Another Royal Suggestion

Biscuits and Cinnamon Buns

From the NEW ROYAL COOK BOOK

BISCUIT! So tender they fairly melt in the mouth, and of such glorious flavor that the appetite is never satisfied. These biscuits anyone can make with Royal Baking Powder and these unusual recipes.

Biscuits

2 cups flour
4 teaspoons Royal Baking Powder
½ teaspoon salt
2 tablespoons shortening
¾ cup milk or half milk and half water

Sift together flour, baking powder and salt, add shortening and rub in very lightly; add liquid slowly; roll or pat on floured board to about one inch in thickness (handle as little as possible); cut with biscuit cutter. Bake in hot oven 15 to 20 minutes.

Royal Cinnamon Buns

2¼ cups flour
1 teaspoon salt
4 teaspoons Royal Baking Powder
3 tablespoons shortening
1 egg
½ cup water
½ cup sugar
2 teaspoons cinnamon
4 tablespoons seeded raisins

Sift 2 tablespoons of measured sugar with flour, salt and baking powder; rub shortening in lightly; add beaten egg to water and add slowly. Roll out ½-inch thick on floured board; brush with melted butter, sprinkle with sugar, cinnamon and raisins. Roll as for jelly roll; cut into 1½-inch pieces; place with cut edges up on well-greased pan; sprinkle with a little sugar and cinnamon. Bake in moderate oven 30 to 35 minutes; remove from pan at once.

ROYAL BAKING POWDER

Absolutely Pure

Made from Cream of Tartar, derived from grapes.

FREE

Write TODAY for the New Royal Cook Book containing 400 other recipes just as delightful as these. Address

ROYAL BAKING POWDER CO., 115 Fulton Street, New York City

In saving money the real secret is not to lose it through the hole at the top of your pocket.

THE BEGINNING OF A NEW LIFE

Bulgaria and Oriental Europe Produce Sturdiest People.

Do you want to feel from 10 to 30 years younger?

Do you want to know the joy of Perfect Health?

You can get back the spirit of youth, your eyes will sparkle with new life and the rich glow of health will replace the faded yellow skin.

Bulgarian Blood Tea, used for centuries in Oriental Europe, is the most remarkable medicinal family preparation known in the world today. Composed of choice and rare herbs, just brewed by yourself and taken once or twice a week, will be the beginning of a new life for you. Your blood will become rich and pure; the flame of life will be rekindled—no more headaches, billousness, constipation, indigestion or bone-racking aches or pains. Bulgarian Blood Tea is guaranteed to contain just pure herbs of marvelous medicinal and curative power gathered from fields, mountains and valleys of Europe, Asia and Africa. All drug stores now keep Bulgarian Blood Tea in stock, but owing to the enormous demand immediate application to your druggist is urged on account of the limited source of supply. Distributors of Bulgarian Blood Tea are authorized to return the full purchase price if it does not materially improve your health in three weeks' time. This evidence of faith in the power of Bulgarian Blood Tea is the guarantee of the Marvel Products Co., Marvel Building, Pittsburgh, who authorize this public announcement.

GREETINGS THAT TELL MUCH

All Have a Character and to the Initiated Are Like an Open Book.

"Chawmed"—One dance with this type. They always talk about the thatness of the that or G. B. Pshaw's latest.

"How do you do?"—Not a question—a statement. Probably accompanied by a smile. This class works slowly, but is sure to get you in the end.

"Deelighted"—With giggle and invitation from baby-blue eyes. Must never be trusted.

"Very glad to know you, I'm suah"—She is not sure, but it seems best to say so. Last season's deb. Expects to be bored and it is best to live up to expectations.

"Oh, Mr. Stover, I'm so glad to know you. I've heard," etc.—Football hero stuff. Must use skill and ingenuity to escape this type.

Mere nod—Possibilities, but, oh, man, you'll have to work.—Yale Record.

The Fitting Way.

"How do the Irish meet the 'black-and-tans'?" "I guess it is with dogged determination."

Best Plan.

"Did you nail the lie?"

"Yes, after I had hammered the liar."

More herrings are eaten than any other kind of fish.

Thousands Have Kidney Trouble and Never Suspect It

Applicants for Insurance Often Rejected.

