Quite Unlike.

"That fellow Beatem is a sponge." "Don't libel a useful article. You couldn't get anything back from Beatem by squeezing him."—Boston Evening Transcript.

Vain Escape.

"I am not rich enough to give you a large contribution to this cause." "That is a poor excuse."

Study adorns all stations.

What is Castoria

CASTORIA is a harmless substitute for Castor Oil, Paregoric, Drops and Soothing Syrups. It is pleasant. It contains neither Opium, Morphine nor other Narcotic substance. Its age is its guarantee. For more than thirty years it has been in constant use for the relief of Constipation, Flatulency, Wind Colic and Diarrhœa; allaying Feverishness arising therefrom, and by regulating the Stomach and Bowels, aids the assimilation of Food; giving healthy and natural sleep. The Children's Panacea—The Mother's Friend.

The Kind You Have Always Bought, and which has been in use for over 30 years, has borne the signature of Chas. H. Fletcher, and has been made under his personal supervision since its infancy. Allow no one to deceive you in this. All Counterfeits, Imitations and "Just-as-Good" are but Experiments that trifle with and endanger the health of Infants and Children—Experience against Experiment.

Genuine Castoria always bears the signature of *Chas. H. Fletcher*

An Easy Promise.

"John," said the wife, tenderly, "promise me that if I should be taken away you will never marry Nancy Tarbox."

"Certainly, Maria," replied the husband reassuringly. "I can promise you that. She refused me three times when I was a much handsomer man than I am now."

The Beginning of Economy.

Husband—Well have to economize, dear.

Wife—Well, let's smoke less.

The greatest business in the world is to help the world to do better.

The deadly parallel is too much for the average love letter.

BAYER

WHEN BUYING ASPIRIN ALWAYS SAY "BAYER"

Ask for "Bayer Tablets of Aspirin" in a Bayer package—marked with "Bayer Cross."

Don't buy Aspirin tablets in a pill box. Insist on getting the Bayer package with the safety "Bayer Cross" on both package and on tablets. No other way!

You must say "Bayer." Never ask for merely Aspirin tablets. The name "Bayer" means you are getting the genuine "Bayer Tablets of Aspirin," proven safe by millions of people.

Beware of counterfeits! Only recently a Brooklyn manufacturer was sent to the penitentiary for flooding the country with talcum powder tablets, which he claimed to be Aspirin.

In the Bayer package are proper directions and the dose for Headache, Toothache, Earache, Neuralgia, Rheumatism, Lumbago, Sciatica, Colds, Grippe, Influenza-Colds, Neuritis and pain generally.

"Bayer Tablets of Aspirin," American made and owned, are sold in vest pocket boxes of 12 tablets, which cost only a few cents, also in bottles of 24 and bottles of 100—also capsules. Aspirin is the trade mark of Bayer Manufacture of Monoaceticacidester of Salicylicacid.

Substitutes for Glass.

Materials of many kinds, more or less transparent, are being tried in Europe to replace window glass, which is unobtainable. Cellulose films are made practical by mounting on metal gratings, light wire screen, or cloth. Glue interlaced with hemp strands between two sheets of paper; albumen and casein products; sheet gelatin, and an artificial resin made by condensing phenol with a formaldehyde solution, all are imperfect but ready makeshifts.

More nearly resembling glass, but comparatively expensive, are an oxide of silica made by fusing it with acid oxides of titanium or zirconium, and a combination of greensand marl with magnesia, bauxite, and an alkali, melted in an electric furnace. Some of these glass substitutes are flexible.—Popular Mechanics Magazine.

Could Not Resist His Appeal.

"No, Mr. Smith," she said, gently but firmly, "I can never be your wife."

Then he struggled to his feet and said in broken tones:

"Are all my hopes to be thus dashed to pieces? Am I never to be known as the husband of the beautiful Mrs. Smith?"

This was too much for the girl, and she succumbed.

The woman who fails to say "because" has some other excuse.

A town man compains of rain, a farmer of dry weather.

Rejects Title of "Hon."

"I received a compliment yesterday for which I did not thank the giver," grumbled old Festus Pester. "A total stranger wrote me a letter and addressed me as 'the Hon.'

"I do not know why he should have applied that epithet to me, unless it was because he did not know me. I feel safe in saying that even my enemies would not charge me with having many of the characteristics of an Hon.

"I am not a fawning, smirking blatherskite, too lazy to work, nor am I a liar and deadbeat. It may be that I have one attribute of an Hon.—very likely I am a bore, but beyond that I am not guilty."—Kansas City Star.

He Thought of Father.

The twilight was wistful and sad.

