicted for Next Winter—High Prices Have Encouraged Increased Planting of Cane.

It will be wisdom on the part of housekeepers to can the usual amount of fruit and vegetables this year, even if part or all of the fruit must be canned without sugar, according to a statement issued by the United States department of agriculture.

From all present indications, sugar will be more abundant next winter when the fruit will be used in other countries in the northern hemisphere. The rise in the price of sugar has encouraged increased plantings of cane in all parts.

The spots of a world shortage of sugar and a decrease of 100,000,000 pounds in domestic production, there has been used in the United States 15 per cent more sugar than in former years. In fact a greater supply of sugar than ever before has been handled in other countries in the northern hemisphere. The rise in the price of sugar has encouraged increased plantings of cane in all parts.

TO CLEAN NICKEL ARTICLES

Wash Frequently in Hot Soapy Water and Dry With Soft Cloth—Whitening Can Be Used.

Nickel and nickel-plated articles do not tarnish so readily as silver. Wash them frequently with hot soapy water and drying them with soft cloth or paper will usually keep them in good condition. Whiting, or some other fine scouring agent, sometimes is used to brighten nickel that has become dull, but such a condition often means that the surface is scratched or the plating broken. Rubbing is the only remedy in such cases.

USE CARE IN WEANING BABY

It Should Never Be Done for Convenience of Mother and Neighbor Without Doctor's Advice.

The baby should usually be completely weaned at the end of the first year. Up to this time breast milk should be given to the baby as long as it thrives. It is better, when possible, to continue nursing through the summer and to wean in the fall, but if the year has not been completed in the spring it is better to wean in the summer than in the spring.

Do not wean the baby suddenly; it should be done gradually by replacing one breast feeding at a time with a bottle feeding. Several weeks are required for weaning.

It is dangerous to wean a young baby. It should not be done for the convenience of the mother and should never be done without the advice of a physician.

ASSOCIATIONS HELP FARMER

Elevator Companies Not Only Handle Grain but Purchase for Members Various Supplies.

Co-operative marketing associations frequently purchase supplies needed by their members. Many of the farmer-elevator companies not only handle grain but purchase for their members coal, rubber, tires, brick, fuel, oil, and other supplies. Fruit and vegetable marketing organizations in many localities buy cooperatively such supplies as fertilizers, spray materials, and packages. Marketing associations thus not only assist the farmers in disposing of their products, but are also of service in buying farm supplies which are needed by them.

Household Questions

Remove the burned surface of bread with a grater.

Slip covers for the furniture are desirable in summer.

Do not place cold jars either filled or unfilled in hot water.

Amber or gold is easier on the eyes than any other color for a lamp shade or bulb.

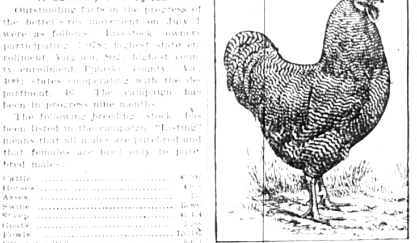
For paring or cutting vegetables a knife with a blade only three inches long is best.

Little embroidered guest towels, cut in two and properly finished, make excellent bibs for babies.

In season shirts are a good buy for there is little waste and the solid heat is highly nutritious.

The flavor of tea, coffee and spices is injured by moisture; therefore store them in airtight containers.

Use your silver or aluminum tea ball filled with spices or herbs to increase its flavor or preserve.



Standard Bred Barred Plymouth Rock.

Methods and illustrations to get farmers really interested in better stock.

Service to County Agents

To enable county agents and others who advise farmers' enterprises to discuss live stock improvement, the department is distributing a "Better-Sires" leaflet, which contains information on the various breeds of the various agricultural colleges. It is receiving active support also from livestock associations, county agents, and individuals. A Middle West farm paper argues that 200,000 cows should be disposed of by the department of the United States because the poor cows equal loss in production. It is pointed out that the department is not interested in better stock.

SUMMARY OF "BETTER-SIRES—BETTER STOCK" CAMPAIGN, JULY 1, 1920.

Animals and Poultry Enrolled Oct. 1, 1919, to June 30, 1920	Males		Females	
	Number	Value	Number	Value
Cattle	2,212	\$1,124,413	2,212	\$1,124,413
Horses	1,000	\$1,000,000	1,000	\$1,000,000
Swine	1,000	\$1,000,000	1,000	\$1,000,000
Sheep	1,000	\$1,000,000	1,000	\$1,000,000
Poultry	1,000	\$1,000,000	1,000	\$1,000,000
Total	6,212	\$6,212,000	6,212	\$6,212,000

LIVE STOCK NOTES

Scrutin and sanitation make the best preparation for the warfare against live stock.