Judging from reports from druggists who are constantly in direct touch with the public, there is one preparation that has been very successful in overcoming these conditions. The mild and healing influence of Dr. Kilmer's Swamp-Root is soon realized. It stands the highest for its remarkable record of success.

An examining physician for one of the prominent Life Insurance Companies, in an interview on the subject, made the astonishing statement that one reason why so many applicants for insurance are rejected is because kidney trouble is so common to the American people, and the large majority of those whose applications are declined do not even suspect that they have the disease. It is on sale at all drug stores in bottles of two sizes, medium and large.

However, if you wish first to test this great preparation send ten cents to Dr. Kilmer & Co., Binghamton, N. Y., for a sample bottle. When writing be sure and mention this paper.—Adv.

Walking delegates usually ride at the expense of others.

Catarrh

Catarrh is a local disease greatly influenced by constitutional conditions. HALL'S CATARRH MEDICINE is a Tonic and Blood Purifier. By cleansing the blood and building up the System, HALL'S CATARRH MEDICINE restores normal conditions and allows Nature to do its work.

All Druggists. Circulars free.
F. J. Cheney & Co., Toledo, Ohio.

Matter of Geography.

A Minnesota man who had been introduced to a fellow citizen by his congressman, asked the latter with reference to his acquaintance:

"Is he rich?"

"Well," replied the congressman, "that depends on geography. Out here we consider him very rich; he's worth about a million dollars. If he lived in New Jersey, I suppose he would be considered fairly well to do; while if he lived in New York folks would be dropping dollars in his hat."—Boston Transcript.

What Johnny Meant.

"Next boy!" exclaimed the teacher. "Can you give a simile to the word 'maiden'?"

"Yes, miss," responded Johnny Summers. "A maiden is like cider."

"Very good, Johnny. You see, boys," explained the teacher, who was of uncertain age and irascible disposition, "Johnny means that a 'maiden is sweet.'"

"Yes," broke in Johnny, "and grows sour with old age."

Kansas Thought for the Day.

After she got a little used to it, how would your wife enjoy being a widow? It's a sobering question, isn't it, fellows?—Mulvane News.

Must Move Swiftly.

"Riches have wings."

"They've got to nowadays to get anywhere near the cost of living."

Made From Our Native Grains

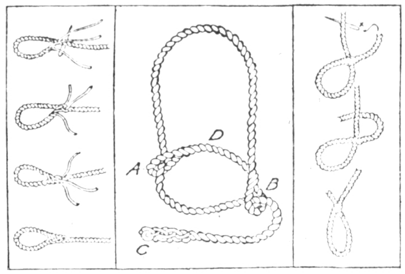
Grape-Nuts

Rich and Nourishing

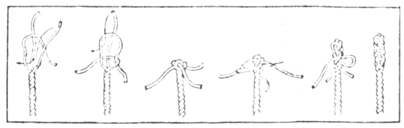
A blend of wheat and malted barley that costs but little, yet provides a food of most attractive flavor, ready to serve direct from the package.

Grape-Nuts Needs No Sugar

EQUIPMENT NEEDED FOR RAISING CALVES SHOULD BE CONVENIENT



Steps in Making Completed Halter—A, Eye Loop; Steps in Making Eye Loop A. B, Loop Splice. C, Crown Knot. D, Nose Piece.



Steps in Making Crown Knot, C.

A completed rope halter, and steps showing method of making. A marlinspike is used to separate the strands. The eye splice should be just large enough to allow the rope to pass freely through it. The loop splice should be far enough from the eye splice to form the nose piece. A more detailed description will be given upon application.

The equipment necessary to feed and care for a calf to be raised for a herd bull or for a foundation breeding cow need not be expensive, but it should be convenient. The barn or shed in which the animal is kept should be cool in summer and dry in winter. An especially warm barn is not necessary, but cold winds and rain must be kept out.

The fences around the pasture where the calf grazes should be kept in good repair. Do not teach the calf to jump or be a rogue by allowing it to run at large or to go through or over poor fences. It is better to have a gate for it to walk through than bars to jump over.

The calf may graze with other cattle on pasture, but should be fed grain separately. A bull calf should be separated from the heifers at about three or four months of age. He should be kept with other bull calves or older cattle for company except at feeding time. The calf should then have a separate stall or pen. The stall or pen should be so arranged that the calf may see other calves or cattle, to keep it from fretting when alone.