"Listen," she said, in a tense voice. "Hear the howling of the wind among the trembling trees. See how mournful lies the waning light on the hills. This chilly desolation! Oh! does it not make you feel that in life there is too much of cold, too much of bleakness?"

"Well, no," he answered, candidly. "Father, you see, is in the gas stove business."

Few persons care for the truth at the expense of being annoyed by it.

In the solitude of country life are the solid things of life.

Economy in Postum

Boil Postum as long as you please, and you will extract only healthful goodness. You'll get no caffeine—the coffee-drug—for there's none in Postum.

The Original

POSTUM CEREAL

in fact, should be boiled fully 15 minutes, and if desired the pot can be kept going from meal to meal, adding more Postum and water for the new service.

Postum is the favorite of large numbers of former coffee-drinkers and can be secured from grocers everywhere.

Two Sizes, usually sold at 15c and 25c.

A Delicious, Invigorating and Healthful Drink

"There's a Reason"

The KITCHEN CABINET

We have a choice, a glorious opportunity. We can take the great, bossed and broken world in our arms as though it were a sick child and mother it back to health again, or we can trade upon its weakness and grow fat upon its need.

COMMON FOODS.

It is the common foods which we serve oftenest and which should be served in as attractive form as possible. The real genius of a cook is shown in the manner she serves and the attention she gives to the commonplace things.

If the meal as planned (main dish, salad and dessert) does not seem to be sufficiently nourishing, precede it with a hot soup. A thick vegetable puree served with crackers is a meal in itself. If croutons or bread is served the food value is even higher.

Our economical dinners which we are trying to serve to conserve both food and money, must meet the requirements of the family by being hearty and satisfying as well as good to look at.

A few spoonfuls of leftover oat meal may be stirred into the morning griddle cakes, or muffins, or it may be fried and served with a bit of bacon, making a most tasty breakfast dish. Save time by cooking enough oatmeal for several meals. It may be reheated, adding boiling water and lastes as well as if freshly cooked.

Split Pea Soup.—Soak two cupfuls of dried peas over night, drain and cover with two quarts of water, cook slowly with one small chopped onion, three stalks of celery, a few sprigs of parsley, one carrot. Cook two slices of salt pork ten minutes then add to the pea mixture. Add two tablespoonfuls each of flour and butter, and when well cooked add two cupfuls of milk; combine with the vegetables and cook five minutes.

Coconut Bread Pudding.—Soak a pint of bread crumbs in a pint of milk, add three tablespoonfuls of cocoanut and another pint of milk. Sweeten with four tablespoonfuls of sugar, add one-third of a cupful of raisins, a pinch of salt and three beaten eggs. Flavor with lemon rind and nour into a baking dish. Set in hot water and bake slowly until the custard is set.

Three things to wish for health, friends and a big appetite.

There are three things really worth while be good, do good and always smile.

GOOD THINGS FROM MILK.

When cornmeal can be procured freshly ground, the dishes made from it will be so superior in flavor that one will ever care for the denatured cornmeal in common use. It will not keep long because of the germ, which quickly turns rancid, but with a small mill one may grind it as one needs the meal.

Cornmeal Cooked in Milk.—Scald four cupfuls of milk and gradually sift in three-fourths of a cupful of cornmeal, one and one-half teaspoonfuls of salt, stirring until well mixed. Cover and cook in a double boiler one hour. Serve as a dessert with cream, or with milk as a full meal.

Buttermilk Sherbet.—Dissolve three-fourths of a cupful of sugar in three cupfuls of buttermilk, add three-fourths of a cupful of grated pineapple and the juice of two lemons. Freeze as usual.

Buttermilk Jelly. — Dissolve two tablespoonfuls of granulated gelatin in cold water, then set over steam until entirely melted; add the juice of two oranges, the juice of a lemon, and then add three cupfuls of buttermilk which has been mixed with three-fourths of a cupful of sugar. Let stand until firm.

Grape Juice Bavarian.—Mix one and one-half tablespoonfuls of gelatin with two tablespoonfuls of water and half a cupful of grape juice. Dissolve one-half cupful of sugar in one cupful of boiling water; bring to the boiling point and pour onto the gelatin mixture. Add three tablespoonfuls of lemon juice; let cool and slightly thicken, then fold in three-fourths of a cupful of sour cream, whipped.

Nellie Maxwell

Acquired Hauteur.

"Women are quick to learn," remarked the head waiter of a fashionable restaurant.

"How's that, Henri?"

"I can point out half a dozen wives of war millionaires who have never been inside of a place like this until a year or two ago, but now they are as lofty and as hard to please as if they had been dining here all their lives."—Birmingham Age-Herald.

Helpful Charlie.

