FAINTING AND DIZZY SPELLS

The Cause of such Symptoms and Remedy Told in a Letter.

Syracuse, N. Y.—"When I commenced the Change of Life I was poorly, had no appetite and had fainting spells. I suffered for two or three years before I began taking Lydia E. Pinkham's Vegetable Compound and the Liver Pills which I saw advertised in the papers and in your little books. I took about twelve bottles of your Vegetable Compound and found it a wonderful remedy. I commenced to pick up at once and my suffering was relieved. I have told others about your medicine and know of some who have taken it. I am glad to help others all I can."—Mrs. B. E. DEMING, 437 W. Lafayette Ave., Syracuse, N. Y.

While Change of Life is a most critical period of a woman's existence, the annoying symptoms which accompany it may be controlled, and normal health restored by the timely use of Lydia E. Pinkham's Vegetable Compound.

Moreover this reliable remedy contains no narcotics or harmful drugs and owes its efficiency to the medicinal extractives of the native roots and herbs which it contains.

Indefinite.

"These pants are an inch too long."

"How now?"

"Why, the pant [illegible] in Paris instead of Chinese [illegible] ivory ear." Called upon for an excuse, he did not know, whether he was hung up on account of his trouble or lack of [illegible]. Lewiston Journal.

Catty Comment.

"What a lovely [illegible] a hat!"

"Yes; she always [illegible] to buy the best of everything."

When your brain *works* like a dog with three legs *walks*—you need

BEECHAM'S PILLS

An active brain must have pure blood, not poisoned with products of indigestion—or liver and kidney laziness.

Largest Sale of Any Medicine in the World. Sold everywhere. In boxes, 10c., 25c.

SQUEEZED TO DEATH

When the body begins to stiffen and movement becomes painful it is usually an indication that the kidneys are out of order. Keep these organs healthy by taking

GOLD MEDAL HAARLEM OIL CAPSULES

The world's standard remedy for kidney, liver, bladder and uric acid troubles. Famous since 1696. Take regularly and keep in good health. In three sizes, all druggists. Guaranteed as represented. Look for the name Gold Medal on every box and accept no imitation.

After you eat—always use

EATONIC

(FOR YOUR STOMACH'S SAKE)

—one or two tablets—eat like candy. Instantly relieves Heartburn, Bloated Gassy Feeling, Sour Stomach, indigestion, food souring, repeating, headache and the many miseries caused by

Acid-Stomach

EATONIC is the best remedy, it takes the harmful acids and gases right out of the body and, of course, you get well. Tens of thousands wonderfully benefited. Guaranteed to satisfy or money refunded by your own druggist. Cost a trifle. Please try it!

UNCLE SAM

a SCRAP chew in PLUG form

MOIST & FRESH

Liggett & Myers Tobacco Co.

Cuticura Soap

—Imparts—

The Velvet Touch

Soap 25c, Ointment 25 and 50c, Talcum 25c.

FRECKLES POSITIVELY REMOVED by Dr. Berry's Freckle Ointment. Your druggist or by mail, 65c. D. P. Berry Co., 2975 Michigan Avenue, Chicago.

PRESERVE FRUIT AND VEGETABLES

Successful Drying Plants Prove of Great Value in Various Parts of Country.

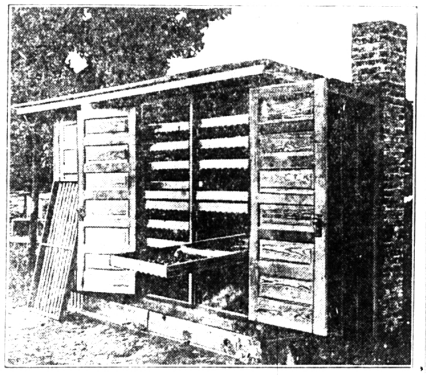
PLANS FOR ERECTING PLANT

Number of Farmers Can Club Together and Build Device at Comparatively Small Expense—Save Women Much Work.

[illegible]

Plan of Trays.

[illegible]



Several Farmers Might Cooperate in Erecting Drier of This Type.

[illegible] the following directions [illegible] published by the United States department of agriculture.

The Thermos Principle.

The principle of fireless cooker principle is used in the drier; that is, a space of 3 or 4 inches is allowed between the walls of the house to be filled with sawdust. This holds the heat and prolongs the life of a convenient watch over the fire. The furnace should be placed at the opposite end from the door and a stove pipe run from furnace end to the door end and back with sufficient elevation to cause good draft. A door of this size and type should will good management, dry from 4 to 6 bushels a day, and should pay for itself in one [illegible] the drying directions [illegible] the United States [illegible] department of agriculture.

[illegible] the plan of a fireless cooker [illegible] of the stove or indirectly [illegible] the [illegible] of an amazing fact—that the food is cooked beneath the system, and the necessity of actually lying over before conflagration between Los Angeles and Atlanta, through private capital have been provided with model terminal markets and Seattle has a wholesale municipal market. In addition to these Chicago and New York, which are working on this problem are Indianapolis, Memphis, Tenn., and Washington, D. C.

The idea of a terminal food market is not [illegible] Everybody pays which it provides all wholesale houses are built in a locality which is convenient to all transportation lines. It is not too much or too desirable to have them in the heart of the city where land values are high. Up in Seattle [illegible] is provided to carry from the car or boat into the wholesale house and is taken away by [illegible] the city [illegible] Food prices [illegible] to reach [illegible] a population of [illegible] establish a city food terminal or market [illegible] the United States [illegible] Department of Agriculture [illegible] Food prices [illegible] to reach [illegible] the plan. At the three [illegible] Mr. [illegible] Food [illegible] Food [illegible] Food