The stall should be kept clean and dry at all times. If the ground in or about the stall is low and wet, broken stone should be used to raise it to keep it dry. Small stones or gravel or preferably clay should be put on top and firmly packed down. Use plenty of straw, leaves, shavings or other litter for bedding, so that the calf may be induced to lie down a large part of the time. A calf will not thrive and do well if made to sleep on a damp, foul-smelling bed. If the lot where the calf takes its exercise in winter is wet and muddy, the water should be drained off through ditches or otherwise disposed of.

Convenient Feed Manger.

The feed manger for the hay and silage should be convenient and large enough to hold all the feed given, so that it will not be crowded out and wasted. The manger should have a tight bottom to hold the small particles of hay, especially the leaves, as they are the most valuable part. The feed box for grain needs to have a tight bottom and be large enough to prevent loss while the calf is eating. If some of the feed is lost, the cost of gains in weight will be greatly increased. The appearance of the calf usually reflects any negligence on the part of the owner.

If the calf is watered from a trough or a stream, the place should be kept clean. Do not allow mud to accumulate about the approach to it. The overflow water from the trough should be drained off to one side. Broken stone may also be used about the trough or the entrance to the stream to keep it free from mud and attractive, so that the calf will want to drink an abundance of water. Diseases of the feet may also be contracted about dirty watering places. If the calf is watered from a well or a spring by a bucket, provide one especially for that purpose. Do not use the bucket for any other purpose or any other animal.

A bin or box for storing grain should be provided. It should hold the grain supply for several weeks as mixed and weighed up. Keep the box in a dry, convenient place. It should have a hinged lid that will close tight to keep out chickens, rats and other animals. Arrange in a convenient place a small box in which to keep salt at all times.

A fork will be needed to keep the stall clean and to handle hay or other roughages. A large basket without a handle will be convenient to use in weighing and feeding the silage.

Other Needed Equipment.

Other items of equipment needed in caring for the calf are currycomb, brush, coarse-tooth comb, burlap blanket, halter and clippers or shears for trimming hair. A very strong, cheap, and serviceable halter, one which every boy should be able to make, is shown in the accompanying illustrations. To make the halter use from 12 to 14 feet of five-eighths-inch manila rope; sharpen a hardwood stick, called a "marlinspike," and it can be used to separate the strands. The different steps in making the halter are shown in the figure.

MEASURES FOR LIVE STOCK IMPROVEMENT

Bulletin Issued for Benefit of Those Raising Animals.

Farmers and Stockmen Told in Plain Language of Basic Facts About Heredity and Incorrect Ideas Are Discussed.

Written in simple language for the person who raises farm animals, a new Farmers' Bulletin, just issued by the United States Department of Agriculture, tells the basic facts about heredity and how live stock improvement may be brought about. Under the title, "Essentials of Animal Breeding," this publication places before farmers and stockmen information which heretofore has been available chiefly in books, many of them being of technical character.

Topics explained and illustrated by the new bulletin include: Beginnings of life, evolution, Mendel's law, determination of sex, inbreeding, crossbreeding, outcrossing, purebreeding, pedigrees, grading up, and maternal impressions. Certain popular but incorrect ideas about heredity are discussed.

Several series of pictures show how good blood "breeds on," and likewise how inferior parents stamp undesirable characteristics on following generations. The discussions deal with all the principal classes of domestic animals, and a summary of basic principles concludes the bulletin, which contains 40 pages. Copies may be obtained free of charge by application to the division of publications, United States Department of Agriculture, Washington.

For experienced breeders and for others who desire more detailed information than that contained in the Farmers' Bulletin, the Department of Agriculture is preparing another bulletin entitled "Principles of Live Stock Breeding," which goes more deeply into the subject. This literature, prepared in connection with the "Better Sires-Better Stock" campaign, adds to the completeness of the series of government publications pertaining to live-stock raising. In fact, the department is now prepared to furnish interested persons literature on practically all problems of live-stock production and improvement.

Remedy for Nubbins.

Nubbins are caused by a shortage of phosphorus to fill the grain. Raw rock phosphate is the cheapest and most efficient remedy.

Neatness of Importance.