Little 4-year-old Charlie was missing one day. His mother going in search of him finally found him in the library sprinkling a valuable book that was on the table. "Why, my boy, what are you doing spoiling that nice book of dad's?" "I was just wetting it for him because he said it was too awfully dry," he replied.

WOMAN'S NERVES MADE STRONG

By Lydia E. Pinkham's Vegetable Compound.

Winona, Minn.—"I suffered for more than a year from nervousness, and was so bad I could not rest at night—would lie awake and toss so nervous I would have to get up and walk around and in the morning would be all tired out. I read about Lydia E. Pinkham's Vegetable Compound and thought I would try it. My nervousness soon left me. I sleep well and feel fine in the morning and able to do my work. I gladly recommend Lydia E. Pinkham's Vegetable Compound to make weak nerves strong."—Mrs. ALBERT SULTZE, 603 Olmstead St., Winona, Minn.

How often do we hear the expression among women, "I am so nervous, I cannot sleep," or "it seems as though I should fly." Such women should profit by Mrs. Sultze's experience and give this famous root and herb remedy, Lydia E. Pinkham's Vegetable Compound, a trial.

For forty years it has been overcoming such serious conditions as displacements, inflammation, ulceration, irregularities, periodic pains, backache, dizziness, and nervous prostration of women, and is now considered the standard remedy for such ailments.

Washday in 1919.

"Unusually fine dinner you have tonight, my dear," said a Kansas City husband the other evening.

"Yes, it's the leftovers from lunch," replied his wife.

"Big lunch today? You must have had company. Why, I thought this was—"

"So it was, dear. But, you see, I had to get a big meal for the latmidness anyway, so I just fixed a little more and had three of the club girls over."—Kansas City Star.

FRECKLES

Now Is the Time to Get Rid of These Ugly Spots

There's no longer the slightest need of feeling ashamed of your freckles as Othine double strength is guaranteed to remove these homely spots.

Simply get an ounce of Othine double strength from your druggist and apply a little of it night and morning and you should see that even the worst freckles have begun to disappear, while the lighter ones have vanished entirely. It is seldom that more than one ounce is needed to completely clear the skin and gain a beautiful clear complexion.

Be sure to ask for the double strength Othine, as this is sold under guarantee of money back if it fails to remove freckles. Adv.

If Eve hadn't been forbidden to eat that apple the chances are that it wouldn't have happened.

JUST AS LAWYER FIGURED IT

Legal Light Had Method of His Own of Ascertaining Age of Feminine Witness.

Lon Guernsey has gone on record that he doesn't think it should be necessary to establish the age of a woman witness in court. He made the statement after pulling a boner in court the other day which has put him in bad in one Los Angeles home, at least.

"What is your age, madam?" Lon asked of the matronly witness.

"My age, why I've just turned 24," she giggled.

"Let's see. When you turn 24 it's 42," figured Guernsey. "I thank you, madam."

"You brute," she hissed, but the jury was more appreciative.—Los Angeles Times.

A Feeling of Security

You naturally feel secure when you know that the medicine you are about to take is absolutely pure and contains no harmful or habit producing drugs.

Such a medicine is Dr. Kilmer's Swamp-Root, kidney, liver and bladder remedy.

The same standard of purity, strength and excellence is maintained in every bottle of Swamp-Root.

It is scientifically compounded from vegetable herbs.

It is not a stimulant and is taken in teaspoonful doses.

It is not recommended for everything.

It is nature's great helper in relieving and overcoming kidney, liver and bladder troubles.

A sworn statement of purity is with every bottle of Dr. Kilmer's Swamp-Root.

If you need a medicine, you should have the best. On sale at all drug stores in bottles of two sizes, medium and large.

However, if you wish first to test this great preparation, send ten cents to Dr. Kilmer & Co., Binghamton, N. Y., for a sample bottle. When writing be sure and mention this paper.—Adv.

Just Beginning.

Mrs. Finchred—Is yours an old family, Mr. Newpop?" Mr. Newpop—"Mercy, no! We've been married only a year."

Catarrh Cannot Be Cured

by LOCAL APPLICATIONS, as they cannot reach the seat of the disease. Catarrh is a blood disease, greatly influenced by constitutional conditions. HALL'S CATARRH MEDICINE will cure catarrh. It is taken internally and acts through the Blood on the Mucous Surfaces of the System. HALL'S CATARRH MEDICINE is composed of some of the best blood purifiers. The perfect combination of the ingredients in HALL'S CATARRH MEDICINE is what produces such wonderful results in catarrhal conditions. Druggists, 75c. Testimonials free.

F. J. Cheney & Co., Props., Toledo, O.

Slender Returns.

"Did you raise anything on your promise to pay?"