Almost any good farmer can succeed with sheep during the fall, winter and spring months.

Hooping down corn is an economic way to harvest the crop and prepare for market.

It is very important that both the ewes and lambs have plenty of good feed during the summer and early autumn.

Sprinkling clover hay at every feed for horses would make it a safer feed and would reduce the number of cases of hooves.

In the winter swine will eat alfalfa hay almost as readily as they would green in the summer time, and it seems to be almost as good for them.

Horses are very sensitive to dust in any kind of feed and any device or mode of handling hay for eliminating dust means fewer troubles from this source.

Thousands of Women

Thousands of Women Owe Their Health To Lydia E. Pinkham's Vegetable Compound—overhauling the system is the success of this great medicine. Compared with it, all other medicines for women's ills seem to be experiments. Why is it so successful? Simply because of its sterling worth. For over forty years it has had no equal. Women for two generations have depended upon it with confidence. Thousands of their Letters are on our files, which prove these statements to be facts, not mere boasting.

Here Are Two Sample Letters:

Mother and Daughter Helped.
Middleburg, Pa.—"I am glad to state that Lydia E. Pinkham's Vegetable Compound has done me good when I was 20 years old. I was run down with female trouble and was not able to do anything, could not walk for a year, and could not nurse. I had treatment from a physician but did not gain. I read in the papers and books about Lydia E. Pinkham's Vegetable Compound and decided to try it. The first few bottles gave me relief and I kept on using it until I got better and was able to do my work. The Vegetable Compound also relieved my daughter when she was 15 years old. I can recommend Lydia E. Pinkham's Vegetable Compound as well as ever. Mrs. W. J. HARRIS, R. 2, Box 21, Middleburg, Pa.

Wise Is the Woman Who Insists Upon Having
Jail River, Mass.—"Three years ago I gave birth to a little girl and when she was born I did not look well. I put her for two months and my condition remained the same. One day one of your little books was left at my door and my husband suggested I try a bottle of Lydia E. Pinkham's Vegetable Compound. I started it immediately and I felt better and could eat better after the first bottle, and I continued taking it for a number of months. Last year I gave birth to a baby boy and had a much easier time with it. I had before and after the birth, and I continued taking it for a number of months. I can recommend Lydia E. Pinkham's Vegetable Compound as well as ever. Mrs. W. J. HARRIS, R. 2, Box 21, Middleburg, Pa.

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Lydia E. Pinkham's Vegetable Compound

WILLIAM DOAN'S KIDNEY PILLS

Willing to Oblige. "So you were in the service?" enquired the prospective father-in-law of the beautiful girl in his daughter's room. "Surely my dear?" "No, sir," replied the would-be bridegroom. "I've got a trick of my own."

CASCARETS

"They Work while you Sleep"

Knock on wood! You're feeling fine, but "that gas" is getting the better of you. It's the outside family feeding that was always with occasional Cascarets for the liver and bowels. When, indeed, constipation, headache, indigestion, or a cold, upset stomach, or bad breath, nothing else like Cascarets. No grating no inconvenience. 10 to 25 cents. Ask your druggist.

World's Largest Organ

The largest organ in the world has been installed in the new building for the purpose of making music for the people. The organ is the largest in the world and will have no equal. It is the largest in the world and will have no equal. It is the largest in the world and will have no equal.

Catarrah Can Be Cured

Catarrah is a kind of disease which is cured by the use of the medicine. It is a kind of disease which is cured by the use of the medicine. It is a kind of disease which is cured by the use of the medicine.

That Nagging Backache

Are you troubled with a nagging backache? Suffer sharp pains at every step, every motion? Buy Doan's Backache Remedy. It is a kind of disease which is cured by the use of the medicine. It is a kind of disease which is cured by the use of the medicine.

A Michigan Case

Doan's Backache Remedy is a kind of disease which is cured by the use of the medicine. It is a kind of disease which is cured by the use of the medicine.

Thick, Swollen Glands

That make a horse wheeze, roar, cough, and choke-water can be cured with

ABSORBINE

Use other Balmers or Swells. No blister no hair gone, and horse kept at work. Economical—only few drops required at any time. \$2.00 per bottle delivered. Buy ABSORBINE, J.R. the antiseptic ingredient for man, child, reduces Cystitis, Venis, Pains, Swollen Glands, etc. \$1.00 per bottle at dealer's delivered. Book "Evidence" free. W. F. YOUNG, Inc., 310 Temple St., Springfield, Mass.

W. N. O., DETROIT, NO. 41-1200