There is value in neatness. Most folks realize that a good-looking farm is a good farm.

Good Soiling Crop.

Sudan grass is a good soiling crop, but is of minor value for silage.

LIVE STOCK NOTES

The purebred sire opens the way to quicker profits.

• • •

Every herd should have a purebred sire at its head.

• • •

A little rye for the pig will make him grow almighty big.

• • •

The purebred sire—the foundation upon which better live stock is built.

• • •

Plenty of sunshine is better and cheaper than buying medicine for the hogs.

• • •

Before turning the hogs into the corn field they should be fed some corn in the dry lot.

• • •

Young sires should not be put in service heavily until nearly matured. Serving a few cows at regular intervals is better than being kept confined in a stall until fit for heavy service.

• • •

Hogs should be carefully handled before bruising. Bruises from blows or other causes are a fertile source of trouble later on.

• • •

Eradicating tuberculosis from cattle will practically solve the problem of controlling the disease among swine.

DETROIT LADY SAYS HYPO-COD IS GREAT

Made Me Feel Twenty Years Younger—I Feel Fine Now.

STOPPED NERVOUSNESS

"For about eighteen months I was in a rundown, nervous condition and tried about everything on earth with no results until I took Dare's Hypo-Cod. No wonder I gladly endorse this tonic when I can. I felt uneasy, sleepy and tired and weak, and after getting into bed I couldn't get to sleep. I'd toss and turn all the night. My appetite was poor. My strength had weakened and I was in poor health all around. Lots of things would upset my stomach and I was much discouraged. A friend has taken it with good results so I started and now, to make a long story short, I think it is great. I feel twenty years younger. Eat good big meals and sleep at nights as well as I ever did in my life. I never dreamed anything in the world could do so much good in such a short time. I recommend Dare's Hypo-Cod all over the neighborhood," declared Mrs. Ida Wright, 11 Merson Ave., Detroit, Mich.

Weak, thin, nervous people should not go through the winter in that condition if it is possible for them to build their systems up with a good tonic. They are almost sure to have colds, coughs and worse illness if the [illegible].

Drop in at the drug store [illegible] and ask your druggist [illegible]—Adv.

When [illegible].

BOSCHEE'S SYRUP

Allays Irritation, Soothes and Heals Throat and Lung Inflammation

The constant irritation of a cough keeps the delicate membrane of the throat and lungs in a congested condition. Boschee's Syrup has been a favorite household remedy for colds, coughs, bronchitis and especially for lung troubles in thousands of homes all over the world for the last fifty-four years, giving the patient a good night's rest, free from coughing, with easy expectoration in the morning. For sale everywhere.—Adv.

Dyeing her hair will not lengthen a man's years.

Shave With Cuticura Soap

And double your razor efficiency as well as promote skin purity, skin comfort and skin health. No mug, no slimy soap, no germs, no waste, no irritation even when shaved twice daily. One soap for all uses—shaving, bathing and shampooing.—Adv.

Better a spoiled child than a fresh man.

Kill That Cold With

HILL'S CASCARA BROMIDE QUININE

FOR Colds, Coughs AND La Grippe

Neglected Colds are Dangerous

Take no chances. Keep this standard remedy handy for the first sneeze.

Breaks up a cold in 24 hours—Relieves Grippe in 3 days—Excellent for Headache

Quinine in this form does not affect the head—Cascara is best Tonic Laxative—No Opiate in Hill's.

ALL DRUGGISTS SELL IT

The Stomach Begins

digestion, but the most important work is done by the bowels, liver and kidneys. Failure of these to act efficiently allows the whole body to be poisoned.

BEECHAM'S PILLS do more than produce bowel movement. Liver, skin and kidneys are influenced to more active effort with resulting increased effect. It is always safe to take

Beecham's Pills

Sold by druggists throughout the world. In boxes, 10c., 25c.

ASTHMA

DR. J. D. KELLOGG'S ASTHMA REMEDY for the prompt relief of Asthma and Hay Fever. Ask your druggist for it. 25 cents and one dollar. Write for FREE SAMPLE. Northrop & Lyman Co., Inc., Buffalo, N.Y.