"Oh, yes; I raised a smile."

THE MOST DANGEROUS OF ALL DISEASES

No organs of the human body are so important to health and long life as the kidneys. When they slow up and commence to lag in their duties, look out! Danger is in sight.

Find out what the trouble is—without delay. Whenever you feel nervous, weak, dizzy, suffer from sleeplessness, or have pains in the back, wake up at once. Your kidneys need help. These are signs to warn you that your kidneys are not performing their functions properly. They are only half doing their work and are allowing impurities to accumulate and be converted into uric acid and other poisons, which are causing you distress and will destroy you unless they are driven from your system.

Get some GOLD MEDAL Haarlem Oil Capsules at once. They are an old, tried preparation used all over the world for centuries. They contain only old-fashioned, soothing oils combined with strength-giving and system-cleansing herbs, well known and used by physicians in their daily practice. GOLD MEDAL Haarlem Oil Capsules are imported direct from the laboratories in Holland. They are convenient to take, and will either give prompt relief or your money will be refunded. Ask for them at any drug store, but be sure to get the original imported GOLD MEDAL brand. Accept no substitutes. In sealed packages. Three sizes.

Palpably False.

"Paw, there's a new puzzle I heerd in town," stated Coonrod, eldest son of Gap Johnson of Rampus Ridge. "A farmer said he had thirty dogs and killed 'em all in five days, killing an odd number each day. What's the answer?"

"The farmer lied; that's all," returned his sire.

"Ah, how do you know? Somebody must have told you."

"I don't need to be told. No farmer that ever I knowed, 'n' he had any sense, would kill any dogs a-tall, any time."—Kansas City Star.

No man would listen to you talk if he didn't know it was his turn next.

Platonic love is a sort of prologue to the real thing.

ASTHMA

DR. J. D. KELLOGG'S ASTHMA REMEDY for the prompt relief of Asthma and Hay Fever. Ask your druggist for it, 25 cents and one dollar. Write for FREE SAMPLE. Northrop & Lyman Co., Inc., Buffalo, N.Y.

DR. J. D. KELLOGG'S REMEDY

Why?

People prefer pills, provided prompt and proper performance proves promise. Beecham's Pills are used by people all over the globe and have the largest sale of any medicine in the World!

BEECHAM'S PILLS

Sold everywhere. In boxes, 10c., 25c.

Rely On Cuticura For Skin Troubles

All druggists: Soap 25, Ointment 25 & 50. Talcum 25. Sample each free of "Cuticura, Dept. L, Boston."

Stop Losing Calves

You can **Stamp Abortion Out** of YOUR HERD and **Keep It Out**

By the use of DR. DAVID ROBERTS' **"Anti-Abortion"**

Small Expense
Easily Applied. Sure Results.
Used successfully for 3 years.

Consult DR. DAVID ROBERTS about all animal ailments. Information free. Send for FREE copy of "The Cattle Specialist" with full information on Abortion in Cows. DR. DAVID ROBERTS VETERINARY CO., 100 Grand Ave., Waukesha, Wisc.

Now Is the Time to Buy a Farm in Good Old U.S.A.

Although the war is over, the demand for food continues. The business of producing things to eat, therefore, gives promise of paying satisfactory dividends.

The U. S. RAILROAD ADMINISTRATION offers the cooperation of its HOMESEEKERS BUREAU to those who wish to engage in farming, stock-raising, dairying, poultry raising, fruit growing, and kindred pursuits. Free information will be furnished about farm opportunities in any State on request.

Write today. Give me the name of the State you want information about, say what line of farm activity you wish to follow, and the number of acres you will need, and let me know what kind of terms you desire. The more particulars you can send regarding your requirements, the better I can serve you.

Nothing to Sell. Only Information to Give.

J. L. EDWARDS, Manager,
Agri. Section, U. S. Railroad Administration, Room 2009, Washington, D. C.

PARKER'S HAIR BALSAM

A toilet preparation of merit. Helps to eradicate dandruff. For Restoring Color and Beauty to Gray or Faded Hair. 50c. and $1.00 at Druggists.

Her Bitter Experience

She could not imagine what was the matter with her baking.

Her pans were always perfectly clean. She used a famous brand of flour, good butter, fresh eggs—and yet her baking had a bitter taste.

'Finally, her husband asked what kind of baking powder she used. When she told him what she was trying, he said:

"There's the whole trouble. If you read the label you will find it contains alum, and that's what leaves the peculiar taste."

Now she has gone back to ROYAL BAKING POWDER and her bitter experience is forgotten.

ROYAL Baking Powder

Absolutely Pure

Made from Cream of Tartar derived from grapes

Contains No Alum—Leaves No Bitter Taste