

# IN MISERY FOR YEARS

**Mrs. Courtney Tells How She Was Cured by Lydia E. Pinkham's Vegetable Compound.**

Oskaloosa, Iowa.—"For years I was simply in misery from a weakness and a painful pain—and nothing seemed to do any good. A friend advised me to take Lydia E. Pinkham's Vegetable Compound. I did so and got relief right away. I can certainly recommend this valuable medicine to other women who have done such good work for me and I know it will help others if they will give it a fair trial."  
—Mrs. LIZZIE COURTNEY, 135 5th Ave., West, Oskaloosa, Iowa.

Why will women drag along from day to day, year in and year out, suffering such misery as did Mrs. Courtney, when such relief as this is continually being published. Every woman who suffers from displacements, irregularities, inflammation, ulceration, backache, nervousness, or who is passing through the change of life should give this famous root and herb remedy, Lydia E. Pinkham's Vegetable Compound, a trial. For special advice write Lydia E. Pinkham Medicine Co., Lynn, Mass. The results of its long experience is at your service.

The Only Authentic History of the World War in 10 Volumes

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Self-poisoning by imperfectly eliminated food poisons is a very common ailment. Beecham's Pills correct it.

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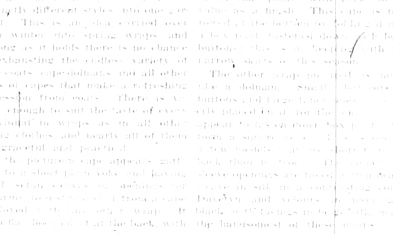
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There are still many women who wear their old-fashioned capes. They are not only out of fashion, but they are also uncomfortable and unbecoming. The new capes are made of light, airy materials and have a modern, elegant design. They are perfect for the summer months and will keep you cool and stylish.

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## Sport Clothes to Welcome Summer



Summer is here and it's time to welcome it with sport clothes. These clothes are made of light, airy materials and have a modern, elegant design. They are perfect for the summer months and will keep you cool and stylish.



There are still many women who wear their old-fashioned dresses. They are not only out of fashion, but they are also uncomfortable and unbecoming. The new dresses are made of light, airy materials and have a modern, elegant design. They are perfect for the summer months and will keep you cool and stylish.

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## WHY DRUGGISTS RECOMMEND SWAMP-ROOT

For many years druggists have watched with much interest the remarkable record maintained by Dr. Killemer's Swamp-Root, the great kidney, liver and bladder medicine.

It is a physician's prescription. Swamp-Root is a strengthening medicine. It helps the kidneys, liver and bladder do the work nature intended they should do.

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However, if you wish first to test the merit of Swamp-Root, write for a free bottle to Dr. Killemer & Co., Philadelphia, N. Y. Write on a separate piece of paper, giving your name and address. When writing be sure and enclose this card.

**Garden Bingers.**  
Garden bingers are a common pest on many plants. They are small, green insects that feed on the leaves and stems of plants. They can be controlled by using a strong solution of kerosene oil. This solution will kill the bingers and prevent them from laying more eggs.

**Important to Mothers.**  
The importance of a mother's health cannot be overstated. A healthy mother is essential for the health of her children. Mothers should take good care of themselves and avoid stress and worry. They should eat a balanced diet and exercise regularly.

**Cave Culture.**  
The Professor of Anthropology at the University of California has discovered a new cave culture. This culture is characterized by the use of flint tools and the presence of ancient paintings on the cave walls.

## SAGE TEA DARKENS HAIR TO ANY SHADE

Don't stay Gray! Here's an Old-time Recipe that Anybody can Apply.

The use of Sage and Sulphur for restoring faded gray hair to its natural color dates back to grandmothers' time. She used it to keep her hair naturally dark, glossy and attractive. When she was young she used that dull, faded, streaked preparation, this strong mixture was applied with moderation.

This mixture is made by mixing and boiling of a half pound of Sage and Sulphur in one quart of water. No matter how long you use it will get the same effect. It is the best preparation of any kind for restoring faded hair to its natural color.

**All Things Explained.**  
The use of Sage and Sulphur for restoring faded gray hair to its natural color dates back to grandmothers' time. She used it to keep her hair naturally dark, glossy and attractive. When she was young she used that dull, faded, streaked preparation, this strong mixture was applied with moderation.

**Green's August Flower.**  
This medicine is a natural, vegetable preparation that relieves the most distressing forms of indigestion, heartburn, gas, and constipation. It is a powerful laxative and stomachic, and it is the best remedy for all these ailments.

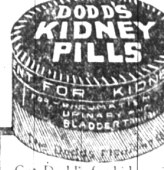
**Watch Cuticura Improve Your Skin.**  
On rising and retiring scrub your face with Cuticura Ointment. Wash off with hot water. It is wonderful sometimes what Cuticura will do for poor complexioned, chapped, itchy and red hot hands.—ADV.



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An acute attack of cold in the head is a common ailment. It is caused by a virus that enters the nasal cavity. The symptoms include a runny nose, sore throat, and a headache. Rest and hydration are the best treatments for this condition.



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Get Dodds' for kidney ailments. It is the best remedy for all kidney ailments, including backache, urinary troubles, and general weakness.

# Truly a Wonderful Product

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ROYAL BAKING POWDER is really a remarkable product. The origin of ROYAL begins with the grapes on the vine. Their purity comes to you unsullied. The leavening power of ROYAL is balanced to the exactness of an atom, never varying in the slightest degree. The wholesomeness of ROYAL is recognized and acclaimed by the noted physicians and diet experts of the world. The economy of ROYAL is in the prevention of waste in keeping baked foods fresh longer and making home baking so satisfying that it takes the place of more expensive foods. It surely pays to use

# ROYAL Baking Powder

Absolutely Pure

Made from Cream of Tartar derived from grapes. Contains No Alum—Leaves No Bitter Taste