DR. J. D. KELLOGG'S ASTHMA REMEDY

E-Z Dustless-Ebony Stove Polish
E-Z Iron Enamel for the Pipe
E-Z Metal Polish for the Nickel
E-Z Shoe Polish Saves Shoes
All Dealers. Money Back Guarantee

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PARKER'S HAIR BALSAM

Removes Dandruff · Stops Hair Falling
Restores Color and Beauty to Gray and Faded Hair
60c. and $1.00 at Druggists.
Hiscox Chem. Wks. Patchogue, N.Y.

HINDERCORNS Removes Corns, Callouses, etc., stops all pain, ensures comfort to the feet, makes walking easy. 15c. by mail or at Druggists. Hiscox Chemical Works, Patchogue, N. Y.

ATTENTION!

Realizing that the average investor seldom has an opportunity to share in the enormous profits in the manufacture of Oil Field Supplies, and never has an opportunity of investing in a going concern, at present earning large profits for its stockholders, we respectfully invite you to mail us your check for the number of shares desired, or write for full information. Price $1 per share.

MACK MANUFACTURING CO., Ltd.
Houston, Texas

"Tell your Mother

KEMP'S BALSAM

will stop that cough, Bill. My mother gives it to me when I get a cough and you don't hear me coughing all the time."

Stove & Furnace REPAIRS

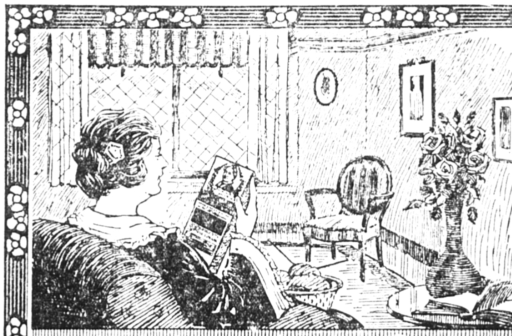
Do you know we have in stock repair parts for 6,872 different stoves and furnaces? No matter when or where your stove or furnace was made we can supply the parts. We specialize in carrying a complete line of parts for all stoves, ranges and furnaces.

Fix Your Old Stove Up and Make It As Good As New

Send Name, Number of Stove and Manufacturers' Name

DETROIT FURNACE & STOVE REPAIR CO.
30-32 Macomb Street

FRECKLES POSITIVELY REMOVED by Dr. Berry's Freckle Ointment. Your druggist or by mail. Free book. Dr. C. H. Berry Co., 2975 Michigan Avenue, Chicago



Women of Middle Age

Owing to modern methods of living not one woman in a thousand approaches this perfectly natural change in her life without experiencing a train of very annoying and sometimes painful symptoms. Those dreadful hot flashes, smothering spells, fainting spells, nervous troubles and irregularities are symptoms that should have prompt attention. These two letters prove what a successful remedy Lydia E. Pinkham's Vegetable Compound is for women at this time of life.

These Two Women Helped During Change of Life.

Taunton, Mass.—"I could not eat or sleep for six months, had fainting spells and could not walk without help for three months, caused by female trouble. My cousin, who was a doctor, told me to take Lydia E. Pinkham's Vegetable Compound and it helped me greatly. Then during the Change of Life I used the same remedy. I am seventy years old now and am able to do my own housework and walk one mile to church every Sunday morning and evening. I am recommending the Vegetable Compound to my friends having the same troubles as I had. Your remedy is the best on earth. I cannot find words to express my gratitude for it."—Mrs. SUSAN C. STAPLES, 157 B School St., Taunton, Mass.

Philadelphia, Pa.—"I want to let you know what good Lydia E. Pinkham's Vegetable Compound has done me. I had organic troubles and am going through the Change of Life. I was taken with a pain in my side and a bad headache. I could not lie down, could not eat or sleep. I suffered something terrible and the doctor's medicine did me no good at all—my pains got worse instead of better. I began taking the Vegetable Compound and felt a change from the first. Now I feel fine and advise any one going through the Change of Life to try it, for it cured me after I had given up all hopes of getting better. I will tell any one who writes to me the good it has done me."—Mrs. MARGARET DANZ, 743 N. 25th St., Philadelphia, Pa.

Women of Middle Age Should Depend Upon

Lydia E. Pinkham's Vegetable Compound

LYDIA E. PINKHAM MEDICINE CO. LYNN, MASS.